

## Hotlines and Non-emergency Services

### *In An Emergency Call 911*

**Hotlines:**

311 Baby Hotline	1-800-311-BABY (2229)
AIDS Info	1-800-448-0440
Alcoholics Anonymous (Humboldt County)	844-442-0711
California Missing Children Hotline	1-800-222-3463, 916-210-3119
California's Smokers Helpline	1-800-662-8887
California's Vaping Helpline	1-844-8-NO VAPE (866-8273)
Child Abuse Hotline - Child Help National	1-800-4ACHILD (1-800-422-4453)
Child Welfare Services (24 hr.)	445-6180
Domestic Violence Hotline	1-800-799-SAFE (7233) (English/Spanish)
Drug Abuse Hotline-Treatment/ Referrals	1-800-662-HELP (4357)
Humboldt Earthquake Hotline	826-6020
Head Lice Help line (Lice Advice Help Line)	1-800-783-1919
Humboldt Co Mental Health Crisis Line	445-7715
Humboldt Domestic Violence Services	443-6042
Missing/Abducted/Exploited Children	1-800-THELOST (1-800-843-5678)
Mothers Against Drunk Driving	1-800-438-6233
Narcotics Anonymous (Humboldt County)	1-866-315-8645
National Runaway Safeline	1-800-786-2929
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
Northcoast Rape Crisis Team	445-2881
Poison Control Center	1-800-222-1222
State of California Victim Services	1-877-256-6877
Substance Use Disorder	1-855-765-9703
Crisis Text Line	Text HOME to 741741
California Youth Crisis Hotline (ages 12-24)	1-800-843-5200 (24 hr.)
Youth Services Bureau	444-2273

**Non-Emergency Numbers**

	<b><u>Police</u></b>	<b><u>Fire</u></b>
Arcata	822-2428	825-2000
Blue Lake	445-7251	668-5765
California Highway Patrol	822-5981	
Eureka	441-4060	441-4000
Ferndale	786-4025	786-9909
Fortuna	725-7550	725-5521
Hoop Valley Tribal Police	530-625-4615	
Humboldt County Sheriff	445-7251	839-2432
Loleta	445-7251	733-5407
McKinleyville	839-3857	825-2000
Rio Dell	764-5642	764-3329
Trinidad	677-0133	677-0224

*Compliments of Northcoast Children's Services*

## Northcoast Children's Services

## HUMBOLDT COUNTY



# Family Resource Guide

2024-2025

**Information  
and Resource  
Agencies**

**Head  
Start**

**Early  
Head  
Start**

**State  
Preschool and  
Child  
Development  
Centers**

[www.ncsheadstart.org](http://www.ncsheadstart.org)

**(707) 822-7206  
(800) 808-7206**





## Inmigración

**Immigrant Legal Resource Center** (Centro de recursos legales para inmigrantes)

Información sobre abogacía y recursos para inmigrantes  
[ilrc.org](http://ilrc.org)

**American Academy of Pediatrics** (Academia americana de pediatras)

Información sobre niños- crianza, nutrición, seguridad, necesidades especiales, estrés, educación, salud, salud mental, y hablando con niños sobre sus temores.

[aap.org](http://aap.org)

**LatinoNet**

La misión de LatinoNet es de mejorar la calidad de vida para familias hispanohablantes a través de creando una red de apoyo, colaboración, educación y abogacía.

[latinonet.org](http://latinonet.org)

**Centro Del Pueblo**

Un grupo de voluntarios basado en la comunidad, ofrecen talleres informacionales sobre derechos legales. Tienen juntas encursas.

[cdpueblo.com](http://cdpueblo.com)

**Consulado Mexicano**

Pueden encontrar el calendario para el consulado móvil, hacer citas y conseguir información general sobre pasaportes, matrícula consular, importantes anuncios y derechos legales.

Dirección: 532 Folsom St, San Francisco, CA 94105 EE.UU

Teléfono: (415) 354-1700

Fax: (415) 495-3971

Correo electrónico: [consfrancisco@sre.gob.mx](mailto:consfrancisco@sre.gob.mx)

[consulmex.sre.gov.mx](http://consulmex.sre.gov.mx)

\*en casos que requieran atención urgente, llame a (415) 699-1885

**California Human Development Corporation's**

**Citizenship Department** (Personal bilingüe) 523-1155

Le ofrecen ayuda para llenar la solicitud de la ciudadanía N-400 y/o N-600 en persona o por correo – GRATIS. Asesoría y asistencia legal – GRATIS.

[californiahumandevlopment.org](http://californiahumandevlopment.org)

**Immigration Assistance Office (Oficina de Asistencia a Inmigrantes- de la sección de Derechos Civiles del Departamento de Justicia)**

La oficina podrá dirigir sus quejas hacia las autoridades adecuadas y ayudar a las comunidades de inmigrantes a comprender el funcionamiento del sistema legal y cómo utilizarlo para buscar remedio a sus quejas.

[uscis.gov](http://uscis.gov)

**Teresa Foster, Especialista en Inmigración y Naturalización**

2180 Jefferson St., #103, Napa, CA 94559 707-255-8666

Consultora en inmigración ofreciendo servicios en español y inglés. Llame con su pregunta o problema y la consulta es gratis. Si pueden ayudar con su situación hay unos honorarios para este servicio.

[teresa-foster.com](http://teresa-foster.com)

Notas:

## Líneas Directas y los Servicios de No-Emergencia

**ADA Línea de Ayuda — La Comisión de la**

**Oportunidad Igual de Empleo** 1-800-514-0301

**SIDA Información** 1-800-367-2437

**SIDALínea de noche** 1-800-273-2437

**Niños Perdidos de California** 1-800-222-3463

**Servicios del Bienestar de los Niños (24 hr.)**

: (707) 445-6180

**El Abuso de las Drogas** 1-800-662-HELP

**Información Acerca de los Terremotos** 826-6020

**Los Apostadores Anónimos** 1-855-222-5542

**Ayuda contra los Piojos** 1-800-783-1919

**El Establecimiento del Alojamiento de Trabajo**

1-800-526-7234 (Los Empleados Discapacitados)

**Crisis de la Salud Mental** 445-7715

**La Centralita Nacional de los Fugitivos**

1-800-621-4000

**Líneas Nacional de la Violencia Domestica**

1-800-799-7233

**Líneas Nacional de los Prenatales** 1-800-311-2229

(Inglés)

**El Centro del Control del Veneno** 1-800-222-1222

**Servicios de Violencia Doméstica de Humboldt**

443-6042

**Los Números de No-Emergencia:**

El Departamento del Sheriff del Condado Humboldt

: 445-7251

California Highway Patrol 822-5981

### Ideas para ponerse en contacto con recursos de la comunidad

*Antes de llamar escriba lo que quiera preguntar o saber. Cuando llame por teléfono a los recursos potenciales, es posible guiarlos para discutir cual información pueden tener para usted o su familia.*

- Explique la razón de la llamada, que necesita, y el numero y las edades de sus niños: "Vivo en Arcata. Soy una madre con dos niños - uno tiene 4 años y la otra tiene 2 años. Quiero asistir a una clase de crianza de niños. Necesito cuidado de niños cuando asisto en las clases."
- Tenga una pluma y un papel listos para que escriba cualquier información que le den.
- Pregunte de las funciones exactos que ofrece el recurso y decida si es algo que usted necesita:
- Es importante obtener la información que sigue: localidad de servicios; nombre de la persona con quien ponerse en contacto; las horas de servicio; precio; requisitos de elegibilidad y como aplicar.
- Pida que manden la información necesaria y cualquier papeleo que explica más el recurso. De su nombre y domicilio.
- Si la persona con quien hable no le puede ayudar, pregúntele a quien le puede llamar.
- ¡No pierda las esperanzas! Si no está seguro donde puede llamar, llame a uno de los números aquí en este guía. Es posible que no haya hispanohablantes en todos los lugares. Por eso, encuentre a alguien que habla inglés (como una maestra o trabajadora social) para hacer una cita y/o para traducir.

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*Northcoast Children's Services partners with parents to identify and work towards meeting family needs and goals. This Resource Guide is developed for families enrolled in NCS programs in efforts to connect families with resources in our community to support family well being and is updated annually to the best of our ability. Please contact us with information about additional resources we should include or any changes to resources listed in the guide so that we can share as accurate and helpful information as possible. Contact Northcoast Children's Services, Family Services, with any additional information or questions.*



**211 Humboldt**  
**Humboldt Community Switchboard**  
 A comprehensive database of information on resources available in Humboldt County.  
**441-1001 or dial 211**  
 Or online [211humboldt.org](http://211humboldt.org)

**About Contacting Resources**

- When contacting potential resources, you can guide community personnel in discussing information about what they have to offer you or your family. Before calling, write down what you want to ask or know.
- Explain why you are calling, what you or your children need and the number and ages of your children:  
 “I am calling from Arcata. I am the mother of a 2 and 4 year old, and I would like to take a parenting class. I will need child care while I attend classes.”
  - Have a pen and paper ready to write down any information you may receive.
  - Ask for the resource’s specific functions (what do they do?) and decide if any of them match your needs:
  - If you feel that you would benefit from the program, get the following information: Location of services, name of a contact person (if any), hours of service, fee, eligibility requirements and how to apply.
  - Ask the resources personnel to send you the necessary brochures or other paperwork that further explain the resource. Give your name and address.
  - If the person with whom you spoke cannot help you, ask for the name of someone else you can call for the same service.
  - Don’t give up! If you are not sure of exactly where to call, try calling **211 Humboldt** or any other number listed in this guide. Work with your home visitor, family worker, or center teacher to reach the resources you need.

**Notes:**

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**Family/Community Resource Centers**

*Resource Centers offer support, information and referrals on a variety of topics. All inquiries and discussions are confidential.*

<b>Arcata Family Resource Center</b> 2400 Baldwin St. <a href="http://arcataschooldistrict.org">arcataschooldistrict.org</a>	826-1002
<b>Betty Kwan Chinn Center</b> 133 7th St., Eureka <a href="http://bettychinn.org">bettychinn.org</a>	407-3833
<b>Blue Lake Community Resource Center, St. Joseph’s</b> 111 Greenwood Ave., Blue Lake <a href="http://bluelake.ca.gov">bluelake.ca.gov</a>	668-4281
<b>Bridgeville Community Center</b> 38717 Kneeland Rd., Bridgeville <a href="http://bridgevillecommunitycenter.org">bridgevillecommunitycenter.org</a>	777-1775
<b>Carlotta Healthy Start Community Center</b> 300 Wilder Rd., Carlotta, CA 95528 <a href="http://facebook.com">facebook.com</a>	768-3860
<b>Eureka Comm. Resource Ctr, St. Joseph’s</b> 35 West 3rd St., Eureka	442-5239
<b>Family Resource Center –Marshall FRC</b> 2100 J St., (I Street between Trinity & Huntoon) <a href="http://facebook.com">facebook.com</a>	441-2404
<b>Fortuna Elementary Schools Family Resource Centers</b> 2089 Newburg Rd., Fortuna, CA 95540	834-3646
<b>Hupa Family Resource Center</b> T8 Holt Street (Box 728), Hoopa, CA 95546	(530) 625-4000
<b>Loleta Comm. Resource Ctr, St. Joseph’s</b> 700 Loleta Dr. (Loleta Grammar School)	733-5239
<b>Manila Community Center</b> 1611 Peninsula Dr. Mailing address PO Box 5132	444-9771
<b>Mattole Valley Resource Center</b> 167 Sherman St., PO Box 191, Petrolia 95558 <a href="http://mattolevalleyresourcecenter.org">mattolevalleyresourcecenter.org</a>	629-3348
<b>McKinleyville Family Resource Center</b> 1615 Heartwood Drive <a href="http://mckfrfc.org">mckfrfc.org</a>	840-0905
<b>Rio Dell Comm. Resource Ctr, St. Joseph’s</b> 406 Wildwood Ave., Rio Dell <a href="http://cityofriodell.ca.gov">cityofriodell.ca.gov</a>	764-5239
<b>South Bay/Pine Hill Family Resource Center</b> 5230 Vance Ave., Eureka <a href="http://southbayusd.org">southbayusd.org</a>	445-5933
<b>Southern Humboldt Family Resource Center</b> 344 Humboldt Ave., Redway <a href="http://sohumhealth.org">sohumhealth.org</a>	923-1147
<b>Jefferson Community Center</b> 1000 B Street, Eureka <a href="http://jefferson-project.org">jefferson-project.org</a>	497-6280
<b>Willow Creek Comm. Resource Center, St. Joseph’s</b> 38883 Hwy 299, Willow Creek <a href="http://providence.org">providence.org</a>	(530) 629-3141

**Paso a Paso — St. Joseph’s Hospital**  
 441-4476 o 441-4477 (personal bilingüe)  
 Clases gratis en español: Preparación para el parto, Lactancia Materna y Planificación. Una visita guiada de la sala de maternidad. Para registrarse en las clases llame por teléfono.  
[providence.org](http://providence.org)  
**Healthy Kids Humboldt (Niños Saludables de Humboldt)**  
 2200 Harrison, Eureka 442-6066  
 (Los atenderán en español)  
 El apoyo y ayuda para obtener seguro médico para sus niños. Los seguros médicos incluyen Healthy Families y Medi-Cal.  
[providence.org](http://providence.org)  
**Six Rivers Planned Parenthood**  
 3225 Timber Fall Court, Eureka 442-5700  
 Información y servicios de planificación familiar, pruebas de enfermedades de transmisión sexual y el tratamiento, pruebas de embarazo y opciones, la prueba del VIH, clínica de adolescentes, abortos y píldoras anticonceptivas de emergencia.  
[plannedparenthood.org](http://plannedparenthood.org)  
**J Rophe Medical**  
 2458 Buhne St., Eureka 444-0423  
 Pruebas de embarazo gratis y ultrasonidos hasta 18 semanas gratis.  
[Jrophemedical.org](http://Jrophemedical.org)

**Vivienda**

**Housing Humboldt**  
 PO Box 4655, Arcata 826-7312  
 Apartamentos de alquiler reducido en Eureka, Fortuna, y McKinleyville.  
[housinghumboldt.org](http://housinghumboldt.org)  
**Housing Authority (Autoridad de Vivienda)**  
 735 W. Everding, Eureka 443-4583  
 Información sobre vivienda de bajo costo. Llame para información y fechas de la próxima apertura de la sección 8 y otros programas en el área.  
[eurekahumboldtha.org](http://eurekahumboldtha.org)  
**Youth Services Bureau (Departamento de Servicios para Jóvenes)** (Asistencia bilingüe por línea telefónica)  
 1100 California Street, Eureka Oficina 443-8322  
 Línea de 24 horas 444-CARE  
 Esta agencia ofrece grupos de apoyo e intervención para jóvenes de 12 a 18 años de edad en crisis. Refugio de emergencia para jóvenes de 12 a 18 años de edad. Llame para más información.  
[rcaa.org](http://rcaa.org)  
**Eureka Rescue Mission (Misión de Rescate de Eureka)**  
 (Algunos servicios bilingües)  
 110 2nd St., Eureka  
 Información y refugio para hombres 443-4551/445-3787  
 Refugio temporal para mujeres 443-5016  
 Se sirven el desayuno y la cena todos los días.  
[eurekarescuemission.org](http://eurekarescuemission.org)

**Legal**

**Humboldt County Adult Protective Services (Los Servicios Protectores a los Adultos del Condado de Humboldt)**  
 (Personal bilingüe disponible y asistencia por línea telefónica)  
 Número gratis 1-866-527-8614 / 707-476-2100  
 Maneja los informes del abuso de los adultos dependientes; ofrece los servicios del apoyo en el hogar y son cuidadores registrados.  
[humboldtgov.org](http://humboldtgov.org)

**Salud Mental**

**24– hour Substance Use Disorder Access Line**  
 Recipientes de Partnership/Medi-Cal, llamen a Beacon Mental Health para recibir una referencia [1-855-765-9703](tel:1-855-765-9703)  
[humboldtgov.org](http://humboldtgov.org)  
**Humboldt Family Service Center (Centro de Servicios para las Familias de Humboldt)**  
 1802 California St., Eureka 443-7358  
 Individualmente para niños, mujeres y hombres, educación acerca de las drogas, consejos matrimoniales y un taller acerca de Niños de Divorcios. Clases de la violencia domestica de 52 semanas. Aceptan Medi-Cal y ofrecen costos reducidos basados en los ingresos.  
[humboldtfamily.org](http://humboldtfamily.org)  
**Humboldt County Office of Mental Health (Oficina de Salud Mental del Condado de Humboldt)**  
 (Personal bilingüe disponible y asistencia por línea telefónica) 445-7715  
 Ayuda telefónica de 24 horas, información sobre consejeros.  
[humboldtgov.org](http://humboldtgov.org)  
**Mobile Medical** 443-4666  
 12 sesiones gratis de consejería por webcam- Telehealth  
[opendoorhealth.com](http://opendoorhealth.com)  
**Changing Tides** 444-8293  
 2379 Myrtle Ave., Eureka  
 Llame para información de apoyo, recursos (trabajadores de auxilios y ayudas terapéuticas) referencias y abogacía para familias con niños que tienen necesidades especiales.  
[changingtidesfs.org](http://changingtidesfs.org)

**Crianza de Niños**

**Disciplina positiva**  
**Paso a Paso — St. Joseph’s Hospital** 441-4476 o 441-4477  
 (Personal bilingüe) Clases prenatales, madre a madre, madres y padres, disciplina positiva, serie gratuita de 4 clases que se ofrecen en español dos veces al año, sillas de seguridad.  
[providence.org](http://providence.org)  
**Changing Tides (personal bilingüe)** 444-8293  
 2379 Myrtle Ave., Eureka  
 Este recurso ofrece los servicios a los niños y a las familias, las clases de crianza de niños  
[changingtidesfs.org](http://changingtidesfs.org)  
**Family Resources Centers (Centro de recursos familiares)**  
 \*VER LISTADOS PAGINA 5  
 \*llame para preguntar si ofrecen clases  
**Northcoast Big Brothers and Sisters (Hermanos y Hermanas Mayores)** 445-4871  
 428 C St., # G, Eureka  
 Servicio de mentores. Llame para una cita, Hay un requisito de edad y una lista de espera.  
[ncbbbs.org](http://ncbbbs.org)

**Servicios Públicos**

**PG&E CARE** 866-PGE-CARE  
 Cargos de luz y gas reducidos mensualmente para las familias e individuos elegibles.  
[pge.com](http://pge.com)  
**Redwood Community Action Agency: HEAP** 444-3834  
 Asistencia con PG&E, leña, facturas de gas o propano para familias elegible. Servicio urgente disponible si sus servicios han sido desconectados. Para una cita llame LUNES 9-11.  
**Weatherization** 444-3831 ext. 206  
 Visitas en casa para dar sugerencias sobre conservar energía, ayudar a reemplazar aparatos viejos o climatizar su hogar.  
[rcaa.org](http://rcaa.org)

## Discapacidad/ Necesidades Especiales

**Early Start** (Personal bilingüe disponible) 441-0279, 445-0893  
Los servicios para infantes y niños pequeños con discapacidad y para sus familias.

[dds.ca.gov](http://dds.ca.gov)

### **Humboldt County Office of Education-Special Beginnings (Oficina de Educación del Condado de Humboldt-principios especiales)**

Genevieve Macias 445-6006  
901 Myrtle Ave., Eureka  
Programa educativa para niños con necesidades especiales (0-5) y sus familias, especial día de clases para niños con autismo.

[hcoe.org](http://hcoe.org)

### **Making Headway**

730 K St., Eureka 442-7668  
Servicios a sobrevivientes de lesión cerebral traumática y sus familias. Terapia de consejería y manejo de casos para coordinar cuidado y recuperación. Ofrecen cascos gratis.

[mhwcenter.org](http://mhwcenter.org)

### **Redwood Coast Regional Center (RCRC) (Centro regional de la Costa de Redwood)**

525 2nd St., Suite 300, Eureka 445-0893  
Ofrece servicios de abogacía y coordinación de servicios para adultos y niños con discapacidades del desarrollo.

[redwoodcoastrc.org](http://redwoodcoastrc.org)

## Violencia Domestica

### **Humboldt Domestic Violence Services (Servicios para Violencia Doméstica)**

443-6042  
P.O. Box 969, Eureka  
Ofrecen grupos de apoyo para la gente que han sido víctimas de la violencia doméstica; hay grupos de apoyo para niños y adolescentes, consejos entre compañeros, y referencias. Ayudan con órdenes de restricción.

[hdvs.org](http://hdvs.org)

### **Victim Witness (Testigo victima)**

825 5<sup>th</sup> St., Eureka 445-7417  
Víctimas de violencia y otros delitos pueden ser elegibles para recibir fondos para terapias, asistencia de reubicación, y apoyo en corte. Llame para información de y asistencia con solicitud.

[humboldtgv.org](http://humboldtgv.org)

## Educación

### **College of the Redwoods (Colegio de los Redwoods)**

7351 Tompkins Hill Rd., Eureka 476-4100  
English express contact info  
Llame por el horario de las clases, los costos y los eventos especiales. Se ofrecen las clases, el consejo académico y el consejo profesional en varios lugares en los condados de Humboldt y Del Norte. El campus de Eureka tiene un centro de desarrollo para los niños.

[redwoods.edu](http://redwoods.edu)

### **Eureka Escuela Para Adultos**

Información de educación para la comunidad incluyendo GED, educación vocacional, e Inglés como segundo idioma.  
216 West Harris, Eureka 441-2448  
(Clases de inglés por la noche en Fortuna y Loleta ¡Gratis!)  
Hay estudio independiente en Hoopa, Orick, Manila y McKinleyville.

[eas.eurekacityschools.org](http://eas.eurekacityschools.org)

### **Humboldt Literacy Project (Proyecto de Alfabetización de Humboldt)**

539 G St., #116, Eureka 445-3655  
1645 Main St., Fortuna 725-0655  
10 y N Streets, por el estacionamiento de la iglesia, Fortuna.  
Este proyecto capacita y provee tutores para ayudarles a aprender a leer o mejorar sus habilidades de lectura. Los tutores son voluntarios y hay lista de espera.

[humboldtliteracy.org](http://humboldtliteracy.org)

## Recursos de comida

### **Food for People (Banco de Comida)** (Personal bilingüe disponible)

307 West 14th St., Eureka 445-3166  
Llame lunes para tener una cita o llega al sitio para una cita o distribución de comida. Necesitara identificación para cada miembro de su familia. Caja de comida de emergencia cada mes. Hay sitios en otros ciudades, llame para información.

[foodforpeople.org](http://foodforpeople.org)

### **Fortuna Community Services (Servicios Comunitarios de Fortuna)/DORCAS**

2331 Rohnerville Rd., Fortuna 725-1166, Ext. 205  
Provee recursos de emergencia básicos para familias (comida y ropa) también servicios de consejería, rehabilitación para las drogas, y vida sobria y limpia.

[fortunaacs.com](http://fortunaacs.com)

### **Salvation Army (Ejército de Salvación)**

(Personal bilingüe disponible)  
2123 Tydd St., Eureka 442-6475  
Ofrece comida de emergencia y otros servicios sociales.

[eureka.salvationarmy.org](http://eureka.salvationarmy.org)

### **WIC-Mujeres y Niños**

317 2nd St., Eureka 445-6255  
727 Cedar St., Garberville 707-923-2779  
1108 Main St., Fortuna 707-726-9427  
1450 Hiller Rd., McKinleyville 445-6255, 839-1173

Cupones de comida para niños y mujeres embarazadas o amamantamiento.

[humboldtgv.org](http://humboldtgv.org)

### **Humboldt County Dept. of Social Services/DSS (Departamento de Servicios Sociales del Condado de Humboldt)**

929 Koster St., Eureka 877-410-8809  
Cashaid (ayuda financiera), Calfresh (estampillas de comida), y Medi-cal. Puedes solicitar

[benefitscal.com](http://benefitscal.com)

### **Family Resource Centers (Centros de Recursos Familiares y Comunitarios)**

Llame para preguntar si tienen comida disponible.

\*VER LISTADOS PAGINA 5

### **Eureka Rescue Mission (Misión de Rescate de Eureka)**

(Algunos servicios bilingües)  
110 2nd St., Eureka  
Información y refugio para hombres 443-4551/445-3787  
Refugio temporal para mujeres 443-5016  
Se sirven el desayuno y la cena todos los días.

[eurekarescuemission.org](http://eurekarescuemission.org)

## Salud y el bienestar

**Clinicas de Open Door** \*VER LISTADOS página 12

**Pediatrías** \*VER LISTADOS página 13

**Dental** \*VER LISTADOS página 11

### **Mobile Medical** (personal bilingüe)

Citas 443-4666  
Una clínica Mobile con paradas frecuentes en el condado de Humboldt. Servicios de consejería y asistencia con servicios sociales. Llame para horario.  
[opendoorhealth.com](http://opendoorhealth.com)

## Activities for Families & Children

**Arcata Parks and Recreation** 822-7091

736 F St., Arcata  
Movement and gymnastics classes. Medi-Cal discount.  
[cityofarcata.org/departments/parks-recreation](http://cityofarcata.org/departments/parks-recreation)

**Boys and Girls Club** 441-1030

939 Harris Ave., Eureka  
Afterschool and summer programs, T-Ball.

**Blue Lake Parks & Rec** 668-5932

111 Greenwood, Blue Lake  
Skating rink, camps, playgroups.  
[bluelake.ca.gov/city/parks-and-recreation](http://bluelake.ca.gov/city/parks-and-recreation)

**Discovery Museum** 443-9694

612 G St., Suite 102 Eureka  
Drop off at museum 1/2 day, 8:00-12, day camp for 3-5 year olds. Pals Camp-Freshwater, 6-12 year olds.  
Call for a schedule of free programs.

[discovery-museum.org](http://discovery-museum.org)

**Eureka Recreation Division** 441-4248

1011 Waterfront Dr., Eureka  
Classes for kids and adults. Medi-Cal discount. Summer camp for 5-12 year olds.

[eurekaparksandrecreation.com](http://eurekaparksandrecreation.com)

**Fort Humboldt** (California State Parks) 445-6547

3431 Fort Ave. (off Highland), Eureka  
Monthly "Steam Up" of locomotives on the 3rd Sat. of every month May-Sept. Self guided walking trail.  
[https://www.parks.ca.gov/?page\\_id=665](https://www.parks.ca.gov/?page_id=665)

**Fortuna Parks and Recreation** 725-7620

5 Park St., Fortuna  
Summer and Holiday programs, skating rink.  
M-F 7:30-5:30, 4-12 year olds  
[friendlyfortuna.com](http://friendlyfortuna.com)

**Libraries** \* see listings on page 16\*

**Mad River Youth Soccer League** 822-3333

Programs for children ages 4-17.  
[mrysl.net](http://mrysl.net)

**McKinleyville Activity Center** 839-9003

1656 Sutter Rd., McKinleyville, Mon-Fri 9-5  
Parks and recreation programs for kids and adults.

**Morris Graves Museum** (Humboldt Arts Council) 442-0278

636 F St., Eureka  
Free events for families.

[humboldtarts.org](http://humboldtarts.org)

**Natural History Museum** 826-4480

1242 G St., Arcata

[humboldt.edu/natmus](http://humboldt.edu/natmus)

**Sequoia Park Zoo** 441-4263

3414 W St., Eureka  
Tues.-Sun. 10-5  
Adults \$14.95, Children 3-12 \$10.95, Babies (0-2) free  
Holders of EBT/BIC cards \$4 per person for a family, up to 5.  
Free family pass available at the Humboldt Co. Library, see website for details.  
[sequoiaparkzoo.net](http://sequoiaparkzoo.net) and [redwoodskywalk.com](http://redwoodskywalk.com)

## Car Seat Safety

**Arcata Police Department** 822-2428

Car seat safety checks on installed car seats by appt. Some emergency car seats.

[cityofarcata.org](http://cityofarcata.org)

**Child Passenger Safety Program** 476-4991

Offers low cost car seats and safety classes quarterly.

[humboldtgv.org](http://humboldtgv.org)

**California Highway Patrol** 822-5981

255 Samoa Blvd.  
Provides car seats only in a collision/accident. Car seat safety checks. Call to make appointment

[chp.ca.gov](http://chp.ca.gov)

**Eureka Fire Department** 441-4000

Car seat safety checks.

[efpd.org](http://efpd.org)

**Paso a Paso** 441-4477

Car seat safety classes/low cost seats for Spanish speakers.

[providence.org](http://providence.org)

**UIHS** 825-5000

Car seats available for those eligible for UIHS services.

[unitedindianhealthservices.org](http://unitedindianhealthservices.org)

## Child Abuse

*If you are concerned about child abuse in your family, talk to your Teacher or Home Visitor for additional support.*

### **Childhelp National Child Abuse Prevention Hotline**

Call or text 1-800-4-A-CHILD  
Crisis counselors available 24 hours a day to discuss concerns and offer support.

[childhelphotline.org](http://childhelphotline.org)

**Nurse Family Partnership** 268-2105

**SafeCare Parenting Program** 445-6211

In home prevention program focusing on parenting, health and safety. Families may self refer.

[humboldtgv.org](http://humboldtgv.org)

**Court Appointed Special Advocate (CASA)** 443-3197

2356 Myrtle Ave., Eureka  
Trained volunteers advocate for abused and neglected children going through the child welfare court system. The child must be a designated ward of the court to be eligible.

[humboldtcasa.org](http://humboldtcasa.org)

### **Child Welfare Services (CWS)**

2440 6th St., Eureka  
Abuse Reports 24 hours 445-6180, Fax- 445-6254  
Child abuse intervention and prevention services. Parents can self refer for voluntary supportive services to assist with abuse prevention.

[humboldtgv.org](http://humboldtgv.org)

### **Megan's Law**

Information about registered sex offenders. Searchable maps of sex offender residence locations.

[meganslaw.ca.gov](http://meganslaw.ca.gov)

### **Northcoast Rape Crisis Team**

PO Box 1011, Eureka  
General Information 443-2737  
Crisis (24 hr. line) 445-2881  
Text line 382-5174

Supportive services for sexual assault victims, prevention information and referral, community workshops, 24 hour crisis line and accompaniment. Advocacy by being with the victim from initial phone call to going to court.

[ncrct.org](http://ncrct.org)



**Victim Witness** 445-7417  
825 5th St., 4th floor County Courthouse, Eureka  
Victims of family violence or other crimes may be eligible for counseling funds and advocacy. Suspicion of sexual abuse that results in a CAST interview makes a child eligible for services. Call for eligibility information/application assistance.  
[humboldt.gov](http://humboldt.gov)

**Pregnancy Care Center** 442-2345  
721 7th St., Suite A, Eureka  
M 1-6, T-Th 10-3, Closed Fridays and weekends  
Clothing and other resources including mentoring to pregnant women. Call for more information.

**The Raven Project** 443-7099  
523 T St., Eureka  
T-Th 1:30-5:00, Sat.

Serves ages 10-21. Youth-led, youth-implemented street outreach program and drop-in center.

[facebook.com/ravenproject/](https://www.facebook.com/ravenproject/)

**7<sup>th</sup> Day Adventist Church**  
Eureka 442-6950  
Fortuna 725-6164  
McKinleyville 839-3832  
Call for times, clothing resources and food assistance.

[redwoodadventist.org](http://redwoodadventist.org)

**Thrift Shops / Low-cost Clothing:**

**Cuddly Bear** 725-4421  
751 10<sup>th</sup> St., Fortuna  
Mon.-Sat. 10-5

**Discovery Shop -American Cancer Society** 443-2155  
2942 F St., Eureka  
Mon.-Sat. 10-5:00

[cancer.org/donate/discovery](http://cancer.org/donate/discovery)

**Eco-Groovy Deals** Call or text 834-7220  
817 H St., Arcata  
Clearance Outlet  
513 K St., Arcata

Both locations open every day until 6

[ecogroovydeals.com](http://ecogroovydeals.com)

**Hospice of Humboldt Thrift Shop** 826-2545  
575 H St., Arcata  
Mon.-Fri. 10-5. Sat- 10-4; Donations M-TH 12:00-2:00

[hospiceofhumboldt.org](http://hospiceofhumboldt.org)

**Lots for Tots** 445-3477  
3008 Broadway, Eureka (Moving to 4th Street)  
Mon.-Sat. 11-6, Sun. 11-5  
Gently used children's clothing, furniture and toys.

[facebook.com/people/](https://www.facebook.com/people/)

**Miranda's Rescue Shop**  
All stores open Mon-Sat 10-6, Sun 12-4

- 732 9th St., Arcata 630-4138
- 1694 Myrtle Ave., Eureka 441-1755
- 822 S. Fortuna Blvd., Fortuna 725-4166
- 1544 Pickett Rd., McKinleyville 839-5015

**Rescue Mission Thrift Store** 443-2523  
1031 Broadway, Eureka  
Mon-Sat 10-5:30

**Ruth's Room, Rio Dell Baptist Church** 764-3811  
100 Butcher Street  
Call for hours

[facebook.com/people](https://www.facebook.com/people/)

**Tailwaggers Thrift Shop** 445-5837  
2737 F St., Eureka  
M-Sat 11-5:30

[sequoiahumane.org](http://sequoiahumane.org)

**YouthAbility Thrift Shop** 822-5019  
1309 11<sup>th</sup> St., Suite 110 Arcata  
Open everyday.

[youthability.org](http://youthability.org)

**Consignment:**

**Lots for Tots** 445-3477  
3008 Broadway, Eureka (Moving to 4th Street)

[facebook.com](https://www.facebook.com)

**¡ATENCIÓN HISPANOHABLANTES!**

Guía de recursos

**Centros de Recursos**

Estos centros ayudan en conectar individuos y familias a servicios sociales, ofrecen referencias para problemas de alcohol y drogas. En ocasiones, grupos de apoyo y clases son ofrecidas por un personal profesional y voluntarios entrenados. Todas las conversaciones son confidenciales.  
**\*VER LISTADOS PAGINA 5—en la**

**Servicios de Alcohol y Drogas**

**Alcoholics Anonymous (Alcohólicos Anónimos)**  
Línea de acceso local las 24 horas (inglés) (844) 442-0711  
Grupos de apoyo para gente con problemas del alcoholismo.  
**Grupo en español** se reúne en el 239 Buhne St, Eureka los miércoles a las 7 p.m. Para información llame a la línea.  
Request Spanish 476-4054  
Programa de tratamiento y prevención de abuso de drogas/alcohol.

[aa.org](http://aa.org)

**Healthy Moms' Program (Programa para las Mamás Saludables)**

2910 H St., Eureka, CA 95501 441-5220  
Un programa de tratamiento para las mujeres con uso problemático de el alcohol/ las drogas y quienes están embarazadas o tienen a niños menores de 5 años de edad.  
Ofrece varios programas de apoyo  
[humboldt.gov](http://humboldt.gov)

**Sillas de Seguridad**

**Child Passenger Safety Program (Programa de Seguridad de Niños Pasajeros)** 476-4991  
Emily 599-6319  
Ofrecen clases de seguridad con las sillas de seguridad y sillas de seguridad de bajos costos.

[partnership.org](http://partnership.org)

**Pasó a Paso St. Joseph Hospital** 441-4477  
Clases de sillas de seguridad y sillas de seguridad de bajo costos.  
[providence.org](http://providence.org)

**Abuso Infantil**

**Child Welfare Services (Servicios al Bienestar de los Niños; Departamento de los Servicios Sociales del Condado de Humboldt)** (Asistencia bilingüe por teléfono)  
929 Koster St., Eureka  
Informes del Abuso – 24 horas – 445-6180  
Llamada Gratis: 1-800-891-8551  
Ofrecen servicios amplios para intervenir y prevenir el maltrato a los niños. Padres pueden referirse para recibir servicios voluntarios y prevenir abuso.  
[humboldt.gov](http://humboldt.gov)

**CASA– Court Appointed Special Advocate (defensor especial designado por la corte)** 443-3197  
2356 Myrtle Ave., Eureka  
Voluntarios entrenados en como abogar por los niños abusados y desatendidos que están involucrados con el sistema legal.  
[humboldtcasa.org](http://humboldtcasa.org)

**Guardería/Escuela preescolar**

**Northcoast Children's Services** (Personal bilingüe)  
1266 9th Street, Arcata, 822-7206  
P.O. Box 1165, Arcata, CA 95518 o 1-800-808-7206  
Head Start, Early Head Start, Asociación de familias y preescolares estatales. Programas basados en un centro o en la casa para niños y familias con niños de 0 a 5 años de edad. Amplios servicios a través de todos los programas.

[ncsheadstart.org](http://ncsheadstart.org)

**Changing Tides** (Personal bilingüe disponible)  
2379 Myrtle, Eureka 444-8293  
Información de los centros de guardería, referencias, y cupones subsidiarios, equipo de servicios para niños, el cuidado de niños para los padres con los niños con minusvalía del desarrollo, los servicios a los adolescentes, y los centros de juego donde pueden asistir sin matriculación. Los programas de las visitas en el hogar para las familias sobrecargas y para los padres de familia que son adolescentes.  
[changingtidesfs.org](http://changingtidesfs.org)

**Recursos de ropa**

**Pregnancy Care Center (Centro de maternidad)**  
(no spanish speakers)  
721 7th St., Suite A, Eureka 442-2345  
Ropa gratuita y otros recursos incluye asesoramiento a las mujeres embarazadas. Llame para más información.  
Abierto lunes 10-6, martes, miércoles y jueves de 10-3pm  
[pcceureka.org](http://pcceureka.org)

**Kid Shop (Tienda de Niños)** 442-1784  
1032 Bay St., Eureka  
Ropa gratuita para niños del tamaño 4-14, cada 4 meses.  
Horas de oficina Martes-Jueves 9-12 y 1-5.  
[eurekafaithcenter.org](http://eurekafaithcenter.org)

**Grace Good Shepard Church (Iglesia de la Gracia del Buen Pastor)** 839-3726  
1450 Hiller St., McKinleyville  
Ofrece la comida de emergencia y tienen una tienda de segunda. Llame para más información. Hay alguna ropa gratuita.  
[facebook.com](https://www.facebook.com)

**7th Day Adventist Church (Iglesia Adventista del séptimo día)**  
Ofrecen ropa gratuita.  
[redwoodadventist.org](http://redwoodadventist.org)

\*VER LISTADOS PAGINA 4 (llame para horario y ropa disponible)

**Clothing Resources**

**Free Clothing:**

**Family Resource Centers**

\* See page 4 for the center closest to you.

**Kid Shop (at Faith Center Foursquare Church)** 442-1784  
1032 Bay St., Eureka  
Free clothes kids sizes 4-14, & single moms, every 3 months.

## Transportation

**Arcata and Mad River Transit System** 822-3775  
925 E St., Arcata  
Transportation in/around Arcata, call or go online for schedule/cost.  
[arcatatransit.org](http://arcatatransit.org)

**Dial-a-Ride**  
To apply 443-0826  
To be picked up 442-4555  
Call or go online for information and certification process.  
Fee for services. For people unable to take public transportation due to a disability.  
[hta.org](http://hta.org)

**DMV** 800-777-0133  
3300 Broadway St., Eureka  
1180 Evergreen Rd., Redway  
[dmv.ca.gov](http://dmv.ca.gov)  
[dmv.ca.gov](http://dmv.ca.gov)

**Fortuna Senior Citizens Bus Service** 725-7625  
This is a Dial-a-Ride service for seniors (over 50) and disabled individuals inside Fortuna city limits.  
[friendlyfortuna.com](http://friendlyfortuna.com)

**HCAR Care-A-Van** 443-7077  
1707 E St., Suite 2, Eureka  
Care-A-Van provides transportation for non-emergency medical appointments for seniors and disabled. Call for current route schedule. Fee for service.  
[hcarcenter.org](http://hcarcenter.org)

**Humboldt Transit Authority (HTA)** 443-0826  
133 V St., Eureka  
Routes run from Scotia to Trinidad, 7 days a week.  
[hta.org](http://hta.org)

**HTA Phone App**  
Compiles all of HTA's bus line schedules and helps with navigating thought Humboldt County.

**Partnership Transportation (NEMT)** 866-828-2303  
Transportation to local and out of town medical/dental appts. Call at least 5 days in advance.  
[partnershiphp.org](http://partnershiphp.org)

**Redwood Coast Transit** 464-6400  
Bus service from Crescent City to Arcata. Call for price and schedule or visit website.  
[redwoodcoasttransit.org](http://redwoodcoasttransit.org)

**Ride Humboldt**  
Phone app that provides riders with affordable on-demand shared transportation.  
[play.google.com](http://play.google.com)

**Transportation Assistance Program (TAP)** 269-4106  
929 Koster St., Eureka  
One way transportation assistance out of Humboldt County, meal allowance for families/individuals, assists in relocating, reuniting with extended family, gaining employment and increasing self sufficiency. Must meet eligibility requirements.  
[humboldtgov.org](http://humboldtgov.org)

## Utilities

**Assurance Wireless** 888-898-4888  
Lifeline cell phone program for income qualified applicants. Free cell phone and free cell phone service, including unlimited monthly data, texts and minutes.  
[assurancewireless.com](http://assurancewireless.com)

**CA Life-line Services** 866-272-0349  
Reduced telephone charges for income qualifying individuals and families.  
[californialifeline.com](http://californialifeline.com)

**Northcoast Unified Air Quality Management District Wood Stove Replacement Incentive Program**  
707 L Street, Eureka CA 443-3093  
Program that assists with replacing wood stoves for homes that qualify. Applications are accepted 1 month a year.  
[ncuaqmd.org](http://ncuaqmd.org)

**PG&E CARE** 866-PGE-CARE  
Reduces monthly home energy charges for income eligible individuals and families.  
[pge.com](http://pge.com)

**Energy Savings Assistance Program** 800-989-9744  
8-5:30. Assistance to low income households to make homes more energy efficient (window caulking, door weather stripping, shower heads, utilities, and refrigerator, furnace and/or water heater replacement).  
[cpuc.ca.gov](http://cpuc.ca.gov)

**Redwood Coast Energy Authority** 269-1700  
633 3rd St., Eureka  
Low to no cost programs to increase home energy efficiency. Contact for more information.  
[redwoodenergy.org](http://redwoodenergy.org)

**Redwood Community Action Agency: HEAP** 444-3834  
Assistance with PG&E, wood, propane bills for eligible families. Call Mondays at 9 am for appt. Expedited service available if power is turned off.  
**Weatherization** 444-3831 ext. 206  
Visits your home to make suggestions on saving energy, will help replace old appliances or weatherize your home. Call to get on wait list.  
[rcaa.org](http://rcaa.org)

**Salvation Army Reach** 442-6475  
Assistance with PG&E bills. Must be low income, have 15 day notice, and an eligible reason why you were unable to pay.

## Veterans Resources

**Eureka Veterans Affairs Community Based Outpatient Clinic** 269-7500  
930 Harris St., Eureka  
[va.gov](http://va.gov)

**Eureka Veterans Center** 444-8271  
2830 G St., Suite A & B, Eureka  
Re-integration counseling for veterans, socialization groups, outreach. Call for eligibility information.  
[va.gov](http://va.gov)

**Humboldt County Veterans Service Office** 445-7611  
1105 6th St., Suite F, Eureka  
M-F 8-4:30, phones 8:30-12, 1-4. VA benefit counseling.

**Nations Finest** 442-4322  
109 4th St., Eureka  
Transitional housing/housing assistance for homeless vets.

**Supportive Services for Veterans' Families**  
A variety of services available for veterans and their families including security deposit, rent assistance on a case by case basis. Case management, behavioral health treatment, employment and training assistance.

**HUD/VASH**  
Housing vouchers for veterans and their families.

**Grant/Per Diem Program**  
Housing for homeless veterans for 2 years. Singles, and couples if both are veterans.  
[nationsfinest.org](http://nationsfinest.org)

**Veterans Administration** 800-698-2411  
Benefits hotline 800-827-1000  
[va.gov](http://va.gov)

## Custody / Divorce

**Humboldt Family Service Center Children of Divorce Workshop** 443-7358  
1802 California St., Eureka  
Call for costs, days and times.  
[humboldtfamily.org](http://humboldtfamily.org)

**Department of Child Support Services** 866-901-3212  
2420 6th St., Eureka  
M-F 9:00-4:00  
Assistance with enforcing court ordered child support/ opening a child support case.  
[humboldtgov.org](http://humboldtgov.org)

**Humboldt County Courthouse Self Help Center**  
Humboldt County Courthouse  
825 5th St., Eureka  
Self Help Center 445-7256 ext. 1750  
269-1223  
Family Law facilitators/self-help resources by appointment or walk-in basis. Telephone hotline: Tues 10am-12pm.  
selfhelp@humboldtcourt.ca.gov  
**Family Law Services** 445-7256 ext. 3  
421 I St, Hours: 9-2  
Pick up and file Family Law paperwork.  
**Restraining Order Workshop** 445-7256 ext. 1750  
269-1223

By appointment only  
Assistance with restraining orders and custody paperwork.  
[humboldt.courts.ca.gov](http://humboldt.courts.ca.gov)

**Legal Services of Northern California** 445-0866  
123 3rd St., Eureka  
M-F 9:00-4, closed 12-1pm  
[lsnc.net](http://lsnc.net)

## Disability/Special Needs

**Braille and Talking Book Library** 1-800-952-5666  
[library.ca.gov](http://library.ca.gov)

**California Children's Services** 445-6212  
908 7th St., Eureka  
M-Th 8:00-5:00, Fri 8:00-2:00  
Assistance with accessing specialized medical care for children whose families cannot provide all or some part of a child's eligible medical needs.  
[humboldtgov.org](http://humboldtgov.org)

**California Dept. of Rehabilitation** 445-6300  
1330 Bayshore Way, Suite 101, Eureka  
Assistance for people with disabilities in finding a job.  
[dor.ca.gov](http://dor.ca.gov)

**Changing Tides** 444-8293  
2379 Myrtle Ave., Eureka  
Special Needs Connection  
Call for information on support, resources (respite workers, therapeutic aides), referral and advocacy for families with children who have special needs.  
[changingtidesfs.org](http://changingtidesfs.org)

**State Council on Developmental Disabilities** 463-4700  
505 S. State St., Ukiah, CA, 95482  
Advocacy services for people with developmental disabilities in Humboldt, Del Norte, Lake and Mendocino Counties.  
[scdd.ca.gov](http://scdd.ca.gov)

**Humboldt Community Access and Resource Center (HCAR)** 443-7077  
1707 E St., Suite 2, Eureka  
A wide variety of support services and job programs for people with disabilities.  
[hcarcenter.org](http://hcarcenter.org)

**Humboldt County Adult Protective Services/In Home Supportive Services** 476-2100  
808 E St., Eureka toll free 1-866-527-8614  
This agency handles reports of abuse of dependent adults. Offers in-home support services and has a caregiver registry.  
[humboldtgov.org](http://humboldtgov.org)

**Humboldt Co. Office of Education-Special Beginnings** 445-7043  
901 Myrtle Ave., Eureka  
Educational program for children with special needs (0 - 5) and their families, special day class for children with autism.  
[hcoe.org/special-beginnings](http://hcoe.org/special-beginnings)

**Making Headway** 442-7668  
730 K St., Eureka  
Provides services to survivors of traumatic brain injury and their families. Therapy, counseling and case management to coordinate care and recovery. Call for availability of helmets-adults and children. Sliding fee scale. M-F 10-3  
[mhwcenter.org](http://mhwcenter.org)

**Mobile Health Services** 443-4666  
Mobile medical clinic with regular stops throughout Humboldt County. Counseling services available. Spanish speaking.  
[opendoorhealth.com](http://opendoorhealth.com)

**Pathways Crisis Response Service**  
1465 G St., Arcata  
24 Hour crisis line 826-1886  
Crisis assistance for adults and children. Must be referred by Redwood Coast Regional Center

**Redwood Caregiver Resource Center** 1-800-834-1636  
Resources for families & caregivers of brain-impaired adults.  
[redwoodcrc.org](http://redwoodcrc.org)

**Redwood Coast Regional Center (RCRC)** 445-0893  
525 2nd St., Suite 300, Eureka  
Serves adults and children with developmental disabilities including intake, advocacy and case management services.  
[redwoodcoastrc.org](http://redwoodcoastrc.org)

**Early Start** 445-0893  
Services for infants and toddlers with disabilities.  
[dds.cs.gov](http://dds.cs.gov)

**Social Security and Medicare Eligibility Information** 800-772-1213  
3144 Broadway, Eureka 866-828-1991  
[ssa.gov](http://ssa.gov)

**Speech Therapy**  
For qualified children over 3 years of age, provided by your school district. See school districts on next pg for contact info.

**Tri County Independent Living** 445-8404  
139 5th St., Eureka  
Support services, advocacy and independent-living skills programs. Assistance with filling out housing applications. Provides housing lists.  
[tilinet.org](http://tilinet.org)

## Domestic Violence

**\*Tribal Resources – Native American tribal members should check with their tribal office for any special resources available through the tribe. See page 17 for contact info for local tribes.**

**Department of Health and Human Services Behavioral Health Services** 268-2900  
Social Service Branch Campus, Bldg D  
929 Koster St., Eureka  
Behavioral health services for CalWorks recipients. Addresses substance abuse, mental health and domestic violence related barriers to employment. HumWorks services count towards CalWorks required hours. Contact your CalWorks worker for a referral.  
[humboldtgov.org](http://humboldtgov.org)



**Humboldt Domestic Violence Services**  
 PO Box 969, Eureka, CA 95502 444-9255  
 24 hour crisis line 443-6042  
 Domestic violence support groups, support groups for children and teens, peer counseling, temporary shelter, resource and referrals. All discussions are confidential.  
[hdvs.org](http://hdvs.org)

**Humboldt Family Service Center** 443-7358  
 1802 California St., Eureka  
 Family violence prevention. Batterers program. Counseling.  
[humboldtfamily.org](http://humboldtfamily.org)

**Northcoast Rape Crisis Team**  
 Eureka, business line 443-2737  
 Eureka-hotline 445-2881  
 Text line, M-F 382-5174  
 Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them.  
[ncrct.org](http://ncrct.org)

**Project Connect, K'ima:w** 530-625-4261  
 Medical Center, Hoopa Valley Tribe  
 535 Airport Rd., Hoopa  
 Addresses domestic violence and sexual assault through community interaction and education.  
[kimaw.org](http://kimaw.org)

**Safe Haven, RCAA** 269-2075  
 Therapeutic services. Only the county can refer clients.

**Two Feathers Native American Family Services**  
 1560 Betty Ct., Ste. A, McKinleyville 839-1933  
 M-F 8:30-5:00, closed 12-1  
 Culturally centered services, including therapy, beading and drum groups, transportation, ICWA advocacy.  
[twofeathers-nafs.org](http://twofeathers-nafs.org)

**Victim Witness** 445-7417  
 825 5th St., 5th floor of County Courthouse, Eureka  
 Victims of family violence or another crime may be eligible for counseling funds, relocation assistance and advocacy. Call for eligibility information and application assistance.  
[humboldtgov.org](http://humboldtgov.org)

**WISH**  
 PO Box 642, Garberville, CA 95542 923-4100  
 24 Hour 223-0043  
 Temporary shelter for women and children who are in crisis, provides emergency direct services. Resource and referral services, assists victims of rape & battery and provides help with temporary restraining orders.  
[wishshelter.org](http://wishshelter.org)

## Education

**Adult Education:**  
**Eureka Adult School** 441-2448  
 216 West Harris, Eureka  
 M-F 9-4; summer hours vary  
 Information on community education, GED, vocation education and English as a Second Language.  
[eas.eurekacityschools.org](http://eas.eurekacityschools.org)

**CalWORKS Welfare-To-Work** 268-3400  
 929 Koster St., Eureka  
 Basic education, GED prep, literacy. Classroom training: Eureka Adult School, HROP, College of the Redwoods. Vocational/Occupational Training, Work Experience Training, Childcare, transportation and ancillary expenses. Must have at least one dependent child under the age of 18 to qualify.  
[cdss.ca.gov](http://cdss.ca.gov)

**College of the Redwoods** 476-4100  
 7351 Tompkins Hill Rd., Eureka 800-641-0400  
 Call or go online for schedule of classes, fees & calendar. Classes, academic and vocational counseling in Humboldt & Del Norte. Eureka site has a child development center. Financial assistance.  
**Community Education** 476-4500  
 A variety of Free job skill, ESL and GED prep courses offered in various locations throughout the county.  
 525 D St., Eureka  
 GED test offered, 4 modules-Call for class days and times.  
[redwoods.edu](http://redwoods.edu)

**English Express Humboldt** 443-5021  
 Adult English language development classes at the Jefferson Community Center in Eureka and at the Multi-Generational Center in Fortuna  
[englishexpressempowered.com](http://englishexpressempowered.com)

**Extended Opportunity Program and Services (EOPS/CARE)** 476-4270  
 7351 Tompkins Hill Road, Eureka  
 Financial support, counseling, parking, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.  
[redwoods.edu/eops](http://redwoods.edu/eops)

**Humboldt Literacy Project**  
 539 G St., Suite 116, Eureka 445-3655  
 1645 Main St., Fortuna 725-0655  
 Trains and provides tutors to assist in learning to read, improving reading skills, ESL Call for walk-in hours/appt.  
[humboldtliteracy.org](http://humboldtliteracy.org)

**CalPoly Humboldt**  
 1 Harpst St., Arcata 826-3011  
 Call or go online for schedule of classes, fees and special events calendar. Academic counseling, child development center and other services.  
[humboldt.edu](http://humboldt.edu)

**Other Education Programs:**  
**CalPoly Trio Educational Talent Search** 826-4791  
 1125 16th St., Arcata  
 A pre-college program for low income and 1st generation college students. 9th-12th grade.  
[humboldt.edu/talentsearch](http://humboldt.edu/talentsearch)

**Humboldt Co. Office of Education, Foster & Homeless Youth Services** 445-7187  
 901 Myrtle Ave., Eureka, CA 95501 or 440-9511  
 Support for homeless and/or foster youth in public schools. Contact for more info and support.  
[hcoe.org](http://hcoe.org)

**Humboldt Co. Office of Education-Special Beginnings** 445-7043  
 901 Myrtle Ave., Eureka  
 Educational program for children 3 - 5 with special needs and their families.  
 Children 0-3 616-1502  
[hcoe.org](http://hcoe.org)

**Indian Action Council** 443-8401  
 2905 Hubbard Ln., Suite C, Eureka  
 Under the Native American Education Program, provides tutoring to Native American children K - 8 at school sites in the county. Call for times and locations.

**Speech Therapy**  
 For qualified children over 3 years of age, provided by your school district. See school districts for contact info.

## Teen and Youth

**Eureka Boys & Girls Club Teen Program** 444-0184  
 3015 J St., Eureka  
 Teen center and mentoring program.  
[bgcredwoods.org](http://bgcredwoods.org)

**Gay/Lesbian/Bisexual/Transgender National Youth Talkline** 800-246-7743  
 Help Line with confidential counseling available in Spanish & English Mon-Fri 1-9, Sat. 9-2. Peer counseling, information, email counseling, resources for gay, lesbian, bisexual, transgender youths.  
[lgbthotline.org](http://lgbthotline.org)

**Humboldt County Transition Age Youth Collaboration (HCTAYC)** 476-4922  
 433 M St., Eureka  
 Youth leadership and advocacy for transition age youth. Clinical therapy and case management for transition age youth. Call Main Line 476-4944 for other programs  
[humboldtgov.org](http://humboldtgov.org)

**TAY- ILS** (Transition Age Youth-Independent Living Skills) 476-4944  
 Serves transition age youth (16-21) who were dependents of the state on 16th birthday. Housing assistance, deposit assistance, employment training, case management.  
[humboldtgov.org](http://humboldtgov.org)

**Humboldt Domestic Violence Services** 444-9255  
 Support groups for women only. 866-668-6543  
 24-hour Crisis/Support 443-6042  
 Call for more details.  
[hdvs.org](http://hdvs.org)

**Media & Art Resource Zone (MARZ) Project** 442-8413  
 Located at the Ink People Center For the Arts. Afterschool youth project Tues-Thurs 3:00-6:00. Encourages teens to explore positive means of expression. Learn to play an instrument; music production lessons, digital arts, music, and film/video production. Program is free. Ages 12-26.  
[inkpeople.org](http://inkpeople.org)

**Northcoast Big Brothers & Big Sisters** 445-4871  
 428 C St., Suite G, Eureka  
 Mentoring services for kids. Ages 6-16. There is a waiting list. Call for appointment.  
[ncbbbs.org](http://ncbbbs.org)

**Open Door Teens Only Clinic**  
 1150 Foster Ave., Arcata 826-8610  
 1644 Central Ave., McKinleyville 839-3068  
 This is a no-appointment-necessary, walk-in clinic for teenagers, open Mon 3:00-5:00  
[opendoorhealth.com/teenclinic](http://opendoorhealth.com/teenclinic)

**RCAA/Youth Services Bureau:** 443-8322  
**Youth Crisis Line** 444-CARE (2273)  
**Our House** 444-CARE  
**Launch Pad** 443-8322  
 Crisis shelters and transitional housing for homeless and runaway teens.  
[rcaa.org](http://rcaa.org)

**Raven Project** 443-7099  
 523 T St., Eureka  
 Services for youths under 21 living or hanging out on the streets. Immediate need support (toiletries, showers, phone), local resource referral and job education. Drop in hours: T-Fri 1:30-5  
[rcaa.org](http://rcaa.org)  
[facebook.com](https://www.facebook.com/ravenproject)

**THP Plus** 916-651-7465  
 Transitional housing for 18-24 year olds emancipated from foster care or probation.  
[cdss.ca.gov](http://cdss.ca.gov)

**YES-Youth Education Services** 826-4965  
 1 Harpst St., Arcata  
 Social and educational activities, resource referrals and enhancement of self esteem for pregnant and parenting teens. Closed over summer.  
[hraps.humboldt.edu](http://hraps.humboldt.edu)

## Tobacco Cessation

Your medical provider can assist you with strategies and medical assistance with stopping smoking.

**American Cancer Society** 800-227-2345  
 2942 F St., Eureka 227-2345  
 Quit kits available  
[cancer.org](http://cancer.org)

**California Smoker's Helpline** 800-NO-BUTTS  
 800-662-8887  
[nobutts.org](http://nobutts.org)

**Department of Health and Human Services Tobacco-Free Humboldt Program** 268-2132  
 908 7<sup>th</sup> St., Eureka  
[humboldtgov.org](http://humboldtgov.org)

**Eureka Community Health** 441-1624  
 2200 Tydd Street, Eureka  
 One on one by appointment  
[opendoorhealth.com](http://opendoorhealth.com)

**Humboldt Open Door** 826-8610  
 1150 Foster Ave., Arcata  
 By appointment  
[opendoorhealth.com](http://opendoorhealth.com)

**Humboldt Recovery Center** 443-0514  
 1024 N St.  
 Call for class times  
[humboldtrecoverycenter.org](http://humboldtrecoverycenter.org)

**Kick It California**  
 Offers a range of services and materials to quit smoking.  
[kickitca.org](http://kickitca.org)

**Nicotine Anonymous**  
 2942 F St., Eureka  
[nicotine-anonymous.org](http://nicotine-anonymous.org)

**NICA-NORCAL**  
[nica-norcal.org](http://nica-norcal.org)

**Quitterinyou.org**  
 Website with smoking cessation resources.  
[lung.org](http://lung.org)

**Tobacco Free Humboldt** 268-2132  
 Healthy Communities Community Wellness Center  
 708 7th St., Eureka  
 Offers a range of services and materials to quit smoking.

**UIHS** 825-5070  
 1600 Weeot Way, Arcata  
 By appointment.  
[unitedindianhealthservices.org](http://unitedindianhealthservices.org)



**HumWorks** 268-3477  
**Department of Health and Human Services**  
 929 Koster St., Mod D, Eureka M-F 8-5  
 Counseling and Advocacy Services to parents (receiving CalWorks) experiencing substance use issues, mental health issues or domestic violence. Participants may qualify for treatment activities counting towards CalWorks requirements.  
[humboldtgov.org](http://humboldtgov.org)  
[facebook.com/mercyshaven/](https://www.facebook.com/mercyshaven/)

**Mobile Medical** 443-4666  
 2426 Buhne, Eureka  
 Call for location schedule. Substance use support, resource and referral. Clinic with regular stops throughout Humboldt County. Opiate dependency services. Spanish speakers available.  
[opendoorhealth.org](http://opendoorhealth.org)

**Mountain of Mercy** 707-601-3403  
 Honeydew, Ca  
 Christian based 8-10 month residential program. No fee for services. Call or go online for more information.  
[mountain-of-mercy.org](http://mountain-of-mercy.org)

**Redwood Teen Challenge** 268-8727  
 Men's Center & Intake 268-0614  
 2844 Fairfield St., Eureka  
 Women's Center 442-4233  
 2000 Myrtle Ave., Eureka  
 Live-in recovery program for adults. Services range from 12-18 months. Fee for service, some scholarships are available.  
[redwoodtc.org](http://redwoodtc.org)

**New Life Discipleship (at the Eureka Rescue Mission)**  
 Admin 443-4551  
 110 2nd St., Eureka CA  
 Drug and Alcohol Recovery Program for men, 12 month, live in program includes a Christian 12-Step, education program, Bible study, daily chores, and goal setting.  
[eurekarescuemission.org](http://eurekarescuemission.org)

**Serenity Inn-Sober Living Facility** 442-4815  
 2109 Broadway, Eureka  
 Alcohol and drug care services

**Suboxone Program, Open Door Community Health Centers** 441-1624  
 An approximately one year long program, includes psych treatment, works well for pregnant women and dual-diagnosis.  
[opendoorhealth.com](http://opendoorhealth.com)

**United Indian Health Services** 825-5000  
 1600 Weeot Way, Arcata  
 Drug and alcohol education, prevention and counseling (group or individual). Detox/residential treatment assistance.  
[uihs.org](http://uihs.org)

**Waterfront Recovery Services**  
 2413 2nd St., Eureka  
 Serenity Inn 442-4815  
 Waterfront Recovery 269-9590  
 Services include detox & residential. Inpatient programs. Temporary housing at Serenity Inn. Fee, call for details.  
[waterfrontrecovery.org](http://waterfrontrecovery.org)

**Support Groups**  
**Al-Anon Alateen/ ACA Groups** 443-1419  
 Humboldt/Del Norte Co.  
 Meetings at Jefferson Community Center. Check website for meeting information.  
[al.anon.org](http://al.anon.org)

**Alcoholics Anonymous**  
 Local 24 hour hotline 844-442-0711  
 Call or go online for meeting schedule/zoom options.  
[aahumboldtelnorte.net](http://aahumboldtelnorte.net)

**Eureka Faith Center - Celebrate Recovery** 442-1784  
 1032 Bay St., Eureka  
 Office hours S & T-Th 9-1  
 Every Monday: Potluck at 5, large group 6-7, open share 7-8  
[eurekafaithcenter.org](http://eurekafaithcenter.org)  
**Narcotics Anonymous** 866-315-8645  
 PO Box 6634, Eureka, CA 95502 444-8645  
 Free confidential support for ending addiction. Call or check website for meeting times.  
[humboldtna.org](http://humboldtna.org)

**Clean and Sober Living**  
 Call for cost, location and availability  
**Corner Stones Recovery** 725-9252  
 Clean & sober housing. Men Only. No children.

**Karen Mesa Personal Growth Center** 442-1104  
 No couples, no children.  
**New Life Recovery** 496-1709  
 Men only

**P St. House** 445-1154  
 Clean & sober house. Rooms for rent. Children welcome.  
**Spring St. House** 476-0142  
 Clean & sober house. Rooms for rent. Children welcome.

## Support Groups

**AA** 844-442-0711  
 Call or go online for schedule, in person or Zoom options  
[aahumboldtelnorte.org](http://aahumboldtelnorte.org)

**Celebrate Recovery** 442-1784  
 Eureka Faith Center  
 1032 Bay Street, Eureka  
 Faith based drug and alcohol recovery support group. Every Monday 6 pm-8 pm, potluck dinner at 5 pm.  
[eurekafaithcenter.org](http://eurekafaithcenter.org)

**Humboldt Domestic Violence Services** 443-6042  
 Support groups offered, call for location, childcare available.  
[hdvs.org](http://hdvs.org)

**Free to Fly Foundation**  
 1501 Rose Ave., Ferndale 296-9916  
 Support for single mothers. Financial assistance, drug and alcohol recovery support, career advancement tools and parenting. Support group in Eureka, with dinner and child care, or on Zoom.  
[freetoflyfoundation.org](http://freetoflyfoundation.org)

**Mother to Mother** 496-2108  
 317 3rd St., Suite 8, Eureka  
 Tuesdays 10 am-12 pm  
 Free prenatal/postpartum mothers support group.  
[inkpeople.org](http://inkpeople.org)

**Madre a Madre** (Spanish only) 441-4477  
 St. Joseph Hospital  
 Spanish speaking nursing mom support group through Paso a Paso.

**Mobile Medical** 443-4666  
 2426 Buhne St., Eureka  
 Various support groups including smoking cessation, HIV, opiate dependency, call for more info.  
[opendoorhealth.com](http://opendoorhealth.com)

**Hospice Main Office** 445-8443  
 Grief Support Groups  
**Arcata-** Thursdays 5:30-7:00  
 Umpqua Bank, 1063 G St.  
**Eureka-** Fridays 1:00-2:30  
 3327 Timber Fall Court, conference room  
**Online-** on Zoom, Mondays 5-6:30  
[hospiceofhumboldt.org](http://hospiceofhumboldt.org)

## Elementary and High School Districts:

[hcoe.org/schools](http://hcoe.org/schools)  
**Arcata Elementary School District** 822-0351  
 1435 Buttermilk Ln., Arcata  
**Big Lagoon Union School District** 677-3688  
 269 Big Lagoon Park Rd., Trinidad  
**Blue Lake Union School District** 668-5674  
 631 Greenwood Ave., Blue Lake, CA 95525  
**Cuddeback Union School District** 768-3372  
 300 Wilder Rd., Carlotta, CA 95528  
**Cutten School District** 441-3900  
 4182 Walnut Dr., Eureka  
**Eureka City Schools District Office** 441-2400  
 2100 J St., Eureka  
**Ferndale Unified School District** 786-5300  
 164 Shaw Ave., Ferndale  
**Fieldbrook School District** 839-3201  
 4070 Fieldbrook Rd., McKinleyville  
**Fortuna Union Elementary School District** 725-2293  
 500 9th St., Fortuna  
**Fortuna Union High School District** 725-4462  
 739 13th St., Fortuna  
**Freshwater School District** 442-2969  
 75 Greenwood Heights Drive, Eureka  
**Hydesville School District** 768-3610  
 3050 Johnson Rd., Hydesville  
**Jacoby Creek School District** 822-4896  
 1617 Old Arcata Rd., Bayside  
**Klamath-Trinity Joint Unified School Dist.** 530-625-5600  
 11800 State Highway 96, Hoopa  
**Loleta School District** 733-5705  
 700 Loleta Dr., Loleta  
**McKinleyville Union School District** 839-1549  
 2275 Central Ave., McKinleyville  
**Northern Humboldt Union High School Dist.** 839-6470  
 2755 McKinleyville Ave., McKinleyville  
**Pacific Union School District** 822-4619  
 3001 Janes Rd., Arcata  
**Peninsula Union School District** 443-2731  
 909 Vance Ave., Samoa  
**Rio Dell School District** 764-5694  
 95 Center St., Rio Dell  
**Southern Humboldt Unified School District** 943-1789  
 110 School Rd., Miranda  
**Trinidad Union School District** 677-3631  
 PO Box 3030, Trinidad, CA 95570

## Employment

**California Conservation Corps** 800-952-5627  
 Employment opportunities for young adults, ages 18-25.  
[ccc.ca.gov](http://ccc.ca.gov)  
**California Department of Rehabilitation** 445-6300  
 1330 Bayshore Way, Suite 101, Eureka  
 Serves anyone with a physical, mental, or emotional problem that interferes with their ability to secure and hold a job. Job training and placement, help with transportation, vocational and personal counseling for those who qualify.  
[dor.ca.gov](http://dor.ca.gov)  
**CalWORKS**  
 929 Koster St., Eureka 268-3400  
 Mon.-Fri. 7:30-5:30. Assistance in obtaining employment including training, assessment and job search support.  
[cdss.ca.gov/calworks](http://cdss.ca.gov/calworks)

**Comprehensive Career Services (thru HCAR)** 443-7077  
 1707 E St., Eureka  
 Vocational training/job placement for those living with disabilities.  
[hcarcenter.org](http://hcarcenter.org)

**Craigslist**  
[humboldt.craigslist.org](http://humboldt.craigslist.org)  
**Express Employment Professionals** 268-1866  
 14 West Wabash, Eureka  
 Temporary and permanent job placement. Typically the fee for service is paid by the employer.  
[expresspros.com/EurekaCa](http://expresspros.com/EurekaCa)

**Humboldt County Office of Education (HCOE)** 445-7000  
 901 Myrtle Ave., Eureka  
 Regional Occupation Program for K - 12, court and community schools or special education.  
[hcoe.org/jobs](http://hcoe.org/jobs)

**Job Market** 441-JOBS  
 409 K St., Eureka (Corner of 5th & K ) 800-242-1353  
 "One-Stop Career Center" partnered with community organizations including EDD, Caljobs, Humboldt Regional Occupation Services to provide job support.  
[gohumco.com](http://gohumco.com)

**Nations Finest** 442-4322  
 109 4th St., Eureka  
 Job listings, education and job-skills training for veterans.  
[nationsfinest.org](http://nationsfinest.org)

**Northern California Indian Development Council**  
 241 F St., Eureka 445-8451  
 Assistance for eligible Native American families in crisis. Also job counseling/training.  
[ncidc.org](http://ncidc.org)

**RCAA** 269-2001  
 904 G St., Eureka  
[rcaa.org](http://rcaa.org)  
**AFACTR/AmeriCorps :** 269-2020  
 Members serve in partnership with Humboldt Co. Child Welfare Services and Family Resource Centers.  
[americorps.gov/serve](http://americorps.gov/serve)

**Sequoia Personnel** 445-9641  
 436 Harris St., Eureka  
 Temporary and permanent job placement. Typically fee for service is paid by employer.  
[sequoiapersonnel.com](http://sequoiapersonnel.com)

## Financial Assistance

**Annual Credit Report**  
 Free credit report once a year  
[annualcreditreport.com](http://annualcreditreport.com)  
**California Tribal TANF Partnership** 476-0344  
 636 H St., Eureka  
 Assistance for members of federally recognized tribes and descendants and pay foster rates for foster parents even if not official. Pay child care, mileage, support services, school clothes, employment.  
[cttp.net](http://cttp.net)

**EITC-Earned Income Tax Credit**  
 Find out if you qualify for a tax credit for low to moderate income working individuals/couples with children  
[irs.gov/credits](http://irs.gov/credits)  
**Extended Opportunity Program and Services (EOPS)** 476-4270  
 7351 Tompkins Hill Road, Eureka  
 Financial support, counseling, bus passes, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.  
[redwoods.edu/student-services](http://redwoods.edu/student-services)

**FAFSA**

Financial aid to pay for college. You may qualify for grants that do not need to be paid back. Contact the Financial Aid office at the college you plan to attend, or apply at [studentaid.gov](http://studentaid.gov)

**Free to Fly Foundation** 296-9916

Non profit organization that provides financial assistance to single mothers in need.

**Humboldt County Dept. of Social Services (DHHS)**

929 Koster St., Eureka 877-410-8809, 269-4106

General Relief, Temporary Aid to Needy Families (TANF), CalFresh, Medi-Cal. Rental deposit assistance for homeless families, Winter Shelter vouchers (Nov.-April). DMV reduced fee or no fee, waivers for ID only available. Free or reduced cost California ID's

[benefitscal.com](http://benefitscal.com)

**Humboldt Co. Health & Human Services & WIC****Southern Humboldt** (707) 923-2779

727 Cedar St., Garberville

Centralized, local access to services including mental health, Public Health, WIC & Social Services. M-F 9:00-12, 1-4:00

[humboldt.gov](http://humboldt.gov)

**Redwood Community Action Agency- HEAP**

539 T St., Eureka 444-3834

Credit on PG&E bill one time per year. Based on income. Call in only (no message), Mondays 9 am-12 noon.

[rca.org](http://rca.org)

**Social Security Administration** 800-772-1213

3144 Broadway, Eureka

SSI, Medicare, retirement, disability, survivors.

Mon-Fri 9 am-4 pm

[ssa.gov](http://ssa.gov)

**State Disability Insurance** 800-480-3287

Cash assistance for qualified disabled workers

[edd.ca.gov](http://edd.ca.gov)

**Unemployment Insurance Program** 866-300-5616

Cash assistance to qualified unemployed workers due to lay off.

[edd.ca.gov](http://edd.ca.gov)

**VITA- Volunteer Income Tax Assistance Program** 211

Redwood Community Action Agency-free assistance with filling out and filing tax returns.

[humboldt.gov](http://humboldt.gov)

**Food Resources**

*Local Family Resource Centers (pg.45) provide a variety of food resources.*

**Betty Chinn Day Center** 407-3833

133 7th St., Eureka

M-F 8-4

[bettychinn.org](http://bettychinn.org)

**Eureka Rescue Mission**

110 2nd St., Eureka

Men's shelter 443-4551

Admin 445-3787

Women & children's shelter 443-5016

Free breakfast and dinner are served daily.

[eurekarescuemission.org](http://eurekarescuemission.org)

**Food for People** 445-3166

307 West 14th St., Eureka

PO Box 4922

Tues., Wed, Fri 10-4 Programs include Kids Summer Lunch, Backpacks for Kids (weekend snack program for school age children- contact your child's school for more info.) Free produce -April-Oct.

[foodforpeople.org](http://foodforpeople.org)

**Humboldt County Dept. of Social Services (DHHS)**

929 Koster St., Eureka 877-410-8809

TANF, CalFresh, Medi-Cal or CMSP. Can apply by phone, mail or online:

[benefitscal.com](http://benefitscal.com)

**Jefferson Project** 497-6280

1000 B St.

M-F 10-4, free produce Sat 10 - run out, during growing season. Free meals for any child under 18.

[jefferson-project.org](http://jefferson-project.org)

**Loleta Food Pantry @ Loleta Community Church**

228 Church St., Loleta 733-5239

**McKinleyville Collaborative/Family Resource Center**

1615 Heartwood Dr. 840-0905

Various services including case management, referrals, food and clothing. M-F 8:00-5:00

Food pantry M-Th 10-3, closed 12-1

[mckfr.org](http://mckfr.org)

**Mobile Outreach Program** 296-5145

Provides outlying communities the opportunity to apply for CalFresh, MediCal or CalWORKS without having to come into Eureka. Food boxes available on request. Mental health support also available.

[humboldt.gov](http://humboldt.gov)

**Salvation Army** 442-6475

2123 Tydd St., Eureka

Emergency food and other social services.

Food pantry Mon-Fri 9-12

[eureka.salvationarmy.org](http://eureka.salvationarmy.org)

**Seventh Day Adventist Community Service**

(The DORCAS Project)

4251 F St., Eureka 442-6950

2331 Rohnerville Rd., Fortuna 725-1166

1200 Central Ave., McKinleyville 839-3832

Food, clothing, toiletries and other services.

[fortunaacs.com](http://fortunaacs.com)

**St. Joseph Pantry Shelf** 725-1148

2292 Newburg Rd., Fortuna

W & Th 10-12, except major holidays

[saintjoeparish.org](http://saintjoeparish.org)

**St. Vincent de Paul** 445-9588

35 West 3rd St., Eureka

Free lunch M-F from 11-1:00. Food boxes occasionally available on emergency basis. Call ahead for details.

**Trinity Baptist Church** 822-7668

2450 Alliance Rd., Arcata

Food pantry distribution Thurs

[facebook.com/TBCarcata](http://facebook.com/TBCarcata)

**WIC - Women, Infants, Children**

317 2nd St., Eureka 445-6255

727 Cedar St., Garberville 923-2779

3306 Renner Dr., Fortuna 726-9427

1615 Heartwood Dr, McKinleyville 839-1173

Food/WIC vouchers for eligible pregnant and breast-feeding women, infants and children.

**Parents Nutrition Center** 798-2150

1125 Summer St., Eureka

[parentsnutritioncenter.com](http://parentsnutritioncenter.com)

**(Orleans) Ayukii Nanliviiv Playgroup** 839-1933

Panamnik Bldg

Mon 11 am-1 pm

**Pine Hill Pandas** 445-5933

5230 Vance St., Eureka

Tues & Thurs 9:30-11:30

[southbayusd.org](http://southbayusd.org)

**Redway** 923-1147

344 Humboldt Ave., Rm. 22, Redway

Mon 12:30-2:30

**Redwood Discovery Museum Playgroup** 443-9694

612 G Street, Suite 102, Eureka

Thurs 10 am-12 pm

[discovery-museum.org](http://discovery-museum.org)

**Salmon Creek Playgroup** 223-4657

3583 Upper Thomas Rd, Miranda

Fri 10 am-2 pm

[salmoncreekcommunityschool.org](http://salmoncreekcommunityschool.org)

**Skuy' soo hue-no-woh Playgroup\*** 839-1933

*\*For local Native families*

1615 Heartwood Dr., Room 105, McKinleyville

Fri 10 am-12 pm

[twofeathers-nafs.org](http://twofeathers-nafs.org)

[sohumhealth.org](http://sohumhealth.org)

**Willow Creek Playgroup** (530) 629-3141

730 CA-96, Willow Creek

Fri 10 am-12 pm

**Showers / Bathing / Laundry****AHHA** 298-1466

Shower-Care-A-Van is a three bathroom trailer with showers that also distributes basic needs to individuals in need, they also help them in connecting with services. Check online for schedule. They travel through McKin, Arcata and Eureka.

[ahha-humco.org](http://ahha-humco.org)

**Arcata Community Pool** 822-6801

1150 16th St., Arcata

Adults \$11, Seniors \$9.50, Youth \$7. Use of pools, sauna & showers. Bring towel & soap.

[arcatapool.com](http://arcatapool.com)

**Eureka Rescue Mission** 443-5016

110 2nd St., Eureka

Showers, clothing exchange

Women -Everyday 9-2

Men -Mon, Wed, Fri. 1-3 pm

[eurekarescuemission.org](http://eurekarescuemission.org)

**Fortuna Community Services / DORCAS** 725-1166

2331 Rohnerville Rd., Fortuna

Showers for homeless community in the Fortuna area on

Tues, Weds 9:30-11:30. Call for more details.

[fortunaacs.com](http://fortunaacs.com)

**St Vincent De Paul** 445-9588

35 W. 3rd St, Eureka

Free public showers T, Th, S 8 am-12, sign up 8-9. Soap & shampoo provided.

[facebook.com](http://facebook.com)

**Notes:**


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**Substance Use Services**

Tribal Resources –

Native American tribal members should check with their tribal office for special resources available through the tribe.

See page 17 for local tribes contact info.

**Treatment Programs –Inpatient/Outpatient****Adolescent Treatment Program**

134 D St., Eureka 441-3773

An outpatient counseling/support group for youth ages 12-18

[humboldt.gov/416/adolescent-treatment-program](http://humboldt.gov/416/adolescent-treatment-program)

**Arcata Community Health Center** 826-8610

1150 Foster Ave.

Substance use services, medical treatment of addiction, opiate dependency services and support. Resource and referral.

**Crossroads** 445-0869

1205 Myrtle Ave., Eureka

1210 Myrtle Ave., Eureka, women's facility

Mon-Fri 9-5

Residential treatment program -men & women. Minimum 90 days. Sliding fee scale, some special payment programs.

[ncsacrossroads.org](http://ncsacrossroads.org)

**Eureka Community Health & Wellness Center** 441-1624

2200 Tydd St., Eureka

Substance use disorder support, medical treatment of addiction, opiate dependency services, resource and referral.

[opendoorhealth.org](http://opendoorhealth.org)

**Healthy Moms Program** 441-5220**Department of Health and Human Services**

2910 H St., Eureka

Mon-Fri 8:30-12:00 & 1:00-5:00

Alcohol and other drug day treatment program for pregnant and parenting moms, skill classes, and practical life skills. On-site child care provided. Sliding scale, Medi-Cal.

[humboldt.gov](http://humboldt.gov)

**Humboldt County Programs for Recovery (HCRP)****Department of Health and Human Services** 476-4054

231 2nd St., Eureka

Mon-Fri 8-12 & 1-5

Outpatient treatment, education and referral for alcohol and other drug problems. Sliding scale, insurance or Medi-Cal.

Pick up admission packet at 231 2nd St. or have one mailed.

[humboldt.gov](http://humboldt.gov)

**Humboldt Recovery Center**

Executive Director 443-4237

Men's office 269-9566

Women's office 443-0514

Assessment line 223-3632

Residential recovery home for men and women. Outpatient

counseling and educational presentations available upon

request. Sliding scale fee.

[humboldtrecoverycenter.org](http://humboldtrecoverycenter.org)

**Humboldt Family Service Center** 443-7358

*Office temporarily operating through TeleHealth*

1802 California St., Eureka

Drug and alcohol education, drug diversion, court ordered batterers' program and anger management, children of

divorce workshops, family, children and individual counseling, premarital counseling for adolescents.

[humboldtfamily.org](http://humboldtfamily.org)

**Humboldt Alcohol Recovery Treatment (HART)**

2331 Rohnerville Road, Fortuna, CA 95540 725-9381

Outpatient treatment, first/multiple offender, member of the Drinking Driver Treatment Program. DUI program services on

Zoom. Extended payment plan.

[fortunaacs.com/hart](http://fortunaacs.com/hart)



**Table Bluff Reservation Wiyot Tribe, Loleta** 733-5055  
[wiyot.us](http://wiyot.us)  
**Trinidad Rancheria** 677-0211  
[trinidad-rancheria.org](http://trinidad-rancheria.org)  
**Two Feathers, Native American Family Services**  
 1560 Betty Court, Suite A, McKinleyville 839-1933  
 Services to promote stability of families and the best interest of Native American children  
[twofeathers-nafs.org](http://twofeathers-nafs.org)  
**United Indian Health Services**  
 Operates clinics in Arcata, Fortuna, Klamath, Weitchpec and Crescent City. Medical, dental, counseling, vision and other health services.  
 1600 Weeot Way, Arcata 825-5000  
 2505 Lucas St., Suite A, Eureka 442-0380  
[unitedindianhealthservices.org](http://unitedindianhealthservices.org)  
**Yurok Indian Housing Authority, Klamath** 482-1506  
[yurokhousing.com](http://yurokhousing.com)  
**Yurok TANF**  
 Klamath 482-1350  
 Eureka 444-0433  
 Health & Human Services Applications  
[yuroktribe.org](http://yuroktribe.org)

## Parenting

**Betty Chinn Day Center**  
**Positive Parenting Program (Triple P)** 407-3833  
 One on one parenting offered in 4 sessions by appointment.  
**Systematic Training for Effective Parenting (STEP)**  
 6 and under, one on one, 7 week class by appt  
**Changing Tides** 444-8293  
 2379 Myrtle Ave., Eureka  
 Team child services, Special Needs Connection & Family Empowerment, children and family services, parenting classes and counseling. Home visiting programs for overburdened families and teen parents.  
[changingtidesfs.org](http://changingtidesfs.org)  
**College of the Redwoods** 476-4455  
**Caregivers Education Program**  
 Parenting education classes including Love and Logic, Positive Discipline, Dad's Support Group, Kinship Support Group. Child care provided, arranged in advance.  
[redwoods.edu](http://redwoods.edu)  
**Foster Parent Support Group** 269-4003/476-4455  
 Ongoing monthly support group for foster parents through the College of the Redwoods Kinship program.  
[redwoods.edu](http://redwoods.edu)  
**Directory of Community Parenting Classes**  
**Supported Parenting Program** 444-8293  
 Weekly in-home visits to teach parenting skills and parent education to those with developmental disabilities, must be referred by RCRC.  
[changingtidesfs.org](http://changingtidesfs.org)  
**Family Resource Centers** \*See page 5 for a full listing.\*  
 Family resource centers provide many services including parenting groups and classes. Call for details.  
**First Five Humboldt** 445-7392  
 Parenting classes and support groups.  
**Incredible Years** 206-285-7565  
 Designed for families with at least one child between the ages of 3 and 8.  
[incredibleyears.com](http://incredibleyears.com)  
**Manila Community Center** 444-9771, 444-3803  
 1611 Peninsula Dr., Arcata  
[facebook.com](http://facebook.com)

**Northcoast Children's Services** 822-7206  
 1266 9th St., Arcata 800-808-7206  
 Head Start, Early Head Start and State Preschools.  
 Parenting classes offered annually to enrolled families.  
[ncsheadstart.org](http://ncsheadstart.org)  
**Parent Project** 825-2508  
 1820 6th St., Eureka  
 Free parenting classes for parents of teens and pre-teens. McKinleyville, Arcata, Eureka, & Fortuna. Call for schedule.  
[parentproject.com](http://parentproject.com)  
**Parenting with Love & Logic**  
 Office 496-6070  
 Guides parents in how to respond to frustrating situations with love and empathy. Scholarships available. Call for schedule and information.  
[parentsintraining.org](http://parentsintraining.org)  
**Pregnancy Care Center** 442-2345  
 721 7th St., Eureka  
 BrightCourse curriculum video courses  
[pccereka.org](http://pccereka.org)  
**Safe Care** 445-6211  
 Home Based Parenting program for adults with children 0-5. 3 parts: parent child interaction, health and home safety. Weekly home visits.

## Playgroups

*Days, Times and Locations are subject to change without notice.*

**Call ahead to confirm the groups location and time.**

**First 5 Playgroups**  
[First5humboldt.org](http://First5humboldt.org)  
**Arcata Play Center** 822-7091  
 1301 D St., Arcata  
 Mon, Tues, Wed 10 am – 12 noon  
[cityofarcata.org](http://cityofarcata.org)  
**Arcata Tiny Tots Playgroup** 822-1963  
 1761 11th St., Arcata  
 Sat. 9:30 am-11:30 am  
[arcatamethodist.org](http://arcatamethodist.org)  
**Blue Lake Playgroup** 668-5932  
 351 S. Railroad Ave., Blue Lake  
 Tues, Thurs 10 am – 12 noon  
[bluelake.ca.gov](http://bluelake.ca.gov)  
**Eel River Valley Playgroup** (hablamos español) 725-1722  
 3000 Newburg Rd, Fortuna  
 Mon, Tues 9:30-11:30  
[glccenter.org](http://glccenter.org)  
**Fortuna Parks and Rec Playgroup** 725-7620  
 Monday Club, 610 Main St., Fortuna  
 Tues/Thurs 9-11  
[friendlyfortuna.com](http://friendlyfortuna.com)  
**Jefferson Playgroup** (hablamos español) 497-6280  
 1000 B St., Eureka  
 Sat 10 am-12 pm  
[jefferson-project.org](http://jefferson-project.org)  
**Loleta Playgroup** (hablamos español) 733-5239  
 228 Church St., Loleta  
 Wed 9:30-11:30  
**Manila Playgroup** 832-1494  
 1611 Peninsula Dr., Manila  
 Tues, Wed 9 am-11 am  
[facebook.com](http://facebook.com)  
**McKinleyville Playgroup** 839-9003  
 1705 Gwin Road, McKinleyville  
 Thurs 10:30-12:30  
[mckinleyvillecsd.com](http://mckinleyvillecsd.com)

## Foster / Youth

**Foster & Kinship Care Education** 476-4455  
 7351 Tompkins Hill Rd., Eureka  
 Foster parents training assistance with raising children who have a variety of issues. Support for grandparents & non-parent relatives raising their relative's children. Library of resource materials, books, games etc.  
[redwoods.edu/foster](http://redwoods.edu/foster)  
**Foster Youth Ombudsman** 833-939-3877  
 Advocacy and support for Foster Youth and Foster Parents.  
[fosteryouthhelp.ca.gov](http://fosteryouthhelp.ca.gov)  
**Humboldt County Transition Age Youth Collaboration (HCTAYC)** 476-4922  
 433 M St., Eureka  
 Youth leadership / advocacy for transition age youth. Clinical therapy/case management for transition age youth. Call Main Line 476-4944 for other programs  
[humboldtgov.org](http://humboldtgov.org)  
**Planned Parenthood/Teen Council Humboldt** 502-3012  
 3225 Timber Fall Court, Suite B, Eureka  
 New program as of 2024-2025 where teens lead presentations on sexual reproductive health information.  
[linktr.ee](http://linktr.ee)  
**Raven Youth Drop In Center** 443-7099  
 523 T St.  
[findhelp.org](http://findhelp.org)  
**TAY-ILS** (Transition Age Youth-Independent Living Skills)  
 Serves transition age youth (16-21) who were dependents of the state on 16th birthday. Housing assistance, deposit assistance, employment training, case management.  
[humboldtgov.org](http://humboldtgov.org)

## Grandparents / Elder Services

**Area 1 Agency on Aging** 442-3763  
 333 J St., Eureka  
 M-F 9-4. Information and support for grandparents as parents & seniors who are child caregivers.  
[a1aa.org](http://a1aa.org)  
**College of the Redwoods Foster, Adoption and Kinship Caregivers Education Program** 476-4455  
 7351 Tompkins Hill Road, Eureka  
 Parenting education classes including Love and Logic, Positive discipline, Kinship support group. Support for grandparents & other non-parent relatives raising their relative's children. Library of resource materials, books, games etc.  
[redwoods.edu/foster](http://redwoods.edu/foster)  
**Fortuna Senior Center** 726-9203  
 3811 Newburg Road, Suite B, Fortuna  
 M 8:30-3  
 Network with grandparents who care for their grandkids.  
[fortunasenior.org](http://fortunasenior.org)  
**Humboldt Senior Resource Center** 443-9747  
 1910 California St., Eureka  
 M-F 8:30-4:30  
 Services for senior citizens and their families.  
[humsenior.org](http://humsenior.org)

## Health & Wellness

**NOTE: Teachers & Home Visitors have a complete list of medical & dental providers that accept Medi-Cal.**  
**Dept. of Health & Human Services, Public Health**  
[humboldtgov.org](http://humboldtgov.org)  
**California Children's Services** 445-6212  
 Assists with payment for medical treatment for low income children with qualifying illness. Referrals from pediatricians.  
[humboldtgov.org](http://humboldtgov.org)  
**Child Passenger Safety Program:** 476-4991  
 Spanish speaking (Paso a Paso) 441-4477  
 Car seat safety classes, low/no cost car seats & inspections.  
[humboldtgov.org](http://humboldtgov.org)  
**Environmental Health:** 445-6215  
 100 H St., Suite 100, Eureka  
 Inspects substandard homes and assists with determining corrective action needed.  
[humboldtgov.org](http://humboldtgov.org)  
**Childhood Lead Poisoning Prevention:** 268-2132  
 Lead poisoning prevention and testing information.  
[humboldtgov.org](http://humboldtgov.org)  
**Maternal, Child and Adolescent Health:** 445-6210  
 Information and support for pregnant mothers. Referrals for doctors and insurance for income eligible children ages 0-18.  
[humboldtgov.org](http://humboldtgov.org)  
**CareLine for family health** 800-698-0843  
[humboldtgov.org](http://humboldtgov.org)  
**Nurse Family Partnership:** 268-2105  
 Free home visiting program for first time mothers focused on empowerment, parenting, health and development.  
[humboldtgov.org](http://humboldtgov.org)  
**Public Health Clinics** 268-2108  
 529 I St., Eureka  
 Immunizations, lice and scabies, TB, and STD clinics.  
[humboldtgov.org](http://humboldtgov.org)  
**Garberville Public Health-WIC** 923-2779  
 Tick testing, water testing, TB testing, WIC  
**Willow Creek Public Health** (530) 629-2410  
 Public Health nurse, 2 Community Health outreach workers.  
**Public Health Nursing:** 268-2182  
 Health and safety information and support through case management and home visits. County wide. Families may self refer if they need support with health related concerns.  
[humboldtgov.org](http://humboldtgov.org)  
**Safe Care** 441-5075  
 Parenting program for adults w/children 0-5. 3 parts: parent child interaction, health & home safety. Weekly home visits.  
[changingtidesfs.org](http://changingtidesfs.org)  
**Dental:**  
**Burre Dental** 442-7078  
 959 Myrtle Ave., Eureka  
 Call in the morning for same/next day appointment if in pain.  
[opendoorhealth.com](http://opendoorhealth.com)  
**Fortuna Community Dental** 725-4477  
 3750 Rohnerville Rd., Fortuna  
[opendoorhealth.com](http://opendoorhealth.com)  
**K'ima:w Medical Center** (530) 625-4261  
 535 Airport Road, Hoopa  
[kimaw.org](http://kimaw.org)  
**Redwoods Rural Health Center** 923-2783  
 101 West Coast Road, #B, Redway  
[rrhc.org](http://rrhc.org)  
**United Indian Health Services** 825-5000  
 1600 Weeot Way, Arcata  
[unitedindianhealthservices.org](http://unitedindianhealthservices.org)



**Southern Trinity Health Services**

[sthclinic.org](http://sthclinic.org)  
 Mad River 574-6616  
 Scotia Bluffs 764-5617  
 Weaverville (530) 623-8888

**Western Dental**

1667 Hilltop Dr., Ste E., Redding (530) 223-550  
[westerndental.com](http://westerndental.com)  
 1240 Farmers Ln., Santa Rosa, CA 95405 (877) 959-9113  
[westerndental.com](http://westerndental.com)

Accepts adults and children's Medi-Cal. Oral surgery for Adults and Children. Burré often refers here for Children and Adults who need extensive treatment.

**Information and Referrals:****Child Health & Disability Prevention (CHDP)**

908 7th St., Eureka 445-6210  
 Information & referrals for no-cost health exams for children.  
[humboldt.gov](http://humboldt.gov)

**St. Joseph's Community Resource Centers****providence.org**

Eureka 442-5239  
 35 W. 3rd St., Eureka  
 Blue Lake 668-5239  
 111 Greenwood, Blue Lake  
 Rio Dell 764-5239  
 406 Wildwood Ave., Rio Dell  
 Loleta 733-5239  
 700 Loleta Dr., (Loleta Grammar School)  
 Willow Creek (530) 629-3141  
 38883 Hiway 299, Willow Creek

Variety of services including classes, support groups, referrals and health information. Call for information & hours.

**Health Care Providers (Doctors & Clinics):****Arcata Community Health Center** 826-8610

1150 Foster Ave., Arcata  
 Medical, counseling services. Medi-Cal or sliding scale.

**Eureka Community Health & Wellness Center** 441-1624

2200 Tydd St., Eureka  
 Medical and counseling services provided.

[opendoorhealth.com](http://opendoorhealth.com)**Humboldt Open Door Clinic**

1150 Foster Ave., Arcata, 826-8610  
 1644 Central Ave., Suite F, McKinleyville 839-3068  
 Medical and counseling services. Medi-Cal, sliding scale.  
[opendoorhealth.com](http://opendoorhealth.com)

**K'ima:w Medical Center**

12000 Airport Rd., Hoopa, CA 95546 (530) 625-4261  
 Community health care services for eligible families and individuals. Tribal enrollment *not* required for dental services.  
[kimaw.org](http://kimaw.org)

**Mobile Medical Office**

Appointments 443-4666  
 Mobile medical clinic with regular stops throughout Humboldt County. Counseling services. Spanish speaking. Social Security Application assistance. Call for schedule.  
[opendoorhealth.com](http://opendoorhealth.com)  
[opendoorhealth.com](http://opendoorhealth.com)

**Partnership Transportation (MTM)** 888-828-1254

Transportation to local and out of town medical/dental appts. Call at least 5 days in advance.  
[partnershiphp.org](http://partnershiphp.org)

**Open Door Community Health Centers**

Ferndale Community Health Center 786-4028  
 638 Main St.  
[opendoorhealth.com](http://opendoorhealth.com)

Fortuna Community Health Center 725-4477

3750 Renner Dr.  
[opendoorhealth.com](http://opendoorhealth.com)  
 McKinleyville Community Health 839-3068  
 1644 Central Ave., McKinleyville  
[opendoorhealth.com](http://opendoorhealth.com)  
 Redwood Community Health Center 443-4593  
 2350 Buhne St., Suite A  
[opendoorhealth.com](http://opendoorhealth.com)

**Planned Parenthood of Northern CA** 442-5700

3225 Timber Fall Court, Suite B, Eureka  
 Information and services covering birth control, sexually transmitted disease testing and treatment, pregnancy testing and options counseling, HIV testing, abortion, LGBT services, morning after pill and teen clinic. Call for hours.

**Redwoods Rural Health Center** 923-2783

101 W. Coast Rd., Redway  
 Medical, dental 923-4313, birth control, counseling & prenatal care.  
[rrhc.org](http://rrhc.org)

**United Indian Health Services** 825-5000

1600 Weeot Way, Arcata  
 Variety of medical, dental and mental health services for members of federally recognized tribes. Call for more info.  
[uihs.org](http://uihs.org)

**Willow Creek Community Health Center** (530) 629-3111

38883 Hwy 299, Willow Creek  
 Family medical practice.  
[opendoorhealth.com](http://opendoorhealth.com)

**Hospitals:**

*Note: Most hospitals have financial aid programs*

**Jerold Phelps Community Hospital** 923-3921

733 Cedar St., Garberville  
[sohumhealth.org](http://sohumhealth.org)

**Mad River Community Hospital** 822-3621

3800 Janes Rd., Arcata  
 Express Care 7 days a week 1-9pm  
[madriverrhospital.com](http://madriverrhospital.com)

**Redwood Memorial Hospital** 725-3361

3300 Renner Dr., Fortuna  
[providence.org](http://providence.org)

**Redwood Urgent Care** 298-2011

2440 23rd Street, Eureka  
 For non-life threatening conditions. Open everyday 9-6:30. Walk-in or same day online appointments. Accepts most major insurances, discounts for private pay, Medi-Cal/Partnership not accepted at this time.  
[redwoodurgentcare.com](http://redwoodurgentcare.com)

**St. Joseph's Hospital** (Providence) 445-8121

2700 Dolbeer St., Eureka  
[providence.org](http://providence.org)

**Insurance:****Covered California** 800-300-1506

Assistance with finding affordable health insurance coverage. Open enrollment Oct.-Jan. Enrollment may occur throughout the year with special circumstances.  
[coveredca.com](http://coveredca.com)

**Department of Health and Human Services**

929 Koster St., Eureka 877-410-8809  
 Medical coverage programs for low income adults and families (Medi-cal, County Medical Services Program [CMSP], Path2Health). Contact for eligibility. Non-documented immigrants may be eligible for certain coverage, emergency benefits. [benefitscal.com](http://benefitscal.com) to apply for all DHHS benefits.  
[humboldt.gov](http://humboldt.gov)

Mobile Outreach Vehicle 296-5145

Call for schedule  
[humboldt.gov](http://humboldt.gov)  
 Patients Rights Advocacy Services 268-2995  
 Call for assistance with service problems.  
[humboldt.gov](http://humboldt.gov)

**Humboldt Open Door Clinic**

1150 Foster Ave., Arcata 826-8610  
 Medical, counseling services. Medi-Cal or sliding scale.  
[opendoorhealth.com](http://opendoorhealth.com)

**HumWorks** 268-3477

Services to parents receiving CalWORKS that have or are experiencing substance abuse issues, mental health issues, and domestic violence. Request info from your worker.

[kinshipcareca.org](http://kinshipcareca.org)**Mobile Medical Office**

2426 Buhne Street 443-4666  
 Mobile medical clinic with regular stops throughout Humboldt County. Counseling services. Spanish speaking. Help with Social Security applications. Call or go online for schedule.  
[opendoorhealth.com](http://opendoorhealth.com)

**NAMI (National Alliance on Mental Illness)**

Advocacy, education and support groups for families of people with mental health illnesses.  
[www.nami-humboldt.org](http://www.nami-humboldt.org)

**North Coast Association of Mental Health Professionals**

PO Box 5363, Eureka 441-3832  
 Online searchable listing for mental health providers in Humboldt County. Searchable by type of therapy, location, and insurance accepted.  
[ncamhp.org](http://ncamhp.org)

**Redwoods Rural Health Center** 923-2783

101 West Coast Rd., Redway  
 Medical, counseling services. Medi-Cal or sliding scale. Medi-Cal liaison is available, call for hours.  
[rrhc.org](http://rrhc.org)

**Remi Vista** 268-8722

3960 Walnut Dr., Eureka  
 Counseling for children & families. Medi-Cal.  
[remivistainc.org](http://remivistainc.org)

**Sempervirens Psychiatric Health Facility** 445-7715

(Mental health crisis only)  
 SV offers a locked hospital-based treatment for clients who are in danger to themselves or others. See website for info.  
[Humboldt.gov](http://Humboldt.gov)

**Two Feathers Native American Family Services**

1560 Betty Court, Suite A, McKinleyville 839-1933  
 Mental health services to women and 800-341-9454 children who have experienced sexual, emotional or physical abuse. Culture groups, positive Indian parenting, case management and crisis intervention.  
[twofeathers-nafs.org](http://twofeathers-nafs.org)

**Victim Witness-Victim Compensation Program** 445-7417

712 4th St., Eureka  
 Assistance to victims of violent crimes and their families including counseling payment assistance, restraining orders, court accompaniment and relocation assistance.  
[humboldt.gov](http://humboldt.gov)

**United Indian Health Services**

1600 Weeot Way, Arcata 825-5000  
 Child/family counseling services are provided to eligible families. Must be member of a federally recognized tribe.  
[uihs.org](http://uihs.org)

**Willow Creek Community Health Center**

38883 Hwy 299, PO Box 726, Willow Creek (530) 629-3111  
 Medical, counseling services. Medi-Cal or sliding scale.  
[opendoorhealth.com](http://opendoorhealth.com)

**Native American Resources**

Tribal Services may assist eligible Native American families with resources including tribal enrollment, housing, food, utilities, employment, education and finances.  
 Contact your tribe for more information.

**Bear River Band of the Rohnerville Rancheria** 733-1900

266 Keisner Rd., Loleta  
[brb-nsn.gov](http://brb-nsn.gov)

**Big Lagoon Rancheria** 826-2079

708 9th St., Arcata  
[caltribalfamilies.org](http://caltribalfamilies.org)

**Blue Lake Rancheria** 668-5101

1 Aiyekwee Loop, Blue Lake  
[blueakerancheria-nsn.gov](http://blueakerancheria-nsn.gov)

**Bureau Of Indian Affairs**

364 Knollcrest Dr., Suite 105, Redding (530) 223-7960  
[bia.gov](http://bia.gov)

**California Indian Legal Services** 443-8397

2355 Central Ave., Suite C, McKinleyville  
 Free or low cost representation for certain legal matters.

Call for more information and eligibility.  
[calindian.org](http://calindian.org)

**California Tribal TANF Partnership** 476-0344

636 H St., Eureka  
 Cash aid, food stamps and other services.  
[cttp.net](http://cttp.net)

**Elk Valley Rancheria** (707) 464-4680

2332 Howland Rd., Crescent City  
[elk-valley.com](http://elk-valley.com)

**K'ima:w Medical Center** (530) 625-4261

535 Airport Rd., Hoopa  
 Assistance for Hoopa tribal members including food, energy assistance, counseling and substance abuse treatment.  
[kimaw.org](http://kimaw.org)

**Hoopa Valley Tribal Housing Authority** (530) 625-4745

172 Hostler Field Rd., Hoopa  
[hvha.us](http://hvha.us)

**Indian Action Council**

2905 Hubbard Lane, Ste. C, Eureka 443-8401  
 Education & tutoring, Native American Library, ancestry info.  
**Karuk Tribe** (530) 493-1600  
 64236 2nd Ave., Happy Camp  
[karuk.us](http://karuk.us)

**Libby Nix Community Center** (530) 625-4300

23001 Hwy 96, Weitchpec  
 Medical, dental, vision, child/family counseling, substance abuse treatment, nutrition, cultural classes and events and social services for eligible Native American families.  
[unitedindianhealthservices.org](http://unitedindianhealthservices.org)

**National Indian Child Welfare Association** (503) 222-4044

5100 SW Macadam Ave., Suite 300, Portland, OR  
 Work with tribal and urban Indian Child Welfare Programs to address child abuse in indigenous communities.  
[nicwa.org](http://nicwa.org)

**Northern California Indian Development Council**

241 F St., Eureka 445-8451  
 Employment and other assistance to eligible families. Native tribal members and descendants.  
[ncidc.org](http://ncidc.org)

**Resighini Rancheria, Klamath** 482-2431

[resighinirancheria.com](http://resighinirancheria.com)

**Smith River Rancheria, Smith River** 487-9255

[tolowa-nsn.gov](http://tolowa-nsn.gov)

**Substance Abuse Treatment Services for Youth (SATS)**

Youth outpatient substance abuse 825-5000  
 treatment program thru UIHS  
[unitedindianhealthservices.org](http://unitedindianhealthservices.org)



**Humboldt County District Attorney** 445-7411  
825 5th St. (4th floor), Eureka  
[humboldtgov.org](http://humboldtgov.org)  
**Humboldt County Public Defender** 445-7634  
1001 4th St., Eureka  
[humboldtgov.org](http://humboldtgov.org)

**Humboldt Domestic Violence Services**  
Toll-free 24 hour crisis line 866-668-6543, 443-6042  
Office 444-9255  
Referral, resources, restraining order assistance, court accompaniment.  
[hdvs.org](http://hdvs.org)

**Humboldt Mediation Services** 445-2505  
317 3rd St., Suite 8, Eureka  
Dispute resolution services. Parent/teen mediation at low or no cost. Sliding scale. Waivers available.  
[humboldtmediationservices.org](http://humboldtmediationservices.org)

**Humboldt County Code Enforcement** 476-2429  
3015 H St., Eureka  
Mon-Fri 8:30-5:00

Inspects and evaluates rental housing at the request of tenants. Requires that landlords repair and correct all dangerous, substandard conditions.  
[humboldtgov.org](http://humboldtgov.org)

**Legal Services of Northern California** 445-0866  
123 3rd St., Eureka  
M-F 9:00-4:00, closed 12-1. No fee for qualified clients. Assistance with family law, eviction and civil legal matters.  
[lsnc.net](http://lsnc.net)

**Victims of Crime Resource Center** 800-842-8467  
(English and Spanish) 800-VICTIMS  
Information/ referral to legal resources for victims of crime.  
[1800victims.org](http://1800victims.org)

**Root & Rebound** 510-891-1287  
1730 Franklin St., Suite 300, Oakland 94612  
Reentry Legal Hotline, Fridays 9-3 510-279-4662  
Support people navigating reentry after incarceration, legal advice, expungements. Free legal advice on your rights with an arrest or conviction record.  
[rootandrebound.org](http://rootandrebound.org)

**Victim Witness**  
825 5th St., 5th Floor, Eureka 445-7417  
Assistance for victims of violent crimes and their families including counseling assistance, restraining orders, court accompaniment and relocation assistance.  
M-F 8:30-12, 1-5  
[humboldtgov.org](http://humboldtgov.org)

**VINELink** 877-411-5588  
Reports status of those incarcerated. Can set up to be notified when an offender is released.  
[vinelink.com](http://vinelink.com)

## Libraries

**Humboldt County Libraries**  
Check website for branch hours and services.  
[humboldtgov.org](http://humboldtgov.org)

**Bookmobile** 267-9933  
Visits Bridgeville, Orleans, Dinsmore, Petrolia, Honeydew, Miranda, Myers Flat, Weott, Redcrest and Orick. Call or go online for their current schedule.  
**Arcata Library**, 500 7th St., behind City Hall 822-5954  
Preschool story time, Wednesdays at 11:00 am  
**Blue Lake Library**, 111 Greenwood Ave. 668-4207  
Open Wed. 2-7, Sat 11-4  
**Eureka Main Library**, 1313 3rd St. 269-1900  
Closed Sun/Mon, Story time, Fridays at 10:30 am  
**Ferndale Library**, 807 Main St. 786-9559

**Fortuna Library**, 753 14th St. 725-3460  
Story time, Fridays at 10:30 am  
**Garberville Library**, 715 Cedar St. 923-2230  
Story time, first 3 Saturdays at 11:00 am  
**McKinleyville Library**, 1606 Pickett Rd. 839-4459  
**Rio Dell Library**, 715 Wildwood 764-3333  
Story time, Saturdays at 10:30 am  
**Trinidad Library**, 380 Janis Court 677-0227  
**Willow Creek Library** (530) 629-2146  
Corner of Highways 299 & 96  
Preschool story time Wednesdays at 10:30

## Mental Health/Counseling

*If you are having a mental health crisis call the crisis line at 445-7715 or 911*

**Websites to locate available mental health providers:**  
**NCAMHP** [ncamhp.org](http://ncamhp.org) **Psychology Today** [psychologytoday.com](http://psychologytoday.com)

**Arcata Community Health Center** 826-8610  
1150 Foster Ave., Arcata  
Medical, counseling services. Medi-Cal or sliding scale.  
**Carelon Behavioral Health** 855-765-9703  
Families on Medi-Cal can call for counselor referrals.  
[carelonbehavioralhealth.com](http://carelonbehavioralhealth.com) Plan name is "Partnership".  
**Changing Tides Family Services** 444-8293  
2379 Myrtle Ave., Eureka  
Mental health services to support children and their families. Accepts Medi-Cal.  
[changingtidesfs.org](http://changingtidesfs.org)

**Eureka Community Health Center** 441-1624  
2200 Tydd St., Eureka  
Medical, counseling and psychiatric services. Medi-Cal or sliding scale.  
[opendoorhealth.com](http://opendoorhealth.com)

**Hoopa Valley Tribe** 530-625-4261  
Behavioral Health Services  
533 Airport Rd., Hoopa  
Mental health, substance use disorder programs, children and family services, parole/probation  
[hoopa-nsn.gov](http://hoopa-nsn.gov)

**Hospice of Humboldt** 445-8443  
3327 Timber Fall Court, Eureka  
Free grief/bereavement support groups. Call or go online for schedule.  
[hospiceofhumboldt.org](http://hospiceofhumboldt.org)

**Humboldt Family Service Center** 443-7358  
1802 California St., Eureka  
Counseling for children, women and men, drug education, marriage counseling, Children of Divorce Workshop, family violence program. Sliding scale.  
[humboldtfamily.org](http://humboldtfamily.org)

**Humboldt County Mental Health Services** 888-849-5728  
Crisis intervention, inpatient and outpatient mental health services, counseling and medication evaluations.  
[humboldtgov.org](http://humboldtgov.org)

**Adult** -720 Wood St., Eureka 268-2900  
**Child** -1711 3<sup>rd</sup> St., Eureka 268-2800  
**Southern Humboldt Office** -3156 Redwood Dr. 923-2779  
**Crisis Line** 445-7715  
[humboldtgov.org](http://humboldtgov.org)

**Hope Center** 441-3783  
2233 H St., Modular Building, Eureka  
Educational environment for adults with mental health challenges. Workshops, classes and activities. Free.  
[humboldtgov.org](http://humboldtgov.org)

**Healthy Kids Humboldt** 442-6066  
2200 Harrison, Eureka  
Advocacy and help with obtaining medical insurance for children under 19. Spanish speaking.  
[providence.org](http://providence.org)  
**MCAP-Medi-Cal Access Program** 800-433-2611  
PO Box 15559  
Sacramento, CA 95852

Insurance program (primary or secondary) for moderate income pregnant women who do not qualify for Medi-cal.  
[dhcs.ca.gov](http://dhcs.ca.gov)

**Open Door Member Services Department** 825-4286  
1522 3rd St. Eureka  
[opendoorhealth.com](http://opendoorhealth.com)

### **Pediatrics:**

**Early Start at RCRC** 445-0893 ext. 325  
Early Start intake ext. 335  
Health, development, and case management services for infants and toddlers with disabilities and their families.  
[redwoodcoastrc.org](http://redwoodcoastrc.org)

**Nurse Family Partnership** 268-2105  
529 I St., Eureka  
[humboldtgov.org](http://humboldtgov.org)

**Open Door Pediatrics** 269-7057  
2200 Tydd St., Eureka  
[opendoorhealth.com](http://opendoorhealth.com)

**Redwood Pediatrics** 725-9355  
3305 Renner Dr., Fortuna  
[redwoodpediatrics.com](http://redwoodpediatrics.com)

**Pediatric Care is also available at any of the community health centers and clinics.**

### **Pregnancy/Perinatal Care:**

**Breastfeeding Care Line** 445-8121 ext. 7536  
2773 Harris St., Eureka

**Doula By Nature – North Coast Clinics Network Doula Project– North Country Prenatal Services**  
3800 Janes Road 822-1385 ext.2308  
Doula "mother the mother", help through childbirth, stay through the whole labor. Services for all income levels. Childbirth education classes at NorthCountry Clinic.  
[opendoorhealth.com](http://opendoorhealth.com)

**Doula Havilah Deaton** 832-9450  
Offers full spectrum support through pregnancy, labor and post partum. Also offers support through loss. Accepts Medi-Cal and Partnership insurance.  
[bornbir.com](http://bornbir.com)

**J Rophe Medical** 444-0423  
1626 Myrtle Ave., Ste. C, Eureka  
Free pregnancy tests, free ultrasounds up to 16 weeks.  
[jrophemedical.org](http://jrophemedical.org)

**La Leche League** 1-800-LA-Leche  
Monthly meetings at the Jefferson Community Center.  
[lilli.org](http://lilli.org)

**Pregnancy Care Center** 442-2345  
721 7th St., Eureka  
24 hour hotline: 1-800-395-HELP (4357)  
Pregnancy counseling (some medical), parenting and social services assistance.  
[pcceureka.org](http://pcceureka.org)

**Public Health Clinic** PHN 268-2108  
529 I St., Eureka  
Immunizations, TB testing  
[humboldtgov.org](http://humboldtgov.org)

**Maternal, Child, and Adolescent Health** 445-6210  
Health & resource information for pregnant/postpartum women.  
[humboldtgov.org](http://humboldtgov.org)

**Willow Creek Public Health** (530) 629-2410  
77 Walnut Way, Willow Creek, 95573  
Public Health nurse, 2 Community Health outreach workers.  
[humboldtgov.org](http://humboldtgov.org)

**Redwoods Rural Health Center**  
(see listing under Health Care providers)  
**United Indian Health Services**  
(see listing under Health Care providers)

## Homeless Services

**Educational Resources:**  
**Humboldt Co. Office of Education**  
Foster/Homeless Youth Services  
Roger Golec 445-7187  
[hcoe.org](http://hcoe.org)

**Emergency Shelters:**  
**Arcata Night Shelter-Arcata Annex** 633-6236 or 211  
Shelter opens when there is severe weather forecast. Call for more information, referral and open hours.  
[arcatahouse.org](http://arcatahouse.org)

**Eureka Rescue Mission**  
110 2nd St., Eureka  
Admin. 445-3787  
Information and men's shelter 443-4551  
Women and children's shelter 443-5016  
Free breakfast and dinner are served daily.  
[eurekarescuemission.org](http://eurekarescuemission.org)

**Humboldt County Department of Health and Human Services (DHHS)**  
929 Koster St., Eureka 877-410-8809  
Call for information regarding eligibility for emergency housing assistance, rental deposit assistance. Winter shelter program, Nov.-April for eligible families. Homeless may qualify for more CalFresh.  
[humboldtgov.org](http://humboldtgov.org)

**Humboldt Domestic Violence Services**  
Office, Mon.-Fri. 9-5 444-9255  
24 hour crisis line 443-6042  
Emergency and long term shelter for families experiencing domestic violence is provided in a Safe House for up to 30 days. All contact is confidential.  
[hdvs.org](http://hdvs.org)

**WISH**  
642 Fir Ln., PO Box 642, Garberville 923-4100  
Hotline (707) 223-0043  
Temporary shelter for women and children who are in crisis or experiencing domestic violence, provides emergency direct services. Resource and referral services, assists victims of rape & battery and help with temporary restraining orders.  
[wishshelter.org](http://wishshelter.org)

**Transitional Shelters:**  
**Arcata House** 633-6236 or 211  
1005 11<sup>th</sup> St., Arcata  
Transitional housing program to assist individuals and families with interim housing while overcoming a temporary financial crisis. Call for a phone assessment.  
[arcatahouse.org](http://arcatahouse.org)

**Homeless services for Veterans**  
(see listings under Veterans)  
**Redwood Community Action Agency (RCAA)**  
904 G St., Eureka  
Admin 269-2001  
PACT (Bridge House/Safe Haven) 269-2013  
[rcaa.org](http://rcaa.org)



**General resources for homeless families:**

**Family Resource Centers**

\*see page 5 for the resource center closest to you.

**The Annex** 633-6236

501 9th St., Arcata  
Family shelter, adult shelter, food pantry, computers, employment and housing assistance.

[arcatahouse.org](http://arcatahouse.org)

**Betty Kwan Chinn Day Center** 407-3833

133 7th St., Eureka  
M-F 8-3

Variety of services including computer use for research, help with public assistance enrollment, homeless court, education support/GED, workshops (resume and AOD counseling, community resource referrals, interview clothing, housing/job search assistance, after school program, summer camp, playgroups, teen parent support services and activities.

[bettychinn.org](http://bettychinn.org)

**Betty's House Family Shelter** 407-3833

Transitional housing for families with children 0-17. Families can stay up to 6 months.

[bettychinn.org](http://bettychinn.org)

**Housing**

Family Services has housing applications

**Resources:**

**Craig's List**

Local classifieds and forums for jobs, housing, for sale, personals, services, local community, and events.

[humboldt.craigslist.org](http://humboldt.craigslist.org)

**Cal Poly Humboldt**

Off Campus Housing  
[housing.humboldt.edu/housing-reslife](http://housing.humboldt.edu/housing-reslife)

**Subsidized Housing:**

*Please note that programs often have waitlists*

**Danco Property Management** 822-9000

5251 Erikson Way, Arcata  
Affordable apartments in Eureka, Fortuna, Redway and Willow Creek. Some sliding scale available.  
[danco-group.com](http://danco-group.com)

**Aster Place** 496-6894

2440 Myrtle Ave., Eureka  
Reduced rent apartments

**Bayview Heights** 296-6106

108 4th St., Eureka  
Income eligible veterans

**Church Hill Townhomes** 496-8240

2601 School St., Fortuna  
Sliding scale apartments

**Courtyard Apartments** 826-0386

3101 Boyd Rd., Arcata  
Affordable housing.

**Creamery Row Apts** 822-2770

O and 13th, Arcata  
Property manager

**Fortuna Family Apartments** 725-6500

2080 Stockton Court, Fortuna  
Reduced rent apartments.

**Phyllis Rex Townhomes** 601-1622

26 Samoa Coast Ln., Samoa  
Low income housing

**Redwood Village Apartments** 923-4048

56 Orchard Ln., Redway  
Reduced rent.

**River Bluff Cottages** 498-4926

355 Center St., Rio Dell  
Permanent, supportive, affordable housing

**Sorrel Place** 599-6173

969 7th St., Arcata  
Multi family affordable housing

**Willow Creek Apartments** 499-2440

520-528 Hwy 96, Willow Creek  
Reduced rent.

**Housing Authority (HUD)** 443-4583

735 W. Everding, Eureka  
Call for information and dates of next opening for Section 8 and other HUD housing programs in the area. Sliding scale.

[eureka-humboldt-ha.org](http://eureka-humboldt-ha.org)

**Housing Humboldt/RCAA** 826-7312

PO Box 4655, Arcata, 95518  
Affordable apartments in McKinleyville, Arcata, Eureka, Fortuna. Waitlist.

[housinghumboldt.org](http://housinghumboldt.org)

**Humboldt Plaza Apartments** 822-4104

2575 Alliance Rd., Arcata  
Sliding scale, Section 8.

[humboldt-plaza.com](http://humboldt-plaza.com)

**Murray Apartments** 839-2348

1423 Reasor Rd., McKinleyville  
Reduced rent, sliding scale.

[murray-apartments.com](http://murray-apartments.com)

**Pine Hill Apartments** 240-5013

904 Alpha St., Eureka

**Redwood Court** 725-6755

2042 Jenny Ln., Fortuna  
Some reduced rent and some sliding scale.

**Redwood Creek Apartments** 839-0875

1740 Sutter Rd., McKinleyville  
Reduced rent.

[awimc.com](http://awimc.com)

**Rio Dell Apartments** 764-3324

753 Rigby Ave., Rio Dell  
Reduced rent.

[awimc.com](http://awimc.com)

**River Community Homes** 822-7816

1061 Hallen Dr., Arcata  
Sliding scale.

[publichousing.com](http://publichousing.com)

**Strombeck Properties** 822-4557

960 South G St., Arcata  
Fax- 822-4525

Some reduced rent available.

[strombeckprop.com](http://strombeckprop.com)

**Wood Creek Apartments** 725-1308

2296 Redwood Way, Fortuna  
Reduced rent apartments.

[awimc.com](http://awimc.com)

**Home Ownership:**

Foreclosure Prevention & Assistance  
[makinghomeaffordable.gov](http://makinghomeaffordable.gov)

**City of Arcata** 822-5955

736 F St., Arcata  
Homebuyer Assistance Program. Down payment assistance for low income with good credit.

[cityofarcata.org](http://cityofarcata.org)

**City of Eureka** 441-4209

531 K St., Eureka  
First Time Homebuyer Program, Housing Rehab Loan.  
Down payment, mortgage and housing rehab assistance for low income with good credit.

[eureka.gov](http://eureka.gov)

**Humboldt County Affordable Housing** 445-7541

3015 H St., Eureka  
Loan assistance for home repair and a 1st time home buyers program.

[humboldt.gov](http://humboldt.gov)

**Rural Community Development** 443-6714 ext. 4

Access to Farmers Home Loan program and low interest home repair loans.

[californialandcan.org](http://californialandcan.org)

**Renter's rights/ legal assistance:**

**Legal Services of Northern California** 445-0866

123 3rd St., Eureka  
M-F 8:30-5, closed 12-1

Renter's rights information, eviction and civil legal matters.

[lsnc.net](http://lsnc.net)

**Humboldt County Courthouse Self Help Center**

Humboldt County Courthouse 269-1223  
825 5th St., Room 310, Eureka

Civil law assistance, eviction paperwork & small claims.

[humboldt.courts.ca.gov](http://humboldt.courts.ca.gov)

**Standard Housing Enforcement** 445-6215

**Department of Health and Human Services,**

**Environmental Health**

100 H St., Suite 100, Eureka  
Inspects housing, files repair recommendations with landlords.

[humboldt.gov](http://humboldt.gov)

**Clean and Sober Living**

Sober Living Environment (SLE) and Recovery Housing  
Resources in Humboldt County

[humboldt.gov](http://humboldt.gov)

**Corner Stones Recovery** 725-9252

Clean & sober house. Rooms for rent. Men Only. No kids.

**Karen Mesa Personal Growth Center** 442-1104

No couples, no children.

**New Life Recovery** 496-1709

Men and women

**Nations Finest** 442-4322

Veterans only, singles, no family

**P St. House** 445-1154

Clean & sober house. Rooms for rent. Children welcome.

**Spring St. House** 476-0142

Clean & sober house. Rooms for rent. Children welcome

**Serenity Inn** 442-4815

2109 Broadway, Eureka

Low income housing

**Immigration**

**California Human Development Citizenship Department**

Call to find out about free assistance. 523-1155

[californiahumandevelopment.org](http://californiahumandevelopment.org)

**Catholic Charities/Immigration/Resettlement**

987 Airway Court, Santa Rosa, CA (707) 528-8712  
Mailing address PO Box 4900, Santa Rosa, 95402

Spanish/English speaking assistance for immigration questions or problems. Deferred action for childhood arrivals, family reunification, legal residency, visa petition, USCIS petitions, Violence Against Women Act (VAWA) & U Nonimmigrant status. Call to schedule a phone consultation. There is a fee for this service.

[catholiccharitiesusa.org](http://catholiccharitiesusa.org)

**National Immigration Project**

Information for immigrants or non-documented residents from the National Lawyers Guild. (211) Participating

[nipnl.org](http://nipnl.org)

**Teresa Foster, Immigration Consultant** (Spanish only)

2180 Jefferson St., Suite 103, Napa (707) 255-8666  
Spanish/English speaking assistance with immigration questions or problems. Call to schedule a phone consultation. There is a fee for this service.

[immigration-consultants.cmac](http://immigration-consultants.cmac)

**True North Organizing Network**

517 3rd St., Ste. 16, Eureka 572-5530  
A community lead, grassroots organizing effort supported by a team of community organizers and administrators.

[truenorthorganizing.org](http://truenorthorganizing.org)

**US Citizenship and Immigration Services** 800-375-5283

[uscis.gov](http://uscis.gov)

**Legal:**

**ACLU of Northern California** 336-2258

917 3rd St., Eureka

[aclunc.org](http://aclunc.org)

**Clarity Legal** 572-5483

350 E St., Suite 502, Eureka

Family and humanitarian immigration

[getclarity.legal](http://getclarity.legal)

**Legal**

*\*Tribal Resources – Native American tribal members should check with their tribal office for any special resources available through the tribe.*

*See page 19 for contact info for local tribes.*

**California Indian Legal Services** 443-8397

2355 Central Ave., Suite C, McKinleyville  
Legal services for low-income Native Americans.

[calindian.org](http://calindian.org)

**CASA of Humboldt** 443-3197

2356 Myrtle Ave., Eureka  
Trained volunteers advocate for abused and neglected children going through the child welfare court system.

[humboldtcasa.org](http://humboldtcasa.org)

**Clarity Legal** 572-5483

350 E St., Suite 502, Eureka  
Divorce, child custody, expungement for priors.

[getclarity.legal](http://getclarity.legal)

**Department of Child Support Services** 866-901-3212

2420 6th St., Eureka  
Assistance with enforcing court ordered child support, opening a child support case.

[humboldt.gov](http://humboldt.gov)

**Humboldt County Courts info line** 445-7256

**Homeless Court** 445-7256 ext 1505

Court fines and fees can sometimes be worked off through community service. Felonies, DUI and violent crimes do not qualify. Contact for more info and eligibility.

**Humboldt County Courthouse- Self Help Center**

Family Law Assistance 269-1223 (to make appt.)  
Family law facilitators/self-help resources available by appointment, assists with Family Law court paperwork. Free.

Ask your home visitor, family worker or teacher for a schedule or call for more info.

[humboldt.courts.ca.gov](http://humboldt.courts.ca.gov)

**Civil Law Assistance** 269-1283 (to make appt.)

Assistance with claims, eviction, civil law matters. Free.

[humboldt.courts.ca.gov](http://humboldt.courts.ca.gov)