

Northcoast Children's Service

2024 Spring Raffle Prizes

1. The Beach House Inn (Ft Bragg) Gift Certificate for One Free Night
2. Beachcomber Motel (Ft Bragg) Certificate for One Night Stay
3. Surf And Sand Lodge (Ft Bragg) Certificate for One Night Stay
4. San Fransico Symphony (San Francisco) 2 Tickets to Alonzo King & Peter Sellars, June 8th (\$198 Value)
5. Oregon Shakespeare Festival (Ashland) 2 Tickets to a Performance (\$150 Value)
6. Bear River Casino Resort (Loleta) dinner for 2 & One-night Hotel Stay
7. Evergreen Aviation & Space Museum (Mcminnville, Or) Admission For 2 Adults And 2 Kids X 2
8. Evergreen Aviation & Space Museum (Mcminnville, Or) Admission For 2 Adults And 2 Kids X 2
9. Lake Shasta Caverns (Redding) one Family Pass 2 Adults And 2 Kids
10. Skunk Train (Willits) 4 Vouchers for Wolf Tree Turn
11. Jerry's Rogue Jets (Gold Beach) \$100 Complimentary Pass
12. Lots 4 Tots \$100 Gift Certificate
13. Premier Oil Change \$75 Gift Card
14. Premier Oil Change \$75 Gift Card
15. Brick & Fire \$75 Gift Certificate
16. Café Marina \$75 Gift Certificate
17. Jitter Bean Coffee Co. \$50 Gift Card
18. Booklegger \$50 Gift Card
19. The Sea Grill \$50 Gift Certificate
20. Pierson Building Center \$50 Gift Certificate
21. Café Mokka Voucher for 2 Bathers for One Half Hour (\$29 Value)
22. Caravan Of Dreams Dotted Notebook/ Lined Notebook
23. College Of the Redwoods 2 Season Passes For 2024-25 Home Athletic Events
24. Fresh Freeze certificate for 2 Meals of Any Kind W/Upgrade
25. Toy Box book, Game & \$25 Gift Certificate
26. Ciara's Irish Shop lambswool Hat and Scarf Set
27. Dutch Bros. \$25 Gift Card & Gift Pack
28. Plaza children's Book & Game
29. Tika Imports Puppet
30. Oriental Trading Co. \$25 Gift Card
31. The Rocking Horse \$25 Gift Card
32. Coming Attractions Theaters 2 Movie Passes
33. Coming Attractions Theaters 4 Movie Passes

Any Many More Prizes To Come!

There Will Be Prizes For The Three Families Who Sell The Most Tickets Agency Wide!

To: All Staff
From: Human Resources
RE: Employment Opportunities

NORTHCOAST CHILDREN'S SERVICES JOB OPENINGS:

ASSISTANT TEACHERS, (Various Locations), Eureka

Assist center staff in the day-to-day operation of the classroom for a preschool program. 6-12 ECE units preferred or enrolled in ECE classes and have 6 months' experience working with children.

P/T 25-28 hrs./wk. \$17.99-\$19.73/hr. Open until Filled

CENTER DIRECTOR, McKinleyville 1 (Ptrn)

Responsibilities include the overall management of a Head Start center base program. Must meet Teacher Level on Child Development Permit Matrix, plus 3 units in Administration (BA/BS Degree in Child Development or a related field preferred). Requires a minimum of 2 yrs. exp. working with preschool children in a group setting.

Temporary F/T 40 hr./wk. (M-Fri); \$24.47-\$26.97/hr. Open Until Filled

(Temporary) CENTER DIRECTOR, Willow Creek (HS)

Responsibilities include the overall management of a Head Start center base program. Must meet Teacher Level on Child Development Permit Matrix, plus 3 units in Administration (BA/BS Degree in Child Development or a related field preferred). Requires a minimum of 2 yrs. exp. working with preschool children in a group setting.

Temporary F/T 40 hr./wk. (M-Fri); \$24.47-\$26.97/hr. Open Until Filled

TEACHER, Smith Lane, (EHS)

Responsible for development & implementation of classroom activities—providing support and supervision for a toddler program. Must have 12 core in ECE/CD (with 3 units in Infant/Toddler Development or Curriculum), and meet Associate Teacher Level on the Child Development Permit Matrix

P/T position: 28 hrs./wk. \$20.73-\$22.86/hr. Open Until Filled.

TEACHER, CRITC (Partnership)

Responsible for the development & implementation of classroom activities for preschool children. Must have 12 core units in ECE/CD, meet Associate Teacher level on Child Development Permit Matrix or higher.

F/T \$22.00-23.10/hr. Open Until Filled.

INTERPRETER, ASL , Fortuna, Eureka Assist in interpreting in class, at parent meetings and on home visits for children and families. Bilingual ASL required. Must have 6 months experience working with children and families. Prefer 6-12 units in Early Childhood Education. **28 hours a week \$17.99-\$19.83 Open Until Filled.**

ASSOCIATE TEACHER, Willow Creek (HS)

Assists teacher in the implementation and supervision of activities for preschool children. Requires a minimum of 12 ECE units—including core classes—and at least one-year experience working with young children.

F/T 32 hrs./wk. \$20.73-\$22.86/hr /hr. Open Until Filled

HOME VISITOR, Eureka (EHS) , Fortuna

Provide weekly home visits and facilitates parent & child playgroups. Requires AA/AS degree in Early Childhood Education, Psychology, Social Work or a related field OR 24 Head Start related units.

Bilingual preferred. F/T 40 hrs./wk \$21.05-\$22.10/hr Open Until Filled.

FAMILY SERVICES SPECIALIST, Arcata Main Office

Provides services to families in the Head Start and Early Head Start programs. Assists families in determining needs & identifying and developing goals to meet those needs. BA in Social Work, Psychology, Child Development or a related field preferred. Prefer 2 years experience in case management, home visiting, or working with at-risk families. **F/T M-Fri. 40 hrs/wk \$23.04-24.19/hr. Open Until Filled.**



The Humboldt Arts Council
in the Morris Graves Museum of Art

FOR IMMEDIATE RELEASE:

Date: Saturday March 9th, 2024th @ 2:00-4:00 p.m.

Museum Hours: Wednesday - Sunday 12 p.m. - 5 p.m.

The Humboldt Arts Council is hosting Second Saturday Family Arts Day at the MGMA on **Saturday, March 9th at 2:00-4:00!** This monthly event is always FREE! Families are invited to participate together in this monthly art-making workshop that complements current exhibitions at the Museum. These workshops are geared toward intergenerational learning and creating in a museum setting. Discover the MGMA through fun, educational activities for kids and families!

For everyone from beginners to art experts, Second Saturday Family Arts Day offers diverse opportunities for the whole family to view, understand, and interact with the exhibitions and art on view.

This **March 9th**, get ready to use some reclaimed materials alongside paint, paper, glue, and more!!! This month we will be creating a mixed media art garden full of colorful flowers and plants in celebration of the changing season. Participants will gather in the Rotunda for the day's project with assistance and guidance from art educator, Genevieve Kjesbu. As always, ALL are welcome and all materials will be supplied.

The Morris Graves Museum of Art, located at 636 F Street, Eureka is open to the public noon-5p.m., Wednesday through Sunday. Suggested admission is \$5 for adults; \$2 for seniors (age 65 and over), military veterans, and students with ID; children 17 and under free; Families with an EBT Card and valid ID receive free admission through the *Museums for All* initiative, Museum members are free. Admission is always free for everyone on the first Saturday of every month, including First Saturday Night Arts Alive!, 6-9 p.m., and Family Arts Day at the MGMA!

#



2024

Crianza de los hijos talleres de trabajo

Eureka y Fortuna: en persona o por Zoom

Eureka

Centro Jefferson, 1000 B St.

Sesión 1:

8 de febrero, jueves, 5:00-7:30 pm- Preparándose para el éxito escolar

Sesión 2 & 3:

15 de febrero, jueves, 5:00-7:30 pm- Prevención de conductas y fomentar el comportamiento positivo

Sesión 4:

22 de febrero, jueves, 5:00-7:30 pm- Preparándose para el éxito escolar

CANCELADA

Fortuna, Fortuna Head Start, 2085 Newburg Rd.

Sesión 1:

21 de marzo, jueves, 5:00-7:30 pm- Usted y su hijo

Sesión 2 & 3:

28 de marzo, jueves, 5:00-7:30 pm- Prevención de conductas y fomentar el comportamiento positivo

Sesión 4:

4 de abril, jueves, 5:00-7:30 pm- Preparándose para el éxito escolar

Reunión en inglés Zoom ID:

ID de reunión : 820 4169 3049

Código de acceso: 380800

Reunión en español Zoom ID

ID de reunión : 869 5080 6053

Código de acceso: 351099

- ⇒ Se proporciona cena y cuidado de niños para quienes se registren.
- ⇒ El cuidado infantil está limitado a 24 niños (8 bebés/niños pequeños de 0 a 3 años y 16 preescolares de 4 a 10 años)
- ⇒ La cena es de 5:00 a 5:30 pm, el taller es de 5:30 a 7:30 pm

Para registrarse envíe un correo electrónico a bbluntzer@ncsheadstart.org o llame al 707-825-1310 y deje un mensaje para:

- Cuantos adultos
- Nombres y edades de los niños para el cuidado infantil.
- Número de contacto





Northcoast Children's Services

2024

Parenting Workshops

~~Eureka and Fortuna~~ – In Person or on Zoom

~~Eureka, Jefferson Center, 1000 B St.~~

~~Session 1:~~

~~February 8th, Thursday, 5:00-7:30 pm- You and Your Child~~

~~Session 2 & 3:~~

~~February 15th, Thursday, 5:00-7:30 pm- Preventing Behavior and Encouraging Positive Behavior~~

~~Session 4:~~

~~February 22nd, Thursday, 5:00-7:30 pm- Preparing for School Success~~



Fortuna, Fortuna Head Start, 2085 Newburg Rd.

Session 1:

March 21st, Thursday, 5:00-7:30 pm- You and Your Child

Session 2 & 3:

March 28th, Thursday, 5:00-7:30 pm- Preventing Behavior and Encouraging Positive Behavior,

Session 4:

April 4th, Thursday, 5:00-7:30 pm- Preparing for School Success

English meeting Zoom ID:

Meeting ID: 820 4169 3049

Passcode: 380800

Spanish meeting Zoom ID

Meeting ID: 869 5080 6053

Passcode: 351099

McKinleyville In Person only

McKinleyville

McKinleyville Head Start, 1460 Hiller

Session 1:

February 29th, Thursday, 5:00-7:30 pm- You and Your Child

Session 2 & 3:

March 7th, Thursday, 5:00-7:30 pm- Preventing Behavior and Encouraging Positive Behavior,

Session 4:

March 14th, Thursday, 5:00-7:30 pm- Preparing for School Success,

⇒ Dinner and childcare are provided for those who register.

⇒ Childcare is limited to 24 children (8 infant/toddlers 0-3 & 16 preschoolers 4-10 years)

⇒ Dinner is 5:00-5:30 pm, workshop is from 5:30-7:30 pm

To register email bbluntzer@ncsheadstart.org

or call **707-825-1310** and leave a message for:

- How many adults
- Names and ages of children for child care
- Contact number



HUMBOLDT BRIDGES TO SUCCESS AND
THE HUMBOLDT COUNTY OFFICE OF
EDUCATION PRESENT

FREE!

ACT: Raising Safe Kids

A 9-WEEK PARENTING SERIES FOR FAMILIES WITH CHILDREN AGES 0-8 YEARS

Starts February 27, 2024

Additional Tuesdays, 5:30-7:30pm:

Mar. 5, 12, 19

Apr. 9, 23, 30

May 7, 14

Attendance at ALL classes required for
Certificate of Completion.

Location: Humboldt County Office of Education
901 Myrtle Avenue, Eureka

*Dinner included
each session, and
childcare provided
for the **first 10
children enrolled**
(up to age 8).*

In this Training Series you will:

- Learn about your child's development.
- Increase positive parenting skills and practices.
- Be supported in creating a nurturing, safe, and healthy environment for your family.



For more information and to register contact Ev at (707) 633-3065

Made possible with a generous grant from the First 5/DHHS ACEs Collaborative



Betty's Playdate

SIGN UP NOW!

@ BETTY'S DAY CENTER

- ✓ Every Saturday, 9:30AM - 11:30AM
- ✓ All children ages 6-12 years old accepted.
- ✓ Last Saturdays of the month parents are welcome to a pancake breakfast!

CALL FOR ANY QUESTIONS

(707)407-3833

133 7th St., Eureka, CA 95501



Betty Chinn's Easter Food Basket

Friday, March 29th 2024

pick-up between 1:00 pm & 4:00 pm

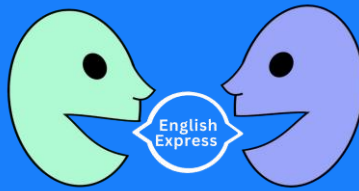
133 7th street

Eureka, California 95501

**LIMITED SPOTS AVAILBLE
SIGN-UP WITH BETTY'S DAY CENTER
+1 (707)407-3833**



English Express



Spring 2024



FREE

- Classes
- Chromebooks
- Field Trips
- Connections to Community Resources

Mary Ann Hytken
Teacher



English Express Online



ONLINE

English for work and daily life!
Levels: Beginning to Intermediate
January 16-April 30
Tuesdays & Thursdays
6:30-7:30pm

Zoom ID 707-443-5021/Password 464816

English Express In Person



IN PERSON

English for work and daily life!
Levels: Beginning to Intermediate
January 13-April 27
Saturdays, 11:30am-12:30pm

Rio Dell Community Resource Center
406 Wildwood Avenue, Rio Dell

Field Trips



- January 28:** Lots 4 Tots, Eureka, 2-3pm
- February 4:** Merry Talisman Bead, Eureka, 2-3:30pm
- February 18:** Humboldt Bay National Wildlife Refuge, Loleta, 11am-12:30pm
- March 24:** Food for People, Eureka, 2-3pm

Signups Required • Space Limited

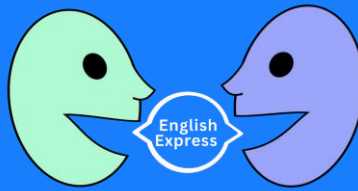
JOIN ANYTIME • REGISTRATION NOT REQUIRED • ALL FIRST LANGUAGES WELCOME

707-443-5021



English Express Empowered
englishexpressempowered.com





Gratis

- Clases
- Chromebooks
- Excursiones
- Conexiones a recursos en la comunidad

Mary Ann Hytken
Maestra



English Express en línea



En línea

¡Inglés para el trabajo y la vida diaria!

Niveles: principiante a intermedio

16 de enero - 30 de abril

Los martes y jueves

6:30-7:30 p.m.

Enlace Zoom 707-443-5021/Contraseña 464816

English Express en persona



¡Inglés para el trabajo y la vida diaria!

Niveles: principiante a intermedio

13 de enero – 27 de abril

Presenciales Los sábados 11:30-12:30pm

Centro de recursos comunitarios de Rio Dell
406 Wildwood Avenue, Rio Dell

Excursiones



28 de enero: Lots 4 Tots, Eureka, 2-3p.m.

4 de febrero: Merry Talisman Bead, Eureka 2-3:30p.m.

18 de febrero: Humboldt Bay National Wildlife
Refuge, Loleta, 11a.m.-12:30p.m.

24 de marzo: Food for People, Eureka, 2-3p.m.

Se requieren registros. Espacio limitado.

Únase en cualquier momento • No es necesario inscribirse • Todos son bienvenidos, sin importar su primer idioma

707-443-5021

English Express Empowered
englishexpressempowered.com





Empowering Parents. Transforming Teens.

- ▶ *Learn how to never argue with your child again*
- ▶ *Prevent or intervene in alcohol or drug use*
- ▶ *Improve school attendance and performance*
- ▶ *Explore solutions for social media/tech issues*

FREE TEN WEEK COURSE!

Starting March 5, 2024 through May 14th

(no class the week of April 2nd)

Time: Tuesdays 6:00-8:00pm

Location: Family Resource Center at Redway Elementary

Call Amy Terrones at (707) 923-1147 to register, spaces are limited.



Southern Humboldt
Family Resource Center



Grief Support Group for Teens *from ages 13 to 18*

Loss of a loved one can impact teens in many aspects of their lives, including school performance, self-esteem, relationships with family and friends, their ability to withstand peer pressure, and health.

The Hospice Grief Support Group for Teens is a safe and supportive environment where teens can share with other teens and participate in activities that will be focused on healing grief and honoring loved ones lost.

THURSDAYS, MARCH 21st - MAY 16th

(Group will not meet on April 18th)

4:00 p.m. to 5:30 p.m.

- The group is facilitated by Hospice Grief Counselors.
- This free service is open to all teens in our community who are experiencing loss due to a death.
- Refreshments will be provided.

SPACE IS LIMITED • REGISTRATION IS REQUIRED



**Please call 707.267.9801, Ext 0
for more information or to register**

Towards Citizenship Spring 2024

**First Class
January 20**

Prepare for the
Naturalization Exam

In-Person Classes
Saturdays, 12-1:30pm
January 20 – April 13
[No Class March 31]
Jefferson Community Center
Room 2, 1000 B Street Eureka

*Towards Citizenship
can help many people
achieve their goal!*
-Weeramon



Elizabeth Niemeyer
Teacher



FREE • JOIN ANYTIME
CALL 707-362-3968

 **English Express Empowered**
englishexpressempowered.com





You Make the Difference:

Help Your Head Start Program Be a Great Place to Work

Every job has stress, but there are things you can do to make your workplace a great place to be.

MAKE A GREAT START – Set yourself up for a great day before you leave home:

- Make your bed. This simple act helps you feel like you've already accomplished something today!
- Plan for five minutes of mindfulness, meditation, or reflection every morning. Plan as much as you can the night before (or on the weekend) to make your mornings go smoothly.
- Use a favorite song or playlist as your wake-up alarm.
- Don't check work emails until you get to work.
- Exercise or stretch in the morning to take care of yourself first and to be ready to take care of others.
- Find a way to enjoy your commute (listen to an audiobook, podcasts, or uplifting music).

National Center on
Health, Behavioral Health, and Safety

1-888-227-5125

health@ecetta.info

<https://eclkc.ohs.acf.hhs.gov/health>

April 2022



Del Norte Covid-19 Testing

Get Vaccinated!

COVID-19 vaccines are one of the most important tools to end the COVID-19 pandemic. A safe, effective, no-cost vaccine is available to everyone in Del Norte County. Getting vaccinated can help prevent you from getting seriously ill from the virus and protect those around you as well.

Vaccine Locations

Del Norte Public Health

1st and 3rd Tuesday of every month
9:00 am - 11:30 am and 1:30 pm - 3:30 pm.

[Appointments Required](#)

Local Pharmacies Offering Vaccines

CVS Pharmacy (Moderna) Walk-in subject to availability.

<https://www.cvs.com/immunizations/covid-19-vaccine>

Rite Aid Pharmacy (Moderna) Via Appointment

<https://www.riteaid.com/covid-19>

Safeway Pharmacy (Moderna) Via Appointment on Wednesdays only

<https://www.safeway.com/vaccinations/home>

Walgreens Pharmacy (Pfizer, Moderna, Janssen) Walk-ins subject to availability.

<https://www.walgreens.com/findcare/vaccination/covid-19/location-screening>

1-800-WALGREENS (1-800-925-4733)

Walmart Pharmacy (Moderna) Walk-ins during pharmacy hours.

<https://www.walmart.com/cp/immunizations-flu-shots/1228302>

Talk to your Primary Health Provider.

Many healthcare offices offer Covid-19 vaccinations. Talk to your Doctor.

Get Tested.

We recommend getting tested as soon as possible if you are experiencing COVID-19 symptoms, even if you are vaccinated.

You should also get tested if:

- You have been in close contact with someone who has COVID-19
- You have taken part in activities that put you at higher risk for COVID-19, such as travel, attending large gatherings, or being in crowded indoor settings
- Your employer requires routine screening

Free Rapid Tests

A limited amount of free rapid tests are available through Public Health. Please call to check availability at 707-464-0861.

They can be picked up at:

400 L Street
Crescent City, CA 95531

Humboldt Covid-19 Testing

Testing

Californians in need of COVID-19 testing can purchase over the counter (OTC) tests at local stores or pharmacies or order through their health insurers or the federal government at special.usps.com/testkits.

Individuals who use OTC tests and do not have a health care provider may access test-to-treat services by contacting Sesame Telehealth at sesamecare.com/covidca or by calling 1-833-686-5051.

COVID-19 Vaccine Resource List

1. Vaccine Info

Get vaccinated—it's safe, effective, and free

Appointments are available for all residents age 5 and up through the state's My Turn system. Schedule an appointment at myturn.ca.gov or call 1-833-422-4255.

For step-by-step directions on scheduling a vaccination appointment, click [here for English](#) and [here for Spanish](#).

If you have questions or need assistance navigating this process, call Public Health at 1-707-445-6201.

Many local pharmacies are offering COVID-19 vaccine in partnership with the county and federal government. Most pharmacies allow walk-ins, but please call ahead to confirm. Go to vaccines.gov or text your ZIP code to 438829 to check availability at participating pharmacies, or click on the individual links below.



Additional Doses

Additional doses of the mRNA COVID-19 vaccines are available for those who are immunocompromised 28 days after they complete the initial series. An additional dose of the Pfizer or Moderna vaccine is recommended for immunocompromised individuals to achieve maximum protection from the vaccine series. People are encouraged to talk to their health care provider about whether an additional dose is appropriate for them. For more information about additional doses of COVID-19 vaccine, go to cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/immuno.html.

Boosters

Residents who completed a two-dose series of the Pfizer-BioNTech or Moderna COVID-19 vaccine at least 5 months ago are encouraged to get a booster dose.

Residents who received the Johnson & Johnson COVID-19 vaccine at least two months ago are encouraged to get a booster dose.

Residents may choose to receive any authorized or approved vaccine as their booster dose.

For more information about COVID-19 vaccine boosters, go to cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html.

Del Norte

**Community
Transmission Level**

**Transmisión
Comunitaria**



Low

Masking is
Strongly Recommended



Baja

Se Recomienda
Mascarilla



Humboldt

**Community
Transmission Level**

**Transmisión
Comunitaria**



Low

Masking is
Strongly Recommended



Baja

Se Recomienda
Mascarilla

