Hotlines and Non-emergency Services

In An Emergency Call 911

Hotlines:

311 Baby Hotline 1-800-311-BABY (2229) AIDS Info 1-800-448-0440 Alcoholics Anonymous (Humboldt County) 844-442-0711 California Missing Children Hotline 1-800-222-3463, 916-210-3119 California's Smokers Helpline 1-800-662-8887 California's Vaping Helpline 1-844-8-NO VAPE (866-8273) Child Abuse Hotline - Child Help National 1-800-4ACHILD (1-800-422-4453) Child Welfare Services (24 hr.) 445-6180 Domestic Violence Hotline 1-800-799-SAFE (7233) (English/Spanish) Drug Abuse Hotline-Treatment/ Referrals 1-800-662-HELP (4357) Humboldt Earthquake Hotline 826-6020 Head Lice Help line (Lice Advice Help Line) 1-800-783-1919 Humboldt Co Mental Health Crisis Line 445-7715 **Humboldt Domestic Violence Services** 443-6042 1-800-THELOST (1-800-843-5678) Missing/Abducted/Exploited Children 1-800-438-6233 Mothers Against Drunk Driving Narcotics Anonymous (Humboldt County) 1-866-315-8645 National Runaway Safeline 1-800-786-2929 National Suicide Prevention Lifeline 1-800-273-TALK (8255) Northcoast Rape Crisis Team 445-2881 Poison Control Center 1-800-222-1222 State of California Victim Services 1-877-256-6877 Substance Use Disorder 1-855-765-9703 Text HOME to 741741 Crisis Text Line California Youth Crisis Hotline (ages 12-24) 1-800-843-5200 (24 hr.) Youth Services Bureau 444-2273

Non-Emergency Numbers	Police	<u>Fire</u>
Arcata	822-2428	825-2000
Blue Lake	445-7251	668-5765
California Highway Patrol	822-5981	
Eureka	441-4060	441-4000
Ferndale	786-4025	786-9909
Fortuna	725-7550	725-5521
Hoopa Valley Tribal Police	530-625-4615	
Humboldt County Sheriff	445-7251	839-2432
Loleta	445-7251	733-5407
McKinleyville	839-3857	825-2000
Rio Dell	764-5642	764-3329
Trinidad	677-0133	677-0224

Northcoast Children's Services

Family Resource Guide

2025-2026

Information

and Resource

Agencies



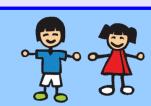


www.ncsheadstart.org

(707) 822-7206 (800) 808-7206

Humboldt County

Early Head Start



State
Preschool and
Child
Development
Centers

• Northcoast Children's Services

NCS offers several free and low cost programs throughout Humboldt and Del Norte Counties for pregnant women and families with children ages 0 to 5 focused on School Readiness and Family Partnership.

Programs for Pregnant Women Early Head Start Home Base

Programs for Children Ages 0-3
Early Head Start Home Base
Toddler EHS Preschool & Child Care

Programs for Children Ages 3-5
Head Start Home Base
Head Start Preschool
State Preschool and Childcare

Our programs work in partnership with parents to promote healthy child development in the areas of language and literacy development, cognitive development, large and small motor development, social emotional development and health & safety knowledge.

In addition to educational services,

Head Start and Early Head Start programs partner with families to reach their goals for family needs, wellness, safety, life skills, and parenting.

Frequently Asked Questions

How much do services cost?

Our Head Start and Early Head Start programs are FREE for eligible families.

State funded Child Care Programs may have fees for services based on income.

How do I qualify for services?

Our Head Start and Early Head Start eligibility is based on income and age.

Foster children, homeless families, and families with certain types of public assistance are also eligible.

How do I apply?

A paper or online application must be completed.
You can apply for our programs at any time
throughout the year.

Applications need to include a copy of immunizations for the child and proof of household income.

How can I find out more?

Give us a call at 822-7206 or visit us at

www.ncsheadstart.org

for more information and/or to get a copy of the application.



Notes

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Inmigración

Immigrant Legal Resource Center (Centro de recursos legales para inmigrantes)

Información sobre abogacía y recursos para inmigrantes

American Academy of Pediatrics (Academia americana de pediatras)

Información sobre niños- crianza, nutrición, seguridad, necesidades especiales, estrés, educación, salud, salud mental, y hablando con niños sobre sus temores.

aap.org

LatinoNet La misión de LatinoNet es de mejorar la calidad de vida para familias hispanohablantes a través de creando una red de

apoyo, colaboración, educación y abogacía.

latinonet.org

Centro Del Pueblo

Un grupo de voluntarios basado en la comunidad, ofrecen talleres informacionales sobre derechos legales. Tienen juntas encursa.

cdpueblo.com

Consulado Mexicano

Pueden encontrar el calendario para el consulado móvil. hacer citas y conseguir información general sobre pasaportes, matricula consular, importantes anuncios y derechos legales.

Dirección: 532 Folsom St, San Francisco, CA 94105 EE.UU Teléfono: (415) 354-1700

Fax: (415) 495-3971

Correo electrónico: consfrancisco@sre.gob.mx

consulmex.sre.gov.mx

*en casos que requieran atención urgente,

llame a (415) 699-1885

California Human Development Corporation's Citizenship Department (Personal bilingüe)

523-1155 Le ofrecen ayuda para llenar la solicitud de la ciudadanía N-400 y/o N-600 en persona o por correo – GRATIS. Asesoría y asistencia legal - GRATIS.

californiahumandevelopment.org

Immigration Assistance Office (Oficina de Asistencia a Inmigrantes- de la sección de Derechos Civiles del Departamento de Justicia)

La oficina podrá dirigir sus queias hacia las autoridades adecuadas y ayudar a las comunidades de inmigrantes a comprender el funcionamiento del sistema legal y cómo utilizarlo para buscar remedio a sus quejas.

uscis.gov

Teresa Foster, Especialista en Inmigración y Naturalización

2180 Jefferson St., #103, Napa, CA 94559 707-255-8666 Consultora en inmigración ofreciendo servicios en español y ingles. Llame con su pregunta o problema y la consulta es gratis. Si pueden ayudar con su situación hay unos honorarios para este servicio.

teresa-foster.com

Notas:

Líneas Directas y los Servicios de No-Emergencia

· · — · · — · · — · · — · · — · · —	- · · · — · · · — · · —			
ADA Línea de Ayuda — La Comisión				
: Oportunidad Igual de Empleo	1-800-514-0301			
SIDA Información	1-800-367-2437			
SIDALínea de noche	1-800-273-2437			
¡Niños Perdidos de California	1-800-222-3463			
Servicios del Bienestar de los Niños	s (24 hr.)			
:(707) 445-6180				
El Abuso de las Drogas	1-800-662-HELP			
Información Acerca de los Terremot	os 826-6020			
Los Apostadores Anónimos Ayuda contra los Piojos	1-855-222-5542			
Ayuda contra los Piojos	1-800-783-1919			
El Establecimiento del Alojamiento	de Trabajo			
1-800-526-7234 (Los Empleados D	iscapacitados)			
Crisis de la Salud Mental	445-7715			
La Centralita Nacional de los Fugitiv	os			
. 1-800-621-4000				
¡Líneas Nacional de la Violencia Domestica				
1-800-799-7233				
Líneas Nacional de los Prenatales	1-800-311-2229			
(Inglés)				
El Centro del Control del Veneno	1-800-222-1222			
Servicios de Violencia Doméstica de Humboldt				
443-6042				
Los Números de No-Emergencia:				
El Departamento del Sheriff del Conda	do Humboldt			
: 445-7251				
California Highway Patrol	822-5981			
	<u>. — —</u>			

Ideas para ponerse en contacto con recursos de la comunidad

Antes de llamar escriba lo que quiera preguntar o saber. Cuando llame por teléfono a los recursos potenciales, es posible quiarlos para discutir cual información pueden tener para usted o su familia.

- Explique la razón de la llamada, que necesita, y el numero y las edades de sus niños: "Vivo en Arcata. Soy una madre con dos niños - uno tiene 4 años y la otra tiene 2 años. Quiero asistir a una clase de crianza de niños. Necesito cuidado de niños cuando asisto en las clases."
- Tenga una pluma y un papel listos para que escriba cualquiera información que le den.
- Pregunte de las funciones exactos que ofrece el recurso y decida si es algo que usted necesita:
- Es importante obtener la información que sigue: localidad de servicios; nombre de la persona con quien ponerse en contacto; las horas de servicio; precio; requisitos de elegibilidad y como aplicar.
- Pida que manden la información necesaria y cualquier papeleo que explica más el recurso. De su nombre y
- Si la persona con quien hable no le puede ayudar, pregúntele a quien le puede llamar.
- ¡No pierda las esperanzas! Si no está seguro donde puede llamar, llame a uno de los números aquí en este guía. Es posible que no haya hispanohablantes en todos los lugares. Por eso, encuentre a alguien que habla inglés (como una maestra o trabajadora social) para hacer una cita y/o para traducir.

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Northcoast Children's Services partners with parents to identify and work towards meeting family needs and goals. This Resource Guide is developed for families enrolled in NCS programs in efforts to connect families with resources in our community to support family well being and is updated annually to the best of our ability. Please contact us with information about additional resources we should include or any changes to resources listed in the guide so that we can share as accurate and helpful information as possible. Contact Northcoast Children's Services, Family Services, with any additional information or questions.

211 Humboldt **Humboldt Community Switchboard**

A comprehensive database of information on resources available in Humboldt County.

> 441-1001 or dial 211 Or online 211humboldt.org

About Contacting Resources

When contacting potential resources, you can guide community personnel in discussing information about what they have to offer you or your family. Before calling, write down what you want to ask or know.

- Explain why you are calling, what you or your children need and the number and ages of your children:
 - "I am calling from Arcata. I am the mother of a 2 and 4 year old, and I would like to take a parenting class. I will need child care while I attend classes."
- Have a pen and paper ready to write down any information you may receive.
- Ask for the resource's specific functions (what do they do?) and decide if any of them match your needs:
- If you feel that you would benefit from the program, get the following information: Location of services, name of a contact person (if any), hours of service, fee, eligibility requirements and how to apply.
- Ask the resources personnel to send you the necessary brochures or other paperwork that further explain the resource. Give your name and address.
- If the person with whom you spoke cannot help you, ask for the name of someone else you can call for the same service.
- Don't give up! If you are not sure of exactly where to call, try calling 211 Humboldt or any other number listed in this guide. Work with your home visitor, family worker, or center teacher to reach the resources you need.

Notes:			
	 	 	
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Family/Community Resource Centers

Resource Centers offer support, information and referrals on a variety of topics. All inquiries and discussions are confidential.

facebook.com

Fortuna Elementary Schools Family Resource 834-3646 Centers 2089 Newburg Rd., Fortuna, CA 95540 **Hupa Family Resource Center** (530) 625-4000 T8 Holt Street (Box 728), Hoopa, CA 95546

Jefferson Community Center 1000 B Street, Eureka 497-6280 Loleta Comm. Resource Ctr, St. Joseph's 733-5239 700 Loleta Dr. (Loleta Grammar School)

Manila Community Center 444-9771 1611 Peninsula Dr. Mailing address PO Box 5132

Mattole Valley Resource Center 629-3348 167 Sherman St., PO Box 191, Petrolia 95558 mattolevallevresourcecenter.org **McKinleyville Family Resource Center** 840-0905 1615 Heartwood Drive mckfrc.org

Rio Dell Comm. Resource Ctr, St. Joseph's 764-5239 406 Wildwood Ave., Rio Dell cityofriodell.ca.gov

South Bay/Pine Hill Family Resource Center 445-5933 5230 Vance Ave., Eureka

southbayusd.org Southern Humboldt Family Resource Center 923-1147 344 Humboldt Ave., Redway

sohumhealth.org efferson-project.org

Uplift Eureka 441-6280 1111 E St. Eureka Ext. 2042

Willow Creek Comm. Resource Center, St. Joseph's 38883 Hwy 299, Willow Creek (530) 629-3141

providence.org

Paso a Paso — St. Joseph's Hospital

441-4476 o 441-4477 (personal bilingüe)

Clases gratis en español: Preparación para el parto, Lactancia Materna y Planificación. Una visita guiada de la sala de maternidad. Para registrarse en las clases llame por teléfono.

providence.ora

Healthy Kids Humboldt (Niños Saludables de Humboldt) 2200 Harrison, Eureka 442-6066

(Los atenderán en español)

El apoyo y ayuda para obtener seguro médico para sus niños. Los seguros médicos incluyen Healthy Families y Medi-Cal.

providence.org

Six Rivers Planned Parenthood

3225 Timber Fall Court, Eureka 442-5700 Información y servicios de planificación familiar, pruebas de enfermedades de transmisión sexual y el tratamiento, pruebas de embarazo y opciones, la prueba del VIH, clínica de adolescentes, abortos y píldoras anticonceptivas de emergencia.

plannedparenthood.org

J Rophe Medical

444-0423 2458 Buhne St., Eureka Pruebas de embarazo gratis y ultrasonidos hasta 18

semanas gratis.

Jrophemedical.org

Vivienda

Housing Humboldt

PO Box 4655, Arcata 826-7312

Apartamentos de alquiler reducido en Eureka, Fortuna, y McKinleyville.

housinghumboldt.org

Housing Authority (Autoridad de Vivienda)

443-4583 735 W. Everding, Eureka Información sobre vivienda de bajo costo. Llame para información y fechas de la próxima apertura de la sección 8 y otros programas en el área.

eurekahumboldtha.org

Youth Services Bureau (Departamento de Servicios para Jóvenes) (Asistencia bilingüe por línea telefónica) 1100 California Street, Eureka Oficina 443-8322

Línea de 24 horas 444-CARE

Esta agencia ofrece grupos de apoyo e intervención para jóvenes de 12 a 18 años de edad en crisis. Refugio de emergencia para jóvenes de 12 a 18 años de edad. Llame para más información.

rcaa.org

Eureka Rescue Mission (Misión de Rescate de Eureka)

(Algunos servicios bilingües)

110 2nd St., Eureka

Información y refugio para hombres 443-4551/445-3787 Refugio temporal para mujeres 443-5016 Se sirven el desayuno y la cena todos los días.

eurekarescuemission.org

Legal

Humboldt County Adult Protective Services (Los Servicios Protectores a los Adultos del Condado de Humboldt

(Personal bilingüe disponible y asistencia por línea telefónica) Número gratis 1-866-527-8614 / 707-476-2100 Maneja los informes del abuso de los adultos dependientes; ofrece los servicios del apoyo en el hogar y son cuidadores registrados.

humboldtgov.org

Salud Mental

24- hour Substance Use Disorder Access Line

Recipientes de Partnership/Medi-Cal, llamen a Beacon Mental Health para recibir una referencia <u>1-855-765-9703</u>

Humboldt Family Service Center (Centro de Servicios para las Familias de Humboldt)

1802 California St., Eureka

Individualmente para niños, mujeres y hombres, educación acerca de las drogas, consejos matrimoniales y un taller acerca de Niños de Divorcios. Clases de la violencia domestica de 52 semanas. Aceptan Medi-Cal y ofrecen costos reducidos basados en los ingresos.

humboldtfamily.org

Humboldt County Office of Mental Health (Oficina de Salud Mental del Condado de Humboldt)

(Personal bilingüe disponible v asistencia por línea telefónica) 445-7715 Ayuda telefónica de 24 horas, información sobre consejeros. humboldtgov.org

Mobile Medical 443-4666

12 sesiones gratis de consejería por webcam- Telehealth opendoorhealth.com

Changing Tides

2379 Myrtle Ave., Eureka

444-8293

Llame para información de apoyo, recursos (trabajadores de auxilios y ayudas terapéuticas) referencias y abogacía para familias con niños que tienen necesidades especiales. changingtidesfs.org

Crianza de Niños

Disciplina positiva

Paso a Paso — St. Joseph's Hospital 441-4476 o 441-4477 (Personal bilingüe) Clases prenatales, madre a madre, madres y padres, disciplina positiva, serie gratuita de 4 clases que se ofrecen en español dos veces al año, sillas de seguridad.

Changing Tides (personal bilingüe) 2379 Myrtle Ave., Eureka

444-8293 Este recurso ofrece los servicios a los niños y a las familias, las clases de crianza de niños

changingtidesfs.org

Family Resources Centers (Centro de recursos familiares) *VER LISTADOS PAGINA 5

*llame para preguntar si ofrecen clases

Northcoast Big Brothers and Sisters (Hermanos y **Hermanas Mayores**)

428 C St., # G. Eureka 445-4871 Servicio de mentores. Llame para una cita, Hay un requisito de edad y una lista de espera.

ncbbbs.org

Servicios Públicos

PG&E CARE

866-PGE-CARE

444-3834

Cargos de luz y gas reducidos mensualmente para las familias e individuos elegibles.

pge.com

Redwood Community Action Agency:

Asistencia con PG&E, leña, facturas de gas o propano para familias elegible. Servicio urgente disponible si sus servicios

han sido desconectados. Para una cita llame LUNES 9-11. Weatherization 444-3831 ext. 206

Visitas en casa para dar sugerencias sobre conservar energía, ayudar a reemplazar aparatos viejos o climatizar su hogar.

rcaa.ord

Discapacidad/ Necesidades Especiales

Early Start (Personal bilingüe disponible) 441-0279, 445-0893 Los servicios para infantes y niños pequeños con discapacidad y para sus familias.

dds.ca.gov

Humboldt County Office of Education-Special Beginnings (Oficina de Educación del Condado de Humboldt-principios especiales)

Geneviere Macias

901 Myrtle Ave., Eureka 445-6006 Programa educativa para niños con necesidades especiales

(0-5) y sus familias, especial día de clases para niños con autismo.

hcoe.org

Making Headway

730 K St., Eureka

Servicios a sobrevivientes de lesión cerebral traumática v sus familias. Terapia de consejería y manejo de casos para coordinar cuidado y recuperación. Ofrecen cascos gratis.

Redwood Coast Regional Center (RCRC) (Centro regional de la Costa de Redwood)

445-0893 525 2nd St., Suite 300, Eureka Ofrece servicios de abogacía y coordinación de servicios para adultos v niños con discapacidades del desarrollo. redwoodcoastrc.org

Violencia Domestica

Humboldt Domestic Violence Services (Servicios para Violencia Doméstica)

P.O. Box 969, Eureka

Ofrecen grupos de apoyo para la gente que han sido victimas de la violencia doméstica; hay grupos de apoyo para niños y adolescentes, consejos entre compañeros, y referencias. Ayudan con órdenes de restricción.

Victim Witness (Testigo victima)

825 5th St., Eureka

445-7417 Víctimas de violencia y otros delitos pueden ser elegibles para recibir fondos para terapias, asistencia de reubicación, y apoyo en corte. Llame para información de y asistencia con solicitud.

humboldtgov.org

Educación

College of the Redwoods (Colegio de los Redwoods) 7351 Tompkins Hill Rd., Eureka

English express contact info

476-4100

Llame por el horario de las clases, los costos y los eventos especiales. Se ofrecen las clases, el consejo académico y el consejo profesional en varios lugares en los condados de Humboldt y Del Norte. El campus de Eureka tiene un centro de desarrollo para los niños.

redwoods.edu

Eureka Escuela Para Adultos

Información de educación para la comunidad incluyendo GED, educación vocacional, e Inglés como segundo idioma. 216 West Harris. Eureka (Clases de inglés por la noche en Fortuna y Loleta ¡Gratis!) Hay estudio independiente en Hoopa, Orick, Manila y

McKinleyville. eas.eurekacityschools.org Humboldt Literacy Project (Proyecto de Alfabetización de Humboldt)

539 G St., #116, Eureka 445-3655 1645 Main St., Fortuna 725-0655

10 y N Streets, por el estacionamiento de la iglesia, Fortuna. Este proyecto capacita y provee tutores para ayudarles a aprender a leer o mejorar sus habilidades de lectura. Los tutores son voluntarios y hay lista de espera.

humboldtliteracy.org

Recursos de comida

Food for People (Banco de Comida) (Personal bilingüe disponible) 307 West 14th St., Eureka Llame lunes para tener una cita o llega al sitio para una cita

o distribución de comida. Necesitara identificación para cada miembro de su familia. Caia de comida de emergencia cada mes. Hay sitios en otros ciudades, llame para información. foodforpeople.org

Fortuna Community Services (Servicios Comunitarios de Fortuna)/DORCÁS

2331 Rohnerville Rd., Fortuna 725-1166, Ext. 205 Provee recursos de emergencia básicos para familias (comida y ropa) también servicios de consejería,

rehabilitación para las drogas, y vida sobria y limpia. fortunaacs.com

Salvation Army (Ejército de Salvación)

(Personal bilingüe disponible)

2123 Tydd St., Eureka 442-6475

Ofrece comida de emergencia y otros servicios sociales. eureka.salvationarmy.org

WIC-Mujeres y Niños

317 2nd St., Eureka 445-6255 727 Cedar St., Garberville 707-923-2779 1108 Main St., Fortuna 707-726-9427 1450 Hiller Rd., McKinleyville 445-6255, 839-1173

Cupones de comida para niños y mujeres embarazadas o amamantamiento.

humboldtgov.org

Humboldt County Dept. of Social Services/DSS (Departamento de Servicios Sociales del Condado de Humboldt) 929 Koster St., Eureka 877-410-8809 Cashaid (ayuda financiera), Calfresh (estampillas de comida),y Medi-cal. Puedes solicitar

benefitscal.com Family Resource Centers (Centros de Recursos Familiares y Comunitarios)

Llame para preguntar si tienen comida disponible. *VER LISTADOS PAGINA 5

Eureka Rescue Mission (Misión de Rescate de Eureka)

(Algunos servicios bilingües) 110 2nd St., Eureka

Información y refugio para hombres 443-4551/445-3787 Refugio temporal para mujeres 443-5016

Se sirven el desayuno y la cena todos los días.

eurekarescuemission.org

Salud v el bienestar

Clinicas de Open Door *VER LISTADOS página 12 **Pediatrías** *VER LISTADOS página 13 Dental *VER LISTADOS página 11

Mobile Medical (personal bilingüe)

443-4666

Una clínica Mobile con paradas frecuentes en el condado de Humboldt. Servicios de consejería y asistencia con servicios sociales. Llame para horario.

opendoorhealth.com

Activities for Families & Children

Arcata Parks and Recreation 822-7091

736 F St., Arcata

Movement and gymnastics classes. Medi-Cal discount. cityofarcata.org/departments/parks-recreation

Boys and Girls Club

939 Harris Ave., Eureka 441-1030

Afterschool and summer programs, T-Ball.

668-5932 Blue Lake Parks & Rec

443-9694

839-9003

826-4480

111 Greenwood, Blue Lake

Skating rink, camps, playgroups.

bluelake.ca.gov/city/parks-and-recreation **Discovery Museum**

612 G St., Suite 102 Eureka

Drop off at museum 1/2 day, 8:00-12, day camp for 3-5 year olds. Pals Camp-Freshwater, 6-12 year olds.

Call for a schedule of free programs.

discovery-museum.org

Eureka Recreation Division 441-4248

1011 Waterfront Dr., Eureka

Classes for kids and adults. Medi-Cal discount. Summer camp for 5-12 year olds.

eurekaparksandrecreation.com

Fort Humboldt (California State Parks) 445-6547

3431 Fort Ave. (off Highland), Eureka

Monthly "Steam Up" of locomotives on the 3rd Sat. of every month May-Sept. Self guided walking trail.

https://www.parks.ca.gov/?page_id=665 Fortuna Parks and Recreation 725-7620

5 Park St., Fortuna

Summer and Holiday programs, skating rink.

M-F 7:30-5:30, 4-12 year olds

friendlyfortuna.com

Libraries * see listings on page 16*

Mad River Youth Soccer League 822-3333

Programs for children ages 4-17.

mrysl.net

McKinleyville Activity Center

1656 Sutter Rd., McKinleyville, Mon-Fri 9-5 Parks and recreation programs for kids and adults.

Morris Graves Museum (Humboldt Arts Council) 442-0278 636 F St., Eureka

Free events for families.

humboldtarts.org

Natural History Museum 1242 G St., Arcata

humboldt.edu/natmus Sequoia Park Zoo 441-4263

3414 W St., Eureka

Tues.-Sun. 10-5

Adults \$14.95, Children 3-12 \$10.95, Babies (0-2) free Holders of EBT/BIC cards \$4 per person for a family, up to 5. Free family pass available at the Humboldt Co. Library, see website for details.

sequoiaparkzoo.net and redwoodskywalk.com

Car Seat Safety

Child Passenger Safety Program

476-4991

441-4477

Offers low cost car seats and safety classes quarterly.

California Highway Patrol

822-5981 255 Samoa Blvd.

Provides car seats only in a collision/accident. Car seat safety checks. Call to make appointment

chp.ca.gov **Eureka Fire Department** 441-4000

Car seat safety checks and installation by appointment efpd.org

Paso a Paso

Car seat safety classes/low cost seats for Spanish speakers. providence.org

825-5000

Car seats available for those eligible for UIHS services. unitedindianhealthservices.org

Child Abuse

If you are concerned about child abuse in your family, talk to your Teacher or Home Visitor for additional support.

Childhelp National Child Abuse Prevention Hotline

Call or text 1-800-4 A CHILD

Crisis counselors available 24 hours a day to discuss concerns and offer support.

childhelphotline.org

Nurse Family Partnership 268-2105 **SafeCare Parenting Program** 445-6211 In home prevention program focusing on parenting, health

and safety. Families may self refer. humboldtgov.org

Court Appointed Special Advocate (CASA) 443-3197 2356 Myrtle Ave., Eureka

Trained volunteers advocate for abused and neglected children going through the child welfare court system. The child must be a designated ward of the court to be eligible. humboldtcasa.org

Child Welfare Services (CWS)

2440 6th St., Eureka

445-6180. Fax- 445-6254 Abuse Reports 24 hours Child abuse intervention and prevention services. Parents can self refer for voluntary supportive services to assist with abuse prevention.

humboldtgov.org

Megan's Law

Information about registered sex offenders. Searchable maps of sex offender residence locations.

meganslaw.ca.gov

Northcoast Rape Crisis Team

PO Box 1011. Eureka

General Information 443-2737 Crisis (24 hr. line) 445-2881 382-5174 Text line

Supportive services for sexual assault victims, prevention information and referral, community workshops, 24 hour crisis line and accompaniment. Advocacy by being with the victim from initial phone call to going to court.

ncrct.org

Victim Witness 445-7417 825 5th St., 4th floor County Courthouse, Eureka

Victims of family violence or other crimes may be eligible for counseling funds and advocacy. Suspicion of sexual abuse that results in a CAST interview makes a child eligible for services. Call for eligibility information/application assistance. humboldtgov.org

Child Care / Preschool Services

Most elementary schools offer an after school care option. Ask your child's school if they have a program available.

Boys and Girls Club of the Redwoods 441-1030 939 Harris, Eureka

Programs for school age children and teens. No SS# needed bgcredwoods.org

Calworks Department of Health and Human Services 445 Wes Washington St., Eureka 268-340

Families on CalWorks are eligible for childcare payment assistance immediately with no waitlist. Contact your CalWorks worker for more information.

humboldtgov.org

Changing Tides 444-8293

2379 Myrtle Ave., Eureka

Child care information, referrals, subsidies vouchers, respite care for parents with developmentally disabled children. Home visiting programs for overburdened families and teen parents. Call for information on support, resources, referral, counseling and advocacy for families.

changingtidesfs.org

City of Eureka Summer Camps 298-0424

The City of Eureka offers summer camps, school break camps and after school programs that cater to a wide array of interests. Camps take place at Cooper Gulch Recreation Center, and the Sequoia Park gazebo. Financial assistance available.

eurekaca.gov

College of the Redwoods Child Development Center 7351 Tompkins Hill Rd., Eureka 476-433

7351 Tompkins Hill Rd., Eureka 476-4337 Childcare for CR students. Low to no cost, based on income. redwoods.edu

CalPoly Humboldt Children's Center 826-3838 1 Harpst St., Arcata

Childcare for CalPoly Humboldt students. Low/no cost, based on income.

1-800-808-7206

childrencenter.humboldt.edu

PO Box 1165, Arcata, 95518

Northcoast Children's Services 822-7206 1266 9th St., Arcata

See page 2 for information on our program.

ncsheadstart.org

Yurok Tribal Head Start/Early Head Start 444-0433 3400 Erie St., Eureka

Childcare and Head Start/Early Head Start programs in Witchepec, Klamath & Eureka. Contact for info and eligibility. yuroktribe.org

Clothing Resources

Free Clothing:

Family Resource Centers

* See page 4 for the center closest to you.

Kid Shop (at Faith Center Foursquare Church) 442-1784 1032 Bay St., Eureka

Free clothes kids sizes 4-14, & single moms, every 3 months.

Pregnancy Care Center 442-2345

721 7th St., Suite A, Eureka M 1-6, T-Th 10-3, Closed Fridays and weekends

Clothing and other resources including mentoring to pregnant women. Call for more information.

The Raven Project 443-7099

523 T St., Eureka T-Th 1:30-5:00. Sat.

Serves ages 10-21. Youth-led, youth-implemented street outreach program and drop-in center.

facebook.com/ravenproject/

7th Day Adventist Church

Eureka 442-6950
Fortuna 725-6164
McKinleyville 839-3832
Call for times, clothing resources and food assistance.

redwoodadventist.ord

Thrift Shops / Low-cost Clothing:

Cuddly Bear 725-4421

751 10th St., Fortuna Mon.-Sat. 10-5

Discovery Shop -American Cancer Society 443-2155

2942 F St., Eureka Mon.-Sat. 10-5:00

cancer.org/donate/discovery

Eco-Groovy Deals Call or text 834-7220

817 H St., Arcata Clearance Outlet 513 K St., Arcata

Both locations open every day until 6

ecogroovydeals.com

Hospice of Humboldt Thrift Shop 826-2545

575 H St., Arcata Mon.-Fri. 10-5. Sat- 10-4; Donations M-TH 12:00-2:00

hospiceofhumboldt.org
Lots for Tots 445-3477

3008 Broadway, Eureka Mon.-Sat. 10-6

Gently used children's clothing, furniture and toys.

facebook.com/people/

Miranda's Rescue Shop

All stores open Mon-Sat 10-6, Sun 12-4

732 9th St., Arcata
 1694 Myrtle Ave., Eureka
 822 S. Fortuna Blvd., Fortuna
 1544 Pickett Rd., McKinleyville
 Rescue Mission Thrift Store
 1031 Broadway, Eureka
 Mon-Sat 10-5:30
 630-4138
 441-1755
 839-5015
 443-2523

eurekarescuemission.org/
Ruth's Room, Rio Dell Baptist Church 764-3811

100 Butcher Street Call for hours

facebook.com/people

Tailwaggers Thrift Shop 445-5837

2737 F St., Eureka M-Sat 11-5:30

sequoiahumane.org

YouthAbility Thrift Shop 822-5019 1309 11th St., Suite 110 Arcata

Open everyday. youthability.org

Consignment:

Lots for Tots 445-3477

3008 Broadway, Eureka facebook.com

¡ATENCION HISPANOHABLANTES!

Guía de recursos

Centros de Recursos

Estos centros ayudan en conectar individuos y familias a servicios sociales, ofrecen referencias para problemas de alcohol y drogas. En ocasiones, grupos de apoyo y clases son ofrecidas por un personal profesional y voluntarios entrenados. Todas las conversaciones son confidenciales. *VER LISTADOS PAGINA 5—en la

Servicios de Alcohol y Drogas

Alcoholics Anonymous (Alcohólicos Anónimos)

Línea de acceso local las 24 horas (inglés) (844) 442-0711 Grupos de apoyo para gente con problemas del alcoholismo. **Grupo en español** se reúne en el 239 Buhne St, Eureka los miércoles a las 7 p.m. Para información llame a la línea. Request Spanish 476-4054

Programa de tratamiento y prevención de abuso de drogas/ alcohol.

aa ord

Healthy Moms' Program (Programa para las Mamás Saludables)

2910 H St., Eureka, CA 95501 441-5220 Un programa de tratamiento para las mujeres con uso problemático de el alcohol/ las drogas y quienes están

embarazadas o tienen a niños menores de 5 años de edad. Ofrece varios programas de apoyo

Sillas de Seguridad

Child Passenger Safety Program (Programa de Seguridad de Niños Pasajeros) 476-4991 Emily 599-6319

Ofrecen clases de seguridad con las sillas de seguridad y sillas de seguridad de bajos costos.

partnership.org

humboldtgov.org

Pasó a Paso St. Joseph Hospital 441-4477 Clases de sillas de seguridad y sillas de seguridad de bajo

providence.org

Abuso Infantil

Child Welfare Services (Servicios al Bienestar de los Niños; Departamento de los Servicios Sociales del Condado de Humboldt) (Asistencia bilingüe por teléfono) 929 Koster St., Eureka

Informes del Abuso – 24 horas – 445-6180 Llamada Gratis: 1-800-891-8551

Ofrecen servicios amplios para intervenir y prevenir el maltrato a los niños. Padres pueden referirse para recibir servicios voluntarios y prevenir abuso.

CASA- Court Appointed Special Advocate (defensor especial designado por la corte)

2356 Myrtle Ave., Eureka 443-3197 Voluntarios entrenados en como abogar por los niños abusados y desatendidos que están involucrados con el sistema legal.

humboldtcasa.org

humboldtaov.ora

Guardería/Escuela preescolar

Northcoast Children's Services (Personal bilingüe)
1266 9th Street, Arcata. 822-

P.O. Box 1165, Arcata, CA 95518 o 1-800-808-7206 Head Start, Early Head Start, Asociación de familias y preescolares estatales. Programas basados en un centro o en la casa para niños y familias con niños de 0 a 5 años de edad. Amplios servicios a través de todos los programas.

ncsheadstart.org
Changing Tides (Personal bilingüe disponible)

2379 Myrtle, Eureka 444-8293 Información de los centros de guardería, referencias, y cupones subsidiarios, equipo de servicios para niños, el cuidado de niños para los padres con los niños con minusvalía del desarrollo, los servicios a los adolescentes, y los centros de juego donde pueden asistir sin matriculación. Los programas de las visitas en el hogar para las familias sobrecargas y para los padres de familia que son

adolescentes. changingtidesfs.org

Recursos de ropa

Pregnancy Care Center (Centro de maternidad)

(no spanish speakers)

721 7th St., Suite A, Eureka 442-2345

Ropa gratuita y otros recursos incluye asesoramiento a las mujeres embarazadas. Llame para más información. Abierto lunes 10-6, martes, miércoles y jueves de 10-3pm pcceureka.org

Kid Shop (Tienda de Niños)

1032 Bay St., Eureka 442-1784

Ropa gratuita para niños del tamaño 4-14, cada 4 meses. Horas de oficina Martes-Jueves 9-12 y 1-5.

eurekafaithcenter.org

Grace Good Shepard Church (Iglesia de la Gracia del Buen Pastor)

1450 Hiller St., McKinleyville 839-3726 Ofrece la comida de emergencia y tienen una tienda de segunda. Llame para más información. Hay alguna ropa gratuita.

facebook.com

7th Day Adventist Church (Iglesia Adventista del séptimo día)

Ofrecen ropa gratuita. redwoodadventist.org

*VER LISTADOS PAGINA 4 (llame para horario y ropa disponible)

Transportation

Arcata and Mad River Transit System

925 E St., Arcata

Transportation in/around Arcata, call or go online for schedule/cost.

arcatatransit.org

Dial-a-Ride

To apply 443-0826 442-4555 To be picked up

Call or go online for information and certification process. Fee for services. For people unable to take public

transportation due to a disability.

hta.org DMV

800-777-0133

822-3775

2500 6th St., Eureka

1180 Evergreen Rd., Redway

dmv.ca.gov dmv.ca.gov

Fortuna Senior Citizens Bus Service This is a Dial-a-Ride service for seniors (over 50) and

disabled individuals inside Fortuna city limits.

friendlyfortuna.com

HCAR Care-A-Van

443-7077

443-0826

725-7625

1707 E St., Suite 2, Eureka

Care-A-Van provides transportation for non-emergency medical appointments for seniors and disabled. Call for current route schedule. Fee for service.

hcarcenter.org

Humboldt Transit Authority (HTA)

Routes run from Scotia to Trinidad, 7 days a week.

hta.org

HTA Phone App

133 V St., Eureka

Compiles all of HTA's bus line schedules and helps with navigating thought Humboldt County.

Partnership Transportation (NEMT) 866-828-2303 Transportation to local and out of town medical/dental appts.

Call at least 5 days in advance. partnershiphp.org

Redwood Coast Transit

464-6400

Bus service from Crescent City to Arcata. Call for price and schedule or visit website.

redwoodcoasttransit.org

Ride Humboldt

Phone app that provides riders with affordable on-demand shared transportation.

play.google.com

Transportation Assistance Program (TAP) 929 Koster St., Eureka

One way transportation assistance out of Humboldt County, meal allowance for families/individuals, assists in relocating, reuniting with extended family, gaining employment and increasing self sufficiency. Must meet eligibility requirements. humboldtgov.org

Utilities

Assurance Wireless

888-898-4888

Lifeline cell phone program for income qualified applicants. Free cell phone and free cell phone service, including unlimited monthly data, texts and minutes.

assurancewireless.com

CA Life-line Services 866-272-0349

Reduced telephone charges for income qualifying individuals and families.

californialifeline.com

Northcoast Unified Air Quality Management District Wood Stove Replacement Incentive Program

707 L Street, Eureka CA

Program that assists with replacing wood stoves for homes that qualify. Applications are accepted 1 month a year.

ncuadmd.ord

PG&E CARE 866-PGE-CARE

Reduces monthly home energy charges for income eligible individuals and families.

pge.com

Energy Savings Assistance Program 800-989-9744 8-5:30. Assistance to low income households to make homes more energy efficient (window caulking, door weather stripping, shower heads, utilities, and refrigerator, furnace and/or water heater replacement).

cpuc.ca.gov

Redwood Coast Energy Authority

633 3rd St., Eureka

Low to no cost programs to increase home energy efficiency. Contact for more information.

269-1700

444-8271

redwoodenergy.org

Redwood Community Action Agency:

HEAP 444-3834 Assistance with PG&E, wood, propane bills for eligible families. Call Mondays at 9 am for appt. Expedited service available if power is turned off.

Weatherization 444-3831 ext. 206

Visits your home to make suggestions on saving energy, will help replace old appliances or weatherize your home. Call to get on wait list.

rcaa.org

Salvation Army Reach 442-6475

Assistance with PG&E bills. Must be low income, have 15 day notice, and an eligible reason why you were unable to pay.

Veterans Resources

Eureka Veterans Affairs

Community Based Outpatient Clinic 269-7500 930 Harris St., Eureka

va.gov

Eureka Veterans Center

2830 G St., Suite A & B, Eureka

Re-integration counseling for veterans, socialization groups, outreach. Call for eligibility information.

Humboldt County Veterans Service Office 445-7611 1105 6th St., Suite F, Eureka

M-F 8-4:30, phones 8:30-12, 1-4, VA benefit counseling. **Nations Finest**

109 4th St., Eureka 442-4322

Transitional housing/housing assistance for homeless vets.

Supportive Services for Veterans' Families A variety of services available for veterans and their

families including security deposit, rent assistance on a case by case basis. Case management, behavioral health treatment, employment and training assistance.

HUD/VASH

Housing vouchers for veterans and their families.

Grant/Per Diem Program

Housing for homeless veterans for 2 years. Singles, and couples if both are veterans.

nationsfinest.org

Veterans Administration 800-698-2411 Benefits hotline 800-827-1000

va.gov

22

Custody / Divorce

Humboldt Family Service Center Children of Divorce Workshop

443-7358 1802 California St., Eureka

Call for costs, days and times. humboldtfamily.org

Department of Child Support Services

2420 6th St., Eureka 866-901-3212

M-F 9:00-4:00

Assistance with enforcing court ordered child support/ opening a child support case.

humboldtgov.org

Humboldt County Courthouse Self Help Center

Humboldt County Courthouse

825 5th St., Eureka

445-7256 ext. 1750 Self Help Center 269-1223

Family Law facilitators/self-help resources by appointment or walk-in basis. Telephone hotline: Tues 10am-12pm. selfhelp@humboldtcourt.ca.gov

Family Law Services 445-7256 421 I St. Hours: 9-2 ext. 3

Pick up and file Family Law paperwork. Restraining Order Workshop 445-7256 ext. 1750

269-1223

445-0866

By appointment only

Assistance with restraining orders and custody paperwork. humboldt.courts.ca.gov

Legal Services of Northern California

123 3rd St., Eureka M-F 9:00-4, closed 12-1pm

Isnc.net

Disability/Special Needs

Braille and Talking Book Library 1-800-952-5666

library.ca.gov California Children's Services 445-6212

908 7th St., Eureka M-Th 8:00-5:00, Fri 8:00-2:00

Assistance with accessing specialized medical care for children whose families cannot provide all or some part of a child's eligible medical needs.

humboldtgov.org California Dept. of Rehabilitation

1330 Bayshore Way, Suite 101, Eureka 445-6300 Assistance for people with disabilities in finding a job. dor.ca.gov

444-8293 **Changing Tides**

2379 Myrtle Ave., Eureka

Special Needs Connection, M-F 8:30-5, closed 12-1 Call for information on support, resources (respite workers, therapeutic aides), referral and advocacy for families with children who have special needs. changingtidesfs.org

State Council on Developmental Disabilities 463-4700 505 S. State St., Ukiah, CA, 95482

Advocacy services for people with developmental disabilities in Humboldt, Del Norte, Lake and Mendocino Counties. scdd.ca.gov

Humboldt Community Access and Resource Center (HCAR) 443-7077 1707 E St., Suite 2, Eureka

A wide variety of support services and job programs for people with disabilities.

hcarcenter.org

Humboldt County Adult Protective Services/In Home Supportive Services 476-2100

808 E St., Eureka toll free 1-866-527-8614 This agency handles reports of abuse of dependent adults. Offers in-home support services and has a caregiver registry.

humboldtgov.org **Humboldt Co. Office of Education-Special Beginnings** 901 Myrtle Ave., Eureka Educational program for children with special needs (0 - 5)

and their families, special day class for children with autism. hcoe.org/special-beginnings

Making Headway

730 K St., Eureka

Provides services to survivors of traumatic brain injury and their families. Therapy, counseling and case management to coordinate care and recovery. Call for availability of helmetsadults and children. Sliding fee scale. M-F 10-3 mhwcenter.ora

442-7668

268-2900

Mobile Health Services

Mobile medical clinic with regular stops throughout Humboldt County. Counseling services available. Spanish speaking. opendoorhealth.com

Pathways Crisis Response Service

1465 G St., Arcata

24 Hour crisis line 826-1886 Crisis assistance for adults and children. Must be referred by

Redwood Coast Regional Center Redwood Caregiver Resource Center 1-800-834-1636

Resources for families & caregivers of brain-impaired adults. redwoodcrc.ora

Redwood Coast Regional Center (RCRC) 445-0893 525 2nd St., Suite 300, Eureka

Serves adults and children with developmental disabilities including intake, advocacy and case management services. redwoodcoastrc.org

Early Start 445-0893 Services for infants and toddlers with disabilities.

dds.cs.gov Social Security and Medicare Eligibility Information

3144 Broadway, Eureka 800-772-1213 ssa.gov 866-828-1991

Speech Therapy

For qualified children over 3 years of age, provided by your school district. See school districts on next pg for contact info.

Tri County Independent Living

139 5th St., Eureka

445-8404 Support services, advocacy and independent-living skills programs. Assistance with filling out housing applications. Provides housing lists.

tilinet.org

Domestic Violence

*Tribal Resources - Native American tribal members should check with their tribal office for any special resources available through the tribe. See page 17 for contact info for local tribes.

Department of Health and Human Services Behavioral Health Services

Social Service Branch Campus, Bldg D 929 Koster St., Eureka

Behavioral health services for CalWorks recipients. Addresses substance abuse, mental health and domestic violence related barriers to employment. HumWorks services count towards CalWorks required hours. Contact your CalWorks worker for a referral.

humboldtgov.org

Humboldt Domestic Violence Services

444-9255 PO Box 969, Eureka, CA 95502 24 hour crisis line 443-6042 Domestic violence support groups, support groups for

children and teens, peer counseling, temporary shelter, resource and referrals. All discussions are confidential.

hdvs.org **Humboldt Family Service Center** 1802 California St., Eureka

Family violence prevention. Batterers program. Counseling. humboldtfamily.org

443-7358

Northcoast Rape Crisis Team

Eureka, business line 443-2737 445-2881 Eureka-hotline Text line, M-F, 8:30-4;30 382-5174

Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them.

ncrct.org

The Office of DV/SA Prevention 530-625-4261

Medical Center, Hoopa Valley Tribe 535 Airport Rd., Hoopa

Addresses domestic violence and sexual assault through community interaction and education.

kimaw.org

Safe Haven, RCAA 269-2075

Therapeutic services. Only the county can refer clients. **Two Feathers Native American Family Services**

1560 Betty Ct., Ste. A, McKinleyville 839-1933

M-F 8:30-5:00, closed 12-1

Culturally centered services, including therapy, beading and drum groups, transportation, ICWA advocacy.

twofeathers-nafs.org

445-7417 Victim Witness

825 5th St., 5th floor of County Courthouse, Eureka Victims of family violence or another crime may be eligible for counseling funds, relocation assistance and advocacy. Call for eligibility information and application assistance.

humboldtgov.org

WISH

PO Box 642, Garberville, CA 95542 923-4100 24 Hour 223-0043

Temporary shelter for women and children who are in crisis, provides emergency direct services. Resource and referral services, assists victims of rape & battery and provides help with temporary restraining orders.

wishshelter.org

Education

Adult Education:

Eureka Adult School 441-2462

216 West Harris, Eureka M-F 9-4: summer hours vary

Information on community education, GED, vocation education and English as a Second Language.

eas.eurekacityschools.org

CalWORKS Welfare-To-Work 268-3400

929 Koster St., Eureka

Basic education, GED prep. literacy. Classroom training: Eureka Adult School, HROP, College of the Redwoods. Vocational/Occupational Training, Work Experience Training, Childcare, transportation and ancillary expenses. Must have at least one dependent child under the age of 18 to qualify. cdss.ca.gov

College of the Redwoods 476-4100

7351 Tompkins Hill Rd., Eureka 800-641-0400 Call or go online for schedule of classes, fees & calendar. Classes, academic and vocational counseling in Humboldt & Del Norte. Eureka site has a child development center.

Financial assistance.

Community Education 476-4500 A variety of Free job skill, ESL and GED prep courses offered in various locations throughout the county. 525 D St., Eureka

GED test offered, 4 modules-Call for class days and times. redwoods.edu

English Express Humboldt

443-5021

Adult English language development classes at the Jefferson Community Center in Eureka and at the Multi-Generational Center in Fortuna

englishexpressempowered.com

Extended Opportunity Program and Services 476-4270 (EOPS/CARE)

M-Th 9-5, F 9-4

7351 Tompkins Hill Road, Eureka

Financial support, counseling, parking, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.

redwoods.edu/eops

Humboldt Literacy Project

539 G St., Suite 116, Eureka 445-3655 1645 Main St., Fortuna 725-0655 Trains and provides tutors to assist in learning to read, improving reading skills, ESL Call for walk-in hours/appt. humboldtliteracy.org

CalPoly Humboldt

1 Harpst St., Arcata 826-3011 Call or go online for schedule of classes, fees and special events calendar. Academic counseling, child development center and other services.

humboldt.edu

Other Education Programs:

CalPoly Trio Educational Talent Search 826-4791

1125 16th St., Arcata

A pre-college program for low income and 1st generation college students. 9th-12th grade.

humboldt.edu/talentsearch

Humboldt Co. Office of Education.

Foster & Homeless Youth Services 445-7187 901 Myrtle Ave., Eureka, CA 95501 or 440-9511 Support for homeless and/or foster youth in public schools. Contact for more info and support.

hcoe.ora

Humboldt Co. Office of Education-Special Beginnings 901 Myrtle Ave., Eureka 445-7043

Educational program for children 3 - 5

with special needs and their families. Children 0-3

hcoe.org

Indian Action Council

2905 Hubbard Ln., Suite C. Eureka 443-8401 Under the Native American Education Program, provides tutoring to Native American children K - 8 at school sites in the county. Call for times and locations.

Speech Therapy

For qualified children over 3 years of age, provided by your school district. See school districts for contact info.

Teen and Youth

Eureka Boys & Girls Club Teen Program

3015 J St., Eureka 444-0184

Teen center and mentoring program.

Gay/Lesbian/Bisexual/Transgender National Youth Talkline 800-246-7743

Help Line with confidential counseling available in Spanish & English Mon-Fri 1-9, Sat. 9-2. Peer counseling, information, email counseling, resources for gay, lesbian, bisexual, transgender youths.

Humboldt County Transition Age Youth Collaboration (HCTAYC)

433 M St., Eureka 476-4922 Youth leadership and advocacy for transition age youth. Clinical therapy and case management for transition age youth. Call Main Line 476-4944 for other programs humboldtgov.org

TAY-ILS (Transition Age Youth-Independent Living Skills)

476-4944

Serves transition age youth (16-21) who were dependents of the state on 16th birthday. Housing assistance, deposit assistance, employment training, case management. humboldtgov.org

Humboldt Domestic Violence Services 444-9255 Support groups for women only. 866-668-6543 24-hour Crisis/Support 443-6042 Call for more details.

hdvs.org

Media & Art Resource Zone (MARZ) Project 442-8413 Located at the Ink People Center For the Arts. Afterschool youth project Tues-Thurs 3:00-6:00. Encourages teens to explore positive means of expression. Learn to play an instrument; music production lessons, digital arts, music, and film/video production. Program is free. Ages 12-26. inkpeople.org

Northcoast Big Brothers & Big Sisters

445-4871 428 C St., Suite G, Eureka Mentoring services for kids. Ages 6-16. There is a waiting list. Call for appointment.

ncbbbs.org **Open Door Teens Only Clinic**

1150 Foster Ave., Arcata 826-8610 1644 Central Ave., McKinleyville 839-3068 This is a no-appointment-necessary, walk-in clinic for

teenagers, open Mon 3:00-5:00 opendoorhealth.com/teenclinic

RCAA/Youth Services Bureau: 443-8322 444-CARE (2273) Youth Crisis Line 444-CARE Our House Launch Pad 443-8322 Crisis shelters and transitional housing for homeless and runaway teens.

rcaa.org

443-7099 Raven Project

523 T St., Eureka

Services for youths under 21 living or hanging out on the streets. Immediate need support (toiletries, showers, phone), local resource referral and job education. Drop in hours: T-Fri 1:30-5

rcaa.org facebook.com **THP Plus**

916-651-7465 Transitional housing for 18-24 year olds emancipated from

826-4965

foster care or probation. cdss.ca.gov

YES-Youth Education Services

1 Harpst St., Arcata

Social and educational activities, resource referrals and enhancement of self esteem for pregnant and parenting teens. Closed over summer.

hraps.humboldt.edu

Tobacco Cessation

Your medical provider can assist you with strategies and medical assistance with stopping smoking.

American Cancer Society 800-227-2345 2942 F St., Eureka 227-2345 Quit kits available

cancer.org

800-NO-BUTTS California Smoker's Helpline 800-662-8887 nobutts.org

Department of Health and Human Services 268-2132 **Tobacco-Free Humboldt Program**

908 7th St., Eureka humboldtgov.org

Eureka Community Health 441-1624 2200 Tydd Street, Eureka

One on one by appointment opendoorhealth.com

Humboldt Open Door 826-8610

1150 Foster Ave., Arcata By appointment

opendoorhealth.com **Humboldt Recovery Center** 443-0514

1024 N St. Call for class times

humboldtrecoverycenter.org

Kick It California

Offers a range of services and materials to guit smoking. kickitca.org

Nicotine Anonymous 2942 F St., Eureka

nicotine-anonymous.org nica-norcal.org

Quitterinyou.org Website with smoking cessation resources.

luna.ora

Tobacco Free Humboldt 268-2132 Healthy Communities Community Wellness Center

708 7th St., Eureka

Offers a range of services and materials to quit smoking. UIHS 825-5070

1600 Weeot Way, Arcata

By appointment.

unitedindianhealthservices.org

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616-1502

HumWorks 268-3477 **Department of Health and Human Services**

929 Koster St., Mod D, Eureka M-F 8-5

Counseling and Advocacy Services to parents (receiving CalWorks) experiencing substance use issues, mental health issues or domestic violence. Participants may qualify for treatment activities counting towards CalWorks requirements. humboldtgov.org

Mobile Medical 443-4666

2426 Buhne, Eureka

Call for location schedule. Substance use support, resource and referral. Clinic with regular stops throughout Humboldt County. Opiate dependency services. Spanish speakers available.

opendoorhealth.org

Mountain of Mercy 707-601-3403 Honeydew, Ca

Christian based 8-10 month residential program. No fee for services. Call or go online for more information.

mountain-of-mercy.org

Redwood Teen Challenge 268-8727 268-0614 Men's Center & Intake 2844 Fairfield St., Eureka 442-4233 Women's Center 2000 Myrtle Ave., Eureka

Live-in recovery program for adults. Services range from 12-18 months. Fee for service, some scholarships are available.

New Life Discipleship (at the Eureka Rescue Mission) Admin 443-4551

110 2nd St., Eureka CA

Drug and Alcohol Recovery Program for men. 12 month, live in program includes a Christian 12-Step, education program, Bible study, daily chores, and goal setting.

Serenity Inn-Sober Living Facility 442-4815 2109 Broadway, Eureka

Alcohol and drug care services

Suboxone Program, Open Door Community Health

An approximately one year long program, includes psych treatment, works well for pregnant women and dualdiagnosis.

opendoorhealth.com

United Indian Health Services 825-5000 1600 Weeot Way. Arcata

Drug and alcohol education, prevention and counseling (group or individual). Detox/residential treatment assistance. uihs.ora

Waterfront Recovery Services

2413 2nd St., Eureka

Serenity Inn 442-4815 269-9590 Waterfront Recovery

Services include detox & residential. Inpatient programs. Temporary housing at Serenity Inn. Fee, call for details. waterfrontrecovery.org

Support Groups

Al-Anon Alateen/ ACA Groups 443-1419

Humboldt/Del Norte Co.

Meetings at Jefferson Community Center. Check website for meeting information.

al.anon.org

Alcoholics Anonymous

844-442-0711 Local 24 hour hotline Call or go online for meeting schedule/zoom options.

aahumboldtdelnorte.net

Eureka Faith Center - Celebrate Recovery

1032 Bay St., Eureka 442-1784 Office hours S & T-Th 9-1

Every Monday: Potluck at 5, large group 6-7, open share 7-8 eurekafaithcenter.org

Narcotics Anonymous 866-315-8645 PO Box 6634. Eureka. CA 95502 444-8645 Free confidential support for ending addiction. Call or check website for meeting times.

humboldtna.org

Clean and Sober Living

Call for cost, location and availability

Corner Stones Recovery 725-9252 Clean & sober housing. Men Only. No children.

Karen Mesa Personal Growth Center 442-1104 No couples, no children. 496-1709

New Life Recovery Men only

445-1154 P St. House

Clean & sober house. Rooms for rent. Children welcome. Spring St. House 476-0142 Clean & sober house. Rooms for rent. Children welcome.

Support Groups

844-442-0711

Call or go online for schedule, in person or Zoom options aahumboldtdelnorte.org

Celebrate Recovery 442-1784

Eureka Faith Center 1032 Bay Street, Eureka

Faith based drug and alcohol recovery support group. Every Monday 6 pm-8 pm, potluck dinner at 5 pm.

eurekafaithcenter.org

Humboldt Domestic Violence Services 443-6042 Support groups offered, call for location, childcare available. hdvs.org

Free to Fly Foundation

1501 Rose Ave., Ferndale 296-9916 Support for single mothers. Financial assistance, drug and alcohol recovery support, career advancement tools and parenting. Support group in Eureka, with dinner and child care, or on Zoom.

freetoflyfoundation.org

Mother to Mother 496-2108

317 3rd St., Suite 8, Eureka Tuesdays 10 am-12 pm

Free prenatal/postpartum mothers support group. inkpeople.org

Madre a Madre (Spanish only)

441-4477

St. Joseph Hospital

Spanish speaking nursing mom support group through Paso a Paso.

Mobile Medical 443-4666

2426 Buhne St., Eureka

Various support groups including smoking cessation, HIV, opiate dependency, call for more info.

opendoorhealth.com

Hospice Main Office 445-8443

Grief Support Groups Arcata- Thursdays 5:30-7:00

Umpqua Bank, 1063 G St. Eureka- Fridays 1:00-2:30

3327 Timber Fall Court, conference room

Online- on Zoom, Mondays 5-6:30

hospiceofhumboldt.org

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Elementary and High School Districts:

Arcata Elementary School District 822-0351 1435 Buttermilk Ln., Arcata **Big Lagoon Union School District** 677-3688 269 Big Lagoon Park Rd., Trinidad Blue Lake Union School District 668-5674 631 Greenwood Ave., Blue Lake, CA 95525 **Cuddeback Union School District** 768-3372 300 Wilder Rd., Carlotta, CA 95528 **Cutten School District** 441-3900 4182 Walnut Dr., Eureka **Eureka City Schools District Office** 441-2400 2100 J St., Eureka **Ferndale Unified School District** 786-5300 164 Shaw Ave.. Ferndale **Fieldbrook School District** 839-3201 4070 Fieldbrook Rd., McKinlevville Fortuna Union Elementary School District 725-2293 500 9th St., Fortuna **Fortuna Union High School District** 725-4462 739 13th St., Fortuna 442-2969 **Freshwater School District** 75 Greenwood Heights Drive, Eureka **Hydesville School District** 768-3610 3050 Johnson Rd., Hydesville **Jacoby Creek School District** 822-4896 1617 Old Arcata Rd., Bayside Klamath-Trinity Joint Unified School Dist. 530-625-5600 11800 State Highway 96, Hoopa 733-5705 **Loleta School District** 700 Loleta Dr., Loleta **McKinleyville Union School District** 839-1549 2275 Central Ave., McKinleyville Northern Humboldt Union High School Dist. 839-6470 2755 McKinleyville Ave., McKinleyville **Pacific Union School District** 822-4619 3001 Janes Rd., Arcata **Peninsula Union School District** 443-2731 909 Vance Ave., Samoa **Rio Dell School District** 764-5694 95 Center St., Rio Dell **Southern Humboldt Unified School District** 943-1789 110 School Rd., Miranda **Trinidad Union School District** 677-3631 PO Box 3030, Trinidad, CA 95570

Employment

California Conservation Corps 800-952-5627 Employment opportunities for young adults, ages 18-25.

ccc.ca.gov

California Department of Rehabilitation 445-6300 1330 Bayshore Way, Suite 101, Eureka

Serves anyone with a physical, mental, or emotional problem that interferes with their ability to secure and hold a job. Job training and placement, help with transportation, vocational and personal counseling for those who qualify.

dor.ca.gov

CalWORKS

929 Koster St., Eureka 268-3400 Mon.-Fri. 7:30-5:30. Assistance in obtaining employment including training, assessment and job search support. cdss,ca,gov.calworks

service is paid by employer.

Temporary and permanent job placement. Typically fee for

Comprehensive Career Services (thru HCAR) 443-7077

Temporary and permanent job placement. Typically the fee

Humboldt County Office of Education (HCOE)

Regional Occupation Program for K - 12, court and

"One-Stop Career Center" partnered with community

organizations including EDD, Caljobs, Humboldt Regional

Job listings, education and job-skills training for veterans.

Assistance for eligible Native American families in crisis.

Members serve in partnership with Humboldt Co. Child

Welfare Services and Family Resource Centers.

Northern California Indian Development Council

268-1866

445-7000

441-JOBS

442-4322

445-8451

269-2001

269-2020

445-9641

476-0344

800-242-1353

Vocational training/job placement for those living with

1707 E St., Eureka

humboldt.craigslist.org

14 West Wabash, Eureka

expresspros.com/EurekaCa

901 Myrtle Ave., Eureka

2420 6th St., Eureka

Express Employment Professionals

community schools or special education.

Occupation Services to provide job support.

for service is paid by the employer.

disabilities.

Craigslist

hcarcenter.org

hcoe.org/jobs

gohumco.com

Nations Finest

nationsfinest.org

241 F St., Eureka

904 G St., Eureka

AFACTR/AmeriCorps:

americorps.gov/serve

Seguoia Personnel

436 Harris St., Eureka

ncidc.ora

RCAA

rcaa.org

Also job counseling/training.

109 4th St., Eureka

Job Market

sequoiapersonnel.com

Financial Assistance

Annual Credit Report

Free credit report once a year

annualcreditreport.com

California Tribal TANF Partnership 636 H St., Eureka

Assistance for members of federally recognized tribes and descendants and pay foster rates for foster parents even if not official. Pay child care, mileage, support services, school clothes, employment.

EITC-Earned Income Tax Credit

Find out if you qualify for a tax credit for low to moderate income working individuals/couples with children irs.gov/credit

Extended Opportunity Program and Services (EOPS) 476-4270

7351 Tompkins Hill Road, Eureka

Financial support, counseling, bus passes, help with

becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge. redwoods.edu/student-services

FAFSA

Financial aid to pay for college. You may qualify for grants that do not need to be paid back. Contact the Financial Aid office at the college you plan to attend, or apply at studentaid.gov

Free to Fly Foundation 296-9916 Non profit organization that provides financial assistance to single mothers in need.

Humboldt County Dept. of Social Services (DHHS) 929 Koster St., Eureka 877-410-8809, 269-4106 General Relief, Temporary Aid to Needy Families (TANF), CalFresh, Medi-Cal. Rental deposit assistance for homeless families, Winter Shelter vouchers (Nov.-April). DMV reduced fee or no fee, waivers for ID only available. Free or reduced cost California ID's

benefitscal.com

Humboldt Co. Health & Human Services & WIC (707) 923-2779 **Southern Humboldt** 727 Cedar St., Garberville

Centralized, local access to services including mental health, Public Health, WIC & Social Services. M-F 8;30-12, 1-4:30 humboldtgov.org

Redwood Community Action Agency- HEAP

444-3834 539 T St., Eureka Credit on PG&E bill one time per year. Based on income. Call in only (no message), Mondays 9 am-12 noon.

Social Security Administration

800-772-1213

3144 Broadway, Eureka

SSI, Medicare, retirement, disability, survivors.

Mon-Fri 9 am-4 pm

ssa.gov

State Disability Insurance 800-480-3287 Cash assistance for qualified disabled workers

Unemployment Insurance Program 866-300-5616 Cash assistance to qualified unemployed workers due to lay off.

VITA- Volunteer Income Tax Assistance Program 211

Redwood Community Action Agency-free assistance with filling out and filing tax returns.

humboldtgov.org

Food Resources

Local Resource Centers (pg.45) provide a variety of food resources.

Betty Chinn Day Center 407-3833 133 7th St., Eureka M-F 8-4 bettychinn.org

Eureka Rescue Mission

110 2nd St., Eureka 443-4551 Men's shelter 445-3787 Admin Women & children's shelter 443-5016 Free breakfast and dinner are served daily.

eurekarescuemission.org

445-3166 Food for People

307 West 14th St., Eureka PO Box 4922

Tues., Wed, Fri 10-4, closed 12:30-1:30. Appts scheduled weekly. Call on Monday to schedule for that week. Programs include Kids Summer Lunch, Backpacks for Kids (weekend snack program for school age children- contact your child's school for more info.) Free produce -April-Oct. foodforpeople.org

Humboldt County Dept. of Social Services (DHHS)

929 Koster St., Eureka 877-410-8809 TANF, CalFresh, Medi-Cal or CMSP. Can apply by phone, mail or online:

benefitscal.com

497-6280 **Jefferson Project** 1000 B St.

M-F 10-4, free produce Sat 10 - run out, during growing season. Free meals for any child under 18.

jefferson-project.org

Loleta Food Pantry @ Loleta Community Church 228 Church St., Loleta 733-5239

McKinleyville Collaborative/Family Resource Center

840-0905 1615 Heartwood Dr.

Various services including case management, referrals, food and clothing. M-F 8:00-5:00

Food pantry M-Th 10-3, closed 12-1

mckfrc.org

Mobile Outreach Program Provides outlying communities the opportunity to apply for CalFresh, MediCal or CalWORKS without having to come into Eureka. Food boxes available on request. Mental health

support also available. humboldtgov.org

Salvation Army 442-6475

2123 Tydd St., Eureka

Z,. E. G 9-12 bag lunch w/hot soupr and coffee while supplies last. Every other Friday "cook" or "no cook" grocery bag available while supplies last, during lunch service time. Emergency food and other social services.

Food pantry Mon-Fri 9-12

eureka.salvationarmv.org **Seventh Day Adventist Community Service**

(The DORCAS Project) 4251 F St., Eureka 442-6950 2331 Rohnerville Rd., Fortuna 725-1166

Food, clothing, toiletries and other services.

fortunaacs.com

St. Joseph Pantry Shelf 725-1148

839-3832

2292 Newburg Rd., Fortuna

1200 Central Ave., McKinleyville

M & Wed 10-12, except major holidays saintjoeparish.org

St. Vincent de Paul

445-9588 35 West 3rd St., Eureka

Free lunch M-F from 11-1:00. Food boxes occasionally

available on emergency basis. Call ahead for details. **Trinity Baptist Church** 822-7668

2450 Alliance Rd., Arcata Food pantry distribution Thurs

facebookcom/TBCarcata

WIC - Women, Infants, Children 908 7th St., Eureka

445-6255 727 Cedar St., Garberville 923-2779 3306 Renner Dr., Fortuna 726-9427 1615 Heartwood Dr, McKinleyville 839-1173 Food/WIC vouchers for eligible pregnant and breast-feeding

women, infants and children. **Parents Nutrition Center** 798-2150

1125 Summer St., Eureka

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parentsnutritioncenter.com

(Orleans) Ayukii Nanlfviiv Playgroup Panamnik Bldg Tues 3:30-5 pm	839-1933
Pine Hill Pandas 5230 Vance St., Eureka Tues & Thurs 9:30-11:30	445-5933
southbayusd.org Redway 344 Humboldt Ave., Rm. 22, Redway Wed 10-12	923-1147
Redwood Discovery Museum Playgrou 612 G Street, Suite 102, Eureka Thurs 10 am-12 pm	ı p 443-9694
Salmon Creek Playgroup 3583 Upper Thomas Rd, Miranda Fri 10 am-2 pm	223-4657
salmoncreekcommunityschool.org Skuy' soo hue-no-woh Playgroup* *For local Native families 1615 Heartwood Dr., Room 105, McKinley	839-1933 yville
Fri 10 am-12 pm twofeathers-nafs.org sohumhealth.org Willow Creek Playgroup 730 CA-96, Willow Creek Fri 10 am-12 pm	(530) 629-3141

Showers / Bathing / Laundry

AHHA 298-1466 Shower-Care-A-Van is a three bathroom trailer with showers thar also distributes basic needs to individuals in need, they also help them in connecting with services. Check online for schedule. They travel through McKin, Arcata and Eureka.

ahha-humco.org **Arcata Community Pool**

1150 16th St., Arcata

Adults \$11, Seniors \$9.50, Youth \$7. Use of pools, sauna & showers. Bring towel & soap.

arcatapool.com

Eureka Rescue Mission 443-5016 110 2nd St., Eureka

Showers, clothing exchange

Women -Everyday 9-2 Men -Mon. Wed. Fri. 1-3 pm

eurekarescuemission.org

Fortuna Community Services / DORCAS 725-1166

2331 Rohnerville Rd., Fortuna

Showers for homeless community in the Fortuna area on Tues, Weds 9:30-11:30. Call for more details.

fortunaacs.com

St Vincent De Paul 445-9588 35 W. 3rd St. Eureka

Free public showers T, Th, S 8 am-12, sign up 8-9. Soap & shampoo provided.

facebook.com

Notes:

Substance Use Services

Tribal Resources -

Native American tribal members should check with their tribal office for special resources available through the tribe. See page 17 for local tribes contact info.

Treatment Programs -Inpatient/Outpatient

Adolescent Treatment Program

441-3773 134 D St., Eureka An outpatient counseling/support group for youth ages 12-18 humboldtgov.org/416/adolescent-treatment-program

Arcata Community Health Center 826-8610 1150 Foster Ave.

445-0869

Substance use services, medical treatment of addiction. opiate dependency services and support. Resource and

referral. Crossroads

1205 Myrtle Ave., Eureka

1210 Myrtle Ave., Eureka, women's facility

Mon-Fri 9-5

Residential treatment program -men & women. Minimum 90 days. Sliding fee scale, some special payment programs. ncsaccrossroads.org

Eureka Community Health & Wellness Center 441-1624 2200 Tydd St., Eureka

Substance use disorder support, medical treatment of addiction, opiate dependency services, resource and referral. opendoorhealth.org

Healthy Moms Program 441-5220 **Department of Health and Human Services**

2910 H St., Eureka

Mon-Fri 8:30-12:00 & 1:00-5:00

Alcohol and other drug day treatment program for pregnant and parenting moms, skill classes, and practical life skills. On -site child care provided. Sliding scale, Medi-Cal.

humboldtgov.org

822-6801

Humboldt County Programs for Recovery (HCRP) Department of Health and Human Services 476-4054 231 2nd St., Eureka

Mon-Fri 8-12 & 1-5

Outpatient treatment, education and referral for alcohol and other drug problems. Sliding scale, insurance or Medi-Cal. Pick up admission packet at 231 2nd St. or have one mailed. humboldtgov.org

Humboldt Recovery Center

Executive Director 443-4237 Men's office 269-9566 Women's office 443-0514 Assessment line 223-3632 Residential recovery home for men and women. Outpatient

counseling and educational presentations available upon

request. Sliding scale fee. humboldtrecovervcenter.org

Humboldt Family Service Center 443-7358 Office temporarily operating through TeleHealth

1802 California St., Eureka

Drug and alcohol education, drug diversion, court ordered batterers' program and anger management, children of divorce workshops, family, children and individual counseling, premarital counseling for adolescents.

humboldtfamily.org

Humboldt Alcohol Recovery Treatment (HART)

2331 Rohnerville Road, Fortuna, CA 95540 Outpatient treatment, first/multiple offender, member of the Drinking Driver Treatment Program. DUI program services on Zoom. Extended payment plan.

fortunaacs.com/hart

Two Feathers, Native American Family Services

1560 Betty Court, Suite A, McKinleyville 839-1933 Services to promote stability of families and the best interest of Native American children

twofeathers-nafs.org

United Indian Health Services

Operates clinics in Arcata, Fortuna, Klamath, Weitchpec and Crescent City. Medical, dental, counseling, vision and other health services.

1600 Weeot Way, Arcata 825-5000 2505 Lucas St., Suite A, Eureka 442-0380 unitedindianhealthservices.org

Yurok Indian Housing Authority, Klamath 482-1506 vurokhousing.com

Yurok TANF

482-1350 Klamath Eureka 444-0433

Health & Human Services Applications yuroktribe.org

Parenting

Betty Chinn Day Center

Positive Parenting Program (Triple P) 407-3833 One on one parenting offered in 4 sessions by appointment. Systematic Training for Effective Parenting (STEP) 6 and under, one on one, 7 week class by appt

888-275-5357 **Brightlife Kids**

Personalized support for families. Kids ages 0-12 get free, expert coaching for sleep issues, worry, social skills, etc. Live 1:1 video sessions. Free, no insurance needed. Call or go online.

Changing Tides 444-8293

2379 Myrtle Ave., Eureka

Team child services, Special Needs Connection & Family Empowerment, children and family services, parenting classes and counseling. Home visiting programs for overburdened families and teen parents.

changingtidesfs.org

476-4455 College of the Redwoods

Caregivers Education Program

Parenting education classes including Love and Logic, Positive Discipline, Dad's Support Group, Kinship Support Group. Child care provided, arranged in advance.

redwoods.edu

Foster Parent Support Group 269-4003/476-4455 Ongoing monthly support group for foster parents through the College of the Redwoods Kinship program.

redwoods.edu

Directory of Community Parenting Classes

Supported Parenting Program 444-8293 Weekly in-home visits to teach parenting skills and parent education to those with developmental disabilities, must be referred by RCRC.

changingtidesfs.org

Family Resource Centers *See page 5 for a full listing.* Family resource centers provide many services including parenting groups and classes. Call for details.

First Five Humboldt 445-7389

Parenting classes and support groups.

206-285-7565 **Incredible Years** Designed for families with at least one child between the ages of 3 and 8.

incrediblevears.com

444-9771, 444-3803 **Manila Community Center** 1611 Peninsula Dr., Arcata

facebook.com

Northcoast Children's Services 822-7206 800-808-7206 1266 9th St., Arcata

Head Start, Early Head Start and State Preschools. Parenting classes offered annually to enrolled families.

ncsheadstart.org 825-2535 **Parent Project**

1820 6th St., Eureka

Free parenting classes for parents of teens and pre-teens. McKinleyville, Arcata, Eureka, & Fortuna. Call for schedule.

Parenting with Love & Logic

496-6070 Office Guides parents in how to respond to frustrating situations with love and empathy. Scholarships available. Call for

parentsintraining.org

schedule and information.

Pregnancy Care Center 442-2345

721 7th St., Eureka

BrightCourse curriculum video courses

pcceureka.org

445-6211 Safe Care

Home Based Parenting program for adults with children 0-5. 3 parts: parent child interaction, health and home safety. Weekly home visits.

Playgroups

Call ahead to confirm the groups location and time.

First 5 Playgoups

First5humboldt.org

Arcata Play Center 822-7091 1301 D St., Arcata

Mon, Tues, Wed 10 am - 12 noon cityofarcata.org

Arcata Tiny Tots Playgroup 822-1963

1761 11th St., Arcata Sat. 9:30 am-11:30 am arcatamethodist.org

Blue Lake Playgroup 668-5932 351 S. Railroad Ave., Blue Lake

Thurs/Fri 10 am – 12 noon

bluelake.ca.gov

Eel River Valley Playgroup (hablamos español) 725-1722 3000 Newburg Rd, Fortuna

Mon, Tues 9:30-11:30

glccenter.org

Fortuna Parks and Rec Playgroup 725-7620 Monday Club, 610 Main St., Fortuna

Thurs/Fri 10-12

friendlyfortuna.com Jefferson Playgroup (hablamos español) 497-6280

1000 B St., Eureka Sat 10 am-12 pm

jefferson-project.org Loleta Playgroup (hablamos español) 733-5239

228 Church St., Loleta Wed 9:30-11:30

Manila Playgroup 832-1494 1611 Peninsula Dr., Manila

839-9003

Tues, Wed 9 am-11 am facebook.com

McKinleyville Playgroup

1705 Gwin Road, McKinleyville Thurs 10:30-12:30

18 mckinleyvillecsd.com

Foster / Youth

Foster & Kinship Care Education

7351 Tompkins Hill Rd., Eureka 476-4455 Foster parents training assistance with raising children who have a variety of issues. Support for grandparents & nonparent relatives raising their relative's children. Library of resource materials, books, games etc.

redwoods.edu/foster

Foster Youth Ombudsman 877-846-1602 Advocacy and support for Foster Youth and Foster Parents.

fosteryouthhelp.ca.gov

Humboldt County Transition Age Youth Collaboration (HCTAYC)

433 M St., Eureka

Youth leadership / advocacy for transition age youth. Clinical

therapy/case management for transition age youth. Call Main Line 476-4944 for other programs

humboldtgov.org

Planned Parenthood/Teen Council Humboldt 502-3012

3225 Timber Fall Court, Suite B, Eureka New program as of 2024-2025 where teens lead

presentations on sexual reproductive health information.

Raven Youth Drop In Center 443-7099 523 T St.

TAY-ILS (Transition Age Youth-Independent Living Skills) Serves transition age youth (16-21) who were dependents of the state on 16th birthday. Housing assistance, deposit assistance, employment training, case management. humboldtaov.ora

Grandparents / Elder Services

Area 1 Agency on Aging

442-3763 333 J St., Eureka

M-F 9-4. Information and support for grandparents as parents & seniors who are child caregivers. a1aa.org

College of the Redwoods Foster, Adoption and Kinship **Caregivers Education Program** 476-4455

7351 Tompkins Hill Road, Eureka

Parenting education classes including Love and Logic, Positive discipline, Kinship support group. Support for grandparents & other non-parent relatives raising their relative's children. Library of resource materials, books, games etc.

redwoods.edu/foster

Fortuna Senior Center 726-9203 3811 Newburg Road, Suite B, Fortuna

M 8:30-3

Network with grandparents who care for their grandkids. fortunasenior.org

Humboldt Senior Resource Center 443-9747

1910 California St., Eureka M-F 8:30-4:30

Services for senior citizens and their families.

humsenior.org

Health & Wellness

NOTE: Teachers & Home Visitors have a complete list of medical & dental providers that accept Medi-Cal.

Dept. of Health & Human Services, Public Health

humboldtgov.org

445-6212 California Children's Services

Assists with payment for medical treatment for low income children with qualifying illness. Referrals from pediatricians. humboldtgov.org

Child Passenger Safety Program: 476-4991 Spanish speaking (Paso a Paso) 441-4477 Car seat safety classes, low/no cost car seats & inspections.

humboldtgov.org **Environmental Health:** 445-6215

100 H St., Suite 100, Eureka

Inspects substandard homes and assists with determining corrective action needed.

humboldtgov.org

Childhood Lead Poisoning Prevention: 268-2132

Lead poisoning prevention and testing information.

humboldtgov.org

Maternal, Child and Adolescent Health: 445-6210 Information and support for pregnant mothers. Referrals for doctors and insurance for income eligible children ages 0-18. humboldtgov.org

CareLine for family health 800-698-0843 Toll free number that provides info and referrals for free and low cost health care for the community.

humboldtgov.org

Nurse Family Partnership: 268-2105 Free home visiting program for first time mothers focused on

268-2108

923-2779

923-2783

empowerment, parenting, health and development. humboldtgov.org

Public Health Clinics 529 I St., Eureka

Immunizations, scabies, TB, and STD clinics.

humboldtaov.ora

Garberville Public Health-WIC

Tick testing, water testing, TB testing, WIC Willow Creek Public Health (530) 629-2410

Public Health nurse, 2 Community Health outreach workers. 268-2182 Public Health Nursing:

Health and safety information and support through case management and home visits. County wide. Families may self refer if they need support with health related concerns. humboldtgov.org

Safe Care 441-5075

Parenting program for adults w/children 0-5. 3 parts: parent child interaction, health & home safety. Weekly home visits. changingtidesfs.org

Dental:

Burre Dental 442-7078 959 Myrtle Ave., Eureka

Call in the morning for same/next day appointment if in pain.

opendoorhealth.com **Fortuna Community Dental** 725-4477

3750 Rohnerville Rd., Fortuna opendoorhealth.com

K'ima:w Medical Center (530) 625-4261

535 Airport Road, Hoopa kimaw.org

Redwoods Rural Health Center

101 West Coast Road, #B, Redway rrhc.org

3750 Renner Dr. Mobile Outreach Vehicle 296-5145 825-5000 **United Indian Health Services Native American Resources** opendoorhealth.com Call for schedule 1600 Weeot Way, Arcata McKinleyville Community Health 839-3068 humboldtgov.org unitedindianhealthservices.org Tribal Services may assist eligible Native American families with 1644 Central Ave., McKinleyville Patients Rights Advocacy Services 268-2995 **Southern Trinity Health Services** resources including tribal enrollment, housing, food, utilities, opendoorhealth.com Call for assistance with service problems. sthsclinic.org employment, education and finances. Redwood Community Health Center 443-4593 humboldtgov.org Contact your tribe for more information. Mad River 574-6616 **Humboldt Open Door Clinic** 2350 Buhne St., Suite A Bear River Band of the Rohnerville Rancheria 733-1900 Scotia Bluffs 764-5617 opendoorhealth.com 1150 Foster Ave., Arcata 826-8610 266 Keisner Rd., Loleta (530) 623-8888 Weaverville Planned Parenthood of Northern CA 442-5700 Medical, counseling services. Medi-Cal or sliding scale. brb-nsn.gov Western Dental 3225 Timber Fall Court, Suite B, Eureka opendoorhealth.com Big Lagoon Rancheria 826-2079 1667 Hilltop Dr., Ste E., Redding (530) 223-550 Information and services covering birth control, sexually HumWorks 268-3477 708 9th St., Arcata westerndental.com transmitted disease testing and treatment, pregnancy testing Services to parents receiving CalWORKS that have or are caltribalfamilies.org 1240 Farmers Ln., Santa Rosa, CA 95405 (877) 959-9113 and options counseling, HIV testing, abortion, LGBT experiencing substance abuse issues, mental health issues, Blue Lake Rancheria 536-0225 668-5101 services, morning after pill and teen clinic. Call for hours. and domestic violence. Request info from your worker. 1 Aiyekwee Loop, Blue Lake westerndental.com Redwoods Rural Health Center 923-2783 bluelakerancheria-nsn.gov Accepts adults and children's Medi-Cal. Oral surgery for 101 W. Coast Rd., Redway **Mobile Medical Office Bureau Of Indian Affairs** Adults and Children. Burré often refers here for Children and Medical, dental 923-4313, birth control, counseling & 2426 Buhne Street 443-4666 364 Knollcrest Dr., Suite 105, Redding (530) 223-7960 Adults who need extensive treatment. prenatal care. Mobile medical clinic with regular stops throughout Humboldt Information and Referrals: rrhc.org County. Counseling services. Spanish speaking. Help with California Tribal TANF Partnership 476-0344 St. Joseph's Community Resource Centers **United Indian Health Services** 825-5000 Social Security applications. Call or go online for schedule. 636 H St., Eureka providence.org 1600 Weeot Way, Arcata HR 825-4042 opendoorhealth.com Cash aid, food stamps and other services. Eureka 442-5239 4715 Valley East Dr., Arcata NAMI (National Alliance on Mental Illness) 35 W. 3rd St., Eureka Variety of medical, dental and mental health services for Advocacy, education and support groups for families of Elk Valley Rancheria (707) 464-4680 668-5239 Blue Lake members of federally recognized tribes. Call for more info. 2332 Howland Rd., Crescent City people with mental health illnesses. 111 Greenwood, Blue Lake www.nami-humboldt.org elk-vallev.com (866) 464-4680 764-5239 Rio Dell Willow Creek Community Health Center (530) 629-3111 **North Coast Association of Mental Health Professionals** K'ima:w Medical Center (530) 625-4261 406 Wildwood Ave., Rio Dell 38883 Hwy 299, Willow Creek PO Box 5363, Eureka 535 Airport Rd., Hoopa 733-5239 Loleta Family medical practice. Online searchable listing for mental health providers in Assistance for Hoopa tribal members including food, energy 700 Loleta Dr., (Loleta Grammar School) opendoorhealth.com Humboldt County. Searchable by type of therapy, location, assistance, counseling and substance abuse treatment. (530) 629-3141 Willow Creek Hospitals: and insurance accepted. 38883 Hiway 299, Willow Creek Note: Most hospitals have financial aid programs ncamhp.org Hoopa Valley Tribal Housing Authority (530) 625-4745 Variety of services including classes, support groups, **Jerold Phelps Community Hospital Redwoods Rural Health Center** 923-2783 172 Hostler Field Rd., Hoopa 923-3921 referrals and health information. Call for information & hours. 101 West Coast Rd., Redway hvha.us 733 Cedar St., Garberville Health Care Providers (Doctors & Clinics): Medical, counseling services. Medi-Cal or sliding scale. sohumhealth.org **Indian Action Council Arcata Community Health Center** 826-8610 Medi-Cal liaison is available, call for hours. 2905 Hubbard Lane, Ste. C, Eureka 443-8401 **Mad River Community Hospital** 822-3621 1150 Foster Ave., Arcata Education & tutoring, Native American Library, ancestry info. 3800 Janes Rd., Arcata Medical, counseling services. Medi-Cal or sliding scale. Remi Vista 268-8722 Express Care 7 days a week 1-9pm Karuk Tribe (530) 493-1600 Eureka Community Health & Wellness Center 441-1624 3960 Walnut Dr., Eureka 64236 2nd Ave., Happy Camp madriverhospital.com 2200 Tydd St., Eureka Counseling for children & families, Medi-Cal. **Redwood Memorial Hospital** 725-3361 karuk.us Medical and counseling services provided. **Libby Nix Community Center** (530) 625-4300 3300 Renner Dr., Fortuna opendoorhealth.com Sempervirens Psychiatric Health Facility 445-7710 23001 Hwy 96, Weitchpec providence.org **Humboldt Open Door Clinic** Mental health crisis only 445-7715 Medical, dental, vision, child/family counseling, substance **Redwood Urgent Care** 298-2011 826-8610 1150 Foster Ave., Arcata, SV offers a locked hospital-based treatment for clients who abuse treatment, nutrition, cultural classes and events and 2440 23rd Street, Eureka 1644 Central Ave., Suite F, McKinleyville 839-3068 are in danger to themselves or others. See website for info. social services for eligible Native American families. For non-life threatening conditions. Open everyday 9-6:30. Medical and counseling services. Medi-Cal, sliding scale. Walk-in or same day online appointments. Accepts most Humboldtgov.org unitedindianhealthservices.org opendoorhealth.com National Indian Child Welfare Association (503) 222-4044 **Two Feathers Native American Family Services** major insurances, discounts for private pay, Medi-Cal/ K'ima:w Medical Center 5100 SW Macadam Ave., Suite 300, Portland, OR Partnership not accepted at this time. 1560 Betty Court, Suite A, McKinleyville 839-1933 535 Airport Rd., Hoopa, CA 95546 (530) 625-4261 Work with tribal and urban Indian Child Welfare Programs to redwoodurgentcare.com Mental health services to women and 800-341-9454 Community health care services for eligible families and address child abuse in indigenous communities. St. Joseph's Hospital (Providence) children who have experienced sexual, emotional or physical 445-8121 individuals. Tribal enrollment not required for dental services. nicwa.org abuse. Culture groups, positive Indian parenting, case 2700 Dolbeer St., Eureka kimaw.org Northern California Indian Development Council management and crisis intervention. providence.org **Mobile Medical Office** 241 F St., Eureka 445-8451 twofeathers-nafs.org Insurance: 443-4666 Appointments Employment and other assistance to eligible families. Native Victim Witness-Victim Compensation Program 445-7417 800-300-1506 **Covered California** Mobile medical clinic with regular stops throughout Humboldt tribal members and descendants. 712 4th St., Eureka Assistance with finding affordable health insurance County, Counseling services, Spanish speaking, Social Assistance to victims of violent crimes and their families ncidc.ora overage. Open enrollment Oct.-Jan. Enrollment may occur Security Application assistance. Call for schedule. Resighini Rancheria, Klamath 482-2431 including counseling payment assistance, restraining orders, throughout the year with special circumstances. opendoorhealth.com (Eureka) resigninirancheria.com court accompaniment and relocation assistance. coveredca.com opendoorhealth.com (Arcata) Smith River Rancheria, Smith River 487-9255 humboldtgov.org **Department of Health and Human Services** Partnership Transportation (MTM) 888-828-2303 **United Indian Health Services** tolowa-nsn.gov 929 Koster St., Eureka Transportation to local and out of town medical/dental appts. **Substance Abuse Treatment Services for Youth (SATS)** 825-5000 1600 Weeot Way, Arcata Medical coverage programs for low income adults and Call at least 5 days in advance. Youth outpatient substance abuse 825-5000 Child/family counseling services are provided to eligible families (Medi-cal, County Medical Services Program treatment program thru UIHS families. Must be member of a federally recognized tribe. [CMSP], Path2Health). Contact for eligibility. Non-**Open Door Community Health Centers** unitedindianhealthservices.org documented immigrants may be eligible for certain Ferndale Community Health Center 786-4028 Table Bluff Reservation Wiyot Tribe, Loleta 733-5055 Willow Creek Community Health Center coverage, emergency benefits. benefitscal.com to apply for 638 Main St. 38883 Hwy 299, PO Box 726, Willow Creek (530) 629-3111 wiyot.us all DHHS benefits. opendoorhealth.com 677-0211 Trinidad Rancheria Medical, counseling services. Medi-Cal or sliding scale. Fortuna Community Health Center 725-4477 humboldtgov.org trinidad-rancheria.org opendoorhealth.com

Humboldt County Public Defender 445-7634 1001 4th St., Eureka humboldtaov.ora

Humboldt Domestic Violence Services

866-668-6543, 443-6042 Toll-free 24 hour crisis line 444-9255 Referral, resources, restraining order assistance, court

accompaniment.

hdvs.org

Humboldt Mediation Services

445-2505

317 3rd St., Suite 8, Eureka

Dispute resolution services. Parent/teen mediation at low or no cost. Sliding scale. Waivers available.

humboldtmediationservices.org

Humboldt County Code Enforcement 476-2429

3015 H St., Eureka Mon-Fri 8:30-5:00

Inspects and evaluates rental housing at the request of tenants. Requires that landlords repair and correct all dangerous, substandard conditions.

humboldtgov.org

Legal Services of Northern California 445-0866 123 3rd St., Eureka

M-F 9:00-4:00, closed 12-1. No fee for qualified clients. Assistance with family law, eviction and civil legal matters. Isnc.net

Victims of Crime Resource Center 800-842-8467 800-VICTIMS (English and Spanish) Information/ referral to legal resources for victims of crime. 1800victims.org

510-891-1287 Root & Rebound 1730 Franklin St., Suite 300, Oakland 94612

510-279-4662 Reentry Legal Hotline, Fridays 9-3 Support people navigating reentry after incarceration, legal advice, expungements. Free legal advice on your rights with an arrest or conviction record.

rootandrebound.org

Victim Witness

445-7417 825 5th St., 5th Floor, Eureka Assistance for victims of violent crimes and their families including counseling assistance, restraining orders, court accompaniment and relocation assistance.

M-F 8:30-12, 1-5

humboldtgov.org

VINELink 877-411-5588 Reports status of those incarcerated. Can set up to be

notified when an offender is released.

vinelink.com

Libraries

Humboldt County Libraries

Check website for branch hours and services.

humboldtgov.org

267-9933 **Bookmobile** Visits Bridgeville, Orleans, Dinsmore, Petrolia, Honeydew, Miranda, Myers Flat, Weott, Redcrest and Orick. Call or go

online for their current schedule. Arcata Library, 500 7th St., behind City Hall 822-5954 Preschool story time, Wednesdays at 11:00 am

Blue Lake Library, 111 Greenwood Ave. 668-4207

Open Wed. 2-7, Sat 11-4

Eureka Main Library, 1313 3rd St. 269-1900 Closed Sun/Mon, Story time, Fridays at 10:30 am

Ferndale Library, 807 Main St. 786-9559 Fortuna Library, 753 14th St. 725-3460 Story time, Fridays at 10:30 am

Garberville Library, 715 Cedar St. 923-2230 Story time, first 3 Saturdays at 11:00 am

McKinleyville Library, 1606 Pickett Rd. 839-4459

Rio Dell Library, 715 Wildwood 764-3333

Story time, Saturdays at 10:30 am Trinidad Library, 380 Janis Court

677-0227 (530) 629-2146 Willow Creek Library

Corner of Highways 299 & 96

Preschool story time Wednesdays at 10:30

Mental Health/Counseling

If you are having a mental health crisis call the crisis line at 445-7715 or 911

Websites to locate available mental health providers: **NCAMHP** Psychology Today ncamhp.org psychologytoday.com

826-8610

530-625-4261

445-8443

441-3783

Arcata Community Health Center

1150 Foster Ave., Arcata Medical, counseling services, Medi-Cal or sliding scale,

Carelon Behavioral Health 855-765-9703 Families on Medi-Cal can call for counselor referrals.

carelonbehavioralhealth.com Plan name is "Partnership". **Changing Tides Family Services** 444-8293

2379 Myrtle Ave., Eureka

Mental health services to support children and their families. Accepts Medi-Cal.

changingtidesfs.org

Eureka Community Health Center 441-1624

2200 Tydd St., Eureka

Medical, counseling and psychiatric services. Medi-Cal or sliding scale.

opendoorhealth.com

Hoopa Valley Tribe Behavioral Health Services

533 Airport Rd., Hoopa

Mental health, substance use disorder programs, children and family services, parole/probation

hoopa-nsn.gov

Hospice of Humboldt

3327 Timber Fall Court, Eureka

Free grief/bereavement support groups. Call or go online for schedule.

hospiceofhumboldt.org

Humboldt Family Service Center 443-7358

1802 California St., Eureka

Counseling for children, women and men, drug education, marriage counseling, Children of Divorce Workshop, family violence program. Sliding scale.

humboldtfamily.org

Humboldt County Mental Health Services 888-849-5728 Crisis intervention, inpatient and outpatient mental health services, counseling and medication evaluations.

humboldtgov.org

Adult -720 Wood St., Eureka 268-2900 268-2800 Child -1711 3rd St.. Eureka Southern Humboldt Office -3156 Redwood Dr. 923-2779 Crisis Line 445-7715 <u>humboldtg</u>ov.ora

2233 H St., Modular Building, Eureka

Educational environment for adults with mental health challenges. Workshops, classes and activities. Free.

humboldtaov.ora

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Hope Center

Healthy Kids Humboldt 442-6066 2700 Dolbeer St., Eureka

Advocacy and help with obtaining medical insurance for children under 19. Spanish speaking.

providence.org

MCAP-Medi-Cal Access Program

PO Box 15559 800-433-2611

Sacramento, CA 95852

Insurance program (primary or secondary) for moderate income pregnant women who do not qualify for Medi-cal. dhcs.ca.gov

Open Door Member Services Department 269-7073

1522 3rd St. Eureka opendoorhealth.com

Pediatrics:

Early Start at RCRC 445-0893 ext. 325 Early Start intake ext. 335

Health, development, and case management services for infants and toddlers with disabilities and their families. redwoodcoastrc.org

Nurse Family Partnership

529 I St., Eureka 268-2105 humboldtgov.org **Open Door Pediatrics** 269-7057

2200 Tydd St., Eureka opendoorhealth.com

Redwood Pediatrics 725-9355 3305 Renner Dr., Fortuna

redwoodpediatrics.com

Pediatric Care is also available at any of the community health centers and clinics.

Pregnancy/Perinatal Care:

Breastfeeding Care Line 445-8121 ext. 7536 2773 Harris St., Eureka

Doulas By Nature - North Coast Clinics Network Doula Project- North Country Prenatal Services

822-1385 ext.2308 3800 Janes Road Doulas "mother the mother", help through childbirth, stay through the whole labor. Services for all income levels. Childbirth education classes at NorthCountry Clinic.

opendoorhealth.com

bornbir.com

Doula Havilah Deaton 832-9450

Offers full spectrum support through pregnancy, labor and post partum. Also offers support through loss. Accepts Medi-Cal and Partnership insurance.

J Rophe Medical 444-0423

1626 Myrtle Ave., Ste. C, Eureka

Free pregnancy tests, free ultrasounds up to 16 weeks. irophemedical.org

La Leche League 1-800-LA-Leche Monthly meetings at the Jefferson Community Center. Illi.org

Pregnancy Care Center

442-2345 721 7th St., Eureka

1-800-395-HELP (4357) 24 hour hotline: Pregnancy counseling (some medical), parenting and social services assistance.

pcceureka.org

Public Health Clinic PHN 268-2108

529 I St., Eureka Immunizations, TB testing

humboldtgov.org 445-6210 Maternal, Child, and Adolescent Health

Health & resource information for pregnant/postpartum women. humboldtaov.ora

Willow Creek Public Health

77 Walnut Way, Willow Creek, 95573

Public Health nurse, 2 Community Health outreach workers. humboldtgov.org

(530) 629-2410

Redwoods Rural Health Center

(see listing under Health Care providers) **United Indian Health Services**

(see listing under Health Care providers)

Homeless Services

Educational Resources:

Humboldt Co. Office of Education

Foster/Homeless Youth Services Roger Golec 445-7187

hcoe.org

Emergency Shelters:

Arcata Night Shelter-Arcata Annex 633-6236 or 211 Shelter opens when there is severe weather forecast. Call for more information, referral and open hours.

arcatahouse.org **Eureka Rescue Mission**

110 2nd St., Eureka

Admin. 445-3787 443-4551 Information and men's shelter 443-5016 Women and children's shelter

Free breakfast and dinner are served daily.

eurekarescuemission.org

Humboldt County Department of Health and Human Services (DHHS)

929 Koster St., Eureka 877-410-8809 Call for information regarding eligibility for emergency housing assistance, rental deposit assistance. Winter shelter program, Nov.-April for eligible families. Homeless may qualify for more CalFresh.

humboldtgov.org

Humboldt Domestic Violence Services

Office, Mon.-Fri. 9-5 444-9255 24 hour crisis line 443-6042

Emergency and long term shelter for families experiencing domestic violence is provided in a Safe House for up to 30 days. All contact is confidential.

hdvs.org WISH

642 Fir Ln., PO Box 642, Garberville 923-4100 Hotline (707) 223-0043

Temporary shelter for women and children who are in crisis or experiencing domestic violence, provides emergency direct services. Resource and referral services, assists victims of rape & battery and help with temporary restraining orders. wishshelter.org

Transitional Shelters:

Arcata House 633-6236 or 211

1005 11th St., Arcata

Transitional housing program to assist individuals and families with interim housing while overcoming a temporary financial crisis. Call for a phone assessment.

arcatahouse.org **Homeless services for Veterans**

(see listings under Veterans) Redwood Community Action Agency (RCAA)

904 G St., Eureka Admin 269-2001 PACT (Bridge House/Safe Haven) 269-2013

rcaa.org

General resources for homeless Family Resource Centers	<u>families:</u>	Redwood Village Apartments 56 Orchard Ln., Redway	923-4048
*see page 5 for the resource center closest	to you	Reduced rent.	
The Annex	633-6236	River Bluff Cottages	498-4926
501 9th St., Arcata	033-0230	355 Center St., Rio Dell	
Family shelter, adult shelter, food pantry, co	omputers	Permanent, supportive, affordable he	
employment and housing assistance.	omputers,	Sorrel Place	599-6173
arcatahouse.org		969 7th St., Arcata	
Betty Kwan Chinn Day Center	407-3833	Multi family affordable housing	
133 7th St., Eureka	407-3033	Willow Creek Apartments	499-2440
M-F 8-3		520-528 Hwy 96, Willow Creek	
Variety of services including computer use	for research, help	Reduced rent.	
with public assistance enrollment, homeles		Housing Authority (HUD)	443-4583
support/GED, workshops (resume and AOI		735 W. Everding, Eureka	
community resource referrals, interview clo		Call for information and dates of next openin	
search assistance, after school program, si		and other HUD housing programs in the area	a. Sliding scale.
playgroups, teen parent support services a		eurekahumboldtha.org	
bettychinn.org	ila activities.	Housing Humboldt/RCAA	826-7312
Betty's House Family Shelter	407-3833	PO Box 4655, Arcata, 95518	
Transitional housing for families with children		Affordable apartments in McKinleyville, Arca	ta, Eureka,
can stay up to 6 months.	en 0-17. Families	Fortuna. Waitlist.	
bettychinn.org		housinghumboldt.org	
<u>bettycrimin.org</u>		Humboldt Plaza Apartments	822-4104
		2575 Alliance Rd., Arcata	
Housing		Sliding scale, Section 8.	
		<u>humboldt-plaza.com</u>	
Family Services has housing application	ns	Murray Apartments	839-2348
		1423 Reasor Rd., McKinleyville	
Resources:		Reduced rent, sliding scale.	
Craig's List		murray-apartments.com	
Local classifieds and forums for jobs, hous		Pine Hill Apartments	240-5013
personals, services, local community, and	events.	904 Alpha St., Eureka	
<u>humboldt.craigslist.org</u>		Redwood Court	725-6755
Cal Poly Humboldt		2042 Jenny Ln., Fortuna	
Off Campus Housing		Some reduced rent and some sliding scale.	
housing.humboldt.edu/housing-reslife		Redwood Creek Apartments	839-0875
Subsidized Housing:		1740 Sutter Rd., McKinleyville	
		Reduced rent.	
Please note that programs often have to	waitlists	awimc.com	
Danco Property Management	822-9000	Rio Dell Apartments	764-3324
5251 Erikson Way, Arcata	022 0000	753 Rigby Ave., Rio Dell	
Affordable apartments in Eureka, Fortuna,	Redway and	Reduced rent.	
Willow Creek. Some sliding scale available		<u>awimc.com</u>	
danco-group.com	·•	River Community Homes	822-7816
Aster Place	496-6894	1061 Hallen Dr., Arcata	
2440 Myrtle Ave., Eureka	430-0034	Sliding scale.	
Reduced rent apartments		<u>publichousing.com</u>	
Bayview Heights	296-6106	Strombeck Properties	822-4557
108 4th St., Eureka	200-0100	960 South G St., Arcata	
Income eligible veterans		Fax- 822-4525	
Church Hill Townhomes	496-8240	Some reduced rent available.	
2601 School St., Fortuna	73U-UZ4U	strombeckprop.com	
Sliding scale apartments		Wood Creek Apartments	725-1308
Courtyard Apartments	826-0386	2296 Redwood Way, Fortuna	
3101 Boyd Rd., Arcata	020-0300	Reduced rent apartments.	
		awimc.com	
Affordable housing.	222 2770		
Creamery Row Apts	822-2770	Home Ownership:	

Immigration

Clean & sober house. Rooms for rent. Children welcome.

Clean & sober house. Rooms for rent. Children welcome

California Human Development Citizenship Department Call to find out about free assistance. 523-1155 californiahumandevelopment.org

Catholic Charities/Immigration/Resettlement

987 Airway Court, Santa Rosa, CA (707) 528-8712 Mailing address PO Box 4900, Santa Rosa, 95402 Spanish/English speaking assistance for immigration questions or problems. Deferred action for childhood arrivals, family reunification, legal residency, visa petition, USCIS petitions, Violence Against Women Act (VAWA) & U Nonimmigrant status. Call to schedule a phone consultation. There is a fee for this service.

catholiccharitiesusa.org

City of Eureka

eurekaca.gov

531 K St., Eureka

3015 H St., Eureka

buyers program.

humboldtgov.org

home repair loans.

californialandcan.org

123 3rd St., Eureka

M-F 8:30-5, closed 12-1

humboldt.courts.ca.gov

Environmental Health 100 H St., Suite 100, Eureka

landlords.

humboldtgov.org

humboldtgov.org

Humboldt County Courthouse

825 5th St., Room 310, Eureka

Clean and Sober Living

Resources in Humboldt County

Veterans only, singles, no family

Karen Mesa Personal Growth Center

Corner Stones Recovery

No couples, no children.

New Life Recovery

Men and women

Spring St. House

2109 Broadway, Eureka

Low income housing

Nations Finest

P St. House

Serenity Inn

822-5955

Substandard Housing Enforcement

Department of Health and Human Services,

Inspects housing, files repair recommendations with

Sober Living Environment (SLE) and Recovery Housing

Clean & sober house. Rooms for rent. Men Only. No kids.

low income with good credit.

Humboldt County Affordable Housing

Renter's rights/ legal assistance:

Legal Services of Northern California

Rural Community Development

First Time Homebuyer Program, Housing Rehab Loan.

Loan assistance for home repair and a 1st time home

Access to Farmers Home Loan program and low interest

Renter's rights information, eviction and civil legal matters.

Civil law assistance, eviction paperwork & small claims.

Humboldt County Courthouse Self Help Center

Down payment, mortgage and housing rehab assistance for

National Immigration Project

Information for immigrants or non-documented residents from the National Lawyers Guild. (211) Participating nipnlg.org

Teresa Foster, Immigration Consultant (Spanish only) 2180 Jefferson St., Suite 103, Napa (707) 255-8666 Spanish/English speaking assistance with immigration questions or problems. Call to schedule a phone consultation. There is a fee for this service. immigration-consultants.cmac

True North Organizing Network

517 3rd St., Ste. 16, Eureka 572-5530 A community lead, grassroots organizing effort supported by a team of community organizers and administrators. truenorthorganizing.org

US Citizenship and Immigration Services 800-375-5283 uscis.gov

Legal:

441-4209

445-7541

443-6714 ext. 4

445-0866

269-1223

445-6215

725-9252

442-1104

496-1709

442-4322

445-1154

476-0142

442-4815

ACLU of Northern California 336-2258

917 3rd St., Eureka

aclunc.org

Clarity Legal 572-5483

612 G St., Eureka

Family and humanitarian immigration getclarity.legal

Legal

*Tribal Resources – Native American tribal members should check with their tribal office for any special resources available through the tribe.

See page 19 for contact info for local tribes.

CASA of Humboldt

443-3197 2356 Myrtle Ave., Eureka

572-5483

Trained volunteers advocate for abused and neglected children going through the child welfare court system. humboldtcasa.org

Clarity Legal

350 E St., Suite 502, Eureka

Divorce, child custody, expungement for priors. getclarity.lega

Department of Child Support Services 866-901-3212 2420 6th St., Eureka

Assistance with enforcing court ordered child support,

opening a child support case.

humboldtgov.org

Humboldt County Courts info line 445-7256 **Homeless Court** 445-7256 ext 1505

Court fines and fees can sometimes be worked off through community service. Felonies, DUI and violent crimes do not qualify. Contact for more info and eligibility.

Humboldt County Courthouse- Self Help Center

Family Law Assistance 445-7256. ext 5 Family law facilitators/self-help resources available by

appointment, assists with Family Law court paperwork. Free. Ask your home visitor, family worker or teacher for a schedule or call for more info.

humboldt.courts.ca.gov

Civil Law Assistance 445-7256 (to make appt.) Assistance with claims, eviction, civil law matters. Free.

humboldt.courts.ca.gov

Humboldt County District Attorney 445-7411

825 5th St. (4th floor), Eureka humboldtgov.org

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725-6500

O and 13th, Arcata

Property manager 977 8th St., Arcata

Fortuna Family Apartments 2080 Stockton Court, Fortuna Reduced rent apartments.

Phyllis Rex Townhomes 601-1622 26 Samoa Coast Ln., Samoa

Low income housing

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Foreclosure Prevention & Assistance

Homebuyer Assistance Program. Down payment assistance

makinghomeaffordable.gov

for low income with good credit.

City of Arcata

cityofarcata.org

736 F St., Arcata