Northcoast Children's Services

Family Resource Guide

Humboldt County

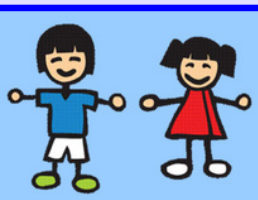
2026 - 2027

Head Start

Early Head Start

Information and Resource Agencies





State Preschool and Child Development Centers



www.ncsheadstart.org

(707) 822-7206
(800) 808-7206



Northcoast Children's Services

NCS offers several free and low cost programs throughout Humboldt and Del Norte Counties for pregnant women and families with children ages 0 to 5 focused on School Readiness and Family Partnership.

Programs for Pregnant Women
Early Head Start Home Base

Programs for Children Ages 0-3
Early Head Start Home Base
Toddler EHS Preschool & Child Care

Programs for Children Ages 3-5
Head Start Home Base
Head Start Preschool
State Preschool and Childcare

Our programs work in partnership with parents to promote healthy child development in the areas of language and literacy development, cognitive development, large and small motor development, social emotional development and health & safety knowledge.
In addition to educational services, Head Start and Early Head Start programs partner with families to reach their goals for family needs, wellness, safety, life skills, and parenting.

Frequently Asked Questions

How much do services cost?
Our Head Start and Early Head Start programs are FREE for eligible families.

State funded Child Care Programs may have fees for services based on income.

How do I qualify for services?
Our Head Start and Early Head Start eligibility is based on income and age.
Foster children, homeless families, and families with certain types of public assistance are also eligible.

How do I apply?
A paper or online application must be completed.
You can apply for our programs at any time throughout the year.
Applications need to include a copy of immunizations for the child and proof of household income.

How can I find out more?
Give us a call at 822-7206
or visit us at
www.ncsheadstart.org

for more information and/or
to get a copy of the application.

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Northcoast Children's Services partners with parents to identify and work towards meeting family needs and goals.

This Resource Guide is developed for families enrolled in NCS programs in efforts to connect families with resources in our community to support family well being and is updated annually to the best of our ability. **Please contact us with information about additional resources we should include or any changes to resources listed in the guide so that we can share as accurate and helpful information as possible.** Contact Northcoast Children's Services, Family Services, with any additional information or questions.

211 Humboldt
Humboldt Community Switchboard
A comprehensive database of information on resources available in Humboldt County.

441-1001 or dial 211
Or online 211humboldt.org

About Contacting Resources

When contacting potential resources, you can guide community personnel in discussing information about what they have to offer you or your family. Before calling, write down what you want to ask or know.

- Explain why you are calling, what you or your children need and the number and ages of your children:
  "I am calling from Arcata. I am the mother of a 2 and 4 year old, and I would like to take a parenting class. I will need child care while I attend classes."
- Have a pen and paper ready to write down any information you may receive.
- Ask for the resource's specific functions (what do they do?) and decide if any of them match your needs:
- If you feel that you would benefit from the program, get the following information: Location of services, name of a contact person (if any), hours of service, fee, eligibility requirements and how to apply.
- Ask the resources personnel to send you the necessary brochures or other paperwork that further explain the resource. Give your name and address.
- If the person with whom you spoke cannot help you, ask for the name of someone else you can call for the same service.
- Don't give up! If you are not sure of exactly where to call, try calling ***211*** Humboldt or any other number listed in this guide. Work with your home visitor, family worker, or center teacher to reach the resources you need.

Notes:

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Family/Community Resource Centers

Resource Centers offer support, information and referrals on a variety of topics.
All inquiries and discussions are confidential.

Arcata Family Resource Center 707-826-1002
2400 Baldwin St.
arcataschooldistrict.org

Betty Kwan Chinn Center 707-407-3833
133 7th St., Eureka
bettychinn.org

Blue Lake Community Resource Center, St. Joseph's
111 Greenwood Ave., Blue Lake 707-668-4281
bluelake.ca.gov

Bridgeville Community Center 707-777-1775
38717 Kneeland Rd., Bridgeville
bridgevillecommunitycenter.org

Carlotta Healthy Start Community Center 707-768-3860
300 Wilder Rd., Carlotta, CA 95528

Eureka Comm. Resource Ctr, St. Joseph's 707-442-5239
35 West 3rd St., Eureka

Family Resource Center –Marshall FRC 707-441-2404
2100 J St., (I Street between Trinity & Huntoon)

Fortuna Elementary Schools Family Resource Centers
2089 Newburg Rd., Fortuna, CA 95540 707-725-9082

Hupa Family Resource Center (530) 625-4000
T8 Holt Street (Box 728), Hoopa, CA 95546

Jefferson Community Center
1000 B Street, Eureka 497-6280

Loleta Comm. Resource Ctr, St. Joseph's 733-5239
700 Loleta Dr. (Loleta Grammar School)

Manila Community Center 444-9771
1611 Peninsula Dr. (By appointment only)
Mailing address PO Box 5132

Mattole Valley Resource Center 629-3348
167 Sherman St., PO Box 191, Petrolia 95558
mattolevalleyresourcecenter.org 840-0905

McKinleyville Family Resource Center 764-5239
1615 Heartwood Drive
mckfrc.org

Rio Dell Comm. Resource Ctr, St. Joseph's
406 Wildwood Ave., Rio Dell
cityofriodell.ca.gov

South Bay/Pine Hill Family Resource Center 707-445-5933
5230 Vance Ave., Eureka
southbayusd.org

Southern Humboldt Family Resource Center 707-923-1147
344 Humboldt Ave., Redway
sohumhealth.org
jefferson-project.org

Uplift Eureka 707-441-4242
1111 E St. Eureka

Willow Creek Comm. Resource Center, St. Joseph's
38883 Hwy 299, Willow Creek (530) 629-3141
providence.org

Activities for Families & Children

Arcata Parks and Recreation
736 F St., Arcata 707-822-7091
Movement and gymnastics classes. Medi-Cal discount.
cityofarcata.org/departments/parks-recreation

Boys and Girls Club
939 Harris Ave., Eureka 707-441-1030
Afterschool and summer programs, T-Ball.

Blue Lake Parks & Rec
111 Greenwood, Blue Lake 707- 668-5932
Skating rink, camps, playgroups.
bluelake.ca.gov/city/parks-and-recreation

Discovery Museum
612 G St., Suite 102 Eureka 707-443-9694
Drop off at museum 1/2 day, 8:00-12, day camp for 3-5 year olds. Pals Camp-Freshwater, 6-12 year olds.
Call for a schedule of free programs.
discovery-museum.org

Eureka Recreation Division (Adorni Community Center)
1011 Waterfront Dr., Eureka 707-441-4241
Classes for kids and adults. Medi-Cal discount. Summer camp for 5-12 year olds.
eurekaparksandrecreation.com

Fort Humboldt (California State Parks)
3431 Fort Ave. (off Highland), Eureka 707-445-6547
Monthly "Steam Up" of locomotives on the 3rd Sat. of every month May-Sept. Self guided walking trail.
https://www.parks.ca.gov/?page_id=665

Fortuna Parks and Recreation
5 Park St., Fortuna 707-725-7620
Summer and Holiday programs, skating rink.
M-F 7:30-5:30, 4-12 year olds
friendlyfortuna.com

Libraries *** see listings on page 16***

Mad River Youth Soccer League
Programs for children ages 4-17.
1309 11th St., Arcata 707-822-3333
mrysl.net

McKinleyville Activity Center
1656 Sutter Rd., McKinleyville, Mon-Fri 9-5 707-839-9003
Parks and recreation programs for kids and adults.

Morris Graves Museum (Humboldt Arts Council)
636 F St., Eureka 707-442-0278
Free events for families.
humboldtarts.org

Natural History Museum
1242 G St., Arcata 707-826-4479
humboldt.edu/natmus

Sequoia Park Zoo
3414 W St., Eureka 707- 441-4263
Tues.-Sun. 10-5
Adults $16, Children 3-12 $12, Babies (0-2) free Holders of EBT/BIC cards $4 per person for a family, up to 5. Free family pass available at the Humboldt Co. Library, see website for details.
sequoiaparkzoo.net and redwoodskywalk.com

Humboldt Youth Soccer League
Little Kickers League, ages 4-13yo
www.humboldtysl.org/

Eel River Valley Youth Soccer League
Open to players ages 4-15
eelriversoccer.org/

Car Seat Safety

Child Passenger Safety Program 707-476-4991
Offers low cost car seats and safety classes quarterly.
humboldtgov.org

California Highway Patrol
255 Samoa Blvd. 707-822-5981
Provides car seats only in a collision/accident. Car seat safety checks. Call to make appointment
chp.ca.gov

Eureka Fire Department 707441-4000
Car seat safety checks and installation by appointment
efpd.org

Paso a Paso 707-441-4477
Car seat safety classes/low cost seats for Spanish speakers.
providence.org

UIHS 707-825-4131
Car seats available for those eligible for UIHS services.
unitedindianhealthservices.org

Child Abuse

If you are concerned about child abuse in your family, talk to your Teacher or Home Visitor for additional support.

Childhelp National Child Abuse Prevention Hotline
Call or text 1- 800- 4 A CHILD
Crisis counselors available 24 hours a day to discuss concerns and offer support.
childhelphotline.org

Nurse Family Partnership 707-268-2105

SafeCare Parenting Program 707-445-6211
In home prevention program focusing on parenting, health and safety. Families may self refer.
humboldtgov.org

Court Appointed Special Advocate (CASA)
2356 Myrtle Ave., Eureka 707-443-3197
Trained volunteers advocate for abused and neglected children going through the child welfare court system. The child must be a designated ward of the court to be eligible.
humboldtcasa.org

Child Welfare Services (CWS)
2440 6th St., Eureka
Abuse Reports 24 hours 707-445-6180, Fax- 707-445-6254
Child abuse intervention and prevention services. Parents can self refer for voluntary supportive services to assist with abuse prevention.
humboldtgov.org

Megan's Law
Information about registered sex offenders. Searchable maps of sex offender residence locations.
meganslaw.ca.gov

Northcoast Rape Crisis Team
PO Box 1011, Eureka
General Information 707-443-2737
Crisis (24 hr. line) 707-445-2881
Text line 707-382-5174
Supportive services for sexual assault victims, prevention information and referral, community workshops, 24 hour crisis line and accompaniment. Advocacy by being with the victim from initial phone call to going to court.
ncrct.org

Victim Witness 707-445-7417
825 5th St., 4th floor County Courthouse, Eureka
Victims of family violence or other crimes may be eligible for counseling funds and advocacy. Suspicion of sexual abuse that results in a CAST interview makes a child eligible for services. Call for eligibility information/application assistance.
humboldtgov.org

Child Care / Preschool Services

Most elementary schools offer an after school care option. Ask your child's school if they have a program available.

Boys and Girls Club of the Redwoods
939 Harris, Eureka 707-441-1030
Programs for school age children and teens. No SS# needed.
bgcredwoods.org

Calworks Department of Health and Human Services
445 Wes Washington St., Eureka 707-268-3400
Families on CalWorks are eligible for childcare payment assistance immediately with no waitlist. Contact your CalWorks worker for more information.
humboldtgov.org

Changing Tides
2379 Myrtle Ave., Eureka 707-444-8293
Child care information, referrals, subsidies vouchers, respite care for parents with developmentally disabled children. Home visiting programs for overburdened families and teen parents. Call for information on support, resources, referral, counseling and advocacy for families.
changingtidesfs.org

City of Eureka Summer Camps 707-298-0424
The City of Eureka offers summer camps, school break camps and after school programs that cater to a wide array of interests. Camps take place at Cooper Gulch Recreation Center, and the Sequoia Park gazebo. Financial assistance available.
eurekaca.gov

College of the Redwoods Child Development Center
7351 Tompkins Hill Rd., Eureka 707-476-4578
Childcare for CR students. Low to no cost, based on income.
redwoods.edu

CalPoly Humboldt Children's Center
1 Harpst St., Arcata 707-826-3838
Childcare for CalPoly Humboldt students. Low/no cost, based on income.
childrencenter.humboldt.edu

Northcoast Children's Services
1266 9th St., Arcata 707-822-7206, 1-800-808-7206
See page 2 for information on our program.
ncsheadstart.org

Yurok Tribal Head Start/Early Head Start
3400 Erie St., Eureka 707-444-0433
Childcare and Head Start/Early Head Start programs in Witchepec, Klamath & Eureka. Contact for info and eligibility.
yuroktribe.org

Clothing Resources

Free Clothing:

Family Resource Centers
* See page 4 for the center closest to you.
Kid Shop (at Faith Center Foursquare Church)
1032 Bay St., Eureka 707-442-1784
Free clothes kids sizes 4-14, & single moms, every 3 months.

Pregnancy Care Center
721 7th St., Suite A, Eureka 707-442-2345
M 1-6, T-Th 10-3, Closed Fridays and weekends
Clothing and other resources including mentoring to pregnant women. Call for more information.

The Raven Project
523 T St., Eureka 707-443-7099
T-Th 1:30-5:00, Sat.
Serves ages 10-21. Youth-led, youth-implemented street outreach program and drop-in center.
facebook.com/ravenproject/

7th Day Adventist Church
Eureka 707-442-6950
Fortuna 707-725-6164
McKinleyville 707- 839-3832
Call for times, clothing resources and food assistance.
redwoodadventist.org

Betty Chinn at St. Vincent de Paul's 707-407-3833
Provides clothing and hygiene products.

Humboldt Neurohealth 707-572-0802
1st Monday of the month 1-3pm or by appointment.

Thrift Shops / Low-cost Clothing:

Cuddly Bear
751 10th St., Fortuna 707-725-4421
Mon.-Sat. 10-5

Discovery Shop -American Cancer Society
2942 F St., Eureka 707- 443-2155
Mon.-Sat. 10-5:00
cancer.org/donate/discovery

Eco-Groovy Deals
817 H St., Arcata Call or text 707-834-7220
Clearance Outlet
513 K St., Arcata
Both locations open every day until 6
ecogroovydeals.com

Hospice of Humboldt Thrift Shop
575 H St., Arcata 707-826-2545
Mon.-Fri. 10-5. Sat- 10-4; Donations M-TH 12:00-2:00
hospiceofhumboldt.org

Lots for Tots
235 4th St. Eureka 707-445-3477
Mon.-Sat. 10-6
Gently used children's clothing, furniture and toys.

Miranda's Rescue Shop
All stores open Mon-Sat 10-6, Sun 12-4
- 732 9th St., Arcata 707-630-4138
- 1694 Myrtle Ave., Eureka 707-441-1755
- 822 S. Fortuna Blvd., Fortuna 707-725-4166
- 1544 Pickett Rd., McKinleyville 707-839-5015

Rescue Mission Thrift Store
1031 Broadway, Eureka 707-443-2523
Mon-Sat 10-5:30
eurekarescuemission.org/

Ruth's Room, Rio Dell Baptist Church
100 Butcher Street 707-764-3811
Call for hours

Tailwaggers Thrift Shop
2737 F St., Eureka 707-445-5837
M-Sat 11-5:30
sequoiahumane.org

YouthAbility Thrift Shop
1309 11th St., Suite 110 Arcata 707-822-5019
Open everyday.
youthability.org

Lots for Tots
235 4th St. Eureka 707-445-3477

Custody/Divorce

Humboldt Family Service Center
Children of Divorce Workshop
1802 California St., Eureka 707-443-7358
Call for costs, days and times.
humboldtfamily.org

Department of Child Support Services
2420 6th St., Eureka 866-901-3212
M-F 9:00-4:00
Assistance with enforcing court ordered child support/ opening a child support case.
humboldtgov.org

Humboldt County Courthouse Self Help Center
Humboldt County Courthouse
825 5th St., Eureka
Self Help Center 707-445-7256 ext. 1750
707-269-1223
Family Law facilitators/self-help resources by appointment or walk-in basis. Telephone hotline: Tues 10am-12pm.
selfhelp@humboldtcourt.ca.gov
Family Law Services
421 I St, Hours: 9-2 707-445-7256 ext. 3
Pick up and file Family Law paperwork.
Restraining Order Workshop 707-445-7256 ext. 1750
707-269-1223
By appointment only
Assistance with restraining orders and custody paperwork.
humboldt.courts.ca.gov

Legal Services of Northern California
123 3rd St., Eureka
M-F 9:00-4, closed 12-1pm 707-445-0866
lsnc.net

Disability/Special Needs

Braille and Talking Book Library 1-800-952-5666
library.ca.gov

California Children's Services 707-445-6212
908 7th St., Eureka
M-Th 8:00-5:00, Fri 8:00-2:00
Assistance with accessing specialized medical care for children whose families cannot provide all or some part of a child's eligible medical needs.
humboldtgov.org

California Dept. of Rehabilitation
1330 Bayshore Way, Suite 101, Eureka 707-445-6300
Assistance for people with disabilities in finding a job.
dor.ca.gov

Changing Tides
2379 Myrtle Ave., Eureka 707-444-8293
Special Needs Connection, M-F 8:30-5, closed 12-1
Call for information on support, resources (respite workers, therapeutic aides), referral and advocacy for families with children who have special needs.
changingtidesfs.org

State Council on Developmental Disabilities
505 S. State St., Ukiah, CA, 95482 707-463-4700
Advocacy services for people with developmental disabilities in Humboldt, Del Norte, Lake and Mendocino Counties.
scdd.ca.gov

Humboldt Community Access and Resource Center ***(HCAR)***
1707 E St., Suite 2, Eureka 707-443-7077
A wide variety of support services and job programs for people with disabilities.
hcarcenter.org

Humboldt County Adult Protective Services/In Home Supportive Services 707-476-2100
808 E St., Eureka toll free 1-866-527-8614
This agency handles reports of abuse of dependent adults. Offers in-home support services and has a caregiver registry.
humboldtgov.org

Humboldt Co. Office of Education-Special Beginnings
901 Myrtle Ave., Eureka 707-445-7043
Educational program for children with special needs (0 - 5) and their families, special day class for children with autism.
hcoe.org/special-beginnings

Making Headway
730 K St., Eureka 707-442-7668
Provides services to survivors of traumatic brain injury and their families. Therapy, counseling and case management to coordinate care and recovery. Call for availability of helmets-adults and children. Sliding fee scale. M-F 10-3
mhwcenter.org

Mobile Health Services 707-443-4666
Mobile medical clinic with regular stops throughout Humboldt County. Counseling services available. Spanish speaking.
opendoorhealth.com

Pathways Crisis Response Service
1465 G St., Arcata 707-826-1886
24 Hour crisis line
Crisis assistance for adults and children. Must be referred by Redwood Coast Regional Center
Redwood Caregiver Resource Center 1-800-834-1636
Resources for families & caregivers of brain-impaired adults.
redwoodcrc.org

Redwood Coast Regional Center (RCRC)
525 2nd St., Suite 300, Eureka 707-445-0893
Serves adults and children with developmental disabilities including intake, advocacy and case management services.
redwoodcoastrc.org

Early Start 707-445-0893
Services for infants and toddlers with disabilities.
Social Security and Medicare Eligibility Information
dds.cs.gov

Social Security and Medicare Eligibility Information
3144 Broadway, Eureka 800-772-1213
866-828-1991
ssa.gov

Speech Therapy
For qualified children over 3 years of age, provided by your school district. See school districts on next page for contact info.

Tri County Independent Living
139 5th St., Eureka 707-445-8404
Support services, advocacy and independent-living skills programs. Assistance with filling out housing applications. Provides housing lists.
tilinet.org

Domestic Violence

***Tribal Resources – Native American tribal members should check with their tribal office for any special resources available through the tribe. See page 17 for contact info for local tribes.**

Department of Health and Human Services
Behavioral Health Services
Social Service Branch Campus, Bldg D 707-268-2900
929 Koster St., Eureka
Behavioral health services for CalWorks recipients. Addresses substance abuse, mental health and domestic violence related barriers to employment. HumWorks services count towards CalWorks required hours. Contact your CalWorks worker for a referral.
humboldtgov.org

Humboldt Domestic Violence Services
PO Box 969, Eureka, CA 95502 707-444-9255
24 hour crisisline 707- 443-6042
Domestic vi olence support groups, support groups for children and teens, peer counseling, temporary shelter, resource and referrals. All discussions are confidential.
hdvs.org

Humboldt Family Service Center
1802 California St., Eureka 707-443-7358
Family violence prevention. Batterers program. Counseling.
humboldtfamily.org

Northcoast Rape Crisis Team
Eureka, business line 707-443-2737
Eureka-hotline 707-445-2881
Text line, M-F, 8:30-4:30 707-382-5174
Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them.
ncrct.org

The Office of DV/SA Prevention
Medical Center, Hoopa Valley Tribe 530-625-4261
535 Airport Rd., Hoopa
Addresses domestic violence and sexual assault through community interaction and education.
kimaw.org

Safe Haven, RCAA 707-269-2075
Therapeutic services. Only the county can refer clients.

Two Feathers Native American Family Services
1560 Betty Ct., Ste. A, McKinleyville 707-839-1933
M-F 8:30-5:00, closed 12-1
Culturally centered services, including therapy, beading and drum groups, transportation, ICWA advocacy. twofeathers-nafs.org

Victim Witness 707-445-7417
825 5th St., 5th floor of County Courthouse, Eureka
Victims of family violence or another crime may be eligible for counseling funds, relocation assistance and advocacy. Call for eligibility information and application assistance.
humboldtgov.org

WISH
PO Box 642, Garberville, CA 95542 707-923-4100
24 Hour 707-223-0043
Temporary shelter for women and children who are in crisis, provides emergency direct services. Resource and referral services, assists victims of rape & battery and provides help with temporary restraining orders.
wishshelter.org

Education

Adult Education:

Eureka Adult School
216 West Harris, Eureka 707-441-2462
M-F 9-4; summer hours vary
Information on community education, GED, vocation education and English as a Second Language.
eas.eurekacityschools.org

CalWORKS Welfare-To-Work
929 Koster St., Eureka 707-268-3400
Basic education, GED prep, literacy. Classroom training: Eureka Adult School, HROP, College of the Redwoods. Vocational/Occupational Training, Work Experience Training, Childcare, transportation and ancillary expenses. Must have at least one dependent child under the age of 18 to qualify.
cdss.ca.gov

College of the Redwoods 707-476-4100
7351 Tompkins Hill Rd., Eureka 800-641-0400
Call or go online for schedule of classes, fees & calendar. Classes, academic and vocational counseling in Humboldt & Del Norte. Eureka site has a child development center. Financial assistance.
Community Education 707-476-4500
A variety of Free job skill, ESL and GED prep courses offered in various locations throughout the county.
525 D St., Eureka
GED test offered, 4 modules-Call for class days and times.
redwoods.edu

English Express Humboldt 707-443-5021
Adult English language development classes at the Jefferson Community Center in Eureka and at the Multi-Generational Center in Fortuna
englishexpressempowered.com

Extended Opportunity Program and Services (EOPS/CARE)
M-Th 9-5, F 9-4
7351 Tompkins Hill Road, Eureka 707-476-4270
Financial support, counseling, parking, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.
redwoods.edu/eops

Humboldt Literacy Project
539 G St., Suite 116, Eureka 707-445-3655
1645 Main St., Fortuna 707-725-0655
Trains and provides tutors to assist in learning to read, improving reading skills, ESL Call for walk-in hours/appt.
humboldtliteracy.org

CalPoly Humboldt
1 Harpst St., Arcata 707-826-3011
Call or go online for schedule of classes, fees and special events calendar. Academic counseling, child development center and other services.
humboldt.edu

Other Education Programs:

CalPoly Tri o Educational Talent Search
1125 16th St., Arcata 707-826-4791
A pre-college program for low income and 1st generation college students. 9th-12th grade.
humboldt.edu/talentsearch

Humboldt Co. Office of Education, Foster & Homeless Youth Services 707-445-7187
901 Myrtle Ave., Eureka, CA 95501 or 707-440-9511
Support for homeless and/or foster youth in public schools. Contact for more info and support.

Humboldt Co. Office of Education-Special Beginnings
901 Myrtle Ave., Eureka
Educational program for children 3 - 5 707-445-7043
with special needs and their families.
Children 0-3 707-616-1502
hcoe.org

Indian Action Council
2905 Hubbard Ln., Suite C, Eureka 707-443-8401
Under the Native American Education Program, provides tutoring to Native American children K - 8 at school sites in the county. Call for times and locations.

Speech Therapy
For qualified children over 3 years of age, provided by your school district. See school districts for contact info.

Elementary and High School Districts:

hcoe.org/schools

Arcata Elementary School District
1435 Buttermilk Ln., Arcata 707-822-0351

Big Lagoon Union School District
269 Big Lagoon Park Rd., Trinidad 707-677-3688

Blue Lake Union School District
631 Greenwood Ave., Blue Lake, CA 95525 707-668-5674

Cuddeback Union School District
300 Wilder Rd., Carlotta, CA 95528 707-768-3372

Cutten School District
4182 Walnut Dr., Eureka 707-441-3900

Eureka City Schools District Office
2100 J St., Eureka 707-441-2400

Ferndale Unified School District
164 Shaw Ave., Ferndale 707-786-5300

Fieldbrook School District
4070 Fieldbrook Rd., McKinleyville 707-839-3201

Fortuna Union Elementary School District
500 9th St., Fortuna 707-725-2293

Fortuna Union High School District
739 13th St., Fortuna 707-725-4462

Freshwater School District
75 Greenwood Heights Drive, Eureka 707-442-2969

Hydesville School District
3050 Johnson Rd., Hydesville 707-768-3610

Jacoby Creek School District
1617 Old Arcata Rd., Bayside 707-822-4896

Klamath-Trinity Joint Unified School Dist.
11800 State Highway 96, Hoopa 530-625-5600

Loleta School District
700 Loleta Dr., Loleta 707-733-5705

McKinleyville Union School District
2275 Central Ave., McKinleyville 707- 839-1549

Northern Humboldt Union High School Dist.
2755 McKinleyville Ave., McKinleyville 707-839-6470

Pacific Union School District
3001 Janes Rd., Arcata 707-822-4619

Peninsula Union School District
909 Vance Ave., Samoa 707-443-2731

Rio Dell School District
95 Center St., Rio Dell 707-764-5694

Southern Humboldt Unified School District
110 School Rd., Miranda 707-943-1789

Trinidad Union School District
PO Box 3030, Trinidad, CA 95570 707-677-3631

Employment

California Conservation Corps 800-952-5627
Employment opportunities for young adults, ages 18-25.
ccc.ca.gov

California Department of Rehabilitation
1330 Bayshore Way, Suite 101, Eureka 707-445-6300
Serves anyone with a physical, mental, or emotional problem that interferes with their ability to secure and hold a job. Job training and placement, help with transportation, vocational and personal counseling for those who qualify.
dor.ca.gov

CalWORKS
929 Koster St., Eureka 707-268-3400
Mon.-Fri. 7:30-5:30. Assistance in obtaining employment including training, assessment and job search support.
cdss,ca,gov.calworks

Comprehensive Career Services (thru HCAR)
1707 E St., Eureka 707-443-7077
Vocational training/job placement for those living with disabilities.
hcarcenter.org

Craigslist
humboldt.craigslist.org

Express Employment Professionals
14 West Wabash, Eureka 707-268-1866
Temporary and permanent job placement. Typically the fee for service is paid by the employer.
expresspros.com/EurekaCa

Humboldt County Office of Education (HCOE)
901 Myrtle Ave., Eureka 707-445-7000
Regional Occupation Program for K - 12, court and community schools or special education.
hcoe.org/jobs

Job Market 707-441-5627
409 K St., Eureka 800-242-1353
"One-Stop Career Center" partnered with community organizations including EDD, Caljobs, Humboldt Regional Occupation Services to provide job support.
gohumco.com

Nations Finest
109 4th St., Eureka 707-442-4322
Job listings, education and job-skills training for veterans.
nationsfinest.org

Northern California Indian Development Council
241 F St., Eureka 707-445-8451
Assistance for eligible Native American families in crisis. Also job counseling/training.
ncidc.org

RCAA
904 G St., Eureka 707-269-2001
rcaa.org
AFACTR/AmeriCorps: 707- 269-2020
Members serve in partnership with Humboldt Co. Child Welfare Services and Family Resource Centers.

Sequoia Personnel
2930 E St. Eureka 707-445-9641
Temporary and permanent job placement. Typically fee for service is paid by employer.
sequoiapersonnel.com

Uplift Eureka 707-672-2253
Pathway to Payday (Employment workshop series)
uplifteureka.com/pathway

Financial Assistance

Annual Credit Report
Free credit report once a year
annualcreditreport.com

California Tribal TANF Partnership
636 H St., Eureka 707-476-0344
Assistance for members of federally recognized tribes and descendants and pay foster rates for foster parents even if not official. Pay child care, mileage, support services, school clothes, employment.
cttp.net

EITC-Earned Income Tax Credit
Find out if you qualify for a tax credit for low to moderate income working individuals/couples with children
irs.gov/credits

Extended Opportunity Program and Services (EOPS)
7351 Tompkins Hill Road, Eureka 707-476-4270
Financial support, counseling, bus passes, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.
redwoods.edu/student-services

FAFSA
Financial aid to pay for college. You may qualify for grants that do not need to be paid back. Contact the Financial Aid office at the college you plan to attend, or apply at studentaid.gov

Free to Fly Foundation 707-296-9916
Non profit organization that provides financial assistance to single mothers in need.

Humboldt County Dept. of Social Services (DHHS)
929 Koster St., Eureka 877-410-8809, 707-269-4106
General Relief, Temporary Aid to Needy Families (TANF), CalFresh, Medi-Cal. Rental deposit assistance for homeless families, Winter Shelter vouchers (Nov.-April). DMV reduced fee or no fee, waivers for ID only available. Free or reduced cost California ID's
benefitscal.com

Humboldt Co. Health & Human Services & WIC
Southern Humboldt 707-923-2779
727 Cedar St., Garberville
Centralized, local access to services including mental health, Public Health, WIC & Social Services. M-F 8 ;30-12, 1-4:30
humboldtgov.org

Redwood Community Action Agency- HEAP
539 T St., Eureka 707-444-3834
Credit on PG&E bill one time per year. Based on income. Call in only (no message), Mondays 9 am-12 noon.
rcaa.org

Social Security Administration
3144 Broadway, Eureka 800-772-1213
SSI, Medicare, retirement, disability, survivors.
Mon-Fri 9 am-4 pm
ssa.gov

State Disability Insurance 800-480-3287
Cash assistance for qualified disabled workers
edd.ca.gov

Unemployment Insurance Program
Cash assistance to qualified unemployed workers due to lay off. 866-300-5616
edd.ca.gov

VITA– Volunteer Income Tax Assistance Program 211 707-572-5045
Redwood Community Action Agency-free assistance with filling out and filing tax returns.
humboldtgov.org

Food Resources

Local Resource Centers (pg.45) provide a variety of food resources.

Betty Chinn Day Center
133 7th St., Eureka 707-407-3833
M-F 8-4
bettychinn.org

Eureka Rescue Mission
110 2nd St., Eureka
Men's shelter 707-443-4551
Admin 707-445-3787
Women & children's shelter 707-443-5016
Free breakfast and dinner are served daily.
eurekarescuemission.org

Food for People
307 West 14th St., Eureka 707-445-3166
PO Box 4922
Tues., Wed, Fri 10-4, closed 12:30-1:30. Appts scheduled weekly. Call on Monday to schedule for that week. Programs include Kids Summer Lunch, Backpacks for Kids (weekend snack program for school age children- contact your child's school for more info.) Free produce -April-Oct. Look at mobile produce pantry in your area on website
foodforpeople.org

Humboldt's Soup's On 707-672-9947
www.humboldtsoupson.com/

Humboldt County Dept. of Social Services (DHHS)
929 Koster St., Eureka 877-410-8809
TANF, CalFresh, Medi-Cal or CMSP. Can apply by phone, mail or online:
benefitscal.com

Jefferson Project
1000 B St. Eureka 707-497-6280
M-F 10-4, free produce Sat 10 - run out, during growing season. Free meals for any child under 18.
jefferson-project.org

Loleta Food Pantry @ Loleta Community Church
228 Church St., Loleta 707-733-5239

McKinleyville Collaborative/Family Resource Center
1615 Heartwood Dr. 707-840-0905
Various services including case management, referrals, food and clothing. M-F 8:00-5:00
Food pantry M-Th 10-3, closed 12-1
mckfrc.org

Mobile Outreach Program 707-296-5145
Provides outlying communities the opportunity to apply for CalFresh, MediCal or CalWORKS without having to come into Eureka. Food boxes available on request. Mental health support also available.
humboldtgov.org

Salvation Army
2123 Tydd St., Eureka 707-442-6475
9-12 bag lunch w/hot soup and coffee while supplies last. Every other Friday "cook" or "no cook" grocery bag available while supplies last, during lunch service time. Emergency food and other social services.
Food pantry Mon-Fri 9-12
eureka.salvationarmy.org

Seventh Day Adventist Community Service (The DORCAS Project)
4251 F St., Eureka 707-442-6950
2331 Rohnerville Rd., Fortuna 707-725-1166
1200 Central Ave., McKinleyville 707-839-3832
Food, clothing, toiletries and other services.
fortunaacs.com

St. Joseph Pantry Shelf
2292 Newburg Rd., Fortuna 707-725-1148
M & Wed 10-12, except major holidays
saintjoeparish.org

St. Vincent de Paul
35 West 3rd St., Eureka 707- 445-9588
Free lunch M-F from 11-1:00. Food boxes occasionally available on emergency basis. Call ahead for details.

Trinity Baptist Church
2450 Alliance Rd., Arcata 707-822-7668
Food pantry distribution Thurs
facebookcom/TBCarcata

WIC - Women, Infants, Children
908 7th St., Eureka 707-445-6255
727 Cedar St., Garberville 707-923-2779
3306 Renner Dr., Fortuna 707-416-6984
1615 Heartwood Dr, McKinleyville 707-839-1173
Food/WIC vouchers for eligible pregnant and breast-feeding women, infants and children.
Parents Nutrition Center
1125 Summer St., Eureka 707-798-2150
parentsnutritioncenter.com

Foster / Youth

Foster & Kinship Care Education
7351 Tompkins Hill Rd., Eureka 707-476-4455
Foster parents training assistance with raising children who have a variety of issues. Support for grandparents & non- parent relatives raising their relative's children. Library of resource materials, books, games etc.
redwoods.edu/foster

Foster Youth Ombudsman 877-846-1602
Advocacy and support for Foster Youth and Foster Parents.
fosteryouthhelp.ca.gov

Humboldt County Transition Age Youth Collaboration (HCTAYC)
433 M St., Eureka 707-476-4922
Youth leadership / advocacy for transition age youth. Clinical therapy/case management for transition age youth.
Call Main Line 476-4944 for other programs
humboldtgov.org

Planned Parenthood/Teen Council Humboldt
3225 Timber Fall Court, Suite B, Eureka 707-502-3012
New program as of 2024-2025 where teens lead presentations on sexual reproductive health information. linktr.ee

Raven Youth Drop In Center
523 T St. 707-443-7099
findhelp.org

TAY-ILS (Transition Age Youth-Independent Living Skills)
Serves transition age youth (16-21) who were dependents of the state on 16th birthday. Housing assistance, deposit assistance, employment training, case management.
humboldtgov.org

Centro Del Pueblo 707-683-5293
Youth programs supporting indigenous, migrant, and Latinx community.

Grandparents / Elder Services

Area 1 Agency on Aging
333 J St., Eureka 707-442-3763
M-F 9-4. Information and support for grandparentsas parents & seniors who are child caregivers.
a1aa.org

College of the Redwoods Foster, Adoption and Kinship Caregivers Education Program 707-476-4455
7351 Tompkins Hill Road, Eureka
Parenting education classes including Love andLogic, Positive discipline, Kinship support group. Supportfor grandparents & other non-parent relatives raisingtheir relative's children. Library of resource materials,books, games etc.
redwoods.edu/foster

Fortuna Senior Center
3811 Newburg Road, Suite B, Fortuna 707-726-9203
M 8:30-3
Network with grandparents who care for their grandkids.
fortunasenior.org

Humboldt Senior Resource Center
1910 California St., Eureka 707-443-9747
M-F 8:30-4:30
Services for senior citizens and their families.
humsenior.org

Health & Wellness

NOTE: Teachers & Home Visitors have a complete list of medical & dental providers that accept Medi-Cal.

Dept. of Health & Human Services, Public Health
humboldtgov.org

California Children's Services 707-445-6212
Assists with payment for medical treatment for low income children with qualifying illness. Referrals from pediatricians.
humboldtgov.org

Child Passenger Safety Program: 707-476-4991
Spanish speaking (Paso a Paso) 707-441-4477
Car seat safety classes, low/no cost car seats & inspections.
humboldtgov.org

Environmental Health: 707-445-6215
100 H St., Suite 100, Eureka
Inspects substandard homes and assists with determining corrective action needed.
humboldtgov.org

Childhood Lead Poisoning Prevention: 707-268-2132
Lead poisoning prevention and testing information.
humboldtgov.org

Maternal, Child and Adolescent Health: 707-445-6210
Information and support for pregnant mothers. Referrals for doctors and insurance for income eligible children ages 0-18.
humboldtgov.org

CareLine for family health 800-698-0843
Toll free number that provides info and referrals for free and low cost health care for the community.
humboldtgov.org

Nurse Family Partnership: 707-268-2105
Free home visiting program for first time mothers focused on empowerment, parenting, health and development.
humboldtgov.org

Public Health Clinics 707-268-2108
529 I St., Eureka
Immunizations, scabies, TB, and STD clinics.
humboldtgov.org

Garberville Public Health-WIC 707-923-2779
Tick testing, water testing, TB testing, WIC

Willow Creek Public Health 530-629-2410
Public Health nurse, 2 Community Health outreach workers.

Public Health Nursing: 707-268-2182
Health and safety information and support through case management and home visits. County wide. Families may self refer if they need support with health related concerns.
humboldtgov.org

Eureka Health Center (UIHS) 707-442-0380
2505 Lucas St., Suite A, Eureka, CA 95501
uihs.org/clinic-locations/eureka-health-center/

Safe Care 707-441-5075
Parenting program for adults w/children 0-5. 3 parts: parent child interaction, health & home safety. Weekly home visits.
changingtidesfs.org

Dental:

****The following accept Medi-Cal dental****

Burre Dental 707-442-7078
959 Myrtle Ave., Eureka
Call in the morning for same/next day appointment if in pain.
opendoorhealth.com

Fortuna Community Dental
3750 Rohnerville Rd., Fortuna 707-725-4477
opendoorhealth.com

K'ima:w Medical Center
535 Airport Road, Hoopa 530-625-4261
kimaw.org

Redwoods Rural Health Center
101 West Coast Road, #B, Redway 707-923-2783
rrhc.org

United Indian Health Services
1600 Weeot Way, Arcata 707-825-5000
unitedindianhealthservices.org
Da-boruk Dental Clinic (Eureka) 707-296-2525
Potawot Health Village 707-825-5040
Weitchpec Health Village 530-625-4300

Southern Trinity Health Services
sthsclinic.org
Mad River 707-574-6616
Scotia Bluffs 707- 764-5617
Weaverville 530-623-8888

Western Dental
1667 Hilltop Dr., Ste E., Redding 530-223-5500
westerndental.com
1240 Farmers Ln., Santa Rosa, CA 95405 877-959-9113
westerndental.com 707-536-0225
Accepts adults and children's Medi-Cal. Oral surgery for Adults and Children. Burré often refers here for Children and Adults who need extensive treatment.

Information and Referrals:

St. Joseph's Community Resource Centers
providence.org
Eureka 707-442-5239
35 W. 3rd St., Eureka
Blue Lake 707-668-5239
111 Greenwood, Blue Lake
Rio Dell
406 Wildwood Ave., Rio Dell 707-764-5239
Loleta
700 Loleta Dr., (Loleta Grammar School) 707-733-5239
Willow Creek
38883 Hiway 299, Willow Creek 530-629-3141
Variety of services including classes, support groups, referrals and health information. Call for information & hours.

Health Care Providers (Doctors & Clinics):

Arcata Community Health Center
1150 Foster Ave., Arcata 707-826-8610
Medical, counseling services. Medi-Cal or sliding scale.

Eureka Community Health & Wellness Center
2200 Tydd St., Eureka 707-441-1624
Medical and counseling services provided.
opendoorhealth.com

Humboldt Open Door Clinic
1150 Foster Ave., Arcata, 707-26-8610
1644 Central Ave., Suite F, McKinleyville 707-839-3068
Medical and counseling services. Medi-Cal, sliding scale.
opendoorhealth.com a

K'ima:w Medical Center
535 Airport Rd., Hoopa, CA 95546 530-625-4261
Community health care services for eligible families and individuals. Tribal enrollment not required for dental services.
kimaw.org

Mobile Medical Office
Appointments 707-443-4666
Mobile medical clinic with regular stops throughout Humboldt County. Counseling services. Spanish speaking. Social Security Application assistance. Call for schedule.
opendoorhealth.com (Eureka)
opendoorhealth.com (Arcata)

Partnership Transportation (MTM) 888-828-2303
Transportation to local and out of town medical/dental appts. Call at least 5 days in advance.
partnershiphp.org

Open Door Community Health Centers
Ferndale Community Health Center
638 Main St. 707-786-4028
opendoorhealth.com
Fortuna Community Health Center
3750 Renner Dr. 707-725-4477
opendoorhealth.com
McKinleyville Community Health
1644 Central Ave., McKinleyville 707-839-3068
opendoorhealth.com
Redwood Community Health Center
2350 Buhne St., Suite A 707-443-4593
opendoorhealth.com

Planned Parenthood of Northern CA
3225 Timber Fall Court, Suite B, Eureka 707-442-5700
Information and services covering birth control, sexually transmitted disease testing and treatment, pregnancy testing and options counseling, HIV testing, abortion, LGBT services, morning after pill and teen clinic. Call for hours.

Redwoods Rural Health Center
101 W. Coast Rd., Redway 707-923-2783
Medical, dental 923-4313, birth control, counseling & prenatal care.
rrhc.org

United Indian Health Services 707-825-5000
1600 Weeot Way, Arcata HR 825-4042
4715 Valley East Dr., Arcata
Variety of medical, dental and mental health services for members of federally recognized tribes. Call for more info.
uihs.org

Willow Creek Community Health Center
38883 Hwy 299, Willow Creek (530) 629-3111
Family medical practice.
opendoorhealth.com

Hospitals*:*

Note: Most hospitals have financial aid programs

Jerold Phelps Community Hospital
733 Cedar St., Garberville 707-923-3921
sohumhealth.org 707- 822-3621

Mad River Community Hospital
3800 Janes Rd., Arcata
~~Express Care 7~~ days a week 1-9pm
madriverhospital.com

Redwood Memorial Hospital
3300 Renner Dr., Fortuna 707-725-3361
providence.org

Redwood Urgent Care
2440 23rd Street, Eureka 707- 298-2011
For non-life threatening conditions. Open everyday 9-6:30. Walk-in or same day online appointments. Accepts most major insurances, discounts for private pay, Medi-Cal/ Partnership not accepted at this time.
redwoodurgentcare.com

St. Joseph's Hospital (Providence)
2700 Dolbeer St., Eureka 707-445-8121
providence.org

Insurance:

Covered California 800-300-1506
Assistance with finding affordable health insurance overage. Open enrollment Oct.-Jan. Enrollment may occur throughout the year with special circumstances.
coveredca.com

Department of Health and Human Services
929 Koster St., Eureka 877-410-8809
Medical coverage programs for low income adults and families (Medi-cal, County Medical Services Program [CMSP], Path2Health). Contact for eligibility. Non- documented immigrants may be eligible for certain coverage, emergency benefits. benefitscal.com to apply for all DHHS benefits.
humboldtgov.org

Healthy Kids Humboldt
2700 Dolbeer St., Eureka 707-442-6066
Advocacy and help with obtaining medical insurance for children und er 19 . Spanish speaking.
providence.org

MCAP-Medi-Cal Access Program
PO Box 15559 800-433-2611
Sacramento, CA 95852
Insurance program (primary or secondary) for moderate income pregnant women who do not qualify for Medi-cal.
dhcs.ca.gov

Open Door Member Services Department
1522 3rd St. Eureka 707-269-7073
opendoorhealth.com

Pediatrics:

Early Start at RCRC 445-0893 ext. 325
Early Start intake
Health, development, and case management services for infants and toddlers with disabilities and their families.
redwoodcoastrc.org

Nurse Family Partnership 707-268-2105
529 I St., Eureka
humboldtgov.org

Open Door Pediatrics 707-269-7057
2200 Tydd St., Eureka
opendoorhealth.com

Redwood Pediatrics 707-725-9355
3305 Renner Dr., Fortuna
redwoodpediatrics.com

Pediatric Care is also available at any of the community health centers and clinics.

Pregnancy/Perinatal Care:

Breastfeeding Care Line 707-445-8121 ext. 7536
2773 Harris St., Eureka

Doulas By Nature – North Coast Clinics Network Doula Project– North Country Prenatal Services
3800 Janes Road 707-822-1385 ext.2308
Doulas “mother the mother”, help through childbirth, stay through the whole labor. Services for all income levels. Childbirth education classes at NorthCountry Clinic.
opendoorhealth.com

Doula Havilah Deaton 707-832-9450
Offers full spectrum support through pregnancy, labor and post partum. Also offers support through loss. Accepts Medi- Cal and Partnership insurance.
bornbir.com

Nueva Vida Doula 707-809-5859
3117 E St. Eureka
Offers full spectrum support through pregnancy, labor and post-partum. Accepts Partnership/Medi-Cal, Spanish-language appointments available

J Rophe Medical 707-444-0423
1626 Myrtle Ave., Ste. C, Eureka
Free pregnancy tests, free ultrasounds up to 16 weeks.
jrophemedical.org

La Leche League 1-800-LA-Leche
Monthly meetings at the Jefferson Community Center.
llli.org

Pregnancy Care Center
721 7th St., Eureka 707-442-2345
24 hour hotline: 1-800-395-HELP (4357)
Pregnancy counseling (some medical), parenting and social services assistance.
pcceureka.org

Public Health Clinic
529 I St., Eureka PHN 707-268-2108
Immunizations, TB testing
humboldtgov.org
Maternal, Child, and Adolescent Health 707-445-6210
Health & resource information for pregnant/postpartum women.
humboldtgov.org

A Mother’s Village 707-663-3143
627 3rd St, Eureka

Willow Creek Public Health
77 Walnut Way, Willow Creek, 95573 530-629-2410
Public Health nurse, 2 Community Health outreach workers.
humboldtgov.org

Redwoods Rural Health Center
(see listing under Health Care providers)

United Indian Health Services
(see listing under Health Care providers)

Homeless Services

Educational Resources:

Humboldt Co. Office of Education
Foster/Homeless Youth Services
Roger Golec 707-445-7187
hcoe.org

Emergency Shelters:

Arcata Night Shelter-Arcata Annex 707-633-6236 or 211
Shelter opens when there is severe weather forecast. Call for more information, referral and open hours.
arcatahouse.org

Eureka Rescue Mission
110 2nd St., Eureka
Admin. 707-445-3787
Information and men’s shelter 707-443-4551
Women and children’s shelter 707- 443-5016
Free breakfast and dinner are served daily.
eurekarescuemission.org

Humboldt County Department of Health and Human Services (DHHS)
929 Koster St., Eureka 877-410-8809
Call for information regarding eligibility for emergency housing assistance, rental deposit assistance. Winter shelter program, Nov.-April for eligible families. Homeless may qualify for more CalFresh.
humboldtgov.org

Humboldt Domestic Violence Services
Office, Mon.-Fri. 9-5 707-444-9255
24 hour crisis line 707-443-6042
Emergency and long term shelter for families experiencing domestic violence is provided in a Safe House for up to 30 days. All contact is confidential.
hdvs.org

WISH
642 Fir Ln., PO Box 642, Garberville 707-923-4100
Hotline 707-223-0043
Temporary shelter for women and children who are in crisis or experiencing domestic violence, provides emergency direct services. Resource and referral services, assists victims of rape & battery and help with temporary restraining orders.
wishshelter.org

Transitional Shelters:

Arcata House
1005 11th St., Arcata 707-633-6236 or 211
Transitional housing program to assist individuals and families with interim housing while overcoming a temporary financial crisis. Call for a phone assessment.
arcatahouse.org

Homeless services for Veterans
(see listings under Veterans)

Redwood Community Action Agency (RCAA)
904 G St., Eureka
Admin 707-269-2001
PACT (Bridge House/Safe Haven) 707-269-2013
rcaa.org
Youth Service Bureau (YSB)
Call 707-444-2273
Text 707-496-0959
rcaa.org/youth-services-bureau#Shelter

General resources for homeless families:

Family Resource Centers
*see page 5 for the resource center closest to you.

The Annex
501 9th St., Arcata 707-633-6236
Family shelter, adult shelter, food pantry, computers, employment and housing assistance.
arcatahouse.org

Betty Kwan Chinn Day Center
133 7th St., Eureka 707-407-3833
M-F 8-3
Variety of services including computer use for research, help with public assistance enrollment, homeless court, education support/GED, workshops (resume and AOD counseling, community resource referrals, interview clothing, housing/job search assistance, after school program, summer camp, playgroups, teen parent support services and activities.
bettychinn.org

Betty's House Family Shelter
Transitional housing for families with children 0-17. Families can stay up to 6 months. 707-407-3833
bettychinn.org

Housing

Family Services has housing applications

Resources:

Craig's List
Local classifieds and forums for jobs, housing, for sale, personals, services, local community, and events.
humboldt.craigslist.org

List of property management companies in Humboldt County:
https://www.humboldt.edu/housing-reslife/off-campus/humboldt-county-property-managers

Cal Poly Humboldt
Humboldt County Property Management Companies
https://www.humboldt.edu/dean-students/off-campus/rental-listing-resources

Subsidized Housing:

Please note that programs often have waitlists

Danco Property Management
5251 Erikson Way, Arcata 707-822-9000
Affordable apartments in Eureka, Fortuna, Redway and Willow Creek. Some sliding scale available.

Aster Place 707-496-6894
2440 Myrtle Ave., Eureka Reduced rent apartments

Bayview Heights 707-296-6106
108 4th St., Eureka
Income eligible veterans

Church Hill Townhomes 707-496-8240
2601 School St., Fortuna Sliding scale apartments

Courtyard Apartments 707-826-0386
3101 Boyd Rd., Arcata Affordable housing.

Creamery Row Apts 707-822-2770
O and 13th, Arcata
Property manager
977 8th St., Arcata

Fortuna Family Apartments 707-725-6500
2080 Stockton Court, Fortuna Reduced rent apartments.

Phyllis Rex Townhomes 707-601-1622
26 Samoa Coast Ln., Samoa Low income housing

Redwood Village Apartments 707-923-4048
56 Orchard Ln., Redway
Reduced rent.

River Bluff Cottages 707-498-4926
355 Center St., Rio Dell
Permanent, supportive, affordable housing

Sorrel Place 707-599-6173
969 7th St., Arcata
Multi family affordable housing

Willow Creek Apartments 707- 499-2440
520-528 Hwy 96, Willow Creek Reduced rent.

Housing Authority (HUD) 707-443-4583
735 W. Everding, Eureka
Call for information and dates of next opening for Section 8 and other HUD housing programs in the area. Sliding scale.
eurekahumboldtha.org

Housing Humboldt/RCAA 707-826-7312
PO Box 4655, Arcata, 95518
Affordable apartments in McKinleyville, Arcata, Eureka, Fortuna. Waitlist.
housinghumboldt.org

Humboldt Plaza Apartments 707-822-4104
2575 Alliance Rd., Arcata
Sliding scale, Section 8.
humboldt-plaza.com

Murray Apartments 707-839-2348
1423 Reasor Rd., McKinleyville
Reduced rent, sliding scale.
murray-apartments.com

Pine Hill Apartments 707-240-5013
904 Alpha St., Eureka

Redwood Court 707-725-6755
2042 Jenny Ln., Fortuna
Some reduced rent and some sliding scale.

Redwood Creek Apartments 707-839-0875
1740 Sutter Rd., McKinleyville
Reduced rent.
awimc.com

Rio Dell Apartments 707-764-3324
753 Rigby Ave., Rio Dell
Reduced rent.
awimc.com

River Community Homes 707-822-7816
1061 Hallen Dr., Arcata
Sliding scale.
publichousing.com

Strombeck Properties 707-822-4557
960 South G St., Arcata
Fax- 822-4525
Some reduced rent available.
strombeckprop.com

Wood Creek Apartments 707-725-1308
2296 Redwood Way, Fortuna
Reduced rent apartments.
awimc.com

Home Ownership:

Foreclosure Prevention & Assistance
makinghomeaffordable.gov

City of Arcata 707-822-5955
736 F St., Arcata
Homebuyer Assistance Program. Down payment assistance for low income with good credit.
cityofarcata.org

City of Eureka 707-441-4209
531 K St., Eureka
First Time Homebuyer Program, Housing Rehab Loan. Downpayment, mortgage and housing rehab assistance for low income with good credit.
eurekaca.gov

Humboldt County Affordable Housing 707-445-7541
3015 H St., Eureka
Loan assistance for home repair and a 1st time home buyers program.
humboldtgov.org

Rural Community Development 443-6714 ext. 4
Access to Farmers Home Loan program and low interest home repair loans.
californialandcan.org

Renter's rights/ legal assistance:

Legal Services of Northern California 707-445-0866
123 3rd St., Eureka
M-F 8:30-5, closed 12-1
Renter's rights information, eviction and civil legal matters.
lsnc.net

Humboldt County Courthouse Self Help Center
Humboldt County Courthouse 707-269-1223
825 5th St., Room 310, Eureka
Civil law assistance, eviction paperwork & small claims.
humboldt.courts.ca.gov

Substandard Housing Enforcement 707-445-6215
Department of Health and Human Services, Environmental Health
100 H St., Suite 100, Eureka
Inspects housing, files repair recommendations with landlords.
humboldtgov.org

Clean and Sober Living:

Sober Living Environment (SLE) and Recovery Housing Resources in Humboldt County
humboldtgov.org

Corner Stones Recovery 707-725-9252
Clean & sober house. Rooms for rent. Men Only. No kids.

Karen Mesa Personal Growth Center 707-442-1104
No couples, no children.

New Life Recovery 707- 496-1709
Men and women

Nations Finest 707-442-4322
Veterans only, singles, no family

P St. House 707-445-1154
Clean & sober house. Rooms for rent. Children welcome.

Spring St. House 707-476-0142
Clean & sober house. Rooms for rent. Children welcome

Serenity Inn 707-442-4815
2109 Broadway, Eureka Low income housing

Betty's Blue Angel Village 707-407-3833
90 Day sober living program

Patricks Foundation Inc. 707-601-9648
Co-ed, faith based transitional living (6 months)

Immigration

California Human Development Citizenship Department
Call to find out about free assistance. 707-523-1155
californiahumandevelopment.org

Catholic Charities/Immigration/Resettlement
987 Airway Court, Santa Rosa, CA 707-528-8712
Mailing address PO Box 4900, Santa Rosa, 95402
Spanish/English speaking assistance for immigration questions or problems. Deferred action for childhood arrivals, family reunification, legal residency, visa petition, USCIS petitions, Violence Against Women Act (VAWA) & U Nonimmigrant status. Call to schedule a phone consultation. There is a fee for this service.
catholiccharitiesusa.org

National Immigration Project
Information for immigrants or non-documented residents from the National Lawyers Guild. (211) Participating

Teresa Foster, Immigration Consultant (Spanish only)
2180 Jefferson St., Suite 103, Napa 707-255-8666
Spanish/English speaking assistance with immigration questions or problems. Call to schedule a phone consultation. There is a fee for this service.
immigration-consultants.cmac

True North Organizing Network
517 3rd St., Ste. 16, Eureka 707-572-5530
A community lead, grassroots organizing effort supported by a team of community organizers and administrators.
truenorthorganizing.org

US Citizenship and Immigration Services 800-375-5283
uscis.gov

Legal:

ACLU of Northern California 707-336-2258
917 3rd St., Eureka
aclunc.org

Clarity Legal 707-572-5483
612 G St., Eureka
Family and humanitarian immigration
getclarity.legal

Legal

***Tribal Resources – Native American tribal members should check with their tribal office for any special resources available through the tribe.**
See page 19 for contact info for local tribes.

CASA of Humboldt
2356 Myrtle Ave., Eureka 707-443-3197
Trained volunteers advocate for abused and neglected children going through the child welfare court system.
humboldtcasa.org

Clarity Legal
350 E St., Suite 502, Eureka 707-572-5483
Divorce, child custody, expungement for priors.
getclarity.legal

Department of Child Support Services 866-901-3212
2420 6th St., Eureka
Assistance with enforcing court ordered child support, opening a child support case.
humboldtgov.org

Humboldt County Courts info line 707-445-7256

Homeless Court 707-445-7256 ext 1505
Court fines and fees can sometimes be worked off through community service. Felonies, DUI and violent crimes do not qualify. Contact for more info and eligibility.

Humboldt County Courthouse- Self Help Center
Family Law Assistance 707-445-7256, ext 5
Family law facilitators/self-help resources available by appointment, assists with Family Law court paperwork. Free. Ask your home visitor, family worker or teacher for a schedule or call for more info.
humboldt.courts.ca.gov
Civil Law Assistance 707-445-7256 (to make appt.)
Assistance with claims, eviction, civil law matters. Free.
humboldt.courts.ca.gov

Humboldt County District Attorney 707-445-7411
825 5th St. (4th floor), Eureka
humboldtgov.org

Humboldt County Public Defender
1001 4th St., Eureka 707-445-7634
humboldtgov.org

Humboldt Domestic Violence Services
Toll-free 24 hour crisis line 866-668-6543, 707-443-6042
Office 707-444-9255
Referral, resources, restraining order assistance, court accompaniment.
hdvs.org

Humboldt Mediation Services
317 3rd St., Suite 8, Eureka 707-445-2505
Dispute resolution services. Parent/teen mediation at low or no cost. Sliding scale. Waivers available.
humboldtmediationservices.org

Humboldt County Code Enforcement
3015 H St., Eureka 707-476-2429
Mon-Fri 8:30-5:00
Inspects and evaluates rental housing at the request of tenants. Requires that landlords repair and correct all dangerous, substandard conditions.
humboldtgov.org

Legal Services of Northern California
123 3rd St., Eureka 707-445-0866
M-F 9:00-4:00, closed 12-1. No fee for qualified clients.
Assistance with family law, eviction and civil legal matters.
lsnc.net

Victims of Crime Resource Center 800-842-8467
(English and Spanish) 800-VICTIMS
Information/ referral to legal resources for victims of crime.
1800victims.org

Root & Rebound 510-891-1287
1730 Franklin St., Suite 300, Oakland 94612
Reentry Legal Hotline, Fridays 9-3 510-279-4662
Support people navigating reentry after incarceration, legal advice, expungements. Free legal advice on your rights with an arrest or conviction record.
rootandrebound.org

Victim Witness
825 5th St., 5th Floor, Eureka 707-445-7417
Assistance for victims of violent crimes and their families including counseling assistance, restraining orders, court accompaniment and relocation assistance.
M-F 8:30-12, 1-5
humboldtgov.org

VINELink 877-411-5588
Reports status of those incarcerated. Can set up to be notified when an offender is released.
vinelink.com

Libraries

Humboldt County Libraries
Check website for branch hours and services.
humboldtgov.org

Bookmobile 707-267-9933
Visits Bridgeville, Orleans, Dinsmore, Petrolia, Honeydew, Miranda, Myers Flat, Weott, Redcrest and Orick. Call or go online for their current schedule.

Arcata Library, 500 7th St., behind City Hall 707-822-5954
Preschool story time, Wednesdays at 11:00 am

Blue Lake Library, 111 Greenwood Ave. 707- 668-4207
Open Wed. 2-7, Sat 11-4

Eureka Main Library, 1313 3rd St. 707- 269-1900
Closed Sun/Mon, Story time, Fridays at 10:30 am

Ferndale Library, 807 Main St. 707-786-9559

Fortuna Library, 753 14th St. 707-725-3460
Story time, Fridays at 10:30 am

Garberville Library, 715 Cedar St. 707-923-2230
Story time, first 3 Saturdays at 11:00 am

McKinleyville Library, 1606 Pickett Rd. 707-839-4459

Rio Dell Library, 715 Wildwood 707-764-3333
Story time, Saturdays at 10:30 am

Trinidad Library, 380 Janis Court 707-677-0227

Willow Creek Library 530-629-2146
Corner of Highways 299 & 96
Preschool story time Wednesdays at 10:30

Mental Health/Counseling

If you are having a mental health crisis call the crisis line at 445-7715 or 911
Websites to locate available mental health providers:

NCAMHP	Psychology Today
ncamhp.org	psychologytoday.com

Arcata Community Health Center 707-826-8610
1150 Foster Ave., Arcata
Medical, counseling services. Medi-Cal or sliding scale.

Carelon Behavioral Health 855-765-9703
Families on Medi-Cal can call for counselor referrals.
carelonbehavioralhealth.com Plan name is “Partnership”

Changing Tides Family Services 707-444-8293
2379 Myrtle Ave., Eureka
Mental health services to support children and their families. Accepts Medi-Cal.
changingtidesfs.org

Eureka Community Health Center 707-441-1624
2200 Tydd St., Eureka
Medical, counseling and psychiatric services. Medi-Cal or sliding scale.
opendoorhealth.com

Hoopa Valley Tribe 530-625-4261
Behavioral Health Services
533 Airport Rd., Hoopa
Mental health, substance use disorder programs, children and family services, parole/probation
hoopa-nsn.gov

Hospice of Humboldt 707-445-8443
3327 Timber Fall Court, Eureka
Free grief/bereavement support groups. Call or go online for schedule.
hospiceofhumboldt.org

Humboldt Family Service Center 707-443-7358
1802 California St., Eureka
Counseling for children, women and men, drug education, marriage counseling, Children of Divorce Workshop, family violence program. Sliding scale.
humboldtfamily.org

Humboldt County Mental Health Services 888-849-5728
Crisis intervention, inpatient and outpatient mental health services, counseling and medication evaluations.
humboldtgov.org
Adult -720 Wood St., Eureka 707-268-2900
Child -1711 3rd St., Eureka 707-268-2800
Southern Humboldt Office -3156 Redwood Dr. 707-923-2779
Crisis Line 707-445-7715
humboldtgov.org

Hope Center
2233 H St., Modular Building, Eureka 707-441-3783
Educational environment for adults with mental health challenges. Workshops, classes and activities. Free.
humboldtgov.org

Mobile Outreach Vehicle 707-296-5145
Call for schedule
humboldtgov.org

Patients Rights Advocacy Services 707- 268-2995
Call for assistance with service problems.
humboldtgov.org

Humboldt Open Door Clinic 707-826-8610
1150 Foster Ave., Arcata

HumWorks 707-268-3477
Services to parents receiving CalWORKS that have or are experiencing substance abuse issues, mental health issues, and domestic violence. Request info from your worker.
kinshipcareca.org

Mobile Medical Office 707-443-4666
2426 Buhne Street
Mobile medical clinic with regular stops throughout Humboldt County. Counseling services. Spanish speaking. Help with Social Security applications. Call or go online for schedule.
opendoorhealth.com

NAMI (National Alliance on Mental Illness)
Advocacy, education and support groups for families of people with mental health illnesses.
www.nami-humboldt.org

North American Mental Health Services 707-240-4212
Provides in-person and telehealth therapy and psychiatric services.

North Coast Association of Mental Health Professionals
PO Box 5363, Eureka 707-441-3832
Online searchable listing for mental health providers in Humboldt County. Searchable by type of therapy, location, and insurance accepted.
ncamhp.org

Redwoods Rural Health Center
101 West Coast Rd., Redway 707-923-2783
Medical, counseling services. Medi-Cal or sliding scale. Medi-Cal liaison is available, call for hours.
rrhc.org

Remi Vista
3960 Walnut Dr., Eureka 707-268-8722
Counseling for children & families. Medi-Cal.
remivistainc.org

Sempervirens Psychiatric Health Facility 707-445-7710
Mental health crisis only 707-445-7715
SV offers a locked hospital-based treatment for clients who are in danger to themselves or others. See website for info.
Humboldtgov.org

Two Feathers Native American Family Services
1560 Betty Court, Suite A, McKinleyville
707-839-1933, 800-341-9454
Mental health services to women and children who have experienced sexual, emotional or physical abuse. Culture groups, positive Indian parenting, case management and crisis intervention.
twofeathers-nafs.org

Victim Witness-Victim Compensation Program
712 4th St., Eureka 707-445-7417
Assistance to victims of violent crimes and their families including counseling payment assistance, restraining orders, court accompaniment and relocation assistance.
humboldtgov.org

United Indian Health Services
1600 Weeot Way, Arcata 707-825-5000
Child/family counseling services are provided to eligible families. Must be member of a federally recognized tribe.
uihs.org

Willow Creek Community Health Center
38883 Hwy 299, PO Box 726, Willow Creek (530) 629-3111
Medical, counseling services. Medi-Cal or sliding scale.
opendoorhealth.com

Native American Resources

Tribal Services may assist eligible Native American families with resources including tribal enrollment, housing, food, utilities, employment, education and finances.
Contact your tribe for more information.

Bear River Band of the Rohnerville Rancheria
266 Keisner Rd., Loleta 707-733-1900
brb-nsn.gov

Big Lagoon Rancheria
708 9th St., Arcata 707-826-2079
caltribalfamilies.org

Blue Lake Rancheria
1 Aiyekwee Loop, Blue Lake 707- 668-5101
bluelakerancheria-nsn.gov

Bureau Of Indian Affairs
364 Knollcrest Dr., Suite 105, Redding 530-223-7960
bia.gov

California Tribal TANF Partnership
636 H St., Eureka 707-476-0344
Cash aid, food stamps and other services.
cttp.net

Elk Valley Rancheria
2332 Howland Rd., Crescent City 707-464-4680
elk-valley.com 866-464-4680

K'ima:w Medical Center
535 Airport Rd., Hoopa 530-625-4261
Assistance for Hoopa tribal members including food, energy assistance, counseling and substance abuse treatment.
kimaw.org

Hoopa Valley Tribal Housing Authority
172 Hostler Field Rd., Hoopa 530-625-4745
hvha.us

Indian Action Council
2905 Hubbard Lane, Ste. C, Eureka 707-443-8401
Education & tutoring, Native American Library, ancestry info.

Karuk Tribe
64236 2nd Ave., Happy Camp 530-493-1600
karuk.us

Libby Nix Community Center
23001 Hwy 96, Weitchpec 530-625-4300
Medical, dental, vision, child/family counseling, substance abuse treatment, nutrition, cultural classes and events and social services for eligible Native American families.
unitedindianhealthservices.org

National Indian Child Welfare Association 503-222-4044
5100 SW Macadam Ave., Suite 300, Portland, OR
Work with tribal and urban Indian Child Welfare Programs to address child abuse in indigenous communities.
nicwa.org

Northern California Indian Development Council
241 F St., Eureka 707-445-8451
Employment and other assistance to eligible families. Native tribal members and descendants.
ncidc.org

Resighini Rancheria, Klamath 707-482-2431
resighinirancheria.com

Smith River Rancheria, Smith River 707- 487-9255
tolowa-nsn.gov

Substance Abuse Treatment Services for Youth (SATS)
Youth outpatient substance abuse 825-5000
treatment program thru UIHS
unitedindianhealthservices.org

Table Bluff Reservation Wiyot Tribe, Loleta 707-733-5055
wiyot.us

Trinidad Rancheria 707-677-0211
trinidad-rancheria.org

Two Feathers, Native American Family Services
1560 Betty Court, Suite A, McKinleyville 707-839-1933
Services to promote stability of families and the best interest of Native American children
twofeathers-nafs.org
United Indian Health Services
Operates clinics in Arcata, Fortuna, Klamath, Weitchpec and Crescent City. Medical, dental, counseling, vision and other health services.
1600 Weeot Way, Arcata 707-825-5000
2505 Lucas St., Suite A, Eureka 707-442-0380
unitedindianhealthservices.org
Yurok Indian Housing Authority, Klamath 707-482-1506
yurokhousing.com
Yurok TANF
Klamath 707-482-1350
Eureka 707- 444-0433
Health & Human Services Applications
yuroktribe.org

Parenting

Betty Chinn Day Center
Positive Parenting Program (Triple P) 707-407-3833
One on one parenting offered in 4 sessions by appointment.
Systematic Training for Effective Parenting (STEP)
6 and under, one on one, 7 week class by appt
Brightlife Kids 888-275-5357
Personalized support for families. Kids ages 0-12 get free, expert coaching for sleep issues, worry, social skills, etc. Live 1:1 video sessions. Free, no insurance needed. Call or go online.
Changing Tides
2379 Myrtle Ave., Eureka 707-444-8293
Team child services, Special Needs Connection & Family Empowerment, children and family services, parenting classes and counseling. Home visiting programs for overburdened families and teen parents.
changingtidesfs.org
College of the Redwoods 707-476-4455
Caregivers Education Program
Parenting education classes including Love and Logic, Positive Discipline, Dad's Support Group, Kinship Support Group. Child care provided, arranged in advance.
redwoods.edu
Foster Parent Support Group 707-269-4003/476-4455
Ongoing monthly support group for foster parents through the College of the Redwoods Kinship program.
redwoods.edu
Directory of Community Parenting Classes
Supported Parenting Program 707-444-8293
Weekly in-home visits to teach parenting skills and parent education to those with developmental disabilities, must be referred by RCRC.
changingtidesfs.org
Family Resource Centers ***See page 5 for a full listing.****
Family resource centers provide many services including parenting groups and classes. Call for details.
First Five Humboldt 707-445-7389
Parenting classes and support groups.
Incredible Years 206-285-7565
Designed for families with at least one child between the ages of 3 and 8.
incredibleyears.com
Manila Community Center
1611 Peninsula Dr., Arcata 707-444-9771, 444-3803
Northcoast Children's Services 707-822-7206
1266 9th St., Arcata 800-808-7206
Head Start, Early Head Start and State Preschools. Parenting classes offered annually to enrolled families.
ncsheadstart.org
Parent Project
1820 6th St., Eureka 707-825-2535
Free parenting classes for parents of teens and pre-teens. McKinleyville, Arcata, Eureka, & Fortuna. Call for schedule.
parentproject.com
Parenting with Love & Logic
Office 707-496-6070
Guides parents in how to respond to frustrating situations with love and empathy. Scholarships available. Call for schedule and information.
parentsintraining.org
Pregnancy Care Center
721 7th St., Eureka 707-442-2345
Bright Course curriculum video courses
pcceureka.org
Safe Care 707-445-6211
Home Based Parenting program for adults with children 0-5. 3 parts: parent child interaction, health and home safety. Weekly home visitis.

Playgroups

Call ahead to confirm the groups location and time.
First 5 Playgoups
First5humboldt.org
Arcata Play Center
1301 D St., Arcata 707-822-7091
Mon, Tues, Wed 10 am – 12 noon
cityofarcata.org
Arcata Tiny Tots Playgroup
1761 11th St., Arcata 707-822-1963
Sat. 9:30 am-11:30 am
arcatamethodist.org
Blue Lake Playgroup *Temporarily Closed*
351 S. Railroad Ave., Blue Lake 707-668-5932
Thurs/Fri 10 am – 12 noon
bluelake.ca.gov
Eel River Valley Playgroup (hablamos español)
3000 Newburg Rd, Fortuna 707-725-1722
Mon, Tues 9:30-11:30
glccenter.org
Fortuna Parks and Rec Playgroup
Monday Club, 610 Main St., Fortuna 707-725-7620
Thurs/Fri 10-12
friendlyfortuna.com
Jefferson Playgroup (hablamos español)
1000 B St., Eureka 707-497-6280
Sat 10 am-12 pm
jefferson-project.org
Loleta Playgroup (hablamos español)
228 Church St., Loleta 707-733-5239
Wed 9:30-11:30
Manila Playgroup
1611 Peninsula Dr., Manila 707-832-1494
Tues, Wed 9 am-11 am
facebook.com
McKinleyville Playgroup
1705 Gwin Road, McKinleyville 707-839-9003
Thurs 10:30-12:30
mckinleyvillecsd.com

(Orleans) Ayukii Nanlfviiv Playgroup
Panamnik Bldg
Tues 3:30-5 707-839-1933
Pine Hill Panda
5230 Vance St., Eureka 707-445-5933
Tues & Thurs 9:30-11:30
southbayusd.org
Redway
344 Humboldt Ave., Rm. 22, Redway 707-923-1147
Wed 10-12
Redwood Discovery Museum Playgroup
612 G Street, Suite 102, Eureka 707-443-9694
Thurs 10 am-12 pm
discovery-museum.org
Salmon Creek Playgroup
3583 Upper Thomas Rd, Miranda 707-223-4657
Fri 10 am-2 pm
salmoncreekcommunityschool.org
Skuy' soo hue-no-woh Playgroup*
For local Native families
1615 Heartwood Dr., Room 105, McKinleyville 707-839-1933
Fri 10 am-12 pm
twofeathers-nafs.org
sohumhealth.org
Willow Creek Playgroup
730 CA-96, Willow Creek (530) 629-3141
Fri 10 am-12 pm

Showers / Bathing / Laundry

AHHA 707-298-1466
Shower-Care-A-Van is a three bathroom trailer with showers thar also distributes basic needs to individuals in need, they also help them in connecting with services. Check online for schedule. They travel through McKin, Arcata and Eureka.
ahha-humco.org
Arcata Community Pool
1150 16th St., Arcata 707-822-6801
Adults $11, Seniors $9.50, Youth $7. Use of pools, sauna & showers. Bring towel & soap.
arcatapool.com
Eureka Rescue Mission
110 2nd St., Eureka 707-443-5016
Showers, clothing exchange
Women -Everyday 9-2
Men -Mon, Wed, Fri. 1-3 pm
eurekarescuemission.org
Fortuna Community Services / DORCAS
2331 Rohnerville Rd., Fortuna 707-725-1166
Showers for homeless community in the Fortuna area on Tues, Weds 9:30-11:30. Call for more details.
fortunaacs.com
St Vincent De Paul (Betty's Showers)
35 W. 3rd St, Eureka 707-407-3833
Free public showers 7am-10am M-F. Soap & shampoo provided.

Notes:

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Substance Use Services

Tribal Resources –
Native American tribal membersshould checkwith their tribal office forspecialresources available through the tribe.
See page 17 for local tribes contact info.

Treatment Programs –Inpatient/Outpatient

Adolescent Treatment Program
134 D St., Eureka 707-441-3773
An outpatient counseling/support group for youth ages 12-18
humboldtgov.org/416/adolescent-treatment-program
Arcata Community Health Center
1150 Foster Ave. 707-826-8610
Substance use services, medical treatment of addiction, opiate dependency services and support. Resource and referral.
Crossroads 707-445-0869
1205 Myrtle Ave., Eureka
1210 Myrtle Ave., Eureka, women's facility
Mon-Fri 9-5
Residential treatment program -men & women. Minimum 90 days. Sliding fee scale, some special payment programs.
ncsaccrossroads.org
Eureka Community Health & Wellness Center
2200 Tydd St., Eureka 707-441-1624
Substance use disorder support, medical treatment of addiction, opiate dependency services, resource and referral.
opendoorhealth.org
Healthy Moms Program
Department of Health and Human Services
2910 H St., Eureka 707-441-5220
Mon-Fri 8:30-12:00 & 1:00-5:00
Alcohol and other drug day treatment program for pregnant and parenting moms, skill classes, and practical life skills. On -site child care provided. Sliding scale, Medi-Cal.
humboldtgov.org
Humboldt County Programs for Recovery (HCRP)
Department of Health and Human Services
231 2nd St., Eureka 707-476-4054
Mon-Fri 8-12 & 1-5
Outpatient treatment, education and referral for alcohol and other drug problems. Sliding scale, insurance or Medi-Cal. Pick up admission packet at 231 2nd St. or have one mailed.
humboldtgov.org
Humboldt Recovery Center
Executive Director 707-443-4237
Men's office 707-269-9566
Women's office 707-443-0514
Assessment line 707-223-3632
Residential recovery home for men and women. Outpatient counseling and educational presentations available upon request. Sliding scale fee.
humboldtrecoverycenter.org
Humboldt Family Service Center
Office temporarily operating through TeleHealth
1802 California St., Eureka 707-443-7358
Drug and alcohol education, drug diversion, court ordered batterers' program and anger management, children of divorce workshops, family, children and individual counseling, premarital counseling for adolescents.
humboldtfamily.org
Humboldt Alcohol Recovery Treatment (HART)
2331 Rohnerville Road, Fortuna, CA 95540 707-725-9381
Outpatient treatment, first/multiple offender, member of the Drinking Driver Treatment Program. DUI program services on Zoom. Extended payment plan.
fortunaacs.com/hart

HumWorks
Department of Health and Human Services
929 Koster St., Mod D, Eureka M-F 8-5 707-268-3477
Counseling and Advocacy Services to parents (receiving CalWorks) experiencing substance use issues, mental health issues or domestic violence. Participants may qualify for treatment activities counting towards CalWorks requirements.
humboldtgov.org

Mobile Medical
2426 Buhne, Eureka 707-443-4666
Call for location schedule. Substance use support, resource and referral. Clinic with regular stops throughout Humboldt County. Opiate dependency services. Spanish speakers available.
opendoorhealth.org

Mountain of Mercy
Honeydew, Ca 707-601-3403
Christian based 8-10 month residential program. No fee for services. Call or go online for more information.
mountain-of-mercy.org

Redwood Teen Challenge 707-268-8727
Men's Center & Intake 707- 268-0614
2844 Fairfield St., Eureka
Women's Center
2000 Myrtle Ave., Eureka 707-442-4233
Live-in recovery program for adults. Services range from 12-18 months. Fee for service, some scholarships are available.
redwoodtc.org

New Life Discipleship (at the Eureka Rescue Mission)
Admin 707-443-4551
110 2nd St., Eureka CA
Drug and Alcohol Recovery Program for men, 12 month, live in program includes a Christian 12-Step, education program, Bible study, daily chores, and goal setting.
eurekarescuemission.org

Serenity Inn-Sober Living Facility
2109 Broadway, Eureka 707-442-4815
Alcohol and drug care services

Suboxone Program, Open Door Community Health Centers
707-441-1624
An approximately one year long program, includes psych treatment, works well for pregnant women and dual-diagnosis.
opendoorhealth.com

United Indian Health Services
1600 Weeot Way, Arcata 707-825-5000
Drug and alcohol education, prevention and counseling (group or individual). Detox/residential treatment assistance.
uihs.org

Waterfront Recovery Services
2413 2nd St., Eureka
Serenity Inn 707-442-4815
Waterfront Recovery 707- 269-9590
Services include detox & residential. Inpatient programs. Temporary housing at Serenity Inn. Fee, call for details.
waterfrontrecovery.org

Support Groups

Al-Anon Alateen/ ACA Groups 707-443-1419
Humboldt/Del Norte Co.
Meetings at Jefferson Community Center. Check website for meeting information.
al.anon.org

Alcoholics Anonymous 844-442-0711
Local 24 hour hotline
Call or go online for meeting schedule/zoom options.
aahumboldtdelnorte.net

Eureka Faith Center - Celebrate Recovery
1032 Bay St., Eureka 707-442-1784
Office hours S & T-Th 9-1
Every Monday: Potluck at 5, large group 6-7, open share 7-8
eurekafaithcenter.org

Narcotics Anonymous 866-315-8645
PO Box 6634, Eureka, CA 95502 707- 444-8645
Free confidential support for ending addiction. Call or check website for meeting times.
humboldtna.org

Clean and Sober Living

Call for cost, location and availability

Corner Stones Recovery 707-725-9252
Clean & sober housing. Men Only. No children.

Karen Mesa Personal Growth Center 707-442-1104
No couples, no children.

New Life Recovery 707-496-1709
Men only

P St. House 707- 445-1154
Clean & sober house. Rooms for rent. Children welcome.

Spring St. House 707-476-0142
Clean & sober house. Rooms for rent. Children welcome.

Feather House Sober Living 707-721-5592

Support Groups

AA 844-442-0711
Call or go online for schedule, in person or Zoom options
aahumboldtdelnorte.org

Celebrate Recovery
Eureka Faith Center 707-442-1784
1032 Bay Street, Eureka
Faith based drug and alcohol recovery support group. Every Monday 6 pm-8 pm, potluck dinner at 5 pm.
eurekafaithcenter.org

Humboldt Domestic Violence Services 707-443-6042
Support groups offered, call for location, childcare available.
hdvs.org

Free to Fly Foundation
1501 Rose Ave., Ferndale 707-296-9916
Support for single mothers. Financial assistance, drug and alcohol recovery support, career advancement tools and parenting. Support group in Eureka, with dinner and child care, or on Zoom.
freetoflyfoundation.org

Mother to Mother
317 3rd St., Suite 8, Eureka 707-496-2108
Tuesdays 10 am-12 pm
Free prenatal/postpartum mothers support group.
inkpeople.org

Madre a Madre (Spanish only) 707-441-4477
St. Joseph Hospital
Spanish speaking nursing mom support group through Paso a Paso.

Mobile Medical 707-443-4666
2426 Buhne St., Eureka
Various support groups including smoking cessation, HIV, opiate dependency, call for more info.
opendoorhealth.com

Hospice Main Office 707-445-8443
Grief Support Groups
Arcata- Thursdays 5:30-7:00
Umpqua Bank, 1063 G St.
Eureka- Fridays 1:00-2:30
3327 Timber Fall Court, conference room
Online– on Zoom, Mondays 5-6:30
hospiceofhumboldt.org

A Mother's Village 707-633-3143
627 3rd St, Eureka, upstairs

NAMI (National Alliance on Mental Illness) 707-444-1600
Supports people with mental illness and their families

Teen and Youth

Eureka Boys & Girls Club Teen Program
3015 J St., Eureka 707-444-0184
Teen center and mentoring program.
bgcredwoods.org

Gay/Lesbian/Bisexual/Transgender National Youth Talkline 800-246-7743
Help Line with confidential counseling available in Spanish & English Mon-Fri 1-9, Sat. 9-2. Peer counseling, information, email counseling, resources for gay, lesbian, bisexual, transgender youths.
lgbthotline.org

Humboldt County Transition Age Youth Collaboration (HCTAYC) 707-476-4922
Youth leadership and advocacy for transition age youth. Clinical therapy and case management for transition age youth. Call Main Line 476-4944 for other programs
humboldtgov.org

TAY- ILS (Transition Age Youth-Independent Living Skills)
433 M St., Eureka 707-476-4944
Serves transition age youth (16-21) who were dependents of the state on 16th birthday. Housing assistance, deposit assistance, employment training, case management.
humboldtgov.org

Humboldt Domestic Violence Services
Support groups for women only 707-444-9255
24-hour Crisis/Support 866-668-6543
Call for more details. 707-443-6042
hdvs.org

Media & Art Resource Zone (MARZ) Project 707-442-8413
Located at the Ink People Center For the Arts. Afterschool youth project Tues-Thurs 3:00-6:00. Encourages teens to explore positive means of expression. Learn to play an instrument; music production lessons, digital arts, music, and film/video production. Program is free. Ages 12-26.
inkpeople.org

Open Door Teens Only Clinic
1150 Foster Ave., Arcata 707-826-8610
1644 Central Ave., McKinleyville 707-839-3068
This is a no-appointment-necessary, walk-in clinic for teenagers, open Mon 3:00-5:00
opendoorhealth.com/teenclinic

RCAA/Youth Services Bureau: 707-443-8322
Youth Crisis Line 707-444-CARE (2273)
Our House 707-444-CARE
Launch Pad 707-443-8322
Raven Project 707-443-7099
523 T St., Eureka
Services for youths under 21 living or hanging out on the streets. Immediate need support (toiletries, showers, phone), local resource referral and job education. Drop in hours: T-Fri 1:30-5
rcaa.org

THP Plus 916-651-7465
foster care or probation.
cdss.ca.gov

YES-Youth Education Services
1 Harpst St., Arcata 707-826-4965
Social and educational activities, resource referrals and enhancement of self esteem for pregnant and parenting teens. Closed over summer.
hraps.humboldt.edu

Tobacco Cessation

Your medical provider can assist you with strategies and medical assistance with stopping smoking.

American Cancer Society 800-227-2345
2942 F St., Eureka 707-227-2345
Quit kits available
cancer.org

California Smoker's Helpline 800-NO-BUTTS
nobutts.org 800-662-8887

Department of Health and Human Services
Tobacco-Free Humboldt Program 707-268-2132
908 7th St., Eureka
humboldtgov.org

Eureka Community Health
2200 Tydd Street, Eureka 707-707-441-1624
One on one by appointment
opendoorhealth.com

Humboldt Open Door
1150 Foster Ave., Arcata 707-826-8610
By appointment
opendoorhealth.com

Humboldt Recovery Center
1024 N St. 707-443-0514
Call for class times
humboldtrecoverycenter.org

Kick It California
Offers a range of services and materials to quit smoking.
kickitca.org

Nicotine Anonymous
2942 F St., Eureka
nicotine-anonymous.org
nica-norcal.org

Quitterinyou.org
Website with smoking cessation resources.
lung.org

Tobacco Free Humboldt
Healthy Communities Community Wellness Center
708 7th St., Eureka 707-273-2896
Offers a range of services and materials to quit smoking.

UIHS
1600 Weeot Way, Arcata 707-825-5070
By appointment.
unitedindianhealthservices.org

Transportation

Arcata and Mad River Transit System
925 E St., Arcata 707-822-3775
Transportation in/around Arcata, call or go online for schedule/cost.
arcatatransit.org

Dial-a-Ride
To apply 707-443-0826
To be picked up 707-442-4555
Call or go online for information and certification process. Fee for services. For people unable to take public transportation due to a disability.
hta.org

DMV
322 W. 15th St. Eureka 800-777-0133
1180 Evergreen Rd., Redway
dmv.ca.gov

Fortuna Senior Citizens Bus Service 707-725-7625
This is a Dial-a-Ride service for seniors (over 50) and disabled individuals inside Fortuna city limits.
friendlyfortuna.com

HCAR Care-A-Van 707-443-7077
1707 E St., Suite 2, Eureka
Care-A-Van provides transportation for non-emergency medical appointments for seniors and disabled. Call for current route schedule. Fee for service.
hcarcenter.org

Humboldt Transit Authority (HTA)
133 V St., Eureka 707-443-0826
Routes run from Scotia to Trinidad, 7 days a week.
hta.org

HTA Phone App
Compiles all of HTA's bus line schedules and helps with navigating thought Humboldt County.

Partnership Transportation (NEMT) 866-828-2303
Transportation to local and out of town medical/dental appts. Call at least 5 days in advance.
partnershiphp.org

Redwood Coast Transit 707-464-6400
Bus service from Crescent City to Arcata. Call for price and schedule or visit website.
redwoodcoasttransit.org

Ride Humboldt
Phone app that provides riders with affordable on-demand shared transportation.

Transportation Assistance Program (TAP)
929 Koster St., Eureka 707-269-4106
One way transportation assistance out of Humboldt County, meal allowance for families/individuals, assists in relocating, reuniting with extended family, gaining employment and increasing self sufficiency. Must meet eligibility requirements.
humboldtgov.org

Redwoods Rurual Dental Clinic (RRHC) 707-923-2784
For their patients only Tues-Thurs

Utilities

Assurance Wireless 888-898-4888
Lifeline cell phone program for income qualified applicants. Free cell phone and free cell phone service, including unlimited monthly data, texts and minutes.
assurancewireless.com

CA Life-line Services 866-272-0349
Reduced telephone charges for income qualifying individuals and families.
californialifeline.com

Northcoast Unified Air Quality Management District
707 L Street, Eureka CA 707-443-3093
Program that assists with replacing wood stoves for homes that qualify. Applications are accepted 1 month a year.
ncuaqmd.org

PG&E:
CARE 866-PGE-CARE
Reduces monthly home energy charges for income eligible individuals and families.
pge.com

Energy Savings Assistance Program 800-989-9744
8-5:30. Assistance to low income households to make homes more energy efficient (window caulking, door weather stripping, shower heads, utilities, and refrigerator, furnace and/or water heater replacement).
cpuc.ca.gov

Redwood Coast Energy Authority
633 3rd St., Eureka 707-269-1700
Low to no cost programs to increase home energy efficiency. Contact for more information.
redwoodenergy.org

Redwood Community Action Agency:
HEAP 707-444-3834
Assistance with PG&E, wood, propane bills for eligible families. Call Mondays at 9 am for appt. Expedited service available if power is turned off.
Weatherization 707-444-3831 ext. 206
Visits your home to make suggestions on saving energy, will help replace old appliances or weatherize your home. Call to get on wait list.
rcaa.org

Salvation Army Reach 707-442-6475
Assistance with PG&E bills. Must be low income, have 15 day notice, and an eligible reason why you were unable to pay.

Veterans Resources

Eureka Veterans Affairs
Community Based Outpatient Clinic 707-269-7500
930 Harris St., Eureka
va.gov

Eureka Veterans Center 707-444-8271
2830 G St., Suite A & B, Eureka
Re-integration counseling for veterans, socialization groups, outreach. Call for eligibility information.
va.gov

Humboldt County Veterans Service Office
1105 6th St., Suite F, Eureka 707-445-7611
M-F 8-4:30, phones 8:30-12, 1-4. VA benefit counseling.

Nations Finest
109 4th St., Eureka 707-442-4322
Transitional housing/housing assistance for homeless vets.
Supportive Services for Veterans' Families
A variety of services available for veterans and their families including security deposit, rent assistance on a case by case basis. Case management, behavioral health treatment, employment and training assistance.
HUD/VASH
Housing vouchers for veterans and their families.
Grant/Per Diem Program
Housing for homeless veterans for 2 years. Singles, and couples if both are veterans.
nationsfinest.org

Veterans Administration 800-698-2411
Benefits hotline 800-827-1000
va.gov

¡ATENCION HISPANOHABLANTES!
Guía de recursos

Centros de Recursos

Estos centros ayudan en conectar individuos y familias a servicios sociales, ofrecen referencias para problemas de alcohol y drogas. En ocasiones, grupos de apoyo y clases son ofrecidas por un personal profesional y voluntarios entrenados. Todas las conversaciones son confidenciales.
***VER LISTADOS PAGINA 5—en la**

Servicios de Alcohol y Drogas

Alcoholics Anonymous (Alcohólicos Anónimos)
Línea de acceso local las 24 horas (inglés) (844) 442-0711
Grupos de apoyo para gente con problemas del alcoholismo. **Grupo en españo**l se reúne en el 239 Buhne St, Eureka los miércoles a las 7 p.m. Para información llame a la línea.
Request Spanish 707-476-4054
Programa de tratamiento y prevención de abuso de drogas/alcohol.
aa.org

Healthy Moms' Program (Programa para las Mamás Saludables)
2910 H St., Eureka, CA 95501 707-441-5220
Un programa de tratamiento para las mujeres con uso problemático de el alcohol/ las drogas y quienes están embarazadas o tienen a niños menores de 5 años de edad. Ofrece varios programas de apoyo
humboldtgov.org

Sillas de Seguridad

Child Passenger Safety Program (Programa de Seguridad de Niños Pasajeros) 707-476-4991
Emily 707-599-6319
Ofrecen clases de seguridad con las sillas de seguridad y sillas de seguridad de bajos costos.
partnership.org

Pasó a Paso St. Joseph Hospital 707-441-4477
Clases de sillas de seguridad y sillas de seguridad de bajo costos.
providence.org

Abuso Infantil

Child Welfare Services (Servicios al Bienestar de los Niños; Departamento de los Servicios Sociales del Condado de Humboldt) (Asistencia bilingüe por teléfono)
929 Koster St., Eureka
Informes del Abuso – 24 horas – 707-445-6180
Llamada Gratis: 1-800-891-8551
Ofrecen servicios amplios para intervenir y prevenir el maltrato a los niños. Padres pueden referirse para recibir servicios voluntarios y prevenir abuso.
humboldtgov.org

CASA– Court Appointed Special Advocate (defensor especial designado por la corte)
2356 Myrtle Ave., Eureka 707-443-3197
Voluntarios entrenados en como abogar por los niños abusados y desatendidos que están involucrados con el sistema legal.
humboldtcasa.org

Guardería/Escuelapreescolar

Northcoast Children's Services (Personal bilingüe)
1266 9th Street, Arcata 707-822-7206
1-800-808-7206
Head Start, Early Head Start, Asociación de familias y preescolares estatales. Programas basados en un centro o en la casa para niños y familias con niños de 0 a 5 años de edad. Amplios servicios a través de todos los programas.
ncsheadstart.org

Changing Tides (Personal bilingüe disponible)
2379 Myrtle, Eureka 707-444-8293
Información de los centros de guardería, referencias, y cupones subsidiarios, equipo de servicios para niños, el cuidado de niños para los padres con los niños con minusvalía del desarrollo, los servicios a los adolescentes, y los centros de juego donde pueden asistir sin matriculación. Los programas de las visitas en el hogar para las familias sobrecargas y para los padres de familia que son adolescentes.
changingtidesfs.org

Recursos de ropa

Pregnancy Care Center (Centro de maternidad) (no spanish speakers)
721 7th St., Suite A, Eureka 707-442-2345
Ropa gratuita y otros recursos incluye asesoramiento a las
Abierto lunes 10-6, martes, miércoles y jueves de 10-3pm
pcceureka.org

Kid Shop (Tienda de Niños)
1032 Bay St., Eureka 707-442-1784
Ropa gratuita para niños del tamaño 4-14, cada 4 meses.
Horas de oficina Martes-Jueves 9-12 y 1-5.
eurekafaithcenter.org

Grace Good Shepard Church (Iglesia de la Gracia del Buen Pastor)
1450 Hiller St., McKinleyville 707-839-3726
Ofrece la comida de emergencia y tienen una tienda de segunda. Llame para más información. Hay alguna ropa gratuita.

7th Day Adventist Church (Iglesia Adventista del séptimo día)
Ofrecen ropa gratuita.
redwoodadventist.org

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Discapacidad/Necesidades Especiales

Early Start (Personal bilingüe disponible) 707-441-0279, 445-0893
Los servicio s para infantes y niños pequeños con discapacidad y para sus familias.
dds.ca.gov
Humboldt County Office of Education-Special Beginnings (Oficina de Educación del Condado de Humboldt-principios especiales) 901 Myrtle Ave., Eureka 707-445-6006
Geneviere Macias
Programa educativa para niños con necesidades especiales (0-5) y sus familias, especial día de clases para niños con autismo.
hcoe.org
Making Headway 707-442-7668
730 K St., Eureka
Servicios a sobrevivientes de lesión cerebral traumática y sus familias. Terapia de consejería y manejo de casos para coordinar cuidado y recuperación. Ofrecen cascos gratis.
mhwcenter.org
Redwood Coast Regional Center (RCRC) (Centro regional de la Costa de Redwood) 707-445-0893
525 2nd St., Suite 300, Eureka
Ofrece servicios de abogacía y coordinación de servicios para adultos y niños con discapacidades del desarrollo.
redwoodcoastrc.org

Violencia Domestica

Humboldt Domestic Violence Services (Servicios para Violencia Doméstica) 707-443-6042
P.O. Box 969, Eureka
Ofrecen grupos de apoyo para la gente que han sido victimas de la violencia doméstica; hay grupos de apoyo para niños y adolescentes, consejos entre compañeros, y referencias. Ayudan con órdenes de restricción.
hdvs.org
Victim Witness (Testigo victima) 707-445-7417
825 5th St., Eureka
Víctimas de violencia y otros delitos pueden ser elegibles para recibir fondos para terapias, asistencia de reubicación, y apoyo en corte. Llame para información de y asistencia con solicitud.
humboldtgov.org

Educación

College of the Redwoods (Colegio de los Redwoods)
7351 Tompkins Hill Rd., Eureka 707-476-4100
Llame por el horario de las clases, los costos y los eventos especiales. Se ofrecen las clases, el consejo académico y el consejo profesional en varios lugares en los condados de Humboldt y Del Norte. El campus de Eureka tiene un centro de desarrollo para los niños.
redwoods.edu
Eureka Escuela Para Adultos
Información de educación para la comunidad incluyendo GED, educación vocacional, e Inglés como segundo idioma.
216 West Harris, Eureka 707-441-2448
Clases de inglés por la noche en Fortuna y Loleta ¡Gratis!) Hay estudio independiente en Hoopa, Orick, Manila y McKinleyville.
eas.eurekacityschools.org
Humboldt Literacy Project (Proyecto de alfabetización de Humboldt
539 G St., #116, Eureka 707-445-3655
1645 Main St., Fortuna 707-725-0655
10 y N Streets, por el estacionamiento de la iglesia, Fortuna.
Este proyecto capacita y provee tutores para ayudarles a aprender a leer o mejorar sus habilidades de lectura. Los tutores son voluntarios y hay lista de espera.
humboldtliteracy.org

Recursos de comida

Food for People (Banco de Comida) (Persona bilingüe disponible)
307 West 14th St., Eureka 707-445-3166
Llame lunes para tener una cita o llega al sitio para una cita o distribución de comida. Necesitara identificación para cada miembro de su familia. Caja de comida de emergencia cada mes. Hay sitios en otros ciudades, llame para información.
foodforpeople.org
Fortuna Community Services (Servicios Comunitarios de Fortuna)/DORCAS
2331 Rohnerville Rd., Fortuna 707-725-1166, Ext.205
Provee recursos de emergencia básicos para familias (comida y ropa) también servicios de consejería, rehabilitación para las drogas, y vida sobria y limpia. fortunaacs.com
Salvation Army (Ejército de Salvación)
(Personal bilingüe disponible)
2123 Tydd St., Eureka 707-442-6475
Ofrece comida de emergencia y otros servicios sociales.
eureka.salvationarmy.org
WIC-Mujeres y Niños
317 2nd St., Eureka 707-445-6255
727 Cedar St., Garberville 707-923-2779
1108 Main St., Fortuna 707-726-9427
1450 Hiller Rd.,McKinleyville 707-445-6255,839-1173
Cupones de comida para niños y mujeres embarazadas o amamantamiento.
Humboldt County Dept. of Social Services/DSS (Departamento de Servicios Sociales del Condado de Humboldt)
929 Koster St., Eureka 877-410-8809
Cashaid (ayuda financiera), Calfresh (estampillas de comida), y Medi-cal. Puedes solicitar
benefitscal.com
Family Resource Centers (Centros de Recursos Familiares y Comunitarios)
Llame para preguntar si tienen comida disponible
*VER LIST ADOS PAGINA 5
Eureka Rescue Mission (Misión de Rescate de Eureka)
(Algunos servicios bilingües)
110 2nd St., Eureka
Información y refugio para hombres 707-443-4551,445-3787
Refugio temporal para mujeres 707-443-5016
Se sirven el desayuno y la cena todos los días.
eurekarescuemission.org

Salud y el bienestar

Clinicas de Open Door *VER LISTADOS página 12
Pediatrías *VER LISTADOS página 13
Dental *VER LISTADOS página 11
Mobile Medical (personal bilingüe)
Citas 443-4666
Una clínica Mobile con paradas frecuentes en el condado de Humboldt. Servicios de consejería y asistencia con servicios sociales. Llame para horario.
opendoorhealth.com

Paso a Paso — St. Joseph's Hospital 707-441-4476
o 441-4477 (personal bilingüe)
Clases gratis en español: Preparación para el parto, Lactancia Materna y Planificación. Una visita guiada de la sala de maternidad. Para registrarse en las clases llame por teléfono.
providence.org

Healthy Kids Humboldt (Niños Saludables de Humboldt)
2200 Harrison, Eureka (Los atenderán en español) 707-442-6066
El apoyo y ayuda para obtener seguro médico para sus niños. Los seguros médicos incluyen Healthy Families y Medi-Cal.
providence.org

Six Rivers Planned Parenthood
3225 Timber Fall Court, Eureka 707-442-5700
Información y servicios de planificación familiar, pruebas de enfermedades de transmisión sexual y el tratamiento, pruebas de embarazo y opciones, la prueba del VIH, clínica de adolescentes, abortos y píldoras anticonceptivas de emergencia.
plannedparenthood.org

J Rophe Medical
2458 Buhne St., Eureka 707-444-0423
Pruebas de embarazo gratis y ultrasonidos hasta 18 semanas gratis.
Jrophemedical.org

Vivienda

Housing Humboldt
PO Box 4655, Arcata 707-707-826-7312
Apartamentos de alquiler reducido en Eureka, Fortuna, y McKinleyville.
housinghumboldt.org

Housing Authority (Autoridad de Vivienda)
735 W. Everding, Eureka 707-443-4583
Información sobre vivienda de bajo costo. Llame para información y fechas de la próxima apertura de la sección 8 y otros programas en el área.
eurekahumboldtha.org

Youth Services Bureau (Departamento de Servicios para Jóvenes)
(Asistencia bilingüe por línea telefónica) Oficina 707-443-8322
1100 California Street, Eureka Línea de 24 horas 444-CARE
Esta agencia ofrece grupos de apoyo e intervención para jóvenes de 12 a 18 años de edad en crisis. Refugio de emergencia para jóvenes de 12 a 18 años de edad. Llame para más información.
rcaa.org

Eureka Rescue Mission (Misión de Rescate de Eureka)
(Algunos servicios bilingües)
110 2nd St., Eureka
Información y refugio para hombres. 707-443-4551/445-3787
Refugio temporal para mujeres. 707-443-5016
Se sirven el desayuno y la cena todos los días
eurekarescuemission.org

Legal

Humboldt County Adult Protective Services (Los Servicios Protectores a los Adultos del Condado de Humboldt)
(Personal bilingüe disponible y asistencia por línea telefónica)
Número gratis 1-866-527-8614 / 707-476-2100
Maneja los informes del abuso de los adultos dependientes; ofrece los servicios del apoyo en el hogar y son cuidadores registrados.
humboldtgov.org

Salud Mental

24– hour Substance Use Disorder Access Line
Recipientes de Partnership/Medi-Cal, llamen a Beacon Mental Health para recibir una referencia 1-855-765-9703
humboldtgov.org

Humboldt Family Service Center (Centro de Servicios para las Familias de Humboldt) 707-443-7358
1802 California St., Eureka
Individualmente para niños, mujeres y hombres, educación acerca de las drogas, consejos matrimoniales y un taller acerca de Niños de Divorcios. Clases de la violencia domestica de 52 semanas. Aceptan Medi-Cal y ofrecen costos reducidos basados en los ingresos.
humboldtfamily.org

Humboldt County Office of Mental Health (Oficina de Salud Mental del Condado de Humboldt) 707-445-7715
(Personal bilingüe disponible y asistencia por línea telefónica)
Ayuda telefónica de 24 horas, información sobre consejeros.
humboldtgov.org

Mobile Medical 707-443-4666
12 sesiones gratis de consejería por webcam- Telehealth
opendoorhealth.com

Changing Tides 707-444-8293
2379 Myrtle Ave., Eureka
Llame para información de apoyo, recursos (trabajadores de auxilios y ayudas terapéuticas) referencias y abogacía para familias con niños que tienen necesidades especiales.
changingtidesfs.org

Crianza de Niños

Disciplina positiva
Paso a Paso — St. Joseph's Hospital 441-4476 o 441-4477 (Personal bilingüe)
Clases prenatales, madre a madre, madres y padres, disciplina positiva, serie gratuita de 4 clases que se ofrecen en español dos veces al año, sillas de seguridad.
providence.org

Changing Tides (personal bilingüe) 707-444-8293
2379 Myrtle Ave., Eureka
Este recurso ofrece los servicios a los niños y a las familias, las clases de crianza de niños
changingtidesfs.org

Family Resources Centers (Centro de recursos familiares)
*VER LISTADOS PAGINA 5
*llame para preguntar si ofrecen clases

Northcoast Big Brothers and Sisters (Hermanos y Hermanas Mayores) 707-445-4871
428 C St., # G, Eureka
Servicio de mentores. Llame para una cita, Hay un requisito de edad y una lista de espera.
ncbbbs.org

Servicios Públicos

PG&E CARE 866-PGE-CARE
Cargos de luz y gas reducidos mensualmente para las familias e individuos elegibles.
pge.com

Redwood Community Action Agency
HEAP 707-444-3834
Asistencia con PG&E, leña, facturas de gas o propano para familias elegible. Servicio urgente disponible si sus servicios han sido desconectados. Para una cita llame LUNES 9-11.
Weatherization 707-444-3831 ext. 206
Visitas en casa para dar sugerencias sobre conservar energía, ayudar a reemplazar aparatos viejos o climatizar su hogar.
rcaa.org

Inmigración

Immigrant Legal Resource Center (Centro de recursos legales para inmigrantes)
Información sobre abogacía y recursos para inmigrantes
ilrc.org
American Academy of Pediatrics (Academia americana de pediatras)
Información sobre niños- crianza, nutrición, seguridad, necesidades especiales, estrés, educación, salud, salud mental, y hablando con niños sobre sus temores.
aap.org
LatinoNet
La misión de LatinoNet es de mejorar la calidad de vida para familias hispanohablantes a través de creando una red de apoyo, colaboración, educación y abogacía.
latinonet.org
Centro Del Pueblo
Un grupo de voluntarios basado en la comunidad, ofrecen talleres informacionales sobre derechos legales. Tienen juntas encursa.
cdpueblo.com
Consulado Mexicano
Pueden encontrar el calendario para el consulado móvil, hacer citas y conseguir información general sobre pasaportes, matricula consular, importantes anuncios y derechos legales.
Dirección: 532 Folsom St, San Francisco, CA 94105 EE.UU
Teléfono: (415) 354-1700
Fax: (415) 495-3971
Correo electrónico: consfrancisco@sre.gob.mx
consulmex.sre.gov.mx
*en casos que requieran atención urgente,
llame a (415) 699-1885
California Human Development Corporation's Citizenship Department (Personal bilingüe) 707-523-1155
e ofrecen ayuda para llenar la solicitud de la ciudadanía N-400 y/o N-600 en persona o por correo – GRATIS. Asesoría y asistencia legal – GRATIS.
californiahumandevelopment.org
Immigration Assistance Office (Oficina de Asistencia a Inmigrantes- de la sección de Derechos Civiles del Departamento de Justicia)
La oficina podrá dirigir sus quejas hacia las autoridades adecuadas y ayudar a las comunidades de inmigrantes a comprender el funcionamiento del sistema legal y cómo utilizarlo para buscar remedio a sus quejas.
uscis.gov
Teresa Foster, Especialista en Inmigración y Naturalización 707-255-8666
2180 Jefferson St., #103, Napa, CA 94559
Consultora en inmigración ofreciendo servicios en español y ingles. Llame con su pregunta o problema y la consulta es gratis. Si pueden ayudar con su situación hay unos honorarios para este servicio.
teresa-foster.com

Notas:

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Líneas Directas y los Servicios de No-Emergencia

ADA Línea de Ayuda — La Comisión de la Oportunidad Igual de Empleo 1-800-514-0301
SIDA Información 1-800-367-2437
SIDALínea de noche 1-800-273-2437
Niños Perdidos de California 1-800-222-3463
Servicios del Bienestar de los Niños (24 hr.) 707-445-6180

El Abuso de las Drogas 1-800-662-HELP
Información Acerca de los Terremotos 707-826-6020
Los Apostadores Anónimos 1-855-222-5542
Ayuda contra los Piojos 1-800-783-1919
El Establecimiento del Alojamiento de Trabajo 1-800-526-7234 (Los Empleados Discapacitados)
Crisis de la Salud Mental 707-445-7715
La Centralita Nacional de los Fugitivos 1-800-621-4000

Líneas Nacional de la Violencia Domestica 1-800-799-7233
Líneas Nacional de los Prenatales 1-800-311-2229(Inglés)
El Centro del Control del Veneno 1-800-222-1222
Servicios de Violencia Doméstica de Humboldt 707-443-6042

Los Números de No-Emergencia:
El Departamento del Sheriff del Condado Humboldt 707-445-7251
California Highway Patrol 707-822-5981

Ideas para ponerse en contacto con recursos de la comunidad

Antes de llamar escriba lo quequiera preguntar o saber. Cuando llame por teléfono a los recursos potenciales, es posible guiarlos para discutir cual información puedentener parausted o su familia.

- Explique la razón de la llamada, que necesita, y el numero y las edades de sus niños: "Vivo en Arcata. Soy una madre con dos niños - uno tiene 4 años y la otra tiene 2 años. Quiero asistir a una clase de crianza de niños. Necesito cuidado de niños cuando asisto en las clases."
- Tenga una pluma y un papel listos para que escriba cualquiera información que le den.
- Pregunte de las funciones exactos que ofrece el recurso y decida si es algo que usted necesita:
- Es importante obtener la información que sigue: localidad de servicios; nombre de la persona con quien ponerse en contacto; las horas de servicio; precio; requisitos de elegibilidad y como aplicar.
- Pidaque manden la información necesaria y cualquier papeleo que explica más el recurso. De su nombre y domicilio.
- Silapersona con quien hable no le puede ayudar, pregúntele a quien le puede llamar.
- ¡Nopierda las esperanzas! Si no está seguro donde puede llamar, llame a uno de los números aquí en este guía. Esposible que no haya hispanohablantes en todos los lugares. Por eso, encuentre a alguien que habla inglés (como una maestra o trabajadora social) para hacer una citay/o para traducir.



Notes

Hotlines and Non-Emergency Services

In An Emergency Call
911

Hotlines:

311 BabyHotline	1-800-311-BABY (2229)
AIDS Info	1-800-448-0440
Alcoholics Anonymous (HumboldtCounty) California	844-442-0711
Missing Children Hotline California's Smokers Helpline	1-800-222-3463, 916-210-3119
California's Vaping Helpline	1-800-662-8887
Child Abuse Hotline-Child Help National	1-844-8-NO VAPE (866-8273)
Child Welfare Services(24hr.)	1-800-4ACHILD (1-800-422-4453)
Domestic Violence Hotline	445-6180
Drug Abuse Hotline-Treatment/Referrals	1-800-799-SAFE (7233) (English/Spanish)
Humboldt Earthquake Hotline	1-800-662-HELP (4357)
Head Lice Help Line (Lice Advice Help Line)	826-6020
Humboldt Co Mental Health Crisis Line	1-800-783-1919
Humboldt Domestic Violence Services	445-7715
Missing/Abducted/ExploitedChildren	443-6042
Mothers Against Drunk Driving	1-800-THELOST (1-800-843-5678)
Narcotics Anonymous (Humboldt County) National	1-800-438-6233
Runaway Safeline	1-866-315-8645
National Suicide Prevention Lifeline Northcoast Rape	1-800-786-2929
Crisis Team	1-800-273-TALK (8255)
Poison Control Center	445-2881
State of California Victim Services Substance Use	1-800-222-1222
Disorder	1-877-256-6877
CrisisText Line	1-855-765-9703
California Youth Crisis Hotline(ages12-24)	Text HOME to 741741
Youth Services Bureau	1-800-843-5200 (24 hr.)
	444-2273

Non-Emergency Numbers	Police	Fire
Arcata	822-2428	825-2000
Blue Lake	445-7251	668-5765
California Highway Patrol	822-5981	
Eureka	441-4060	441-4000
Ferndale	786-4025	786-9909
Fortuna	725-7550	725-5521
Hoopa Valley Tribal Police	530-625-4615	
Humboldt County Sheriff	445-7251	839-2432
Loleta	445-7251	733-5407
McKinleyville	839-3857	825-2000
Rio Dell	764-5642	764-3329
Trinidad	677-0133	677-0224