

Humboldt County

Northcoast Children's Services

**Head Start, Early Head Start,
State Preschool and Child Development Centers**

(707) 822-7206

(800) 808-7206

www.ncsheadstart.org

Family Resource Guide 2022-2023

Humboldt County Information and Resource Agencies

**Always remember to call first.
Agencies and businesses continue to change hours due to COVID-19.**

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Northcoast Children's Services

NCS offers several free and low cost programs throughout Humboldt and Del Norte Counties for pregnant women and families with children ages 0 to 5, focused on School Readiness and Family Partnership.

Programs for Pregnant Women

Early Head Start Home Base

Programs for Children Ages 0-3

Early Head Start Home Base

Toddler EHS Preschool & Child Care

Programs for Children Ages 3-5

Head Start Home Base

Head Start Preschool

State Preschool and Childcare

Our programs work in partnership with parents to promote healthy child development in the areas of language and literacy development, cognitive development, large & small motor development, social emotional development & health & safety knowledge.

In addition to educational services,

Head Start and Early Head Start programs partner with families to reach their goals for family needs, wellness, safety, life skills, and parenting.

Frequently Asked Questions

How much do services cost?

Our Head Start and Early Head Start programs are FREE for eligible families.

State funded Child Care Programs may have fees for services based on income.

How do I qualify for services?

Our Head Start and Early Head Start eligibility is based on income and age. Foster children, homeless families, and families with certain types of public assistance are also

How do I apply?

A paper or online application must be completed.

You can apply for our programs at any time throughout the year.

Applications need to include a copy of immunizations for the child and proof of household income.

How can I find out more?

Give us a call at 822-7206
or visit us at ncsheadstart.org

NCS Program Locations

0-3 Home Base

- Crescent City
- Arcata
- Eureka
- Fortuna
- Rio Dell
- Redway

EHS Center Base

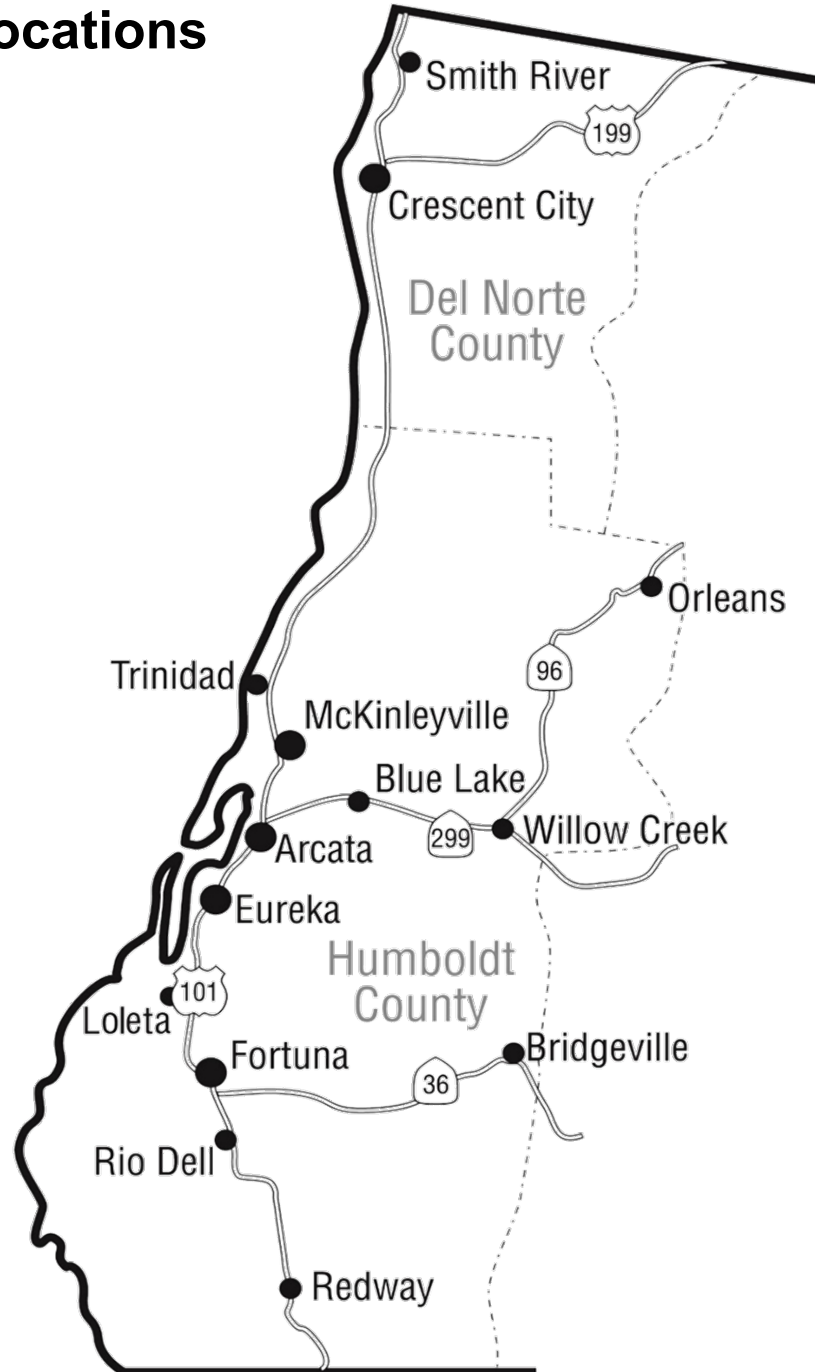
- Crescent City
- McKinleyville
- Arcata
- Eureka
- Fortuna

3-5 Home Base

- Smith River
- Crescent City
- Eureka
- Fortuna

3-5 Center Base

- Crescent City
- Trinidad
- McKinleyville
- Blue Lake
- Arcata
- Willow Creek
- Orleans
- Eureka
- Fortuna
- Rio Dell
- Redway



Home Base programs serve families in surrounding communities throughout the region.

Tips for Contacting Potential Resources

When contacting potential resources, you can guide community personnel in discussing information about what they have to offer you or your family.

·Introduce yourself giving your first and last name.

“Hello, my name is _____.”

·Explain why you are calling, what you or your children need and the number and ages of your children.

“I am calling from Crescent City. I am the mother of a 2 and a 4 year old and I would like to take a parenting class. I will need child care while I attend classes.”

·Ask for the resource’s specific functions (what do they do?) and decide if any of them match your needs.

“Does your program offer anything that would fit my needs or do you know a better organization I could call?”

·If you feel that you would benefit from the program, get the following information:

·Location of services

·Name of a contact person (if any)

·Hours of service, fee, eligibility requirements and how to apply or sign-up for the service.

·Ask the resources personnel to send you the necessary brochures or other paperwork that further explain the resource.

Give your name and address.

·End your discussion by re-stating your expectations of the resource. Thank the contact person for his or her information.

School: _____

Work: _____

Doctor: _____

Dentist: _____

Other Important Numbers and Information:

General Services & Family Resource Centers

1]

Name	Address	Phone	Website/ Email	Service
211 Humboldt Humboldt	P.O. Box 6683, Eureka	707-441-1001 or 211	https://211humboldt.org/	A comprehensive database of information on resources available in Humboldt County.
Family Resources:				
Arcata Family Resource Center	2400 Baldwin St. Arcata	707-826-1002	https://www.arcataschooldistrict.org/apps/pages/index.jsp?uREC_ID=1252301&type=d&pREC_ID=1357631	M-F 9:00-4:00 By appointment only. Closed for summer after the last day of school in June until the end of August.
Betty Kwan Chinn Center	133 7th St., Eureka	707-407-3833	https://www.bettychinn.org/	M-F 8-3
Blue Lake Community Resource Center, St. Joseph's	111 Greenwood Ave., Blue Lake	707-668-4281	https://bluelake.ca.gov/city-services/community-resources/	By appt., T-F 9-3
Bridgeville Community Center	PO Box 3, 38717 Kneeland Rd., Bridgeville	707-777-1775	http://bridgevillecommunitycenter.org/	T-F 9-4
Carlotta Healthy Start	300 Wilder Rd., Carlotta, CA 95528	707-768-3860	carlottacc@hnfrc.org	M-F 8:30-3:30
Eel River Valley Multi Generational Center	Mailing: PO Box 744 or 2280 Newburg Road,	707-725-3300	admin@McCleancleanfoundation.org	Temporarily closed
Eureka Comm. Resource Ctr, St. Joseph's	35 West 3rd St., Eureka	707-442-5239	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka	Mon-Fri 11-2 and by appt.
Family Resource Center – Lincoln Learning Center and Marshall Campus	2100 J St., (I Street between Trinity & Huntoon) 216 W Harris	707-441-2404	lockardk@eurekacityschools.org	1-4, Fridays by appointment 9-12, Fridays by appointment.
Fortuna Elementary Schools Family Resource Centers:	2089 Newburg Rd., Fortuna, CA 95540	707-725-9082	https://sfe-fesd-ca.schoolloop.com/frc	M-F 9-4:30 (closed 7/12-8/15)
Pregnancy Care Center	721 7th Street Suite A	(707) 442-2345	http://www.pcceureka.org/home.aspx	
Hupa Family Resource Center	T8 Holt Street (Box 728), Hoopa, CA 95546	(530) 625-4000	hupafr@hoopatanf.com	M-F 1-4:30
Loleta Comm. Resource Ctr, St. Joseph's	700 Loleta Dr. (Loleta Grammar School)	707-733-5239	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-	M-Th 2-4, Drop in or by appt. Appointments not necessary but recommended, Spanish
Manila Community Center	1611 Peninsula Dr., Mailing address 1901 Park St., Manila	707-444-9771	www.ManilaCRC.org	M-Th Drop in or by appt.
Mattole Valley Resource Center	167 Sherman St. Petrolia, CA 95558 Mailing: PO Box 191 Petrolia, CA	(707) 629-3348	https://www.mattolevallyresourcecenter.org/contact/	Tuesdays & Fridays 9:00am - 1:00pm or by appointment
McKinleyville Family Resource Center	1615 Heartwood Drive	707-840-0905	https://mckfrc.org/	M-Th 10:30-3:30 McKinleyville
Rio Dell Comm. Resource Ctr, St. Joseph's	99 Wildwood Ave Rio Dell, CA	707-764-5239	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/community-resource-centers	M-Th 10-3:30
South Bay/Pine Hill Family Resource Center	5230 Vance Ave Redway	707-445-5933	https://sfe-fesd-ca.schoolloop.com/frc	M-F 8-5
Open Door Samoa	26 Samoa Coast Ln	707-443-4666	https://npino.com/primary-clinic/1215693338-open-door-community-health-centers/	Call for appt, for Danco Residents
Southern Humboldt Family Resource Center	344 Humboldt Ave., Redway	707-923-1147	https://sohumhealth.org/services/family-resource-center/	T-Th 8:30-4:30 Open Fridays only for food distribution
Westside Family Resource Center-Jefferson Project	1000 B Street, Eureka	707.497.6280	https://www.jefferson-project.org/reservations/thejeffersoncenterandpark@gmail.com	M-F 10-5
Willow Creek Comm. Resource Center, St. Joseph's	38883 Hwy 299, Willow Creek	(530) 629-3141	Tamara.Jenkinson@stjoe.org	Friday by appointment Only
WIC Food Store PARENTS NUTRITION CENTER	Bayshore Mall Eureka	(707) 440-0785	Contact Name: Jessica Rebholtz Email: parentsnutritioncenter@gmail.com	M-Sat 11-7

Activities for Families

Name	Address	Phone	Website	Service
Arcata Parks and Recreation	736 F St., Arcata	707-822-7091	cityofarcata.org/departments/parks-recreation	Movement and gymnastics classes. Medi-Cal discount.
Boys and Girls Club	3117 Prospect Ave., Eureka	707-442-9142	bgcredwoods.org	Afterschool and summer programs, T-Ball.
Blue Lake Parks & Rec	111 Greenwood, Blue Lake	707-668-5932	bluelake.ca.gov/city/parks-and-recreation	Skating rink, camps.
Discovery Museum	612 G St., Suite 102 Eureka	707-443-9694	discovery-museum.org	Drop off at museum 1/2 day, 8:00-12, day camp for 3-5 year olds. Pals Camp-Freshwater, 6-12 year olds.
Eureka Recreation Division	1011 Waterfront Dr., Eureka	707-441-4241	eurekaparksandrecreation.com	Classes for kids and adults. Medi-Cal discount. Summer camp for 5-12 year olds.
Fort Humboldt (California State Parks)	3431 Fort Ave. (off Highland), Eureka	707-445-6547	http://www.parks.ca.gov/?page_id=665	Monthly "Steam Up" of locomotives on the 3rd Sat. of every month May-Sept. Self guided walking trail.
Fortuna Parks and Recreation	5 Park St., Fortuna	707-725-7620	friendlyfortuna.com	Summer and Holiday programs, skating rink. M-F 7:30-5:30, 4-12 year olds
Humboldt Kids Digest	Eureka, CA	707-443-1234	kidsdigest.com	Annual publication of resources and activities for families in Humboldt. 101 Things to do
Humboldt County Libraries * see listings on page 18*			https://humboldt.gov.org/library	
Mad River Youth Soccer League	Post Office Box 103 Arcata, California	707-822-3333	https://www.mrysl.net/madriveryouthsoccer	Programs for children ages 4-17.
McKinleyville Activity Center	1656 Sutter Rd., McKinleyville,	707-839-9003	mckinleyvillecsd.com/parks-recreation	5-12 year olds Mon-Fri 9-5 Parks and recreation programs for kids and adults.
Morris Graves Museum (Humboldt Arts Council)	636 F St., Eureka	707-442-0278	humboldtarts.org	Free events for families.
Natural History Museum	1242 G St., Arcata	707-826-4479	humboldt.edu/natmus	Temporarily closed
Sequoia Park Zoo	3414 W St., Eureka	707-441-4263	sequoiaparkzoo.net and rewoodskywalk.com	Monday- Sunday 10-6pm Non residents Adults 24.95 Child 12.95 Residents: Adults: 14.95 Children 3-12 10.95 Babies 0-2 Free EBT 4.00 per family

Alcohol & Drug Services

Name	Address	Phone	Website	Service
Treatment Programs				
Adolescent Treatment Program	2440 6th St., Eureka	707-441-3773	humboldt.gov/416/adolescent-treatment-program	An outpatient counseling/support group for youth ages 12-19
Alcohol and Other Drug Programs	2413 2nd Street			(See listing Humboldt County Programs for Recovery-HCPR)
Alcohol/Drug Care Services/Waterfront Recovery	1335 C St., Eureka	707-269-9590	https://www.waterfrontrecovery.org/	
Serenity Inn	2109 Broadway #247 St, Eureka, CA	(707) 442-4815		
Crossroads	1205 Myrtle Ave., Eureka	707-445-0869		Mon-Fri 9-5 Residential treatment program - men & women. Minimum 90 days. Sliding fee scale, some special payment programs.
Eureka Community Health Center	2200 Tydd St., Eureka	707-442-4038	opendoorhealth.org	Substance abuse support, medical treatment of addiction, opiate dependency services, resource and referral.
Healthy Moms Program	2910 H St., Eureka	707-441-5220	co.humboldt.ca.us/hhs/mhb/healthymomsprogram	Department of Health and Human Services Mon-Fri 8:30-5 Alcohol and other drug day treatment program for pregnant and parenting moms, skill classes, and practical life skills. On-site child care provided. Sliding scale,
Humboldt County Programs for Recovery (HCRP)	720 Wood St., Eureka	707-476-4054	1205 Myrtle Avenue, Eureka, CA	Mon-Fri 8-12 & 1-5 Outpatient treatment, education and referral for alcohol and other drug problems. Sliding scale, insurance or Medi-Cal. Orientation every Friday at 8:30
Humboldt Recovery Center	1303 11th St.	443-4237	humboldtrecoverycenter.org	Residential recovery home for men and women. Outpatient counseling and educational presentations available upon request. Sliding scale fee.
Humboldt Family Service Center	1802 California St., Eureka	707-443-7358	humboldtfamilyservice.org	Drug and alcohol education, drug diversion, batterers' program, children of divorce workshops, family, children and individual counseling, premarital counseling for adolescents. Visit website for hours.
Humboldt Alcohol Recovery Treatment (HART)	2331 Rohnerville Road, Fortuna, CA 95540	707-725-9381	fortunaacs.com/hart	Outpatient treatment, first/multiple offender, member of the Drinking Driver Treatment Program. Extended payment plan.
HumWorks Department of Health and Human Services	929 Koster St., Mod D, Eureka M-F 8-5		https://humboldt.gov/411/Substance-Use-Disorder-Services	Counseling and Advocacy Services to parents receiving CalWorks that have or are experiencing substance abuse issues, mental health issues or domestic violence. CalWorks participants may qualify for treatment activities as counting towards CalWorks
Mercy's Haven	311 1/2 Greenwood Rd., Blue Lake	707-844-3042	mercyshaven213@gmail.com https://www.mercyshaven.org/	Non-denominational, faith-based transitional housing for adult mothers and their children.
Mobile Medical	opendoorhealth.org	707-443-4666	http://opendoorhealth.com/	Call for location schedule. Substance abuse support, resource and referral. Clinic with regular stops throughout Humboldt County. Opiate dependency services. Spanish speakers available.

Mountain of Mercy	Honeydew, Ca	707-601-3403	http://www.missionteens.com/	Christian based 8-10 month residential program. No fee for services. Call for more
NorthCountry Clinic	785 18th St., Arcata	707-822-2481	opendoorhealth.org	Substance abuse support, medical treatment of addiction, Opiate dependency services. Resource and referral.
Redwood Teen Challenge		707-268-8727	https://redwoodtc.org/	
Men's Center & Intake	2844 Fairfield St., Eureka	707-268-0614		
Women's Center	2000 Myrtle Ave., Eureka	707-442-4233		Live-in recovery program for adults. Services range from 12-18 months. Fee for service, some scholarships are available.
Eureka Rescue Mission-New Life Discipleship	110 2nd St., Eureka CA	(707) 443-4551	eurekarescuemission.org	Drug and Alcohol Recovery Program for men, 12 month, live in program includes a Christian 12-Step, education program, Bible study, daily chores, and goal setting.
Singing Trees Recovery Center	2061 US-101, Garberville, CA PO Box 8, Garberville	800-344-3799	https://singingtreesrecovery.com/	Programs include a 14/30/60/90 day program and 7 day detox. Contact for payment
Suboxone Program, Open Door Community Health Centers			https://opendoorhealth.com/services/substance-use-services/	An approximately one year long program run by Dale Ward, includes psych treatment, works well for pregnant women and dual-diagnosis.
United Indian Health Services	1600 Weeot Way, Arcata	707-825-5000	uihs.org	Drug and alcohol education, prevention and counseling (group or individual). Detox/residential treatment assistance.
Waterfront Recovery Services	2413 2nd St., Eureka	707-269-9590		Substance abuse disorder rehabilitation facility. Support Groups.
Al-Anon Alateen/ ACA Groups		707-443-1419		
Humboldt/Del Norte Co.	PO Box 6425, Eureka, 95502		ncwsa.org/district-01/	
Alcoholics Anonymous		844-442-0711	aahumboltdelnorte.net	Call for a meeting schedule or look online.
Eureka Faith Center - Celebrate Recovery	1032 Bay St., Eureka	707-444-8645	eurekafaithcenter.org	Office hours Sat 6-7:30 Sn 9:30-12:30
Narcotics Anonymous	PO Box 6634, Eureka, CA 95502	866-315-8645	humboldtna.org	Free confidential support for ending addiction. Call or check website for meeting times.
Clean and Sober Living				
Corner Stones Transitional Housing –Scotty		707-725-9252	https://cornerstonesofcare.org/Our-Services/Youth-and-Family-Support/Intervention-Services/Pathways-	Clean & sober house. Rooms for rent. Men Only. No children.
HASP/Clean & Sober Housing	349 G St., Crescent City Del Norte	707-464-7849		Men's and women's houses. Mainly DUI, no children. Transition houses (3 total).
Mark and Karen Mesa (personal growth)		707-442-1104		No couples, no children.
Mercy's Haven	311 1/2 Greenwood Rd., Blue Lake	707-844-3042	https://www.mercyshaven.org/	Non-denominational, faith-based transitional housing for adult mothers and their children.
New Life Recovery MEN ONLY		707-496-1709		Men Only. Women Call 707-362 9028
Spring Street House		707-476-0142		Clean & sober house. Children welcome.

Car Seat Safety

Name	Address	Phone	Website	Service
Car Seat Resources				
Arcata Police Department	736 F St, Arcata, CA	707-822-2428	everbeck@arcatapd.org	Car seat safety checks on installed car seats by appt. Some emergency car seats.
Child Passenger Safety Program	825 5th Street, Eureka CA	707-476-4991	https://humboldt.gov/569/Child-Passenger-Safety-Program	Offers low cost car seats and safety classes quarterly.
California Highway Patrol	255 Samoa Blvd. CA	(707) 822-5981	https://www.chp.ca.gov/	Provides car seats only in a collision/accident. Car seat safety checks. Call to make
Eureka Fire Department	533 C Street Eureka, CA	707-441-4000	https://www.hbfire.org/	Car seat safety checks. Emergency car seats (very rarely).
Paso a Paso		707-441-4477	https://www.stjoehumboldt.org	Car seat safety classes/low cost seats for Spanish speakers.
UIHS	1600 Weeot Way, Arcata, CA	(707) 825-5000		Car seats available for those eligible for UIHS services.

Child Abuse Prevention Resources

Name	Address	Phone	Website	Service
Child Help National Child Abuse Prevention Hotline		1- 800- 4 A CHILD	childhelpline.org	Crisis counselors available 24 hours a day to discuss concerns and offer support.
Public Health Nursing	529 I St. Eureka, CA	707-268-2105	humboldt.gov/HumboldtHealthAlert .	
Safe Care Program		707-441-5075	https://www.childwelfare.gov	In home prevention program focusing on parenting, health and safety. Families may self refer.
Court Appointed Special Advocate (CASA)	2356 Myrtle Ave., Eureka	707-443-3197	https://www.californiacasa.org	Trained volunteers advocate for abused and neglected children going through the child welfare court system. The child must be a designated ward of the court to be eligible.
Child Welfare Services (CWS)	550 I St, Eureka, CA	707-445-6180, Fax- 707-445-6254	www.dhcs.ca.gov	Abuse Reports 24 hours. Child abuse intervention and prevention services. Parents can self refer for voluntary supportive services to assist with abuse prevention.
Megan's Law			www.meganslaw.ca.gov	Information about registered sex offenders. Searchable maps of sex offender residence locations.
Northcoast Rape Crisis Team & Child Assault Prevention Project	PO Box 1011, Eureka	707-443-2737 24 hour Crisis Line (707) 445-	ncrct.org	M-F 8:30-5 24 Hour Rape Crisis Line 707-445-2881 Advocacy by being with the victim from initial phone.
Humboldt County Victim Witness Support Program	825 5th St., 4th floor County Courthouse, Eureka	707-445-7417	humboldt.gov	Victims of family violence or other crimes may be eligible for counseling funds and advocacy. Suspicion of sexual abuse that results in a CAST interview makes a child eligible for services. Call for eligibility

Child Care & Preschool Services

Name	Address	Phone	Website/ Email	Service
After School Programs:				
Note: Most elementary schools offer an after school care option. Ask your child's school if they have a program available.				
Boys and Girls Club of the Redwoods	Main Office: 3117 Prospect, 939 Harris, Eureka	707-441-1030	bgca.org	Programs for school age children and teens. No SS# needed.
Calworks Department of Health and Human Services	445 West Washigton Street	707-268-3400	Benefits.gov	Families on CalWorks are eligible for childcare payment assistance immediately with no waitlist. Contact your CalWorks worker for more information.
Changing Tides	2379 Myrtle Ave., Eureka	707-444-8293	changingtidesfs.org	Child care information, referrals, subsidies vouchers, respite care for parents with developmentally disabled children. Home visiting programs for overburdened families and teen parents. Call for information on support, resources, referral, counseling and advocacy for families.
City of Eureka Summer Camps	531 K St Eureka, CA 95501	707-441-4248	sfazio@ci.eureka.ca.gov https://new.ci.eureka.ca.gov/depts/recreation/youth/default.asp	For children aged 5-12
College of the Redwoods Child Development Center	7351 Tompkins Hill Rd, Eureka, CA	(707) 476-4100	cde@redwoods.edu https://www.redwoods.edu/cdc	Preschool and school age programs. Low to no cost, based on income.
Humboldt State Children's Center	1 Harpst St., Arcata	707-826-3838	https://childrecenter.humboldt.edu/	
Northcoast Children's Services	1266 9th St., Arcata	707-822-7206	ncsheadstart.org	Head Start, Early Head Start and State Preschools. Center based and home based programs for children and families with children ages 0 - 5. Comprehensive services through all programs.
Winzler Children's Center	717 Creighton St., Eureka	(707) 441-2498	eurekacityschools.org	
Yurok Tribal Head Start/Early Head Start	3400 Erie St., Eureka	707-444-0433 Ext. 1900	www.yuroktribe.org	Childcare and Head Start/Early Head Start programs in Wicchepec, Klamath & Eureka. Contact for info and eligibility.

Clothing Resources

Name	Address	Phone	Website	Service
Free Clothing:				
Kid Shop	1032 Bay St., Eureka	707-442-1784		Free clothes kids sizes 4-14, & single moms, every 3 months.
Pregnancy Care Center	2390 Myrtle Ave., Eureka	707-442-2345	http://www.pcceureka.org/home.aspx	M 1-5, T-Th 10-3, Fri-closed
The Raven Project	523 T St., Eureka	707-443-7099	http://rcaa.org/youth-service-bureau_psweeney@rcaa.org	T-Th 1:30-5:30, Sat. 12-5 Serves ages 10-21. Call for information on groups.
7th Day Adventist Church	4251 F St, Eureka, CA	707-725-6164	https://www.redwoodadventist.org/	Eureka – T & Th 8:30-11 Fortuna T/W 9:30-11:30 McKinleyville - W 9-1 Call for times, clothing resources and food assistance. (707-820-2822)
Thrift Shops / Low-cost Clothing:				
YouthAbility Thrift Shop	1309 10th St., Arcata	707-822-5019	https://youthability.org/	T.-Sat. 10-6, Sun. 11-6
Discovery Shop -American Cancer Society	2942 F St., Eureka	707-443-2155	https://www.cancer.org/involved/donate/more-ways-to-give/discovery-shops-national.html	Mon.-Sat. 10-5:00
Groovy Deals Thrift Shop	813 H St., Arcata	707-822-3015	https://www.ecogroovydeals.com/	M-Sun. 10:30-6
Hospice of Humboldt Thrift Shop	575 H St., Arcata	707-826-2545	https://www.hospiceofhumboldt.org/hospice-shop	Tues.-Fri. 10-5, Sat. 10-4
Lots for Tots	3008 Broadway, Eureka	707-445-3477		Mon.-Sat. 11-6 Gently used children's clothing, furniture and toys.
Miranda's Rescue Shop	1694 Myrtle Ave., Eureka & 822 S. Fortuna Blvd., Fortuna	707-441-1755	https://mirandasrescue.org/thrift-store	Eureka Mon.-Sat. 10-6
Miranda's Rescue Shop	1544 Pickett Rd., McKinleyville	707-725-4166	https://mirandasrescue.org/thrift-store	Mon.-Sat. 10-6 Sun. 12-4 McKinleyville
Rescue Mission Thrift Store	1031 Broadway, Eureka	707-443-2523	http://www.eurekarescuemission.org/Thrift_Store/Thrift_Shop.html	Tues-Sat 10-5:15
Ruth's Room, Rio Dell Baptist Church	100 Butcher	707-764-3811	http://cityofriodell.ca.gov/rio-dell-southern-baptist-church	Tues. 10-1
Tailwaggers Thrift Shop	2737 F St., Eureka	707-445-5837	https://sequoiahumane.org/tailwaggers-thrift-shop	M-Sat 11-5:30

Custody & Divorce

Name	Address	Phone	Website	Service
Custody	1802 California St., Eureka, CA	707-443-7358	humboldtfamily.org humboldtfamilyservicecenter@gmail.com	Call for costs, days and times.
Humboldt Family Service Center: Children of Divorce Workshop	2420 6th St., Eureka, CA	866-901-3212	https://www.humboldtfamily.org/	M-Th 9-5, F 9-4 Assistance with enforcing court ordered child support or opening a child support case.
Department of Child Support Services	825 5th St., Eureka, CA	707-445-7256 option 3	https://www.humboldt.courts.ca.gov/self-help/family-law/child-custody-and-child-	Humboldt County Courthouse
Humboldt County Courthouse Self Help Center	825 5th St., Eureka, CA	707-445-7256 ext. 1321	selfhelp@humboldtcourt.ca.gov	Self Help Center
Divorce and Court Assistance				
Family Law facilitators	825 5th Street, Eureka CA	707-445-7256 ext. 3	selfhelp@humboldtcourt.ca.gov	Self-help resources by appointment or walk-in basis only, assist with court paperwork. Tues 10am-12pm.
Family Law Services		(707) 445-7256 ext. 1750	https://www.humboldt.courts.ca.gov/self-help/civil-harassment-restraining-order	Pick up and file Family Law paperwork.
Restraining Order Workshop	825 5th St., Room 305 (third floor)	269-1223, 445-7256 ext. 1321	humboldt.courts.ca.gov	Assistance with restraining orders and custody paperwork. By appointment only.
Legal Services of Northern California	123 3rd St., Eureka, CA	707-445-0866	https://lsnc.net/office/eureka	M-F 8:30-4, closed 12-1pm

Disability and Special Needs Resources

Name	Address	Phone	Website	Service
Braille and Talking Book Library	900 N St #100, Sacramento, CA	1-800-952-5666	https://www.library.ca.gov/btbl/	Books for blind
California Children's Services	908 7th St., Eureka	707-445-6212	https://www.dhcs.ca.gov/services/ccs/Pages/default.aspx	M-F 9:30-4 Assistance with accessing specialized medical care for children whose families cannot provide all or some part of a child's eligible medical needs.
California Dept. of Rehabilitation	1330 Bayshore Way, Suite 101, Eureka	707-445-6300	https://www.dor.ca.gov/	Assistance for people with disabilities in finding a job. M-F 8-5
Changing Tides	2379 Myrtle Ave., Eureka	707-444-8293	https://changingtidesfs.org/	Special Needs Connection
Dawnings Support Services	1465 G St., Arcata	707-825-9536		Provides supportive living assistance to adults with developmental disabilities.
State Council on Developmental Disabilities	505 S. State St., Ukiah, CA PO Box 245, Ukiah, CA	707-463-4700	https://scdd.ca.gov/	Advocacy services for people with developmental disabilities in Humboldt, Del Norte, Lake and Mendocino Counties.
Humboldt Community Access and Resource Center (HCAR)	1707 E St. #2, Eureka	(707) 443-7077	https://www.hcar.us/	A wide variety of support services and job programs for people with disabilities.
Humboldt County Adult Protective Services/In Home Supportive Services	808 E St., Eureka	707-476-2100 toll free 1-866-527-8614	https://humboldt.gov.org/192/Department-of-Health-Human-Services	This agency handles reports of abuse of dependent adults. Offers in-home support services and has a caregiver registry.
Humboldt Co. Office of Education-Special Beginnings	901 Myrtle Ave., Eureka	707-445-7000	hcoe.org/special-beginnings commcenter@hcoe.org	Educational program for children with special needs (0 - 5) and their families, special day class for children with autism.
Making Headway	730 K St., Eureka	707-442-7668	mhwcenter.org	Provides services to survivors of traumatic brain injury and their families. Call for availability of helmets-adults and children. Sliding fee scale. M-F 9-3
Mobile Health Services	Different Locations. Call for current location.	707-443-4666	opendoorhealth.com	Mobile medical clinic with regular stops throughout Humboldt County. Counseling services available. Spanish speaking.
Pathways Crisis Response Service	1465 G St., Arcata	707-826-1886	pathwaysofcalifornia.com/programs.html	24 Hour crisis line. Crisis assistance for adults and children. Must be referred by Redwood Coast Regional Center.
Redwood Caregiver Resource Center	1140 Sonoma Ave #1b, Santa Rosa, CA	1-800-834-1636	http://www.redwoodcrc.org/	Resources for families & caregivers of brain-impaired adults.
Redwood Coast Regional Center (RCRC)	525 2nd St. Suite 300, Eureka	707-445-0893	redwoodcoastrc.org	Serves adults and children with developmental disabilities including intake, advocacy and case management services.
Early Start	1215 O Street Sacramento, CA 9	800 – 515 – BABY (800 – 515 – 2229)	https://www.dds.ca.gov/services/early-start/earlystart@dds.ca.gov	Services for infants and toddlers with disabilities.
Social Security and Medicare Eligibility Information	3144 Broadway, Eureka	800-772-1213	ssa.gov	For qualified children over 3 years of age, provided by your school district.
Tri County Independent Living	139 5th St., Eureka	707-445-8404	tilinet.org	Support services, advocacy and independent-living skills programs. Assistance with filling out housing applications. Provides housing lists.

Domestic Violence

Name	Address	Phone	Website	Service
DHHS Hum-works	929 Koster St., Eureka Social Service Branch Campus, Bldg D	707-268-3477	jake@hum.works	Behavioral health services for CalWorks recipients. Addresses substance abuse, mental health and domestic violence related barriers to employment. HumWorks services count towards CalWorks required hours. Contact your CalWorks worker for a referral.
Humboldt Domestic Violence Services	PO Box 969, Eureka, CA 95502	707-444-9255	hdvs.org	Domestic violence support groups, support groups for children and teens, peer counseling, temporary shelter, resource and referrals. All discussions are confidential
24 hour crisis line		449-6042		
Humboldt Family Service Center	1802 California St., Eureka	707-443-7358	https://www.drugrehabereka.com/	Family violence prevention. Batterers program. Counseling.
Northcoast Rape Crisis		707-443-2737	ncrct.org	Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them.
Rape Crisis- Eureka-hotline		707-445-2881	https://www.ncrct.org/	Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them.
Project Connect, Ki'ma:w		530-625-4261	K'ima:w Medical Center (kimaw.org)	
Medical Center, Hoopa Valley Tribe	535 Airport Rd., Hoopa	ext. 401 or 402		Addresses domestic violence and sexual assault through community interaction and
Safe Haven, RCAA		707-269-2075		Only the county can refer clients. Therapeutic services are offered.
Two Feathers Native American Family Services	1560 Betty Ct., Ste. A, McKinleyville	707-839-1933	www.twofeathers-nafs.org	M-F 8:30-5:00, closed 12-1 Culturally centered services, including therapy, beading and drum groups, transportation, ICWA advocacy.
Victim Witness	825 5th St., 5th floor of County Courthouse, Eureka	707-445-7417		Victims of family violence or another crime may be eligible for counseling funds, relocation assistance and advocacy. Call for eligibility information and application assistance.
WISH	PO Box 642, Garberville, CA 95542	707-923-4100	wishshelter.org	24 Hour Temporary shelter for women and children who are in crisis, provides emergency direct services. Resource and referral services, assists victims of rape & battery and provides help with temporary restraining orders.
*Tribal Resources – Native American tribal members should check with their tribal office for any special resources available through the tribe.				

Education

Name	Address	Phone	Website	Service
Adult Education:				
Eureka Adult School	2100 J St., Eureka	707-441-2448	eurekaadultschool.org	Information on community education, GED, vocation education and English as a Second Language. M-F 9-5; summer hours vary
CalWORKS (AKA Welfare-To-Work)	445 W. Washington St., Eureka	707-268-3400	c4yourself.com	Basic Skills and Education: Basic education, GED prep, literacy. Classroom training: Eureka Adult School, HROP, College of the Redwoods. Vocational/Occupational Training, Work Experience Training, Childcare, transportation and ancillary expenses. Must have at least one dependent child under the age of 18 to qualify.
College of the Redwoods	7351 Tompkins Hill Rd., Eureka	707-476-4100		Call or go online for schedule of classes, fees & special events calendar. Classes, academic and vocational counseling offered in Humboldt & Del Norte counties. Eureka site has a child development center. Financial assistance.
Community Education	525 D St., Eureka (Back on Spring)	707-476-4500	redwoods.edu	A variety of Free job skill, ESL and GED prep courses offered in various locations throughout the county.
English Express Humboldt		707-443-5021	englishexpressemastered.com	Adult English language development classes at the Jefferson Community Center in Eureka and at the Multi-Generational Center in Fortuna
Extended Opportunity Program and Services. (EOPS/CARE)	7351 Tompkins Hill Road, Eureka	707- 476-4270	redwoods.edu/eops	Financial support, counseling, parking, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.
Humboldt Literacy Project	537 G St., Suite 203, Eureka	707-445-3655	eurekacityschools.org	Trains and provides tutors to assist in learning to read or improving reading skills (also ESL). Call for walk-in hours or appt. humlit.org
Humboldt State University	1 Harpst St., Arcata		humboldt.edu/directory	
Other Education Programs:				
HSU Educational Talent Search	1 Harpst St., Arcata	707-826-4791	humboldt.edu/talentsearch	A pre-college program for low income and 1st generation college students. 6th-12th grade.
Humboldt Co. Office of Education-Foster & Homeless Youth Services	901 Myrtle Ave., Eureka, CA 95501	707-445-7187	www.humboldt.k12.ca.us/foster-youth	Support for homeless and/or foster youth in public schools. Contact for more info and support.
Humboldt Co. Office of Education-Special Beginnings	901 Myrtle Ave., Eureka	707-445-7043	humboldt.k12.ca.us	
Educational program for children with special needs (0 - 5) and their families.				
Speech Therapy:				
For qualified children over 3 years of age, provided by your school district. See school districts for contact info.				
Elementary and High School				

Arcata Elementary School District		822-0351		
1435 Buttermilk Ln., Arcata				
Big Lagoon Union School District		677-3688		
269 Big Lagoon Park Rd., Trinidad				
Blue Lake Union School District		668-5674		
PO Box 268, Blue Lake, CA 95525				
Bridgeville School		777-3311		
38717 Kneeland Rd.				
Cuddeback Union School District		768-3372		
300 Wilder Rd., Carlotta, CA 95528				
Cutten School District		441-3900		
4182 Walnut Dr., Eureka				
Eureka City Schools District Office		441-2400		
2100 J St., Eureka				
Ferndale Unified School District		786-5900		
1231 Main St., Ferndale				
Fieldbrook School District		839-3201		
4070 Fieldbrook Rd., McKinleyville				
Fortuna Union Elementary School District		725-2293		
500 9th St., Fortuna				
Fortuna Union High School District		725-4461		
379 12th St., Fortuna				
Freshwater School District		442-2969		
75 Greenwood Heights Drive, Eureka				
Hydesville School District		768-3610		
3050 Johnson Rd., Hydesville				
Jacoby Creek School District		822-4896		
1617 Old Arcata Rd., Bayside				
Klamath-Trinity Joint Unified School District				
5 Loop Road				
PO Box 1308, Hoopa, CA 95546		530-625- 5600		
Loleta School District		733-5705		
700 Loleta Dr., Loleta				
McKinleyville Union School District		839-1549		
2275 Central Ave., McKinleyville				
Northern Humboldt Union High School District				

2755 McKinleyville Ave., McKinleyville		839-6470		
Pacific Union School District		822-4619		
3001 Janes Rd., Arcata				
Peninsula Union School District		443-2731		
PO Box 175, Samoa				
Rio Dell School District		764-5694		
99 Wildwood Ave., Rio Dell				
Southern Humboldt Unified School District		943-1789		
PO Box 650, Miranda				
Trinidad Union School District		677-3631		
PO Box 3030, Trinidad, CA 95570				

Employment

Name	Address	Phone	Website	Service
California Conservation Corps		800-952-5627		Employment opportunities for young adults, ages 18-25.
California Department of Rehabilitation	1330 Bayshore Way, Suite 101, Eureka	707-445-6300	dor.ca.gov	M-F 8-5 Serves anyone with a physical, mental, or emotional problem that interferes with their ability to secure and hold a job. Job training and placement, help with transportation, vocational and personal counseling for those who qualify.
CalWORKS	445 W. Washington St., Eureka	707-268-3400	c4yourself.com	Mon.-Fri. 8-5. Assistance in obtaining employment including training, assessment and job search support.
Comprehensive Career Services	1707 E St., Eureka	(thru HCAR) 707-444-2349		Vocational training, job placement for people living with disabilities.
Craigslist			humboldt.craigslist.org	
Express Employment Professionals	14 West Wabash, Eureka	707-268-1866	www.expresspros.com/EurekaCa	Temporary and permanent job placement. Typically the fee for service is paid by the employer.
Humboldt County Office of Education (HCOE)	901 Myrtle Ave., Eureka	707-445-7000		Regional Occupation Program for K - 12, court and community schools or special education.
Job Market	409 K St., Eureka (Corner of 5th & K)	441-JOBS 800-242-1353	thejobmarket.org	"One-Stop Career Center" partnered with community organizations including EDD, CalJobs, Humboldt Regional Occupation Services to provide job support.
Nations Finest	109 4th St., Eureka	707-442-4322	Nationsfinest.org	Job listings, education and job-skills training programs are offered to all veterans.
Northern California Indian Development Council	241 F St., Eureka	707-445-8451	ncidc.org	Assistance for eligible Native American families in crisis. Also job
RCAA	904 G St., Eureka	707-269-2020 269-2001	rcaa.org	Members serve in partnership with Humboldt Co. Child Welfare Services and Family Resource Centers.
Sequoia Personnel	2930 E St., Eureka	707-445-9641	sequoiapersonnel.com	Temporary and permanent job placement. Typically fee for service is paid by employer.

Financial Assistance

Name	Address	Phone	Website	Service
Annual Credit Report			annualcreditreport.com	Free credit report once a year
California Tribal TANF Partnership	636 H St., Eureka	707-476-0344	cttp.net	Assistance for members of federally recognized tribes and descendants and pay foster rates for foster parents even if not official. Pay child care, mileage, support services, school clothes, employment.
EITC-Earned Income Tax Credit			www.irs.gov/credits-&-deductions/individuals/Earned-Income-Tax-Credit	Find out if you qualify for a tax credit for low to moderate income working individuals/couples with children
Extended Opportunity Program and Services (EOPS)	7351 Tompkins Hill Road, Eureka	707-476-4270	redwoods.edu/eops	Financial support, counseling, bus passes, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.
FAFSA			www.fafsa.ed.gov	Financial aid to pay for college. You may qualify for grants that do not need to be paid back. Contact the Financial Aid office at the college you plan to attend.
Humboldt County Dept. of Social Services (DHHS)	929 Koster St., Eureka	877-410-8809, 707-269-3590	c4yourself.com	General Relief, Temporary Aid to Needy Families (TANF), CalFresh, Medi-Cal. Rental deposit assistance for homeless families, Winter Shelter vouchers (Nov.-April). DMV reduced fee or no fee, waivers for ID only available. Free or reduced cost California ID's.
Humboldt Co. Health & Human Services & WIC		(707) 923-2779	https://humboldt.gov.org/192/Department-of-Health-Human-Services	Centralized, local access to services including mental health, Public Health, WIC & Social Services. M-F 8:30-12, 1-4:30
Southern Humboldt WIC	727 Cedar St., Garberville	707-444-3834		
Redwood Community Action Agency- HEAP	904 G St, Eureka, CA 95501	(707) 269-2001	http://rcaa.org/	Credit on PG&E bill one time per year. Based on income. Call in only, Mondays 9 am-11 am.
Social Security Administration	3144 Broadway, Eureka	866-828-1991	ssa.gov	SSI, Medicare, retirement, disability, survivors. M,T, Th, F hours 9am-4pm; Wed 9
State Disability Insurance		800-480-3287	edd.ca.gov	Cash assistance for qualified disabled workers
Unemployment Insurance Program		866-333-4606	edd.ca.gov	Cash assistance to qualified unemployed workers due to lay off.
VITA- Volunteer Income Tax Assistance Program		211	https://www.ftb.ca.gov/help/free-tax-help/VITA_Locator/	Redwood Community Action Agency-free assistance with filling out and filing tax returns.

Food Resources

Name	Address	Phone	Website	Service
Betty Chinn Day Center	133 7th St., Eureka	707-407-3833	https://www.bettychinn.org/	M-F 8-3
Eureka Rescue Mission	110 2nd St., Eureka	707-443-4551	eurekarescuemission.org	Men's shelter, Women & children's shelter. Free breakfast and dinner are served daily.
Eureka Rescue Mission Admin		707-445-3787	eurekarescuemission.org	
Food for People	(307 West 14th St., Eureka	707-445-3166	https://www.foodforpeople.org/	
Food For People Choice Pantry	2112 Broadway, Eureka	707-407-0447	foodforpeople.org	Call or stop by to schedule an appointment
Humboldt County Dept. of Social Services (DHHS)	929 Koster St., Eureka	877-410-8809	c4yourself.com	TANF, CalFresh, Medi-Cal or CMSP. Can apply by phone, mail or online:
Jefferson Project	1000 B St.	707-497-6280	jefferson-project.org	M-F 10-4, free produce Sat 10 - run out, during growing season.
McKinleyville Collaborative/Family Resource Center	1615 Heartwood Dr, McKinleyville	707-840-0905	https://mckfrc.org/	Various services including case management, referrals, food and clothing. Food distribution M-Th 10:30-3:15
Mobile Outreach Program		707-441-4650		Provides outlying communities the opportunity to apply for CalFresh, MediCal or CalWORKS without having to come into Eureka. Food boxes available on request. Mental health support also available.
Salvation Army	2123 Tydd St., Eureka	707-442-6475	http://www.salvationarmy.org/	Emergency food and other social services. Food boxes Mon-Thurs 9-4
Seventh Day Adventist Community Service. (The DORCAS Project)	4251 F St., Eureka 2331 Rohnerville Rd., Fortuna	707-442-6950 707-725-1166	https://www.fortunaacs.com/	
St. Joseph Pantry Shelf	2292 Newburg Rd., Fortuna	707-725-1148	http://saintjoe-parish.org/	Food, clothing, toiletries and other services. W 10-2, except major holidays
St. Vincent de Paul	35 West 3rd St., Eureka	707-445-9588	https://ssvpusa.org/	Free lunch daily from 11-1:00. Food boxes occasionally available on emergency basis. Call ahead for details.
Trinity Baptist Church	2450 Alliance Rd., Arcata	707-822-7668		Every Wednesday 4-6
WIC - Women, Infants, Children	317 2nd St., Eureka	707-445-6255	https://humboldt.gov/657/Women-Infants-Children-WIC	Food/WIC vouchers for eligible pregnant and breast-feeding women, infants and children.
WIC - Women, Infants, Children	1108 Main St., Fortuna	707-923-2779	https://humboldt.gov/657/Women-Infants-Children-WIC	Food/WIC vouchers for eligible pregnant and breast-feeding women, infants and children.
WIC - Women, Infants, Children	727 Cedar St., Garberville	707-726-9427	https://humboldt.gov/657/Women-Infants-Children-WIC	Food/WIC vouchers for eligible pregnant and breast-feeding women, infants and children.
Parents Nutrition Center Bayshore Mall WIC	FOOD COURT, 3300 Broadway St, Eureka	(707) 440-0785	parentsnutritioncenter@gmail.com	Food/WIC vouchers for eligible pregnant and breast-feeding women, infants and children. Use wic card at this shop. All items are WIC eligible.

Foster Youth

Name	Address	Phone	Website	Service
Foster & Kinship Care Education	7351 Tompkins Hill Rd., Eureka	707-476-4455	redwoods.edu/foster	Foster parents training assistance with raising children who have a variety of issues. Support for grandparents & other non-parent relatives raising their relative's children. Library of resource materials, books, games etc.
Foster Youth Ombudsman	433 M St., Eureka	877-846-1602	fosteryouthhelp@dss.ca.gov	Advocacy and support for Foster Youth and Foster Parents.
Humboldt County Transition Age Youth Collaboration (HCTAYC)	433 M St. Eureka CA	707-476-4922	https://humboldt.gov.org/542/Transition-Age-Youth-Programs	Youth leadership and advocacy for transition age youth. Call Main Line 476-4944 for other programs
TAY (Transitional Age Youth) Behavioral Health	2440 6th St. Eureka CA	(707) 268-2945	https://humboldt.gov.org/1601/Childrens-Behavioral-Health-Services	Clinical therapy and case management for transition age youth. TAY-ILS (Transition Age Youth-Independent Living Skills)
				Serves transition age youth (16-21) who were dependents of the state on 16th birthday. Housing assistance, deposit assistance, employment training, case management.

Grandparents & Elder Services

Name	Address	Phone	Website	Service
Area 1 Agency on Aging	434 7th St., Eureka	707-442-3763	alaa.org	M-Th 8:30-4:30. Information and support for grandparents as parents & seniors who are child caregivers.
College of the Redwoods Foster, Adoption and Kinship Caregivers Education Program	7351 Tompkins Hill Road, Eureka	707-476-4455	redwoods.edu/foster	Parenting education classes including Love and Logic, Positive discipline, Kinship support group. Call for info. Child care provided, must be arranged in advance.
Fortuna Senior Center	2280 Newburg Road, PO Box 336, Fortuna	707-726-9203	fortunasenior.org	M-F 10-12 Office hours. Network with grandparents who care for their grandkids.
Humboldt Senior Resource Center	1910 California St., Eureka	707-443-9747	humssenior.org	M-F 8:30-3 Services for senior citizens and their families.

Health & Wellness

Name	Address	Phone	Website	Service
California Children's Services		707-445-6212	https://www.dhcs.ca.gov/services/ccs	Assists with payment for medical treatment for low income children with qualifying illness. Referrals from pediatricians.
Child Passenger Safety Program:		707-476-4991	https://humboldt.gov.org/569/Child-Passenger-Safety-Program	Car seat safety classes, low/no cost car seats & inspections.
Spanish speaking (Paso a Paso)		707-441-4477	https://www.providence.org/locations/norcal/st-joseph-hospital-eureka/community-support/paso-a-paso-step-by-step	
Environmental Health:	100 H St., Suite 100, Eureka	707-445-6215	https://humboldt.gov.org/564/Environmental-Health	Inspects substandard homes and assists with determining corrective action needed.
Lead Poisoning Prevention:		707-445-6025	https://humboldt.gov.org/607/Childhood-Lead-Poisoning-Prevention-Prog	Lead poisoning prevention and testing information.
Maternal, Child and Adolescent Health:		707-445-6210	https://humboldt.gov.org/1013/Maternal-Child-Adolescent-Health	Information and support for pregnant mothers. Referrals for doctors and insurance for income eligible children ages 0-18.
CARE line for family health		800-698-0843		Free home visiting program for first time mothers focused on empowerment, parenting, health and development.
Nurse Family Partnership:		707-268-2105		
Public Health Clinics	529 I St., Eureka	707-268-2108	https://humboldt.gov.org/330/Public-Health	Immunizations, lice and scabies, TB, and STD clinics.
Willow Creek Public Health		(530) 629-2410	https://humboldt.gov.org/330/Public-Health	Tick testing, water testing, TB testing, WIC
Public Health Nursing		707-268-2105		Health and safety information and support through case management and home visits. County wide. Families may self refer if they need support with health related concerns.
Safe Care		707-441-5075		Parenting program for adults w/children 0-5. 3 parts: parent child interaction, health & home safety. Weekly home visits.
Dental:		707-442-7078		
Burre Dental	959 Myrtle Ave., Eureka	(707) 442-7078	opendoorhealth.com	Call in the morning for same/next day appointment if in pain.
K'ima:w Medical Center	535 Airport Rd, Hoopa	(530) 625-4261	https://kimaw.org/	
Redwoods Rural Health Center	101 West Coast Rd # B, Redway, CA	(707) 923-2783	https://www.rhcc.org/	
Pacific Dental Hygiene	695 Blue Lake Rancheria Rd., Blue Lake	707-266-6767		
Southern Trinity Health Services	500 B St, Scotia, CA 95565	(707) 764-5617	http://www.sthscclinic.org/	
Western Dental Redding	1350 Churn Creek Rd., Redding, CA	(530) 224-9700	westerndental.com	
Western Dental Santa Rosa	1240 Farmers Ln., Santa Rosa, CA	(707) 542-5200	westerndental.com	Accepts adults and children's Medi-Cal. Oral surgery for Adults and Children. Burré often refers here for Children and Adults who need extensive treatment.
Information and Referrals:				Information & referrals for no-cost health exams for children.

Child Health & Disability Prevention (CHDP)	908 7th St., Eureka		Child Health and Disability Prevention Program (ca.gov)	
St. Joseph's Community Resource Centers	35 W. 3rd St., Eureka		https://www.providence.org/locations/norcal/st-joseph-hospital-eureka	
Blue Lake	111 Greenwood, Blue Lake	707-668-4281		
Rio Dell	99 Wildwood Ave., Rio Dell	707-764-5239		Variety of services including classes, support groups, referrals and health information. Call for information & hours.
Willow Creek	38883 Hiway 299, Willow Creek	(530) 629-3141		
Health Care Providers (Doctors & Clinics):				
Eureka Community Health & Wellness Center	2200 Tydd St., Eureka	707-441-1624	opendoorhealth.com	Medical and counseling services provided.
Humboldt Open Door Clinic	770 10th St., Arcata,	707-826-8610	opendoorhealth.com	
Mcklyville Open Door	1644 Central Ave., Suite F, McKinleyville	707-839-3068	opendoorhealth.com	
K'ima:w Medical Center	12000 Airport Rd., Hoopa, CA	(530) 625-4261		Community health care services for eligible families and individuals. Tribal enrollment not required for dental services.
NorthCountry Clinic	785 18th St., Arcata	707-822-1385		Medical care & counseling services. Medi-Cal, sliding scale.
Partnership Transportation (MTM)		888-828-1254		Transportation to local and out of town medical/dental appts. Call at least 5 days in advance.
Ferndale Community Health Center	638 Main St.	707-786-4028		
Fortuna Community Health Center	3304 Renner Dr.	707-725-6101		
Redwood Community Health Center	2350 Buhne St., Suite A	707-443-4593		
Planned Parenthood of Northern CA	3225 Timber Fall Court, Eureka	707-442-5700	ppnorcal.org	Information and services covering birth control, sexually transmitted disease testing and treatment, pregnancy testing and options counseling, HIV testing, abortion, LGBT services, morning after pill and teen clinic.
Redwoods Rural Health Center	101 W. Coast Rd., Redway	707-923-2783	rhc.org	Medical, dental 923-4313, birth control, counseling & prenatal care.
United Indian Health Services	1600 Weeot Way, Arcata	707-825-5000	uihs.org	Variety of medical, dental and mental health services for members of federally recognized tribes. Call for more info.
Willow Creek Community Health Center	38883 Hwy 299, Willow Creek	(530) 629-3111	opendoorhealth.com	Family medical practice.
Hospitals				
Note: Most hospitals have financial aid programs				
Jerald Phelps Community Hospital	733 Cedar St., Garberville	707-923-3921	shchd.org	
Mad River Community Hospital	3800 Janes Rd., Arcata	707-822-3621	madriverhospital.com	Express Care 7 days a week 1-9pm
Redwood Memorial Hospital	3300 Renner Dr., Fortuna	707-725-3361	redwoodmemorial.org	

Redwood Urgent Care	2440 23rd Street, Eureka	707-298-2011	redwoodurgentcare.com	For non-life threatening conditions. Open everyday 9-6:30. Walk-in or same day online appointments. Accepts most major insurances, discounts for private pay, Medi-Cal/Partnership not accepted at this time.
St. Joseph's Hospital	2700 Dolbeer St., Eureka	707-445-8121	stjosepheureka.org	
Six Rivers Medical Center	850 State Hwy 96, Willow Creek	(530) 629-3116		M-F 8:30-12 & 1-5
Insurance:				
Covered California		800-300-1506	coveredca.com	Assistance with finding affordable health insurance
Department of Health and Human Services	929 Koster St., Eureka	877-410-8809	humboldt.gov.org c4yourself.com	Medical coverage programs for low income adults and families (Medi-cal, County Medical Services Program [CMSP], Path2Health).
Healthy Kids Humboldt	2200 Harrison, Eureka	707-442-6066		Advocacy and help with obtaining medical insurance for children under 19 . Spanish speaking.
MCAP-Medi-Cal Access Program				
Formerly: Access for Infants/Mothers Program (AIM)	PO Box 15559 Sarcamento	800-433-2611	aim.ca.gov	Insurance program (primary or secondary) for moderate income pregnant women who do not qualify for Medi-cal.
Pediatrics:				
Early Start at RCRC		707-445-0893 ext. 325		Health, development, and case management services for infants and toddlers with disabilities and their families.
Nurse Family Partnership	529 I St., Eureka	707-268-2105		
Open Door Pediatrics-Kids Express	2200 Tydd St., Eureka	707-269-7051		
Redwood Pediatrics	3305 Renner Dr., Fortuna	707-725-9355		Pediatric Care is also available at any of the community health centers and clinics.
Pregnancy/Perinatal Care:				
Breastfeeding Care Line	2773 Harris St., Eureka	707-445-8121 ext. 7536		
Doula's By Nature	3800 Janes Road	707-822-1385 ext.2308 (ask for Kate)		North Coast Clinics Network Doula Project– North Country Prenatal Services
Humboldt Open Door Clinic's	(see listing under Health Care providers)			
La Leche League		1-800-LA-Leche	llnocal.org	Monthly meetings at the Jefferson Community Center.

Homeless Services

Name	Address	Phone	Website	Service
Educational Resources:				
Humboldt Co. Office of Education	901 Myrtle Avenue, Eureka, CA	(707) 445-7000	https://hcoe.org/	
Foster/Homeless Youth Services		707-445-7187	humboldt.k12.ca.us/foster-youth	Contact: Roger Golec
Emergency Shelters:				
Arcata Night Shelter-Arcata Annex	501 9th St. Arcata CA	211	https://www.arcatahouse.org/	Shelter opens when there is severe weather forecast. Call for more information, referral
Eureka Rescue Mission	110 2nd St., Eureka	707-445-3787		
Eureka Rescue Mission Men's Shelter		707-443-4551		Information and men's shelter
Eureka Rescue Mission Women and children's shelter		707-443-5016		Eureka Rescue Mission Women and children's shelter. Free breakfast and dinner are served daily.
Humboldt County Department of Health and Human Services (DHHS)	929 Koster St., Eureka	877-410-8809	humboldt.gov	Call for information regarding eligibility for emergency housing assistance, rental deposit assistance. Winter shelter program, Nov.-April for eligible families. Homeless may qualify for more CalFresh.
Humboldt Domestic Violence Services		707-444-9255		Office, Mon.-Fri. 9-5 24 hour crisis line: 707-443-6042 Emergency and long term shelter for families experiencing domestic violence is provided in a Safe House for up to 30 days. All contact is confidential.
WISH	PO Box 642, Garberville, CA 95542	707- 923-4100	wishshelter.org	Temporary shelter for women and children who are in crisis or experiencing domestic violence, provides emergency direct services. Resource and referral services, assists victims of rape & battery and help with temporary
Transitional Shelters:				
Arcata House	1005 11th St., Arcata		arcatahouse.org	Transitional housing program to assist individuals and families with interim housing while overcoming a temporary financial crisis. Call for a phone assessment.
Nations Finest	109 4th St., Eureka	707-442-4322		Transitional housing/housing assistance for homeless vets.
Supportive Services for Veterans' Families	904 G St., Eureka			A variety of services available for veterans and their families including security deposit, rent assistance on a case by case basis. Case management, behavioral health treatment, employment and training assistance.
PACT (Bridge House/Safe Haven)		707-269-2013		

General resources for homeless families:				
Family Resource Centers				
The Annex	501 9th St., Arcata	707-633-6236		Family shelter, adult shelter, food pantry, computers, employment and housing
Betty Kwan Chinn Day Center	133 7th St., Eureka	707-407-3833		M-F 8-3. Variety of services including computer use for research, help with public assistance enrollment, homeless court, education support/GED, workshops (resume and AOD counseling, community resource referrals, interview clothing, housing/job search assistance,
Betty's House Family Shelter		707-407-3833		Transitional housing for families with children 0-17. Families can stay up to 6 months.

Housing

Name	Address	Phone	Website	Service
Resources:				
Craig's List			humboldt.craigslist.org	Local classifieds and forums for jobs, housing, for sale, personals, services, local community, and events.
Times Standard Newspaper			https://www.times-standard.com/	Family Services has applications
Cal-Poly Humboldt University			hsrentals.com	Off Campus Housing
Subsidized Housing:				
Please note that programs often have				
Aster Place	2440 Myrtle Ave., Eureka	707-496-6894		Reduced rent apartments in Eureka.
Church Hill Townhomes	2601 School St., Fortuna	707-496-8240		
Sliding scale apartments in				
Courtyard Apartments	3101 Boyd Rd., Arcata	707-826-0386		
Affordable housing.				
Creamery Row Apts	977 8th St., Arcata	707-822-2770		
Danco Property Management	5251 Erikson Way, Arcata	707-822-9000		Affordable apartments in Eureka, Fortuna, Redway and Willow Creek. Some sliding scale available.
www.danco-group.com				
Fortuna Family Apartments	2080 Stockton Court, Fortuna	707-725-6500		Reduced rent apartments.
Grove Program (College of the Redwoods)		707-476-4560		Assists CR students with housing, food resources and more.
Housing Authority (HUD)	735 W. Everding, Eureka	707-443-4583		Call for information and dates of next opening for Section 8 and other HUD housing programs in the area. Sliding scale
Housing Humboldt/RCAA	PO Box 4655, Arcata, 95518	707-826-7312		
Affordable apartments in McKinleyville, Arcata, Eureka, Fortuna. Waitlist.				
Humboldt Plaza Apartments	2575 Alliance Rd., Arcata	707-822-4104	housinghumboldt.org	Sliding scale, Section 8.
Murray Apartments	1423 Reasor Rd., McKinleyville	707-839-2348		Reduced rent, sliding scale.
Redwood Court	2042 Jenny Ln., Fortuna	707-725-6755		Some reduced rent and some sliding scale.
Redwood Creek Apartments	1740 Sutter Rd., McKinleyville	707-839-0875		Reduced rent.
Redwood Village Apartments	56 Orchard Ln., Redway	707-923-4048		Reduced rent.
Rio Dell Apartments	753 Rigby Ave., Rio Dell	707-764-3324		Reduced rent.
River Community Homes	1061 Hallen Dr., Arcata	707-822-7816		Sliding scale.
Strombeck Properties	960 South G St., Arcata	707-822-4557	www.strombeckprop.com	Some reduced rent available.

Willow Creek Apartments	520-528 Hwy 96, Willow Creek	707-499-2440		Reduced rent.
Wood Creek Apartments	2296 Redwood Way, Fortuna	707-725-1308		
Reduced rent apartments.				
Foreclosure Prevention & Assistance			www.makinghomeaffordable.gov www.keepyourhomecalifornia.org	
City of Arcata	736 F St., Arcata	707-822-5955	cityofarcata.org	Homebuyer Assistance Program. Down payment assistance for low income with good
City of Eureka	531 K St., Eureka	707-441-4209		First Time Homebuyer Program, Housing Rehab Loan. Down payment, mortgage and housing rehab assistance for low income with good credit.
Humboldt County Affordable Housing	3015 H St., Eureka	707-445-7541		Loan assistance for home repair and a 1st time home buyers program.
Rural Community Development		707-443-6714 ext. 4		Access to Farmers Home Loan program and low interest home repair loans.
Renter's rights/ legal assistance:				
Legal Services of Northern California	123 3rd St., Eureka	707-445-0866		M-F 8:30-5, closed 12-1 Renter's rights information, eviction and civil legal matters. Call for scope of services and hours. Closed Mondays.
Humboldt County Courthouse Self Help Center	825 5th St., Room 310, Eureka	707-269-1223	humboldt.courts.ca.gov	
Humboldt County Courthouse	825 5th St. Eureka			Civil law assistance, eviction paperwork & small claims cases. Walk-in times available, call for more information.
Substandard Housing Enforcement		707-445-6215		
Department of Health and Human Services, Environmental Health	100 H St., Suite 100, Eureka			Inspects housing, files repair recommendations with landlords.

Immigration

Name	Address	Phone	Website	Service
California Human Development Corporation's Citizenship Department		(707) 523-1155		Call to find out about free assistance.
Catholic Charities/Immigration/Resettlement	987 Airway Court, Santa Rosa, CA Mailing address PO Box 4900, Santa Rosa, 95402	(707) 578-6000		Spanish/English speaking assistance for those calling with immigration questions or problems. Deferred action for childhood arrivals, family reunification, legal residency, visa petition, USCIS petitions, Violence Against Women Act (VAWA) & U Nonimmigrant status. Call to schedule a phone consultation. There is a fee for this service.
National Immigration Project			nationalimmigrationproject.org	Information for immigrants or non- documented residents from the National Lawyers Guild. (211) Participating
PARA-People Affected by the Raids in Arcata		707- 502-2746		Local resource which helps Latino families with questions and concerns regarding immigration issues.
Teresa Foster, Immigration Consultant (Spanish only)	2180 Jefferson St., Suite 103 Napa, CA 94459	(707) 255-8666		Spanish/English speaking assistance with immigration questions or problems. Call to schedule a phone consultation. There is a fee for this service.
True North Organizing Network	517 3rd St., Ste. 16, Eureka	707-572-5530	truenorthorganizing.org , email: info@truenorthorganizing.org	True N. O. Net is a community lead, grassroots organizing effort support by a team of comm. organizers and administrators.
US Citizenship and Immigration Services		800-375-5283	www.uscis.gov	
Legal:				
ACLU of Northern California American Civil Liberties Union-Redwood Chapter	917 3rd St., Eureka	336-2258		

Legal

Name	Address	Phone	Website	Service
California Indian Legal Services	324 F St., Eureka	707-443-8397	calindian.org	Legal services for low-income Native
CASA (Court Appointed Special Advocates)	2356 Myrtle Ave., Eureka	707-443-3197	humboldtcasa.org	Trained volunteers advocate for abused and neglected children going through the child welfare court system.
Department of Child Support Services	2420 6th St., Eureka	866-901-3212		Assistance with enforcing court ordered child support, opening a child support case.
Humboldt County Courts info line		707-445-7256		Court fines and fees can sometimes be worked off through community service. Felonies, DUI and violent crimes do not qualify. Contact for more info and eligibility.
Homeless Court		707- 445-7256 ext 1505		
Humboldt County Courthouse- Self Help				
Family Law Assistance		707-269-1223	humboldt.courts.ca.gov ; courts.ca.gov/selfhelp	Family law facilitators/self-help resources available by appointment, assists with Family Law court paperwork. Free.
Civil Law Assistance		707-269-1283		Assistance with claims, eviction, civil law matters. Free.
Humboldt County District Attorney	825 5th St. (4th floor), Eureka	707-445-7411		
Humboldt County Public Defender	1001 4th St., Eureka	707-445-7634		
Humboldt Domestic Violence Services		866-668-6543, 443-6042	hdvs.org	Referral, resources, restraining order assistance, court accompaniment. Toll-free 24
Humboldt Mediation Services	317 3rd St., Suite 8, Eureka	707-445-2505		Dispute resolution services. Parent/teen mediation at low or no cost. Sliding scale.
Legal Services of Northern California	123 3rd St., Eureka	707-445-0866		M-F 8:30-4, closed 12-1. No fee for qualified clients. Assistance with family law, eviction and civil legal matters. Call for scope of services.
Humboldt County Code Enforcement		707-445-6215		
Victims of Crime Resource Center		800-842-8467		
(English and Spanish)		800-VICTIMS	1800victims.org	Information/ referral to legal resources for victims of crime.
Victim Witness	825 5th St., 5th Floor	707-445-7417		Assistance for victims of violent crimes and their families including counseling assistance, restraining orders, court accompaniment and relocation assistance.
VINE LINK		877-411-5588	www.vinelink.com	Reports status of those incarcerated. Can set up to be notified when an offender is released.

True North Organizing Network	517 3rd St, Ste 16, Eureka, 95501	572-5530 ¹¹	http://www.truenorthorganizing.org/	True North Organizing Network develops leadership in communities with common values across Tribal Lands, Del Norte, and Humboldt Counties. True North supports families, elders, youth, and individuals of diverse faith traditions, races, cultures, and economic capacities working together for powerful change. United, using the power of relationships and a disciplined community organizing model, True North leaders are courageously challenging social, economic, and environmental injustice in our region
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Libraries

Name	Address	Phone	Website	Service
Humboldt County Libraries			humboldt.gov/1346/Public-Library	
Arcata Library	500 7th St., behind City Hall	707-822-5954	humboldt.gov/1346/Public-Library	
Blue Lake Library	111 Greenwood Ave.	707-668-4207	humboldt.gov/1346/Public-Library	
Eureka Main Library	1313 3rd St.	707-269-1900	humboldt.gov/1346/Public-Library	
Ferndale Library	807 Main St.	707-786-9559	humboldt.gov/1346/Public-Library	
Fortuna Library	753 14th St.	707-725-3460	humboldt.gov/1346/Public-Library	
Garberville Library	715 Cedar St.	707-923-2230	humboldt.gov/1346/Public-Library	
McKinleyville Library	1606 Pickett Rd.	707-839-4459	humboldt.gov/1346/Public-Library	
Rio Dell Library	715 Wildwood	707-764-3333	humboldt.gov/1346/Public-Library	
Trinidad Library	380 Janis Court	707-677-0227	humboldt.gov/1346/Public-Library	
Willow Creek Library	39 Mayfair St.	(530) 629-2146	humboldt.gov/1346/Public-Library	

Mental Health/Counseling

Name	Address	Phone	Website	Service
If you are having a mental health crisis: Call the crisis line at 707-445-7715 or call 911		Crisis Line 707-445-7715		If you have Partnership call Beacon first and they will refer you to services.
Beacon Health Strategies		855-765-9703		Families on Medi-Cal can call for counselor referrals. beaconhealthstrategies.com. Plan name is "Partnership".
Changing Tides Family Services	2379 Myrtle Ave., Eureka	707-444-8293	changingtidesfs.org	Mental health services to support children and their families. Accepts Medi-Cal.
Humboldt County Mental Health Services		888-849-5728	humboldtfamilyservice.org	Crisis intervention, inpatient and outpatient mental health services, counseling and medication evaluations.
Adult -720 Wood St., Eureka		707-268-2900		
Child -1711 3rd St., Eureka		707-268-2800		
Garberville Office		707-923-2729		
Hope Center	2233 H St., Modular Building, Eureka	707-441-3783		Educational environment for adults with mental health challenges. Workshops, classes and activities. Free.
NAMI (National Alliance on Mental Illness)			www.nami-humboldt.org	Advocacy, education and support groups for families of people with mental health illnesses.
North Coast Association of Mental Health Professionals		707-441-3832	ncamhp.org	Online searchable listing for mental health providers in Humboldt County. Searchable by type of therapy, location, and insurance accepted.
Redwoods Rural Health Center	101 West Coast Rd., Redway	707-923-2783	rrhc.org	Medical, counseling services. Medi-Cal or sliding scale.
Remi Vista	3960 Walnut Dr., Eureka	707-268-8722		Counseling for children & families. Medi-Cal.
Two Feathers Native American Family Services	1560 Betty Court, Suite A, McKinleyville	707-839-1933	twofeathers-nafs.org	Children who have experienced sexual, emotional or physical abuse. Culture groups, positive Indian parenting, case management and crisis intervention.
Victim Witness-Victim Compensation Program	712 4th St., Eureka	707-445-7417		Assistance to victims of violent crimes and their families including counseling payment assistance, restraining orders, court accompaniment and relocation assistance.
United Indian Health Services	1600 Weeot Way, Arcata	707-825-5000	uihs.org	Child/family counseling services are provided to eligible families. Must be member of a federally recognized tribe.
Willow Creek Community Health Center	38883 Hwy 299, PO Box 726, Willow Creek	(530) 629-3111	opendoorhealth.com	Medical, counseling services. Medi-Cal or sliding scale.

Native American Resources

Name	Address	Phone	Website	Service
Tribal Services may assist eligible Native American families with resources including tribal enrollment, housing, food, utilities, employment, education and finances. Contact your tribe for more				
Bear River Band of the Rohnerville Rancheria	266 Keisner Rd., Loleta	707-733-1900	brb-nsn.gov	
Big Lagoon Rancheria	PO Box 3060, Trinidad	707-826-2079		
Blue Lake Rancheria	428 Chartin Road, Blue Lake	707-668-5101	bluelakerancheria-nsn.gov	
Bureau Of Indian Affairs	364 Knollcrest Dr., Suite 105, Redding	530-223-7960	bia.gov	
California Indian Legal Services	324 F St., Eureka	707-443-8397	calindian.org	Free or low cost representation for certain legal matters. Call for more information and
Elk Valley Rancheria	2332 Howland Rd., Crescent City	707-464-4680	elk-valley.com	866-464-4680
K'ima:w Medical Center	12000 Airport Rd., Hoopa	530-625-4261	hoopa-nsn.gov	Assistance for Hoopa tribal members including food, energy assistance, counseling and substance abuse treatment.
Hoopa Valley Tribal Housing Authority	172 Hostler Field, Hwy 96, Hoopa	530-625-4759		
Indian Action Council	2905 Hubbard Lane, Ste. C, Eureka	707-443-8401		Education & tutoring, Native American Library, ancestry info.
National Indian Child Welfare Association	5100 SW Macadam Ave., Suite 300, Portland, OR	503-222-4044	nicwa.org	Work with tribal and urban Indian Child Welfare Programs to address child abuse in indigenous communities.
Karuk Tribe Happy Camp		(530) 493-1600	karuk.us	
Libby Nix Community Center At United Indian Health Services, Weitchpec Health Clinic	Hwy 96, Weitchpec	(530) 625-4300	unitedindianhealthservices.org	Medical, dental, vision, child/family counseling, substance abuse treatment, nutrition, cultural classes and events and social services for eligible Native American families.
Northern California Indian Development Council	241 F St., Eureka	707-445-8451	ncide.org	Employment and other assistance to eligible families. Native tribal members and dependents
Resighini Rancheria, Klamath		707-482-2431	resighinirancheria.com	
Smith River Rancheria, Smith River,		707-487-9255	tolowa-nsn.gov	
Table Bluff Reservation Wiyot Tribe, Loleta		707-733-5055	wiyot.us	
California Tribal TANF Partnership	636 H St., Eureka	707-476-0344	tribaltanf.cdss.ca.gov	Cash aid, food stamps and other services. More information under Financial Assistance.
Trinidad Rancheria		707-677-0211	trinidad-rancheria.org	
Two Feathers, Native American Family Services	1560 Betty Court, Suite A, McKinleyville	707-839-1933	Twofeathers-nafs.org	Services to promote stability of families and the best interest of Native American children
United Indian Health Services	1600 Weeot Way, Arcata	707-825-5000 707-725-7988		Operates clinics in Arcata, Fortuna, Klamath, Weitchpec and Crescent City. Medical, dental, counseling, vision and other health services.
Substance Abuse Treatment Services for Youth (SATS)	2332 Harrison Ave., Suite C, Eureka	707-825-5000	unitedindianhealthservices.org	Youth outpatient substance abuse treatment program thru UIHS
Yurok Indian Housing Authority, Klamath		707-482-1506	yurokhousing.com	
Yurok TANF	3400 Erie St., Eureka	707-445-2422	yuroktribe.org	

Parenting

Name	Address	Phone	Website	Service
Caregivers Education Program		707-476-4455		Parenting education classes including Love and Logic, Positive Discipline, Dad's Support Group, Kinship Support Group. Call for information. Child care provided, must be arranged in advance.
Foster Parent Support Group		707-269-4003/707-476-4455		Ongoing monthly support group for foster parents through the College of the Redwoods Kinship program.
Young Parents Support Group	333 6th St., Eureka			Meets 1st and 3rd Friday 4-6 pm. Open to pregnant teens, teen parents, young parents, children and support people.
Incredible Years		707-445-6180	https://humboldt.gov/348/Incredible-Years-IY	Designed for families with at least one child between the ages of 3 and 8.
Manila Community Center	1611 Peninsula Dr., Arcata	707-444-9771, 707-444-3803	manilacsd.com	
Northcoast Children's Services	1266 9th St., Arcata	707-822-7206	ncsheadstart.org	Head Start, Early Head Start and State Preschools. Parenting classes offered annually to enrolled families.
Parent Project				Free parenting classes for parents of teens and pre-teens. McKinleyville, Arcata, Eureka, & Fortuna. Call for schedule.
Positive Parenting Program (Triple P)		707-407-3833	parentsintraining.org	Guides parents in how to respond to frustrating situations with love and empathy. Scholarships available. Call for schedule and information.
				One on one parenting offered in 4 sessions by appointment.

Playgroups

Name	Address	Phone	Website	Service
Days, Times and Locations are subject to change without notice.				
Arcata Play Center	14th & D Streets, Arcata	707-822-7091		Mondays, Tuesdays, Wednesdays. Outdoors 10 am – 12 noon
Arcata Tiny Tots Playgroup		707-822-1963		
Arcata United Methodist Church, Contact: Arcata United Methodist Church	1761 11th St., Arcata		arcatamethodist.org	
Blue Lake Playgroup	312 S. Railroad Ave., Blue Lake	707-668-4281		Tues/Thurs 10 am – 12 noon Contact: Blue Lake Family Resource Center
Prasch Hall/Perigot Park, Discovery Museum Playgroup	612 G Street, Suite 102, Eureka	707-443-9694		
Eel River Valley Multigenerational Center	2280 Newburg Rd., Fortuna	707-725-3300		Tues/Thurs 9:30-11
Loleta Playgroup		707-733-5239		
Loleta Church	228 Church St., Loleta	707-444-9771		
Manila Playgroup	1611 Peninsula Dr., Manila			
Manila Community Resource Center		707-839-9003		
McKinleyville Activity Center play group	1705 Gwin Road, McKinleyville			
Miranda Playgroup	Osprey Learning Center, Southfork East, Rm 4	707-923-1147		Tuesdays 10:30-12
Redway School, 344 Humboldt Ave., Redway Contact So. Hum. Family Resource Ctr		707-764-5239		Wed. 10-11:30 1st Fri. of the month 10:30 am – 12 (0-2)
Willow Creek Playgroup		(530) 629-3141		Contact Willow Creek Community Resource Center for location information.

Showers, Bathing, Laundry

Name	Address	Phone	Website	Service
Arcata Community Pool	1150 16th St., Arcata	707-822-6801	arcatapool.com	Medi-Cal, EBT, SSI recipients: 8.75 adults, \$7.50 seniors and \$5.00 for children. Regular admission prices are more. Use of pools, sauna & showers. Bring towel & soap.
Eureka Rescue Mission	110 2nd St., Eureka	707-443-5016	eurekarescuemission.org	
Fortuna Community Services / DORCAS	2331 Rohnerville Rd., Fortuna	707-725-1166	fortunaacs.com	Showers for homeless community in the Fortuna area on Tues, Weds 9:30-11:30. Show proof of COVID vaccination. Call for more details.
St Vincent De Paul	35 W. 3rd St, Eureka	707-445-9588		Free public showers T, Th, S 8 am-12, sign up 8-9. Soap & shampoo provided.

Support Groups

Name	Address	Phone	Website	Service
Eureka Faith Center	1032 Bay Street, Eureka	707-442-1784	eurekafaithcenter.org	Faith based drug and alcohol recovery support group. Childcare available.
Domestic Violence Survivors		707-443-6042		Call for location, childcare available (call business office ahead if needed)
Mental Health Support: County Mental Health, Rainbow Room	720 Wood St., Eureka	707-407-7059		Support for caregivers and family members of people living with mental illness. Call for days and times.
Mother to Mother	317 3rd St., Conference Room, Eureka	707-822-7743		For mothers with newborns to one year olds.
Madre a Madre	(Spanish only)	707-441-4477		
St. Joseph's Parish	2312 Newburg Rd., Fortuna	707-407-8380		
Hospice Main Office	3327 Timber Fall Court, Eureka	707-445-8443	hospiceofhumboldt.org	Grief Support Groups, call for days and times.
AA		844-442-0711		Call for schedule

Teen & Youth

Name	Address	Phone	Website	Service
Eureka Boys & Girls Club Teen Program	3015 J St., Eureka	707-444-0184	bgcredwoods.org	Teen center and mentoring program.
Gay/Lesbian/Bisexual/Transgender National Youth		800-246-7743	glnh.org/talkline	Help Line with confidential counseling available in Spanish & English Mon-Fri 1-9. Peer counseling, information, email counseling, resources for gay, lesbian, bisexual, transgender youths.
Humboldt County Transition Age Youth Collaboration (HCTAYC)	433 M St., Eureka	707-476-4922		Youth leadership and advocacy for transition age youth.
Media & Art Resource Zone (MARZ) Project	428 C St., Suite G, Eureka	707-442-8413		Located at the Ink People Center For the Arts. Afterschool youth project Tues-Fri noon-5. Encourages teens to explore positive means of expression; learn to play an instrument; music production lessons, program is free. Northcoast Big Brothers & Big Sisters
Mentoring services for kids. Ages 6-16. There is a waiting list . Call for appointment.		707-445-4871	ncbbbs.org	
Open Door Teens Only Clinic	770 10th St., Arcata	707-826-8610	opendoorhealth.com/teenclinic	This is a no-appointment-necessary, walk-in clinic for teenagers, open Mon 3:00-5:00
RCAA/Youth Services Bureau:		707-443-8322		Crisis shelters and transitional housing for homeless and runaway teens.
Youth Crisis Line		707-444-CARE (2273)		
Raven Project	523 T St., Eureka		rcaa.org	Services for youths under 21 living or hanging out on the streets. Immediate need support (toiletries, showers, phone), local resource referral and job education. Drop in hours: Mon 5-9, Wed 1-6, Fri 1-4, Sun 1-5.
Youth Education Services		707-826-4965	humboldt.edu	Social and educational activities, resource referrals and enhancement of self esteem for pregnant and parenting teens. Closed over summer.
Cal-Poly Humboldt Hagoplan House # 91, Arcata				

Tobacco Cessation

Name	Address	Phone	Website	Service
Your medical provider can assist you with strategies and medical assistance with stopping smoking.				
American Cancer Society	2942 F St., Eureka	800-227-2345	cancer.org/healthy/stayawayfromtobacco	Quit kits available
California Smoker's Helpline		800-NO-BUTTS	nobutts.org	
Department of Health and Human Services		800-662-8887	https://humboldt.gov/2543/Health-Human-Services	
Tobacco-Free Humboldt Program	908 7th St., Eureka	707-268-2132	https://humboldt.gov/672/Stop-Smoking-Help	
Humboldt Recovery Center	1024 N St.	707-443-0514	http://humboldtrecoverycenter.org/	Call for class times
Nicotine Anonymous	2942 F St., Eureka	1877-879-6422	https://www.nicotine-anonymous.org/	

Transportation

Name	Address	Phone	Website	Service
Arcata and Mad River Transit System	925 E St., Arcata	707-822-3775	arcatatransit.org	Transportation in/around Arcata, call or go online for schedule/cost.
Humboldt Transport Authority: Dial-a-Ride			https://hta.org/dial-a-ride/	Call for information and certification process. Fee for services. For people unable to take public transportation due to a disability.
Dial a Ride : Application		707-443-0826	https://hta.org/dial-a-ride/	
Dail a Ride: Schedule ride, and Driver number info.		707-442-4555	https://hta.org/dial-a-ride/	
Redwood Transit System: Dail a Ride	133 'V' Street, Eureka, CA	(707) 443-0826	https://hta.org/dial-a-ride/	
Eureka Transit: Dial a Ride	133 'V' Street, Eureka, CA	707) 443-0826	https://hta.org/dial-a-ride/	
Blue Lake Rancheria Transit	428 Chartin Road, Blue Lake, CA	707) 668-5101	https://hta.org/dial-a-ride/	
Arcata & Mad River	925 'E' Street, Arcata, CA	707) 822-3775	https://hta.org/dial-a-ride/	
Department of Motor Vehicles: Eureka Mall Location	3300 Broadway St., Suite 906	(800) 777-0133	https://www.dmv.ca.gov/portal/field-office/eureka/	
Department of Motor Vehicles: Redding Location	2135 Civic Center Dr, Redding, CA	(800) 777-0133	https://www.dmv.ca.gov/portal/field-office/redding/	
Fortuna Senior Citizens Bus Service		707-725-7625 Ext. 1	friendlyfortuna.com	This is a Dial-a-Ride service for seniors (over 50) and disabled individuals inside Fortuna city limits
HCAR Care-A-Van	525 7th St., Eureka	707-443-7077	https://www.careavantransit.com/	Care-A-Van provides transportation for non-emergency medical appointments for seniors and disabled. Call for current route schedule. Fee for service.
Humboldt Transit Authority (HTA)	133 V St., Eureka	707-443-0826	www.hta.org	Routes run from Scotia to Trinidad, 7 days a week.
Partnership Transportation (MTM)		888-828-1254	https://www.dhcs.ca.gov/	Transportation to local and out of town medical/dental appts. Call at least 5 days in advance.
Redwood Coast Transit		707-464-6400	redwoodcoasttransit.org	Bus service from Crescent City to Arcata. Call for price and schedule or visit website.
Transportation Assistance Program (TAP)	929 Koster St., Eureka	707-269-4106	humboldt.gov.org/530/transportation-assistance-program-tap	One way transportation assistance out of Humboldt County, meal allowance for families/individuals, assists in relocating, reuniting with extended family, gaining employment and increasing self sufficiency. Must meet eligibility requirements.

Utilities

Name	Address	Phone	Website	Service
Assurance Wireless		888-898-4888	assurancewireless.com	Lifeline cell phone program for income qualified applicants. Free phone, 250 min/250
CA Life-line Services		866-272-0349	californialifeline.com	Reduced telephone charges for income qualifying individuals and families.
Northcoast Unified Air Quality Management District Wood Stove Replacement Incentive Program	2300 Myrtle Ave., Eureka	707-443-3093	www.ncuaqmd.org	Program that assists with replacing wood stoves for homes that qualify. Applications are accepted one month out of every year. Applications are available online.
PG&E: CARE Program		866-PGE-CARE	www.pge.com/care	Reduces monthly home energy charges for income eligible individuals and families.
Energy Savings Assistance Program		800-989-9744		8-5:30. Assistance to low income households to make homes more energy efficient (window caulking, door weather stripping, shower heads, utilities, and refrigerator, furnace and/or water heater replacement).
Redwood Coast Energy Authority	633 3rd St., Eureka	707-269-1700	redwoodenergy.org	Low to no cost programs to increase home energy efficiency. Contact for more information.
Redwood Community Action Agency: LHEAP		707-444-3834		Assistance with PG&E, wood, propane bills for eligible families. Call Mondays at 9 am for appt. Expedited service available if power is out.
Weatherization		707-444-3831 ext. 206		Visits your home to make suggestions on saving energy, will help replace old appliances or weatherize your home.
Salvation Army Reach		707-442-6475		M-Th 1-3. Assistance with PG&E bills. Must have 15 day notice, funding is limited. Call for information.

Veteran's Resources

Name	Address	Phone	Website	Service
Eureka Veterans Affairs	930 Harris St., Eureka	707-269-7500	https://www.va.gov/eureka-vet-center/	Community Based Outpatient Clinic
Humboldt County Veterans Service Office	1105 6th St., Suite F, Eureka	707-445-7341	https://humboldt.gov.org/517/Veterans-Service-Office	M-F 8-4:30, phones 8:30-12, 1-4. VA benefit counseling.
Northcoast Veterans Resource Center	109 4th St., Eureka	707-442-4322	http://resourcehub.nchiin.org/detail/65	Transitional housing/housing assistance for homeless vets. Housing assistance, 90 Day rehab program for women and men. No children allowed.
Redwood Veterans Center	2830 G St., Suite A, Eureka	707-444-8271	https://www.va.gov/eureka-vet-center/	Re-integration counseling for veterans, socialization groups, outreach. Call for eligibility information.
Veterans Administration		800-827-1000	www.va.gov	

1] *In An Emergency Call 911*

Hotlines:

311 Baby Hotline	1-800-311-BABY (2229)
AIDS Info 1-800-448-0440	
Alcoholics Anonymous (Humboldt County)	844-442-0711
California Missing Children Hotline	1-800-222-3463
	916-210-3119
California's Smokers Helpline 1-800-662-8887	
Child Abuse Hotline- Child Help National 1-800-4ACHILD	(1-800-422-4453)
Child Welfare Services (24 hr.)	445-6180
Domestic Violence Hotline	1-800-799-SAFE (7233)
	(English/Spanish)
Drug Abuse Hotline-Treatment/ Referrals	1-800-662-HELP (4357)
Humboldt Earthquake Hotline	826-6020
Head Lice Help line (Lice Advice Help Line)	1-800-783-1919
Humboldt Co Mental Health Crisis Line	445-7715
Humboldt Domestic Violence Services	443-6042
Missing/Abducted/Exploited Children 1-800-THELOST	1-800-843-5678)
Mothers Against Drunk Driving	1-800-438-6233
Narcotics Anonymous (Humboldt County)	1-866-315-8645
National Runaway Safeline	1-800-786-2929
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
Northcoast Rape Crisis Team	445-2881
Poison Control Center	1-800-222-1222
State of California Victim Services	1-877-256-6877
Suicide Crisis Text Line Text HOME to	741741
California Youth Crisis Hotline (ages 12-24)	1-800-843-5200 (24 hr.)

Non-Emergency Numbers Police Fire		Non-Emergency Numbers Police Fire	
Arcata	822-2428; 825-2000	Hoop Valley Tribal Police	530-625-4615
Blue Lake	445-7251; 668-5765	Humboldt County Sheriff	445-7251; 839-2432
California Highway Patrol	822-5981	Loleta	445-7251733-5407
Eureka	441-4060; 441-4000	McKinleyville	839-3857825-2000
Ferndale	786-4025; 786-9909	Rio Dell	764-5642764-3329
Fortuna	725-7550; 725-5521	Trinidad	677-0133677-0224

